DO WE NEED TO ESTABLISH SUBGROUPS WHEN WE PRESCRIBE PHYSICAL ACTIVITY TO WOMAN WITH FIBROMYALGIA?

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To define groups in women with fibromyalgia syndrome (FM) based on symptomatology and determine cardiovascular parameters during treadmill exercise to prescribe them physical activity.

RESULTS

Peak VO₂ values for the group 1 were significantly different than for the group 2 (26.2 ± 2.1 ml·kg⁻¹·min⁻¹ (group 1) and 22.1 ± 2.5 ml·kg⁻¹·min⁻¹ (group 2)). In the other hand if we take into account the VO₂max we found not significant differences between groups in both trials. We found also differences in all the evaluated parameters.

CONCLUSION

Based on the level of affection and the symptomatology of the FM patients their aerobic capacities were different; therefore, we are not be able to prescribe physical activity with the same intensity for both groups.
All contributions were reviewed anonymously.

Všechny příspěvky byly recenzovány anonymně.

The authors take response for contents and correctness of their texts.

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