

Manuscript Number: JFF-D-13-01136R2

Title: ANTI-INFLAMMATORY ACTIVITY OF LUPINE (*Lupinus angustifolius* L.) PROTEIN HYDROLYSATES IN THP-1-DERIVED MACROPHAGES

Article Type: Full Length Article

Keywords: Anti-inflammatory activity; bioactive peptides; lupine protein hydrolysates; macrophage polarization

Corresponding Author: Dr. Maria del Mar Yust,

Corresponding Author's Institution:

First Author: María del Carmen Millán-Linares

Order of Authors: María del Carmen Millán-Linares; Beatriz Bermúdez; Maria del Mar Yust; Francisco Millán; Justo Pedroche

Abstract: The effect of two different lupine protein hydrolysates (LPHs) on in vitro macrophage activation in a THP-1-derived macrophage model was investigated. THP-1-derived macrophages were exposed to RPMI medium containing two LPHs obtained by enzymatic hydrolysis using two different proteases: Izyme AL and Alcalase 2.4 L. Cytokine's expression was measured by quantitative PCR. THP-1-derived macrophages exhibited attenuated expression of proinflammatory cytokines (tumour necrosis factor (TNF), IL-6, IL-1 β) and increased expression of anti-inflammatory marker genes (chemokine (C-C motif) ligand 18 (CCL18)) relative to control without LPH. The anti-inflammatory effect of both hydrolysates favoured M2 polarization by quenching C-C chemokine receptor type 2 (CCR2) expression and migratory capacity. Furthermore, LPHs significantly decreased nitric oxide production. Moreover, LPHs promoted the survival of human THP-1-derived macrophages. Therefore, inclusion of LPHs in foods may help to prevent chronic diseases associated with chronic inflammation.

HIGHLIGHTS

- Lupine protein hydrolysates attenuate expression of proinflammatory cytokines
- Lupine protein hydrolysates decrease migration capability of macrophages
- Lupine hydrolysates may help to prevent diseases related to chronic inflammation

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

ANTI-INFLAMMATORY ACTIVITY OF LUPINE (*Lupinus angustifolius* L.)

PROTEIN HYDROLYSATES IN THP-1-DERIVED MACROPHAGES

M^a del Carmen Millán-Linares^a, Beatriz Bermúdez^a, María del Mar Yust^{b*}, Francisco

Millán^a, Justo Pedroche^a.

^a Instituto de la Grasa (CSIC). Padre García Tejero 4. 41012 Sevilla, Spain

^b Departamento de Ingeniería Química, Facultad de Química, Universidad de Sevilla.

Prof. García González 1. 41012-Sevilla, Spain

*Corresponding author:

María del Mar Yust

Departamento de Ingeniería Química, Facultad de Química, Universidad de Sevilla.

Prof. García González 1.

41012-Sevilla, Spain

E-mail: mdmar@cica.es

Phone number: +34 954611550

1
2
3
4 **Abstract**
5

6 The effect of two different lupine protein hydrolysates (LPHs) on *in vitro* macrophage
7 activation in a THP-1-derived macrophage model was investigated. THP-1-derived
8 macrophages were exposed to RPMI medium containing two LPHs obtained by
9 enzymatic hydrolysis using two different proteases: Izyme AL and Alcalase 2.4 L.
10 Cytokine's expression was measured by quantitative PCR. THP-1-derived macrophages
11 exhibited attenuated expression of proinflammatory cytokines (tumour necrosis factor
12 (TNF), IL-6, IL-1 β) and increased expression of anti-inflammatory marker genes
13 (chemokine (C-C motif) ligand 18 (CCL18)) relative to control without LPH. The anti-
14 inflammatory effect of both hydrolysates favoured M2 polarization by quenching C-C
15 chemokine receptor type 2 (CCR2) expression and migratory capacity. Furthermore,
16 LPHs significantly decreased nitric oxide production. Moreover, LPHs promoted the
17 survival of human THP-1-derived macrophages. Therefore, inclusion of LPHs in foods
18 may help to prevent chronic diseases associated with chronic inflammation.
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37

38 **Keywords**
39

40 Anti-inflammatory activity, bioactive peptides, lupine protein hydrolysates, macrophage
41 polarization
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 **1. Introduction**
5

6
7 The consumption of dietary protein drives many fundamental metabolic processes and is
8 particularly important in nutrient-based biological functions (Gersh, Sliwa, Mayosi &
9 Yusuf, 2010). In addition to providing essential amino acids to various systemic
10 modulatory pathways, proteins and peptides produced by the hydrolysis of food proteins
11 may also elicit potent anticancer, antimicrobial, hypocholesterolaemic, antihypertensive,
12 antithrombotic, and anti-inflammatory effects (Möller, Scholz-Ahrens, Roos &
13 Schrezenmeir, 2008). Bioactive peptides can be cleaved from polypeptide chains through
14 gastrointestinal digestion, by fermentation or ripening during food processing, and by
15 controlled hydrolytic processes using exogenous proteases (Pedroche et al., 2007). Many
16 of these biologically active peptides are derived from both plant and animal sources, with
17 most potentially stemming from milk-based products and legumes, such as soybean.
18
19 Many reports have shown the potential health benefits of enzymatic hydrolysates
20 prepared from milk, egg, and soy proteins (Möller et al., 2008; Shahidi & Zhong, 2008).
21
22 Much research has focused on hydrolysates with angiotensin-converting enzyme
23 inhibitory and antioxidant activities whereas other bioactive properties such as anti-
24 inflammatory effect are less studied. In fact, very few studies report anti-inflammatory
25 properties of protein hydrolysates (Vo, Ryu & Kim, 2008; Xu, Yang, Yin, Liu & Mine,
26 2012). Regarding the bioactive properties of lupine, it was previously reported that
27 protein extracts from white lupine can lower plasma cholesterol (Weiße et al., 2010) and
28 triacylglycerol concentrations (Spielmann et al., 2007) in hypercholesterolaemic animal
29 models. Furthermore, lupine has shown anti-atherogenic effects in laboratory animals due
30 to its lipid-lowering properties. In this study, Marchesi et al. (2008) demonstrated that a
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 protein isolate from lupine reduces focal plaque development in the common carotid
5
6 arteries in a rabbit model of atherosclerosis. However, no information has been reported
7
8 about the anti-inflammatory properties of lupine proteins and peptides.
9

10
11 Inflammation is an important normal immune response during lesions and infections.
12
13 However, an excessive inflammation can contribute to several acute and chronic diseases
14
15 characterised by uncontrolled production of pro-inflammatory cytokines, eicosanoids
16
17 derived from arachidonic acid, reactive oxygen species (ROS) and adhesion molecules
18
19 (Calder, 2006). Therefore, inhibitors of the pro-inflammatory cytokines have been
20
21 considered as a candidate of anti-inflammatory drugs. Chronic inflammation is a
22
23 hallmark of several pathologies, such as rheumatoid arthritis, inflammatory bowel
24
25 disease, atherosclerosis and cancer. The macrophage is the key player of the chronic
26
27 inflammatory response, which the monocytic cell line THP-1 represents an appropriate
28
29 model system to study immune responses (Weldon, Mullen, Loscher, Hurley, & Roche,
30
31 2007). It is well known that macrophages are key players during inflammatory responses
32
33 and their phenotype determines the cytokine secretion profile. Thus, classically activated
34
35 M1 macrophages contribute to the development and enhancement of inflammatory and
36
37 immunity processes and are, therefore, associated with high microbicidal activity,
38
39 supporting the activity of Th1 cells (Mills, Kincaid, Alt, Heilman, & Hill, 2000). This
40
41 type of activation is associated with an elevated production of pro-inflammatory
42
43 cytokines, such as tumour necrosis factor (TNF), IL-6, and IL-1; ROS; and nitrogen
44
45 intermediates (Cathcart, 2004). Alternative macrophage activation (M2) is triggered in
46
47 response to IL-4 or IL-13 and is associated with tissue remodeling and immunoregulation
48
49 (Gordon & Martinez, 2010). M2 macrophages produce anti-inflammatory cytokines, such
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 as IL-10, chemokine (C-C motif) ligand 18 (CCL18), and IL-1 receptor antagonist. Due
5
6 to their anti-inflammatory profile, M2 macrophages are frequently associated with all
7
8 types of activation triggered by anti-inflammatory stimuli.
9

