

The Family on Rehabilitation



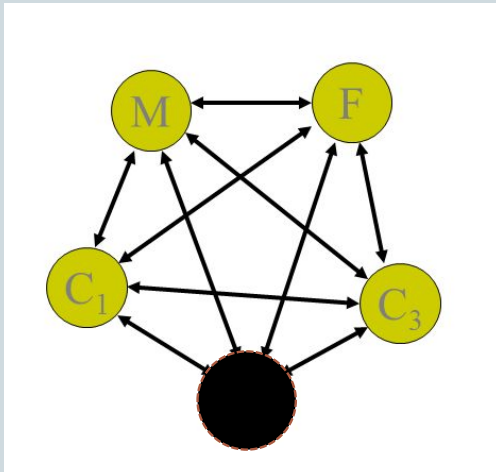
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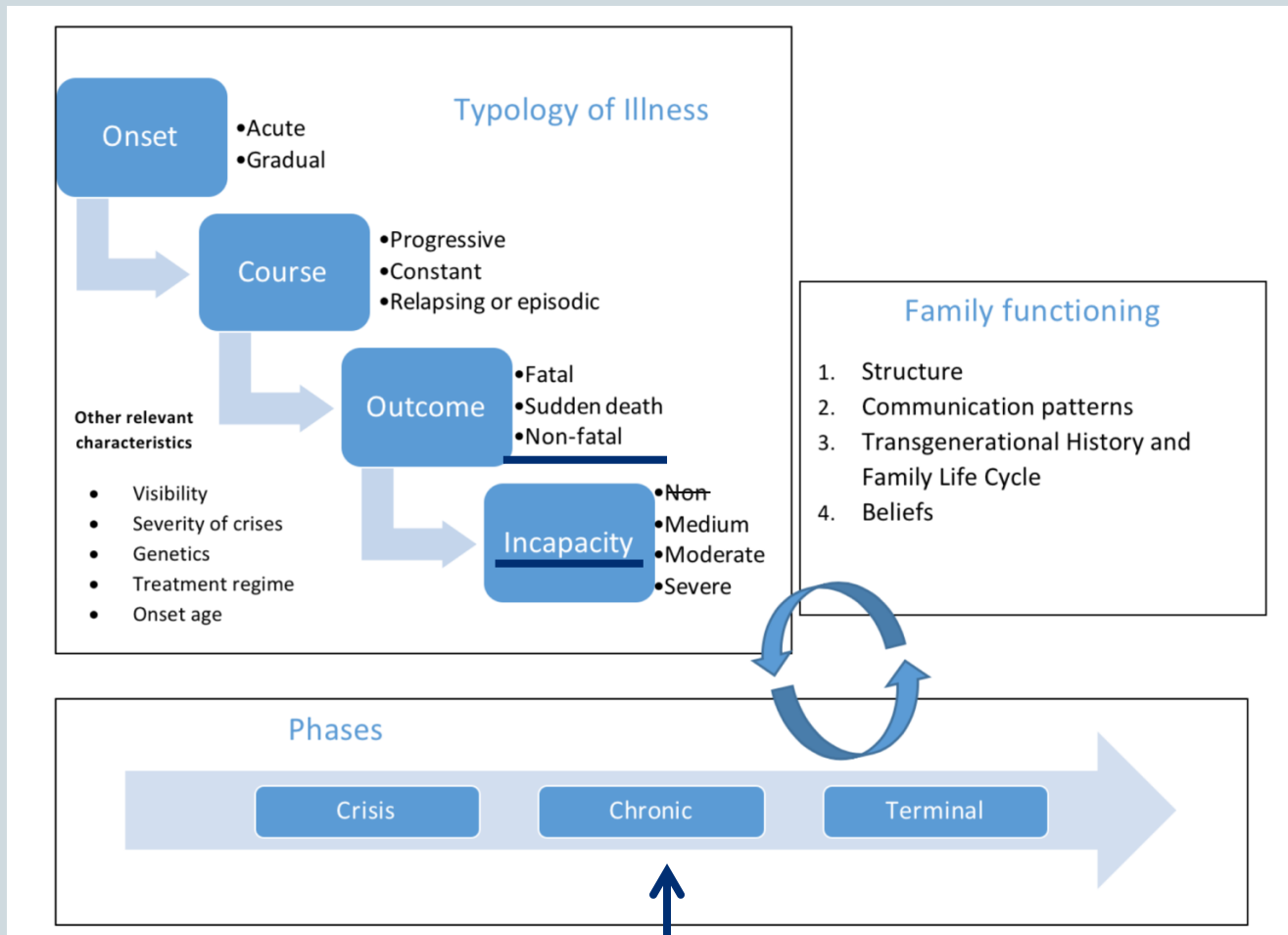
General Systems Theory (Von Bertalanffy, 1968)



