

1 **Advances in treatment for Lipoid Proteinosis (Urbach-Wiethe disease): A systematic**
2 **review**

3 **Running head:** Advances in treatment for Lipoid Proteinosis

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5 Rocío C. Bueno-Molina,¹ Juan-Carlos Hernández-Rodríguez,¹ Raquel Cabrera-Fuentes,¹ Rocío
6 Cabrera-Pérez,² Julián Conejo-Mir Sánchez^{1,2,3} and José-Juan Pereyra-Rodríguez^{1,2,3}

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8 ¹ Department of Dermatology, Virgen del Rocio University Hospital, Seville, Spain

9 ² Department of Pathological Anatomy, Virgen del Rocio University Hospital, Seville, Spain

10 ³ Faculty of Medicine, University of Seville, Seville, Spain.

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12 **Corresponding author:** Juan-Carlos Hernández-Rodríguez

13 **Email:** j.carlos.her.rod@gmail.com

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22 **Learning points**

- 23
- Lipoid proteinosis is characterized by dysphonia, hyperkeratosis, and warty plaques on
24 elbows, knees, and knuckles, as well as moniliform blepharosis.
 - Characteristic histology involves the presence of eosinophilic amorphous material in
25 dermis, which is PAS positive, diastase resistant and negative for congo red.
 - Acitretin at a dose of 0.5 mg/kg/day is the drug with the strongest evidence of efficacy and
26 the least reported side effects in the literature.
 - The use of standardized tools for reporting clinical cases is crucial, especially in the case of
27 rare diseases, where they constitute the main source of knowledge.
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1 **Abstract**

2 Lipoid proteinosis, also known as Urbach-Wiethe disease, is a rare autosomal
3 recessive genodermatosis, caused by mutations in the ECM1 gene. This results in
4 the deposition of PAS-positive, hyaline-like material on the skin, mucosae, and
5 internal organs. Here, we present a case report of a 48-year-old man with lipoid
6 proteinosis who exhibited significant improvement after oral acitretin therapy. To
7 address the lack of large case-control studies on lipoid proteinosis treatment, we
8 performed a systematic review of the literature following the PRISMA 2020 criteria.
9 The search was conducted in PubMed, Web of Science, Cochrane, and Scopus
10 databases from inception until June 2023. To assess the methodological quality of
11 case reports and case series, we used the critical appraisal tool JBI. We included
12 25 studies that met eligibility criteria. An overall sample of 44 patients with a
13 histopathologically confirmed diagnosis was analyzed. Treatment ranged from
14 systemic therapies (acitretin, etretinate, dimethyl sulfoxide, corticosteroids, D-
15 penicillamine) to surgical or laser procedures. Regarding methodological quality,
16 the main discrepancies arose in the reporting of participant characteristics and
17 treatment interventions. Apparently, low-dose oral acitretin could have potential in
18 managing lipoid proteinosis, exhibiting fewer side effects compared to other
19 therapeutic agents. Further research is needed to establish more comprehensive
20 and evidence-based treatment guidelines.

21 **Introduction**

22 Lipoid proteinosis (LP), also known as Urbach-Wiethe disease or hyalinosis cutis et
23 mucosae, is a rare autosomal recessive genodermatosis with approximately 400

1 cases described worldwide¹. It is caused by loss-of-function mutations in the
2 extracellular matrix protein 1 gene (ECM1) on chromosome 1q21¹ (OMIM
3 602,201), which results in the deposition of positive hyaline-like periodic acid-shift
4 (PAS) material in the skin, mucosa, and central nervous system^{1,2}. Classically,
5 onset occurs in babyhood with hoarse cry, while skin lesions can manifest in early
6 childhood or years later³. Skin manifestation consist of thickening of the skin,
7 yellowish infiltrated papules, as well as verrucous hyperkeratosis of the elbows,
8 knees, and knuckles. In addition, skin fragility can occur during childhood, resulting
9 in trauma-induced blisters. One of the most typical cutaneous signs of the disease
10 is moniliform blepharosis, which consists of the presence of beaded papules on the
11 eyelids³.

12 Although LP generally follows a benign course with a normal life expectancy,
13 patients often experience embarrassment from skin lesions, which could
14 significantly impact their mental health. Due to the potential to cause unesthetic
15 scars, early treatment should be attempted to prevent future consequences in the
16 psychosocial sphere⁴. In the current scientific literature, oral treatment as well as
17 different surgical and laser interventions have been reported in single case reports
18 with diverse outcomes. Due to the rarity of this disorder, there is no standard
19 evidence-based treatment available⁵. For this reason, in this study, we present a
20 case report and a systematic review to synthesize the scientific literature and to
21 propose the bases of treatment of this uncommon and frequently missed
22 diagnosis.

23

1 **Material and methods**

2 *Protocol and registration*

3 Before the start of the study, the case report and systematic review protocol was
4 prospectively registered in the Open Science Framework (OSF) with the
5 registration DOI: <https://doi.org/10.17605/OSF.IO/WUVZ2>. For the case report we
6 followed the Case report (CARE) checklist⁶ and for the systematic review the 2020
7 Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA)
8 guidelines⁷. Informed consent was obtained for the publication of images and
9 clinical data.

10 Protocol deviations:

11 Studies using laser interventions as treatment for LP were also considered.

12 Data sources and search strategy:

13 Two independent reviewers (RB-M and J-CH-R) performed a systematic search in
14 PubMed, Web of Science, Cochrane Library, and Scopus from the inception of the
15 databases up to June 2023. No language or date filters were employed. Specific
16 search terms for lipoid proteinosis (“lipoid proteinosis”, “Urbach-Wiethe”) and
17 treatment (“treatment”, “acitretin”, “etretinate”, “dimethylsulfoxide” “penicillamine”) were
18 combined using the Boolean operators “AND” and “OR”.