10
11 The increase in the incidence of inflammation related disorders has led to the search of
12
13 proteins and peptides with anti-inflammatory properties (Ndiaye, Vuong, Duarte, Aluko,
14
15 & Matar, 2012). There is evidence of the ability of distinct food compounds, including
16
17 proteins, to modulate inflammation in experimental models involving macrophages
18
19 (Boesch-Saadatmandi et al., 2011; Hämäläinen et al., 2011; Yu, Correll, & Vanden
20
21 Heuvel, 2002). Indeed some peptides with anti-inflammatory activity have been purified
22
23 from plants (Dia, Wang, Oh, de Lumen, & Gonzalez de Mejia, 2009).
24
25

26
27 In a previous paper, we have described that blue lupine protein hydrolysates (LPHs)
28
29 inhibited some enzymes involved in the inflammatory pathway, such as phospholipase
30
31 A2 and cyclooxygenase-2 (Millán-Linares, Yust, Alcaide-Hidalgo, Millán, & Pedroche,
32
33 2014). In this work, we investigated the potential anti-inflammatory activity of two lupine
34
35 protein hydrolysates (LPHs) in a THP-1-derived macrophage model. LPHs were obtained
36
37 by hydrolysis of lupine protein isolate (LPI) with Izyme AL and Alcalase 2.4 L, two
38
39 food-grade proteases produced by Novozymes. Izyme AL has trypsin-like activity
40
41 whereas Alcalase is a non-specific endoprotease. Both trypsin and Alcalase have
42
43 previously been used for the generation of bioactive peptides (Korhonen & Pihlanto,
44
45 2006).
46
47
48
49
50
51

52 **2. Materials and methods**

53 **2.1 Materials**

1
2
3
4 LPI was prepared according to Yust, Pedroche, Millán-Linares, Alcaide-Hidalgo and
5
6 Millán (2010). Izyme AL and Alcalase 2.4 L were provided by Novozymes (Bagsvaerd,
7
8 Denmark). The cell type used was THP-1 monocytes, ATCC® Number TIB-202™. The
9
10 medium for this line was Gibco® RPMI 1640 (Life Technologies SA, Alcobendas,
11
12 Spain). PBS, foetal bovine serum (FBS), and penicillin/streptomycin (P/S) solution were
13
14 obtained from Gibco® as well. Dimethyl sulphoxide (DMSO), formyl-methionyl-leucyl-
15
16 phenylalanine (fMLP), phorbol 12-myristate 13-acetate (PMA), trypan blue solution, and
17
18 3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT), and Griess
19
20 reagent (1% sulphanilamide in 5% phosphoric acid and 0.1% N-naphthylenediamine-
21
22 HCl) were purchased from Sigma Chemical Co. (St. Louis, MO, USA). Ribonuclease A
23
24 was obtained from Nacalai Tesque (Kyoto, Japan). The iScript cDNA Synthesis Kit was
25
26 from Bio-Rad Laboratories (Hercules, CA, USA). The Annexin V-FITC Kit was obtained
27
28 from Miltenyi Biotec GmbH (Bergisch Gladbach, Germany). Brilliant II Syber® Green
29
30 QPCR Master Mix was purchased from Agilent Technologies (Santa Clara, CA, USA).
31
32 Primers were purchased from Eurofins Biolab S.L.U. (Barcelona, Spain). NucleoSpin
33
34 RNA II was obtained from Macherey-Nagel GmbH & Co. KG (Düren, Germany).
35
36 Human TNF and IL-10 ELISA Sets were from Bionova Científica (Madrid, Spain).
37
38
39
40
41
42
43
44

45 **2.2 Preparation of LPHs**

46
47
48 Hydrolysis was performed in a bioreactor while stirring at a controlled pH and
49
50 temperature. LPI was suspended in distilled water (10% w/v), and two types of
51
52 hydrolysis were performed: one with Izyme AL followed by Alcalase and one using only
53
54 Alcalase. The following conditions were used:
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 Hydrolysis with Izyme AL and Alcalase: First, LPI was hydrolysed with Izyme AL for 1
5
6 h at pH 10, 50°C, E/S = 100 EU/g protein. A second step of hydrolysis with Alcalase at
7
8 pH 8, 50°C, E/S = 0.3 AU/g protein, was then performed for 15 min.
9

10
11 Hydrolysis with Alcalase: pH 8, 50°C, E/S = 0.3 AU/g protein, and duration of hydrolysis
12
13 of 15 min.
14

15
16 Enzymes were inactivated by heating at 85°C for 15 min, centrifuged at 8000 rpm for 15
17
18 min, and the supernatants constituted LPHs. LPH obtained with Izyme AL followed by
19
20 Alcalase was designated I+15A, and LPH obtained using only Alcalase was designated
21
22 15A.
23
24

25 26 **2.3 Cell culture and treatments**

27
28 The human monocytic THP-1 cell line, was cultured in suspension in RPMI 1640
29
30 medium supplemented with 1% P/S and 10% heat-inactivated FBS. To induce monocyte-
31
32 macrophage differentiation; THP-1 cells were cultured in the presence of PMA (100
33
34 nmol/L) for 4 days (Weldon et al., 2007). PMA-stimulated THP-1 cells (referred to as
35
36 THP-1-derived macrophages) were exposed to RPMI medium (supplemented with 1%
37
38 FBS) for 24 h and then treated with the LPH I+15A or the LPH 15A at a concentration of
39
40 500 µg/mL RPMI medium (1% FBS) for 6 h.
41
42
43
44

45 46 **2.4 Measurement of cell proliferation by the MTT method**

47
48 THP-1-derived macrophage proliferation was evaluated by measuring optical density at
49
50 different concentrations of treatments in a 96-well plate. Cells were incubated at 37°C
51
52 with the LPH I+15A or the LPH 15A at final concentrations of 100, 300, 500, 700, or
53
54 2000 µg/mL for 18 h. An aliquot of 20 µL of MTT (5 mg/mL) was added to each well
55
56 and incubated at 37°C for 6 h. MTT is reduced to purple formazan in living cells
57
58
59
60
61
62
63
64
65

1
2
3
4 (Carmicheal, DeGraff, Gazdar, Minna, & Mitchell, 1987). The supernatant was removed,
5
6 and 200 μ L of DMSO were added to each well to dissolve the insoluble purple formazan
7
8 product into a colored solution, followed by shaking for 10 min. Absorbance was
9
10 measured at 570 nm using a microplate reader, and cell proliferation was calculated.
11
12

13
14 RPMI medium (1% FBS) was used as control.
15

16 **2.5 Analysis of cellular DNA content**

17
18 Cellular DNA content was assessed by propidium iodide (PI) staining and FACS analysis
19
20 as previously described, with modifications (Mills et al., 2000). The cells were exposed to
21
22 RPMI medium (1% FBS) containing the LPH I+15A or the LPH 15A at a concentration
23
24 of 500 μ g/mL for 24 h of treatment. The cells were then fixed in 1% paraformaldehyde in
25
26 PBS containing 0.5% saponin for 5 min at 4°C. After centrifugation, the cells were
27
28 incubated in buffer containing 5 μ g/mL PI and 1 mg/mL ribonuclease A for 10 min at
29
30 4°C. The cells were analyzed using a BD FACSCanto II flow cytometer and BD
31
32 FACSCanto II Software (BD Biosciences, San Jose, CA, USA). FBS 1% and FBS 10%
33
34 were used as negative and positive control, respectively. Cells that were hypodiploid due
35
36 to DNA fragmentation were regarded as apoptotic cells.
37
38
39
40
41
42

43 **2.6 Cell viability**

44
45 Cells were exposed to the LPH I+15A or the LPH 15A at 100, 300, 500, 700, 1000, or
46
47 2000 μ g/mL for 24 h, rinsed with PBS, and evaluated for live/dead cells using the trypan
48
49 blue exclusion test. Viable cells excluded the dye, whereas dead cells were stained an
50
51 intense blue. At least 200 cells were scored to assess live/dead cells. The number of
52
53 viable cells was quantified by confocal microscopy (Olympus IX81, Tokyo, Japan).
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 RPMI medium (1% FBS) was used as control. Cells were tested in triplicate, and the
5
6 results were averaged.
7