- Family:
 - Social group of interdependent individuals interacting one-another
- A change in a member affects all others
- A member get sick, all suffer the illness



Family System Illness Model (Rolland, 1984-2016)



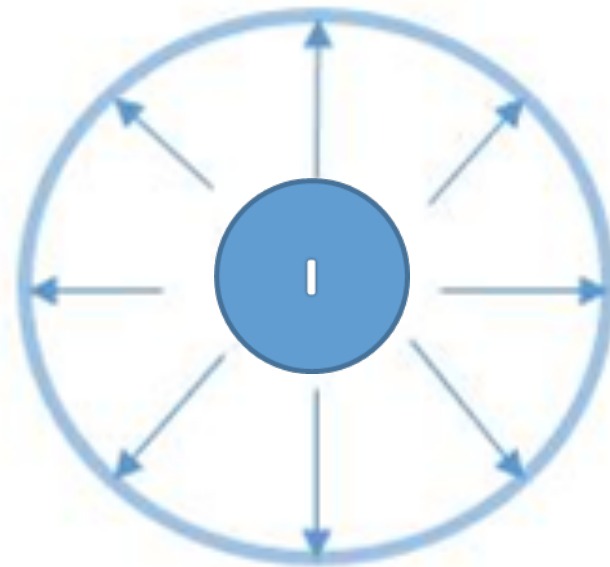
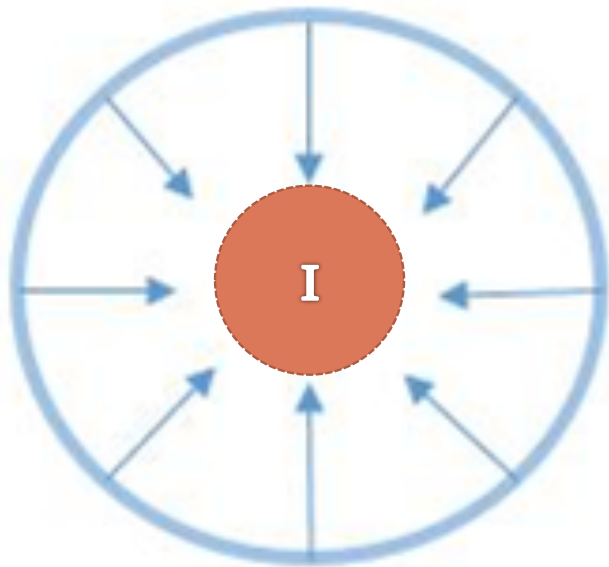
“Putting the illness in its place”

(González et al., 1987; Rolland, 1994 & Navarro, 2004)



- Symptoms control and Treatment
- Fluently relation with Health System
- Open communication
- Expression of fears and feelings
- Autonomy
- Prevent exhaustion
- Increase support net
- Preserve individual and group objective and identity
- NEW NORMAL... redefinition

Centripetal vs. Centrifugal





Potential Risks



- Changes on Parenting Styles (Torrado, 2015)
 - Overprotection (Méndez et al., 2004; Long & Marsland, 2011; Williams et al. 2014)



- Lower academic achievements (Champaloux & Young, 2015)
 - Treatment secuelae
 - Higher absenteeism
 - Lower parental and own expectation
- Conflictive siblings relations (Torrado, 2015)

Potential Risks



- **Postrumatic Stress Symthoms**

(Kaplan et al., 2013; Long et al. 2013; Packman et al., 2005)

- **Individual and System losses**

(Tizón, 2004)

- **Couple relationship crisis**

(Lavee, 2005; Lavee & Mey-Dan, 2003).



Potential strengths: Family Resilience

(McCubbin & McCubbin, 1996)



*“The positive **behavioral patterns** and functional **competencies** individuals and the family unit demonstrate **under stressful or adverse circumstances**, which determine **the family`s ability to recover by maintainig its integrity** as a unit while insuring, and where necessary restoing, the well-being of the family members and the family unit as a whole”. (p.5.)*

Family Resilience (Walsh, 2003)



- Organizational Patterns
 - Flexibility
 - Connectedness
 - Social and Economic Resources
- Communication/Problem-solving
 - Clarity
 - Open Emotional Expression
 - Collaborative Problem-solving
- Belief system
 - Make meaning of adversity
 - Positive Outlook
 - Transcendence and Spirituality

Strengths and Weakness



Thanks!

