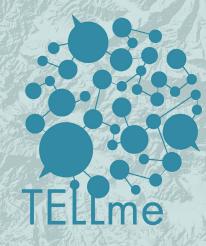


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Training for Education Learning and Leadership towards a new MEtropolitan Discipline

Inaugural Book



















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Training for education, learning and leadership towards a new metropolitan discipline. Inaugural book

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Metropolitan metabolism: the ecological footprint²⁸

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Times of great uncertainty and serious risk are being experienced as a result of the high pressure imposed by human action on the planet's biosphere, which has exceeded the carrying capacity of natural ecosystems. It is becoming increasingly evident that this circumstance may irreversibly alter the biogeophysical dynamics that explain human existence itself.

An updated overview of the Millennium Ecosystems

Some indicators are very clear about the environmental imbalance that is currently occurring (Intergovernmental Panel on Climate Change -IPCC-, 2019; Credit Suisse Research Institute, 2019), and its effect on the health of the world's population. Consequently, the state of climatic emergency that is being experienced in this historical period has been clearly stated by the main international institutions (World Meteorological Organization -WMO-, 2019; United Nations Environment Programme -UNEP-, 2016; United Nations Development Programme -UNDP-, 2019), and clearly perceived by measures related to the reduction of the life cycles of tree species (Hubau et al., 2020) or the level of pollution supported (European Environmental Agency -EEA-, 2019). Through

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published data, premature mortality due to air pollution is predicted to reach nine million people per year (Lelieveld et al., 2020; Burnett et al., 2018).

It is a certitude at the beginning of the third decade of the 21st century, in the age of the Anthropocene, that we are in a situation of universal health emergency caused by the COVID-19 pandemic, and immersed in the context of a dramatic scene within many of the metropolises that previously felt strong and safe. This immense health crisis must contribute to face, this time on time and with sufficient clarity, the greatest social, ecological, economic, and also health challenge of the 21st century: Climate Change (Salazar-Galán, 2020).

Approach to the concept of metropolis. The need for a paradigm shift

The word metropolis has been used since its Greek origin in the context of colonization (Consejo nocturno, 2018). This concept constitutes nowadays the new biopolitical nomos of the planet, which arises when the modernization process has been concluded and nature has disappeared (Jameson, 1991).

Thus, it is considered that the health status of the metropolises could worsen in the current situation of socio-economic crisis and serious ecological deterioration, because they represent complex urban systems that could offer particularly vulnerable profiles in the face of global eco-social destabilisation²⁶.

In order to try to provide healthy living systems capable of living together in a fragile and finite biosphere, it is necessary to initiate: "transitions around universal coverage of social and gender rights, preservation at all costs of life cycles and systems, and reconfiguration of values, logic, principles and lifestyles" (Prats et al., 2017).

Comprehensive proposals are required to promote the creation of a vital security space (Raworth, 2014, 2017) in which the socio-economic systems established in the metropolises are sufficient²⁷, providing social welfare, promoting environmental justice and respecting the limits of natural cycles and systems (Felber, 2015). In this sense, the Basque Declaration²⁸ has established the need to propitiate a technological, socioeconomic and socio-cultural transformation of societies with the aim of achieving this scenario in our metropolises (Basque Country, 2016).

This transformation must be based on the following main objectives: decarbonising and reducing overall energy consumption; creating sustainable patterns of urban mobility and accessibility; protecting and enhancing biodiversity and ecosystem services; reducing consumption of undeveloped land and natural spaces; protecting water resources and air quality; adapting to climate change and reducing the risk of disasters; improving public spaces to create living environments; providing sufficient and adequate housing for all citizens; ensuring the social inclusion and integration of all sections of society; and strengthening our local economies and local employment opportunities (Basque Country, 2016).

²⁶ Caused by the following phenomena: strong disconnections and decentralizations in global governance; difficulties in maintaining complex metabolic systems that are highly dependent on supplies in crisis and far away; the incidence of climate change depending on the geographical position of the metropolises; and a foreseeable increase in social conflicts (Prats et al., 2017).