8 9 **2.7 Measurement of apoptotic cells**

10
11 Early events associated with apoptosis were evaluated using the binding of annexin V to
12
13 detect the translocation of phosphatidylserine from the inner side to the outer leaflet of
14
15 the plasma membrane of apoptotic cells and using PI to detect the DNA of necrotic cells,
16
17 as described in the Annexin V-FITC Kit. An analysis of stained cells was performed by
18
19 measuring fluorescence emission using a BD FACSCanto II flow cytometer at 530 nm
20
21 and 585 nm for fluorescein isothiocyanate and PI, respectively, and using BD
22
23 FACSCanto II Software. RPMI medium (1% FBS) was used as control and staurosporine
24
25 (pro-apoptotic) as positive control.
26
27
28
29

30 31 **2.8 mRNA extraction and analysis of PCR products**

32
33 Total RNA was extracted from the THP-1-derived macrophages using NucleoSpin[®] RNA
34
35 II. RNA quality was assessed using the OD260:OD280 ratio determined by a NanoDrop
36
37 ND-1000 Spectrophotometer (Thermo Scientific, Waltham, MA, USA). One microgram
38
39 of total RNA was subjected to RT-PCR to obtain cDNA according to the manufacturer's
40
41 protocol.
42
43

44
45 The mRNA levels for specific genes were determined using an Mx3000P Real-Time PCR
46
47 System (Stratagene, La Jolla, CA, USA). For each QPCR, 10 ng of cDNA template was
48
49 added to Brilliant SYBR Green QPCR Master Mix containing primer pairs for TNF, IL-
50
51 6, IL-1 β , CCL18, C-C chemokine receptor type 2 (CCR2), and chemokine (C-C motif)
52
53 ligand 2 (CCL2). The reference genes HPRT and GAPDH were used to correct for RNA
54
55 concentration differences between the samples.
56
57
58
59
60
61

1
2
3
4 The sequence of and information about the primers that were used in this study are as
5
6 follows: TNF (NM_000594.3): 5'-TCCTTCAGACACCCTCAACC-3' and 5'-
7
8 AGGCCCCAGTTTGAATTCTT-3' (reverse); IL-6 (NM_001001928): 5'-
9
10 GTTTGAGGGGGTAACAGCAA-3' and 5'-GCTAACTGCAGAGGGTGAGG-3'; IL-1 β
11
12 (NM_138712): 5'-GCTGTGCAGGAGATCACAGA-3' and 5'-
13
14 GGGCTCCATAAAGTCACCAA-3'; CCL18 (NM_002957): 5'-
15
16 GGGTTTTCTTCCCTTTCGAG-3' and 5'-GCGTGTTCCTTTTCCACAAT-3'; CCR2
17
18 (NM_001002): 5'-TCGACAATGGCAGCATCTAC-3' and 5'-
19
20 ATCCGTCTCCACAGACAAGG-3'; CCL2 (NM_002982.3): 5'-
21
22 CCCAGTCACCTGCTGTTAT-3' and 5'-TGGAATCCTGAACCCACTTC-3'; HPRT
23
24 (NM_000194.2): 5'-ACCCCACGAAGTGTGGATA-3' and 5'-
25
26 AAGCAGATGGCCACAGAACT-3'; and GAPDH (NM_002046.4): 5'-
27
28 GAGTCAACGGATTTGGTCGT-3' and 5'-TTGATTTTGGAGGGATCTCG-3'.
29
30
31
32
33
34

35 All amplification reactions were performed in triplicate. The magnitude of the change in
36
37 mRNA expression for the candidate genes was calculated using the standard $2^{-(\Delta\Delta Ct)}$
38
39 method. All data were normalized to endogenous reference genes (HPRT and GAPDH)
40
41 levels and expressed as a percentage of the control.
42
43
44

45 **2.9 Enzyme-linked immunosorbent assay (ELISA).**

46
47
48 TNF and IL10 concentrations in cell culture supernatants were quantified by commercial
49
50 ELISA kits according to manufacturer's instructions.
51
52

53 **2.10 Measurements of nitrite in THP-1-derived macrophages cells.**

54
55 As an indicator of NO production, nitrite (NO₂⁻) concentration was measured in the cell
56
57 culture supernatants. Equal volumes of culture supernatants and Griess reagent were
58
59
60
61

1
2
3
4 mixed and the absorbance was read at 540 nm in the microplate reader (Green et al.,
5
6 1981). The amount of nitrite was obtained by an extrapolation from a standard curve with
7
8 sodium nitrite.
9

10 11 **2.11 Migration assays**

12
13 THP-1-derived macrophages were collected in RPMI-1640 medium containing 10%
14
15 FBS, and 1% P/S and seeded in 24-well culture plates at 5×10^5 per well to allow high-
16
17 density adhesion of the macrophages. After removing the floating cells, the adherent cells
18
19 were incubated at 37°C in 5% CO₂ for 24 h to form a confluent monolayer. The
20
21 macrophage monolayer was wounded by scratching with a thin pipette tip. The cells were
22
23 treated with each LPH (I+15A and 15A) and allowed to migrate for 24 h. The migration
24
25 of THP-1-derived macrophages was examined and quantified by confocal microscopy.
26
27 Images were captured at the beginning and at 24 h of cell migration to close the wound
28
29 and compared to quantify the migration rates of the cells.
30
31
32
33
34

35 36 **2.12 Statistical analysis**

37
38 The data are presented as the mean \pm SEM of three independent determinations. Group-
39
40 wise statistical comparisons were performed by a one-way ANOVA with a post-hoc
41
42 Bonferroni test. Differences were considered to be significant at $P < 0.05$.
43
44
45

46 47 **3. Results and discussion**

48 49 **3.1 LPHs does not alter the cellular integrity of THP-1-derived macrophages**

50
51 Before assessing the anti-inflammatory activity, cell viability and the potential
52
53 cytotoxicity of the LPHs were evaluated (Gülden & Seibert, 2003).
54

55
56 To investigate whether LPHs may cause a cytotoxic effect, an MTT assay was performed
57
58 on THP-1-derived macrophages after separately adding each LPHs at increasing
59
60
61

1
2
3
4 concentrations to conditioned RPMI culture medium for 6 h. The LPHs I+15A and 15A
5
6 had no significant effects (Fig. 1A and 1B) compared with the untreated control group.
7
8 Moreover, using flow cytometric analysis to study the DNA distribution in the cell cycle
9
10 (Sawai & Domae, 2008), we observed that the percentage of S population among THP-1-
11
12 derived macrophages treated with the LPH I+15A or the LPH 15A was slightly increased
13
14 (Fig. 1C), but did not reach significance. For the quiescent phase (G_0/G_1) and G_2/M
15
16 population no differences were found in relation to the control (1% FBS). For all
17
18 samples, even though a degree of proliferative activity, which was not significant, was
19
20 observed, the cells remained in the quiescent phase for a longer period. The addition of
21
22 10% FBS was used as a positive control.
23
24
25
26
27

28
29 The contribution of LPHs to the activation of programmed cell death (apoptosis) was also
30
31 investigated. Interestingly, apoptosis was reduced in the presence of the LPH 60I+15A or
32
33 the LPH 15A (29 and 35%, respectively) compared with the control (Fig. 1D). This effect
34
35 seems to endow both LPHs with a protective effect against apoptosis. To complete the
36
37 feasibility studies of the LPHs, cell viability was assayed by trypan blue exclusion in
38
39 THP-1-derived macrophages treated with increasing concentrations of the LPH I+15A or
40
41 the LPH 15A for 24 h. As expected, there was no differences in cell viability after 24 h of
42
43 incubation in the presence of higher concentrations of the LPH I+15A, which ranged
44
45 from 100 to 2000 $\mu\text{g}/\text{mL}$, when compared with the control (Fig. 2A). The same pattern
46
47 was observed after treatment with the LPH 15A (Fig. 2B).
48
49
50
51
52

53 Taken together, these results suggest that in general, LPHs do not compromise the
54
55 integrity of THP-1-derived macrophages. Although cell viability was decreased upon
56
57 exposure to higher concentrations, this decrease did not reach 30% cell loss for either of
58
59
60
61
62
63
64
65

1
2
3
4 the LPHs tested. Hence, LPHs did not have any major effect on membrane integrity in
5
6 the selected cell model.
7

8 9 **3.2 Effect of LPHs on the expression of pro and anti-inflammatory cytokines**

10
11 Several diseases, such as obesity-associated insulin resistance, diabetes, and metabolic
12
13 syndrome, are sustained by chronic subclinical inflammation (Faloia et al., 2012).

14
15 Elevated levels of cytokines, such as leptin, TNF, IL-1, and IL-6, are generally increased
16
17 during inflammatory diseases (Hajer, Van Haeften, & Visseren, 2008). A growing body
18
19 of evidence has shown that biologically active peptides derived from plants can prevent
20
21 many inflammatory disorders due to the peptides' antioxidant and anti-inflammatory
22
23 effects (Politis, Theodorou, Lampidonis, Chronopoulou, & Baldi, 2012; Vernaza, D  a, &
24
25 Gonz  lez de Mej  a, 2012). Classically activated macrophages (with an M1 phenotype)
26
27 mediate tissue damage and initiate inflammatory responses by releasing pro-
28
29 inflammatory mediators (Olefsky & Glass, 2010). These mediators recruit additional
30
31 macrophages, establishing a feed-forward process that further increases leukocytes
32
33 content and propagates the chronic inflammatory state (Shen, Lu, Duan, & Duan, 2011).
34
35 Herein, we first evaluated the ability of LPHs (I+15A and 15A) to modulate the
36
37 expression of the pro-inflammatory cytokines TNF, IL-1 β , and IL-6 in THP-1-derived
38
39 macrophages (Fig. 3A-C). TNF showed significant inhibition after 6 h of incubation with
40
41 either hydrolysate. This reduction was markedly pronounced after I+15A treatment
42
43 (TNF: -45%, IL-1: -32%, and IL-6: -43%). The LPH 15A induced the downregulation of
44
45 TNF and IL-1 in activated macrophages by 30 and 35%, respectively, whereas IL-6
46
47 levels were blunted (70%). No significant differences were observed between the
48
49 treatments. These results indicate that LPHs tend to decrease the pro-inflammatory
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 capacity of activated M1 macrophages by diminishing cytokines expression, setting a
5 trend of regulation of the inflammatory process. Macrophage polarization dramatically
6 alters the immune properties of these cells, as evidenced by the potent anti-microbial
7 properties of M1 macrophages compared with the prominent anti-inflammatory tissue
8 repair properties of M2 macrophages (Joshi et al., 2010). Depending on the cytokine
9 microenvironment, the M2 macrophage phenotype is characterized by the expression of
10 cell surface proteins such as CD206 and CD163 and of soluble factors such as CCL18
11 (Bellón et al., 2011). To corroborate the hypothesis that LPHs have potential anti-
12 inflammatory role, the expression of CCL18 and IL10 (an M2 markers) after 6 h of
13 incubation with the LPHs 15A or the LPH I+15A were evaluated. Surprisingly, both
14 LPHs highly increased CCL18 expression, doubling the value compared with the control
15 (Fig. 3D). However, no significant differences were observed in the IL10 expression In
16 THP-1-derived macrophages after treatment with LPHs (Fig. 3E).

17
18 Taken together, these data suggest that the LPHs I+15A and 15A may have a beneficial
19 capability to skew activated M1 macrophages toward the anti-inflammatory M2
20 phenotype.

21 **3.3 Effect of LPHs on cytokines production**

22
23 To corroborate the effect of LPHs on cytokines mRNA expression, the concentration of
24 TNF and IL-10 was measured in cell culture supernatants. The production of TNF was
25 decreased by both LPHs (Fig. 4A). This inhibition was higher in LPH I+15A, which
26 inhibited more than 80% TNF production. Regarding IL-10, significant differences were
27 not observed among LPHs and control (Fig. 4B). These data coincided with the ones
28 obtained by quantitative PCR, where THP-1-derived macrophages exhibited attenuated
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 expression of proinflammatory cytokine TNF, and showed no significant differences in
5
6 the expression of IL-10.
7

9 **3.4 Effect of LPHs on the nitrite production**

10
11 Nitric oxide (NO) has been shown to play a central role in inflammatory and immune
12
13 reaction activities and macrophages appear to be the main cellular source of NO
14
15 (Montserrat-de la Paz, Fernández-Arche, Ángel-Martín & García-Giménez, 2012). The
16
17 effect of LPHs on the release of this inflammatory mediator is depicted in Fig. 5. Both
18
19 LPHs inhibited approximately 50% of NO production. Other legume protein hydrolysates
20
21 have shown inhibition of NO production by activated macrophages (Ndiaye et al., 2012).
22
23

24 **3.5 LPHs impair the chemotactic capacity of human THP-1-derived macrophages**

25
26 Previously, Fontanari, Batistuti, da Cruz, Hilario, and Saldiva (2012) investigated the
27
28 potential hypolipidaemic effect of a total protein extract from *Lupinus albus*, which is
29
30 associated with a mechanism shared with soya proteins (Duranti et al., 2004; Lovati et al.,
31
32 2000; Lovati, Manzoni, Gianazza & Sirtori, 1998). Furthermore, soy-based diets have
33
34 been shown to reduce atherosclerotic lesions through downregulation of the expression
35
36 levels of monocyte chemokines essential for the initiating events in atherosclerosis, such
37
38 as monocyte chemoattractant protein-1 (MCP-1) or CCL2. CCL2 have a systemic role in
39
40 the regulation of metabolism, and particularly in controlling leukocyte extravasation and
41
42 chemotaxis toward inflamed tissues. For instance, Weisberg et al. (2006) reported a
43
44 significant reduction in plaque macrophage content in mice lacking CCR2 (CCR2^{-/-}
45
46 mice). Furthermore, certain evidence has indicated an increase in M1 and decrease in M2
47
48 macrophages in obese adipose tissue (Lumeng, Bodzin, & Saltiel, 2007). Interestingly,
49
50 such a phenotypic switch was not observed in CCR2^{-/-} mice, suggesting that the MCP-
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 1/CCR2 pathway could contribute to M2 macrophage polarization.
5

6 We hypothesized that as occurs with soy proteins, lupine hydrolysates may exert a
7 beneficial effect on the chemotaxis mechanism by modulating the CCR2/CCL2 axis. To
8 examine this issue, the expression of CCR2 and CCL2 in human THP-1-derived
9 macrophages was evaluated after 6 h of incubation with either LPH. As expected, the
10 CCL2/CCR2 axis was noticeably modulated by both LPHs. Fig. 4A shows a dramatic
11 reduction in CCR2 expression by the LPH I+15A (-62%), whereas this expression was
12 more blunted by the LPH 15A (-84%). Despite the significant reduction in CCR2, we
13 could not find any significant difference in the expression of its ligand, CCL2 (Fig. 4B),
14 but did note a decreasing tendency. Accordingly, the migration index was reduced after
15 24 h of treatment with the LPH I+15A (-44%) or the LPH 15A (-58%). A potent
16 chemotactic agent, fMLP, was used as positive control (Fig. 4C).
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32

33 Thus far, the results indicate that the addition of LPHs to fully differentiated THP-1
34 macrophages results in the decreased expression of both CCR2 and CCL2 and,
35 consequently, a decrease in the cells' migration capability. These findings suggest that
36 infiltrating activated macrophages exposed to LPHs may lose their chemotactic ability,
37 which ameliorates the inflammatory state.
38
39
40
41
42
43
44

45 In conclusion, after LPH treatment, THP-1-derived-macrophages showed attenuated
46 expression of TNF, IL-6, IL-1 β (proinflammatory cytokines) and increased expression of
47 CCL18 (antiinflammatory). Moreover, NO production was inhibited. Thereby, LPHs
48 displayed hyporeactivity to M1-type ligands and polarization to the M2 phenotype.
49
50
51
52
53
54

55 Furthermore, our data demonstrates that both LPHs attenuate the macrophage migratory
56 response, which is partly mediated by skewing THP-1-derived macrophages toward
57
58
59
60
61
62
63
64
65

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

alternatively activated M2 macrophages, which are equipped for repair and resolution of the inflammatory response. Thus, this study is the first to describe the anti-inflammatory effect of LPHs in THP-1-derived macrophages and the influence in the control of macrophage polarization in the context of inflammatory state.

Acknowledgements

This work was supported by the grant AGL2012-40247-C02-01 from the Spanish Ministry of Economy and Competitiveness. We thank Prof. F.J.G. Muriana for his critical reading of this manuscript.