²⁷ For this purpose, it is essential to modify the logic of growth inherent in the Sustainable Development Goals 2030 towards economic models where the objective is sufficient and sustainable human welfare (O'Neill et al., 2018).

[&]quot;Similar to the model of nature, sustainability requires the creation of a socioeconomic structure based on units that evolve and adapt to their environment to create basic goods primarily from the resources of their territory and in harmony with the natural environment, using local technologies, appropriate for the use of indigenous resources" (Glaser et al., 2008).

²⁸ Prepared at the 8th European Conference on Sustainable Towns and Cities in 2016, this document established a new agenda for European towns and cities by proposing the creation of productive, sustainable and resilient municipalities for a liveable and inclusive Europe.

To promote this transformation, we should be able to initiate an eco-social transition that allows to rethink our metropolis from the theory of systems and the paradigm of complexity (Morin, 1990; García Jiménez, 2014; Laguna Sánchez et al., 2016). Only in this way can we approach its analysis from an organic and not a mechanistic perspective; that is, considering it as an open system with the capacity to maintain a permanent exchange of flows with natural ecosystems, on the basis of which its viability is sustained over time.

Assuming that "every ecosystem is a complex system organized structurally and functionally according to a hierarchical configuration formed by a series of interdependent components" (Montes del Olmo et al., 1998), we conceive the metropolitan ecosystem as a complex entity made up of a set of unique subsystems, with different levels of organization. Through this conception, it is possible to study them at different spatial and temporal scales, which are interconnected (Gallardo Ramírez, 2019). Each of these components functions as ecosystems in which there are interactions between natural and social capital through the flow of ecosystem services and institutional decisions about the territory (Jiménez Herrero, 2016).

Resilient relations in the territory through the concept of Bioregion: Urban metabolism, environmental justice and heritage system

It is necessary to consider metropolises as complex and adaptive socio-ecological systems²⁹ whose continuity is based on their resilience and on the adaptive capacity of the metabolism of the metropolitan socio-ecosystem to the biocapacity of natural ecosystems and to climate change³⁰. All of this has been conceived in the context of a common territorial model, regardless of administrative delimitations, with the need to reach "almost zero" carbon balances before the central decades of this century. In addition, another requirement should be the reconnection of the metropolises with the related rural spaces, promoting management around the bioregions. (Prats et al., 2017).

Resilience applied to spatial planning and management at all scales requires: biological, landscape, social and economic diversity; ecological versatility; implementation of a modular system; slow variables and boundary control; social memory; social capital; innovation; overlaps in governance and maintenance of ecological services (Díez Medina and Monclús, 2018; Walker and Salt, 2006). This approach represents the capacity, and the opportunity, for urban managers to face a crisis situation, adapt to the new situation, and rebuild the process in order to propose new alternatives.

Therefore, the resilience of the metropolitan socio-ecosystem must be based, within the scope of the bioregion³¹, on the correct definition and configuration of its Heritage System, on the balance of its Urban Metabolism and on the establishment of Environmental Justice. These elements must assume a fundamental role in the formulation of new development logics that allow us to "move towards more sober and simple economies, with balanced ecological, energy and carbon footprints in relation to the biocapacities of the bioregion" (Prats et al., 2017). In turn, these new patterns of action must offer adequate support for life, optimize self-sufficiency and proximity in basic resources

²⁹ Based on the following definition: "a complex adaptive system is one that is made up of a dynamic network of adaptive agents, which act and react to the actions of other agents, on which their behavior depends. These systems can have very diverse natures, both of biological origin, and artificial, material, immaterial, etc. (Holland, 1996). Therefore, these systems "are pattern seekers. They interact with the environment, learn from experience and adapt as a result" (Cardona et al., 2011).

³⁰ The concept from resilience of regions and communities facing the effects of climate change is linked to these ideas: "flexibility, adaptability, persistence, self-regulation and self-organization, etc." (García García, 2016).