References

- Bellón, T., Martínez, V., Lucendo, B., del Peso, G., Castro, M. J., Aroeira, L. S., & Bajo, M. A. (2011). Alternative activation of macrophages in human peritoneum: implications for peritoneal fibrosis. *Nephrology Dialysis Transplantation*, *26*, 2995-3005.
- Boesch-Saadatmandi, C., Loboda, A., Wagner, A.E., Stachurska, A., Jozkowics, A., Dulak, J., & Rimbach, G. (2011). Effect of quercetin and its metabolites isorhamnetin and quercetin-3-glucuronide on inflammatory gene expression: role of miR-155. *The Journal of Nutritional Biochemistry*, *22*, 293-299.
- Calder, P. C. n-3 Polyunsaturated fatty acids, inflammation, and inflammatory diseases. (2006). *The American Journal of Clinical Nutrition*, *83*, 1505S-1519S.
- Carmicheal, J., DeGraff, W. G., Gazdar, A. F., Minna, J. D., & Mitchell, J. B. (1987). Evaluation of a tetrazolium-based semiautomatic colorimetric assay: assessment of chemosensitivity testing. *Cancer Reserach*, *47*, 936–942.
- Cathcart, M. K. (2004). Regulation of superoxide anion production by NADPH oxidase in monocyte/macrophage: contributions to atherosclerosis. *Arteriosclerosis, Thrombosis, and Vascular Biology*, *24*, 23–28.
- Dia, V. P., Wang, W., Oh, V. L., de Lumen, B. O., & Gonzalez de Mejia, E. (2009). Isolation, purification and characterisation of lunasin from defatted soybean flour and in vitro evaluation of its anti-inflammatory activity. *Food Chemistry*, *114*, 108-105.
- Duranti, M., Lovati, M. R., Dani, V., Barbiroli, A., Scarafoni, A., Castiglioni, S., & Morazzoni, P. (2004). The α' subunit from soybean 7S globulin lowers plasma lipids and upregulates liver β -VLDL receptors in rats fed a hypercholesterolemic diet. *Journal of Nutrition*, *134*, 1334-1339.

- 1
2
3
4 Faloia, E., Michetti, G., De Robertis M., Luconi, M. P., Furlani, G., & Boscaro, M.
5
6 (2012). Inflammation as a link between obesity and metabolic syndrome. *Journal of*
7
8 *Nutrition and Metabolism*, doi:10.1155/2012/476380.
9
- 10
11 Fontanari, G. G., Batistuti, J. P., da Cruz, R. J., Hilario, P., & Saldiva, P. H. N. (2012).
12
13 Cholesterol-lowering effect of whole lupin (*Lupinus albus*) seed and its protein isolate.
14
15 *Food Chemistry*, 132, 1521-1526.
16
17
- 18
19 Gersh, B. J., Sliwa, K., Mayosi, B. M., & Yusuf, S. (2010). Novel therapeutic concepts:
20
21 the epidemic of cardiovascular disease in the developing world: global implications.
22
23 *European Heart Journal*, 31, 642-648.
24
25
- 26
27 Gordon, S., & Martinez, F. O. (2010). Alternative activation of macrophages: mechanism
28
29 and functions. *Immunity*, 32, 593–604.
30
- 31
32 Green, L. C., Wagner D. A., Glogowski, J., Skipper, P. L., Wishnok, J. S., &
33
34 Tannenbaum, S. R. (1981). Analysis of nitrate, nitrite, and [¹⁵N]nitrate in biological
35
36 fluids. *Analytical Biochemistry*, 126, 131-138.
37
38
- 39
40 Gülден, M., & Seibert, H. (2003). In vitro-in vivo extrapolation: estimation of human
41
42 serum concentrations of chemicals equivalent to cytotoxic concentrations in vitro.
43
44 *Toxicology*, 189, 211-222.
45
46
- 47
48 Hajer, G. R., Van Haeften, T. W., & Visseren, F. L. J. (2008). Adipose tissue dysfunction
49
50 in obesity, diabetes, and vascular diseases. *European Heart Journal*, 29, 2959–2971.
51
52
- 53
54 Hämäläinen, M., Nieminen, R., Asmawi, M. Z., Vuorela, P., Vapaatalo, H., & Molainen,
55
56 E. (2011). Effects of flavonoids on prostaglandin E2 production and on COX-2 and
57
58 mPGES-1 expressions in activated macrophages. *Planta Medica*, 77, 1504–1511.
59
60
- 61
62 Joshi, A. D., Oak, S. R., Hartigan, A. J., Finn, W. G., Kunkel, S. L., Duffy, K. E., &
63
64
65

1
2
3
4 Hogaboam, C. M. (2010). Interleukin-33 contributes to both M1 and M2 chemokine
5
6 marker expression in human macrophages. *BMC Immunology*, *11*, 52.
7
8
9 Korhonen, H., & Pihlanto, A. (2006). Bioactive peptides: Production and functionality.
10
11 *International Dairy Journal*, *16*, 945-960.
12
13
14 Lovati, M. R., Manzoni, C., Gianazza, E., Arnoldi, A., Kurowska, E., Carroll, K. K., &
15
16 Sirtori, C. R. (2000). Soy protein peptides regulate cholesterol homeostasis in Hep G2
17
18 cells. *Journal of Nutrition*, *130*, 2543-2549.
19
20
21 Lovati, M. R., Manzoni, C., Gianazza, E., & Sirtori, C. R. (1998). Soybean protein
22
23 products as regulators of liver low-density lipoprotein receptors. I. Identification of active
24
25 β -conglycinin subunits. *Journal of Agricultural and Food Chemistry*, *46*, 2474-2480.
26
27
28 Lumeng, C. N., Bodzin, J. L., & Saltiel, A. R. (2007). Obesity induces a phenotypic
29
30 switch in adipose tissue macrophage polarization. *The Journal of Clinical Investigation*,
31
32 *117*, 175-184.
33
34
35 Marchesi, M., Parolini, C., Diani, E., Rigamonti, E., Cornelli, L., Arnoldi, A., & Chiesa,
36
37 G. (2008). Hypolipidaemic and anti-atherosclerotic effects of lupin proteins in a rabbit
38
39 model. *British Journal of Nutrition*, *4*, 1-4.
40
41
42 Millán-Linares, M. C., Yust, M. M., Alcaide-Hidalgo, J. M., Millán, F., & Pedroche, J.
43
44 (2014). Lupine protein hydrolysates inhibit enzymes involved in the inflammatory
45
46 pathway. *Food Chemistry*, *151*, 141-147.
47
48
49 Mills, C. D., Kincaid, K., Alt, J. M., Heilman, M. J., & Hill, A. M. (2000). M-1/M-2
50
51 macrophages and the Th1/Th2 paradigm. *Journal of Immunology*, *164*, 6166–6173.
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 Möller, N. P., Scholz-Ahrens, K. E., Roos, N., & Schrezenmeir, J. (2008). Bioactive
5 peptides and proteins from foods: indication for health effects. *European Journal of*
6
7
8
9 *Nutrition*, 47, 171-182.

10
11 Montserrat-de la Paz, S., Fernández-Arche, M. A., Ángel-Martín, M., & García-Giménez,
12
13
14 M. D. (2012). The sterols isolated from Evening Primrose oil modulate the release of
15
16
17
18 proinflammatory mediators. *Phytomedicine*, 19, 1072-1076.

19 Ndiaye, F., Vuong, T., Duarte, J., Aluko, R. E., & Matar, C. (2012). Anti-oxidant, anti-
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

inflammatory and immunomodulating properties of an enzymatic protein hydrolysate
from yellow field pea seeds. *European Journal of Nutrition*, 51, 29-37.

Olefsky, J. M., & Glass, C. K. (2010). Macrophages, inflammation, and insulin
resistance. *Annual Review of Physiology*, 72, 219-246.

Pedroche, J., Yust, M. M., Lqari, H., Megías, C., Girón-Calle, J., Alaiz, M., & Millán, F.
(2007). Obtaining of *Brassica carinata* protein hydrolysates enriched in bioactive
peptides using immobilized digestive proteases. *Food Research International*, 40, 931-
938.

Politis, I., Theodorou, G., Lampidonis, A. D., Chronopoulou, R., & Baldi, A. (2012).
Soya protein hydrolysates modify the expression of various pro-inflammatory genes
induced by fatty acids in ovine phagocytes. *British Journal of Nutrition*, 108, 1246-1255.