³¹ Territorial areas with an ecological and cultural significance, characterized by similar biophysical features, land use and socio-economic context. It is necessary to achieve that the bioregion tends to its sustainability as a socio-ecosystem, promoting "a harmonic, balanced and equitable relationship between a maintained functionality of the natural systems and a rational exploitation of the multiple benefits that these generate" (Borja Barrera and Montes del Olmo, 2008).

and environmental services, and integrate urban, rural and natural realities in a compatible approach.

Achieving these objectives will require the identification of new instruments that help to implement processes for the development of territorial and economic planning and management policies that build socio-ecological resilience. In this way, it is advocated to promote those processes that have greater social value in terms of the quality of the flow of eco-services in the new territorial model³².

The necessary preservation of landscapes for the correct balance of the urban metabolism

This new socio-ecosystemic infrastructure must be supported by the positive network of the bioregion, organized as a modular³³ and polycentric structure. Additionally, it must be constituted by its Heritage System, that is, by the set of cultural or immaterial, natural or anthropic goods that have a social value, as well as by their relationships and interconnections³⁴. The capacity of this landscape structure to articulate and promote socio-territorial identity will help to improve the function of ecological systems as green infrastructures, as connectors for biodiversity and also as elements of adaptation to climate change (Gallardo Ramírez, 2019).

Likewise, it is necessary to analyse the complex interactions that are established in the exploitation of the ecosystems of the bioregion, as an integral part of the new proposed infrastructure³⁵. The aim is to understand and simultaneously manage these relationships in order to preserve their capacity to generate supply and cultural (non-material) services, with the aim of regulating the benefits obtained (Millennium Ecosystem Assessment, 2005). It is precisely these benefits that form the basis of economic, social and cultural development (Montes del Olmo, 2007), and the improvement of the health and well-being of the inhabitants of the metropolises.

Based on the "recognition that human beings and their culture are an integral part of ecosystems and, therefore, the objectives of environmental management are of an eminently social nature" (Paredes Castillo, 2016), the third essential element of the new socio-ecosystemic infrastructure of the metropolises should be the promotion of Environmental Justice³⁶.

We refer to the generation of a more inclusive community, through the definition of strategies of proximity, gender, recovery of identity and promotion of the local economy. These achievements should be based on the production of hybrid spaces for the generation of food and energy, for recycling and for new technologies, shaping a territory equipped and suitable for a community rooted in the place; capable of identifying possible emerging community spaces (Gallardo Ramírez, 2019).

Only through the conception of a reality that must be valued in a collective and synergic way due to its environmental, historical, social, cultural and productive charge, will it be possible to articulate conducts that allow the development of a balanced urban metabolism in the scope of the bioregions.

³² The incorporation of these concepts into the reflection on the planning of the present and the future is encouraging. Recent examples related to European urban regions such as Brussels, Florence or Alava show it.

³³ In this particular context, the modular concept refers to the ability to formalize larger structures or systems from modules or structures that are connected but not overlapping. Each of these modules is flexible and capable of adapting to external conditions, without disturbances affecting the whole ecosystem (Walker and Salt, 2006).

³⁴ Based on these approaches, the Lower Lea Valley regeneration (planned for the period 2012-2026) aims to transform the Lea River corridor, located in east London and designed as a space to host the 2012 Olympic Games. This proposal emphasizes the capacity of articulation of the open spaces and their integration in the metropolitan green matrix.

³⁵ Following this line, the project Atelier Rotterdam (2014) proposes an innovative way of mapping the region of Rotterdam, by understanding that the city and its surroundings are interconnected by metabolic flows, whose analysis allows us to work in the search for territorial resilience.

³⁶ This commitment to Environmental Justice is evident in the Qian'an Sanlihe ecological corridor project (2007-2010), located in China. The proposal aims to correct the loss of functionality of natural systems and cultural heritage, through a set of landscape actions that reduce the ecological and social vulnerability of the region.

All this, thanks to the construction of individual visions that, within the framework of a common imaginary, assume the landscape as a reality capable of condensing all those potentialities that should allow a sustainable future, assumed as a legacy for future generations.

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