Sawai, H., & Domae, N. (2008). Release of cytochrome c from mitochondria precedes
Bax translocation/activation in Triton X-100-induced apoptosis. *Leukemia Research*, 32,
445-453.

Shahidi, F., & Zhong, Y. (2008). Bioactive peptides. *Journal of AOAC International*, 91,
914-931

- 1
2
3
4 Shen, Z., Lu, M., Duan, S., & Duan, S. (2011). Macrophage polarization and
5
6 inflammation at the interface of cardiovascular disease and metabolism. *North American*
7
8 *Journal of Medicinal Sciences*, 4, 191-195.
9
10
11 Spielmann, J., Shukla, A., Brandsch, C., Hirshe, F., Stangl, G. I., & Eder, K. (2007).
12
13 Dietary lupin protein lowers triglyceride concentrations in liver and plasma in rats by
14
15 reducing hepatic gene expression of sterol regulatory element-binding protein-1c. *Annals*
16
17 *of Nutrition and Metabolism*, 51, 387-392.
18
19
20
21 Vernaza, M. G., D a, V. P., Gonz alez de Mej a E., & Chang Y. K. (2012). Antioxidant
22
23 and antiinflammatory properties of germinated and hydrolysed Brazilian soybean flours.
24
25 *Food Chemistry*, 134, 2217–2225.
26
27
28
29 Vo, T.-S., Ryu, B., & Kim, S.-K. (2013). Purification of novel anti-inflammatory
30
31 peptides from enzymatic hydrolysates of the edible microalgal *Spirulina maxima*. *Journal*
32
33 *of Functional Foods*, 5, 1336-1346.
34
35
36 Weisberg, S. P., Hunter, D., Huber, R., Lemieux, J., Slaymaker, S., Vaddi, K., &
37
38 Ferrante, A. W. (2006). CCR2 modulates inflammatory and metabolic effects of high-fat
39
40 feeding. *The Journal of Clinical Investigation*, 116, 115–124.
41
42
43 Wei e, K., Brandsch, C., Zernsdorf, B., Nkengfack Nembongwe, G. S., Hofmann, K.,
44
45 Edere, K., & Stangl, G. I. (2010). Lupin protein compared to casein lowers the LDL
46
47 cholesterol: HDL cholesterol-ratio of hypercholesterolemic adults. *European Journal of*
48
49 *Nutrition*, 49, 65-71.
50
51
52
53 Weldon, S. M., Mullen, A. C., Loscher, C. E., Hurley, L. A., & Roche, H. M. (2007)
54
55 Docosahexaenoic acid induces an anti-inflammatory profile in lipopolysaccharide-
56
57 stimulated human THP-1 macrophages more effectively than eicosapentaenoic acid.
58
59
60
61
62
63
64
65

1
2
3
4 *Journal of Nutritional Biochemistry*, 18, 250258.

5
6 Xu, C., Yang, C., Yin, Y., Liu, J., & Mine, Y. (2012). Phosphopeptides (PPPs) from hen
7 egg yolk phosvitin exert anti-inflammatory activity via modulation of cytokine
8 expression. *Journal of Functional Foods*, 4, 718-726.

9
10
11
12
13
14 Yu, Y., Correll, P. H., & Vanden Heuvel, J. P. (2002). Conjugated linoleic acid decreases
15 production of pro-inflammatory products in macrophages: evidence for a PPAR gamma-
16 dependent mechanism. *Biochimica et Biophysica Acta*, 1581, 89-99.

17
18
19
20
21 Yust, M. M., Pedroche, J., Millán-Linares, M. C., Alcaide-Hidalgo, J. M., & Millán, F.
22 (2010). Improvement of functional properties of chickpea proteins by hydrolysis with
23 immobilized Alcalase. *Food Chemistry*, 122, 1212-1217.
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 **FIGURE CAPTIONS**
5

6 **Figure 1.** Effect of LPHs (500–2000 µg/mL) I+15A (A) and 15A (B) on cell proliferation
7 of human THP-1-derived macrophages determined by MTT assay after 6 h. Study of the
8 DNA distribution in the cell cycle (% G0/ G1, % S and % G2/M) in THP-1- derived
9 macrophages treated with LPH I+15A or LPH 15A (C). Percentage of apoptotic cell
10 death in THP-1-derived macrophages after exposure to LPHs at 500 µg/mL for 24 h (D).
11 Values marked with different letter are significantly different (P < 0.05).
12
13
14
15
16
17
18
19
20

21 **Figure 2.** Cell viability (%), determined by trypan blue exclusion assay, in presence of
22 LPHs I+15A (A) and 15A (B), after 24 h of treatment and different concentrations (100-
23 2000 µg/mL). Some images obtained with confocal microscopy are presented.
24
25
26
27

28 **Figure 3.** TNF (A), IL-1β (B), IL-6 (C), CCL18 (D), and IL10 (E) mRNA expression in
29 THP-1-derived macrophages after 6 h of treatment with LPHs (I+15A, and 15A). Values
30 marked with different letter are significantly different (P < 0.05).
31
32
33
34
35

36 **Figure 4.** Effect on TNF (A) and IL-10 (B) production of THP-1-derived macrophages.
37 after 48 h of treatment with LPHs (I+15A, and 15A). Values marked with different letter
38 are significantly different (P < 0.05).
39
40
41
42

43 **Figure 5.** NO production (%) in THP-1-derived macrophages after 48 h of treatment with
44 LPHs (I+15A, and 15A). Values marked with different letter are significantly different (P
45 < 0.05).
46
47
48
49

50 **Figure 6.** CCR2 (A) and CCL2 (B) mRNA expression in THP-1-derived macrophages
51 after 6 h of treatment with LPHs (I+15A, and 15A). Migration Index (C) of THP-1-
52 derived macrophage after 24 h of incubation. Values marked with different letter are
53 significantly different (P < 0.05).
54
55
56
57
58
59
60
61
62
63
64
65

Figure 1
[Click here to download high resolution image](#)

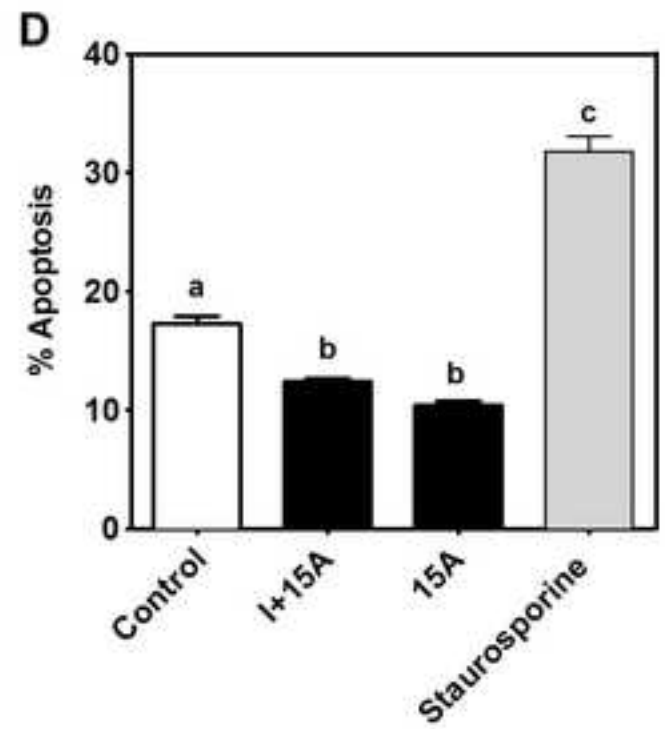
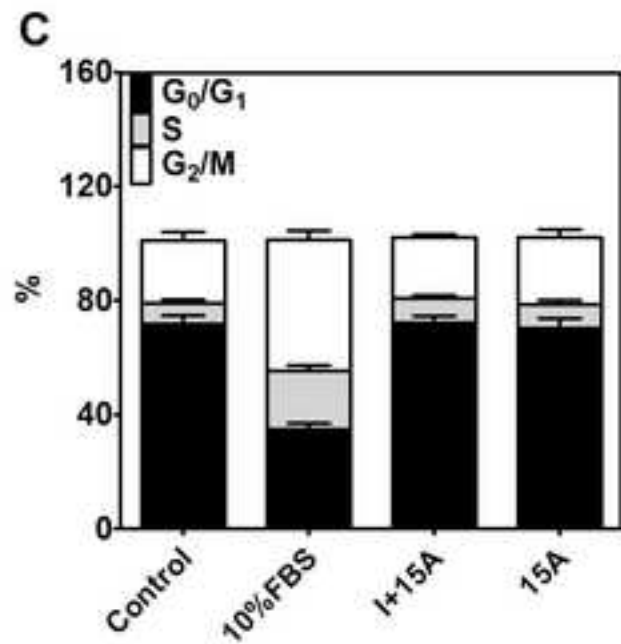
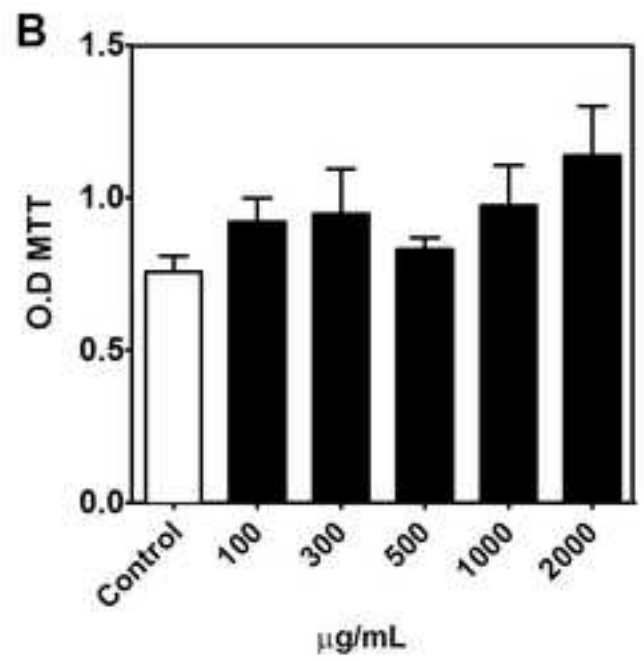
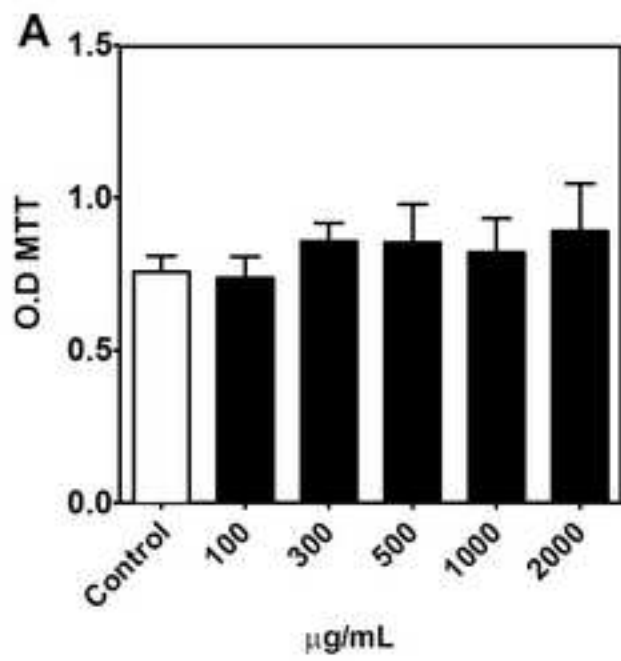
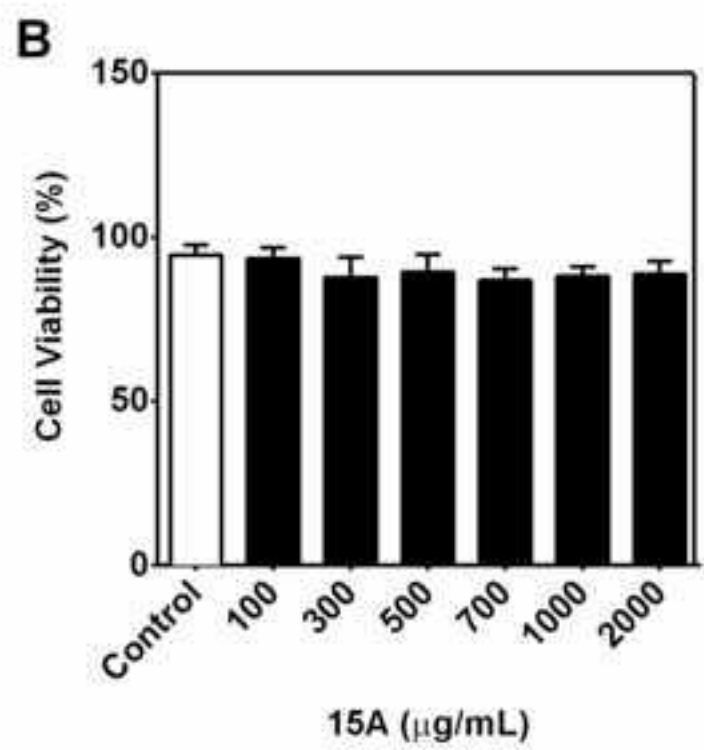
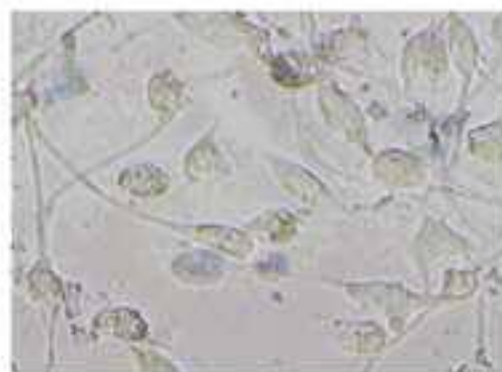
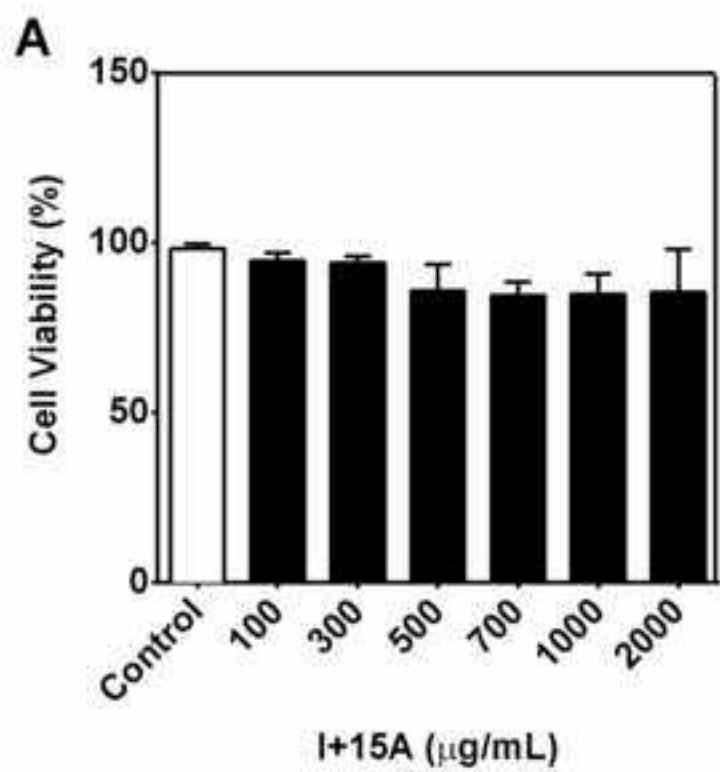


Figure 2

[Click here to download high resolution image](#)



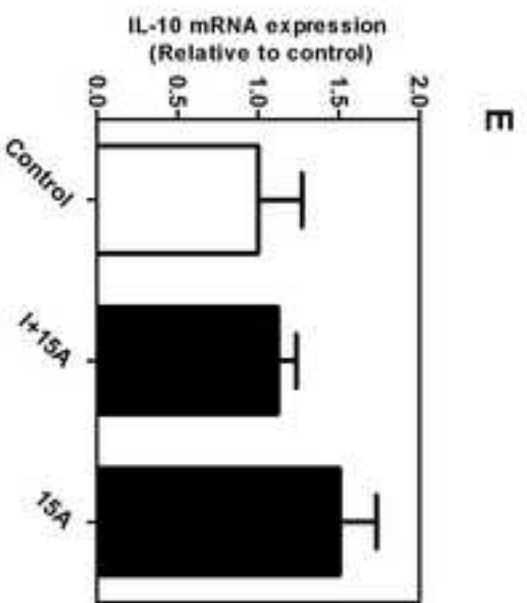
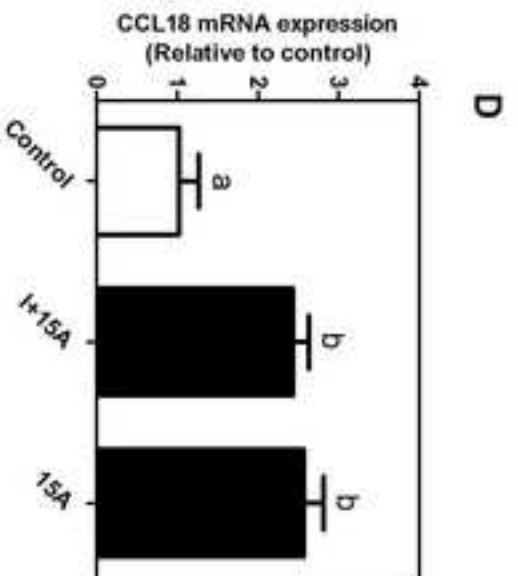
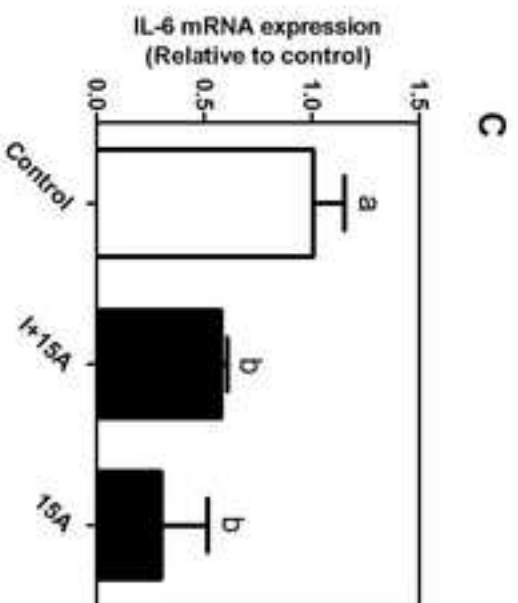
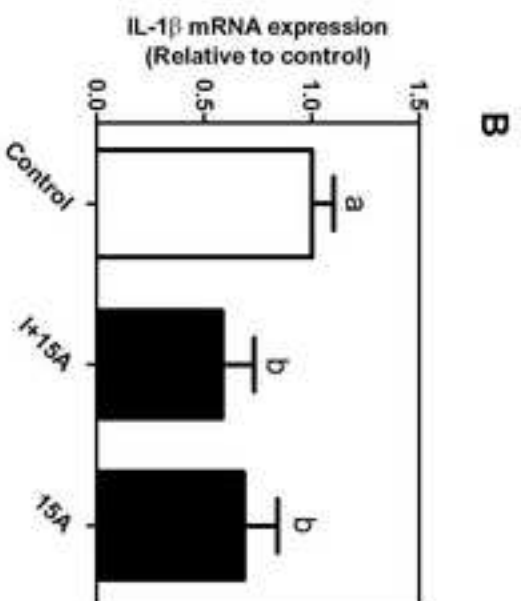
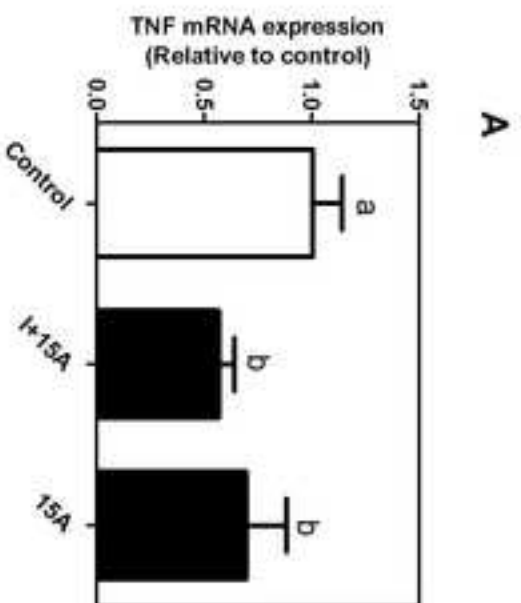


Figure 4
[Click here to download high resolution image](#)

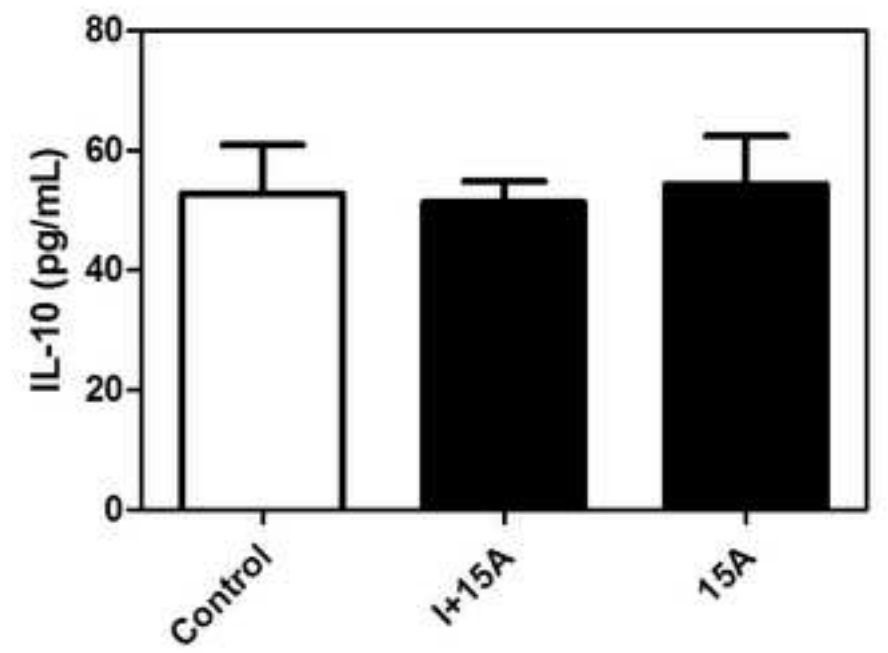
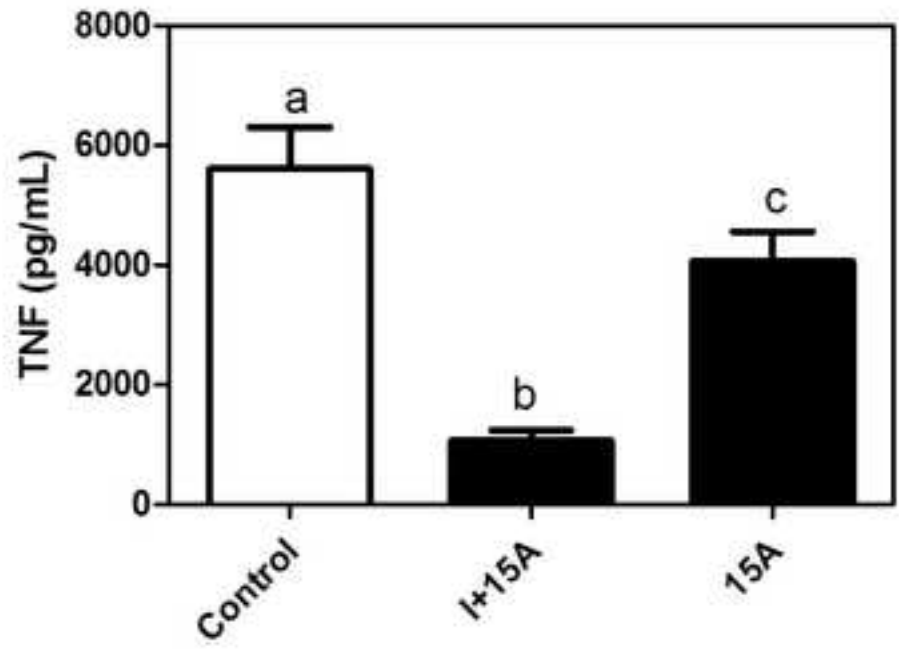


Figure 5
[Click here to download high resolution image](#)