19 *Eligibility criteria and outcomes of interest*

20 We developed the eligibility criteria following the PIO framework (population,
21 intervention, and outcome).

1

2 Inclusion criteria:

3 - P: Patients with histopathologically confirmed diagnosis of LP (gold standard)
4 and/or genetic test.

5 - I: Systemic, laser or surgery treatment of cutaneous manifestations of LP.

6 - O: Studies reporting skin manifestations as the main outcome. Voice status
7 would be assessed as a secondary outcome if studies report it.

8 Exclusion criteria:

9 - Any study design that was not written in English, Spanish, French, or
10 German.

11 Data management and selection process:

12 Mendeley Desktop (version 1.19.8) was used to assess duplicates and perform the
13 screening process. This step was manually double-checked. Subsequently, two
14 independent reviewers (RB-M and J-CH-R) screened records by title and abstract,
15 and then carried out a complete read of the studies to select those that met the
16 mentioned criteria. Any disagreement on study inclusion was considered with a
17 third reviewer (J-JP-J).

18 Assessment of methodological quality:

19 Two independent reviewers (RB-M and J-CH-R) used the Joanna Briggs
20 Collaboration (JBI) checklist^{8,9} to assess the methodological quality of the case
21 reports and case series included in the systematic review. JBI tools evaluate the
22 methodological quality through eight and ten items for case reports and case

1 series, respectively. The overall judgment is assorted as 'Yes', 'No', 'Unclear' and
2 'Not applicable'. The inter-rater agreement rate was calculated.

3 Data extraction and qualitative synthesis:

4 The following data were extracted: authors, year of publication, patient
5 characteristics, clinical presentation, ancillary diagnostic test, treatment and
6 dosage, side effects, cutaneous and voice outcomes. In case the information of
7 interest was not reported, the corresponding authors of the studies were contacted
8 by J-CH-R via email. One corresponding author was contacted, but without
9 response¹⁰.

10

11 **Case report**

12 A 47-year-old man, child of consanguineous parents (cousins), was referred to our
13 dermatology department of Virgen del Rocío University Hospital (Seville, Spain)
14 with worsening of multiple cutaneous and otorhinolaryngological manifestations in
15 June 2022. There was no family history of similar lesions.

16 Our patient has suffered from severe hoarseness and weak cry since birth. At the
17 age of 10 years old, trauma-induced vesicles started to appear on his face and
18 upper body. Progressively, the skin of the knuckles and elbows thickened as
19 infiltrated and verrucous papules appeared (Figure 1a,1b). Physical examination
20 revealed very dry skin. Extensive atrophic scars and waxy, infiltrated yellow
21 papules were present on his face. A total of 4.5% body surface area (BSA) was
22 affected. There was no history of photosensitivity, and the lesions did not show in

1 any predominant sun-exposed areas. On the margins of the upper and lower
2 /eyelids, multiple beaded papules could be found (Figure 1c). Additionally, his lips
3 and tongue were slightly thickened with reduced mobility, but without speech
4 impairment or dysphagia. He related episodes of oral ulcers and xerostomia. He
5 was otherwise healthy and never manifested epilepsy or other neurological signs.
6 Haematological and biochemical examinations did not show any abnormalities.

7 Given the clinical examination, lipoid proteinosis, erythropoietic protoporphyria, and
8 epidermolysis bullosa were considered potential diagnostic options. For this
9 reason, a laryngoscopy, a cerebral computed tomography (CT) scan, and a skin
10 biopsy were performed. Laryngoscopy revealed thickening of the vocal cords with
11 uneven surface. Furthermore, CT revealed bilateral symmetrical calcifications
12 located in the temporal lobes, affecting the hippocampal (Figure 1d). A skin biopsy
13 (Figure 2) of the hyperkeratotic plaque in the left elbow revealed epidermal
14 hyperkeratosis, hyaline infiltrate throughout the dermis, and thickening of the
15 basement membrane. The infiltrate was positive for periodic acid-Schiff (PAS)
16 stains, but diastase-resistant and negative for Congo red. An oropharynx and
17 larynx biopsies were also carried out. The genetic test for the ECM1 gene is not
18 currently available. Altogether, the diagnosis of LP was established.

19 In 2016, at the age of 41 years old, he required a permanent tracheostomy due to
20 chronic dyspnoea. Regarding cutaneous manifestations, for several years, he has
21 undergone treatment with emollient and keratolytic creams, without any
22 improvement. In June 2022, at the age of 47 years old, our patient started oral
23 acitretin treatment at a dose of 0.5 mg/kg/day, resulting in a significant

1 improvement in skin thickening and verrucous lesions, already evident after 3
2 months, with another noticeable improvement after one year (Figure 3). There was
3 slight improvement in moniliform blepharosis and a notable decrease in laryngeal
4 mucosa thickness observed by laryngoscopy. Despite this reduction, the
5 permanent tracheostomy was retained following consensus between
6 otorhinolaryngologists and the patient. No new skin and mucosal lesions were
7 observed throughout the treatment period. Furthermore, no hematological or
8 cutaneous side effects were reported.

9

10 **Results**

11 *Study selection*

12 The electronic search in the databases retrieved a total of 251 studies.
13 Consecutively, an electronic and manual duplicate removal was carried out. After
14 removing duplicates, the screening process, and complete reading of those
15 potential records that could meet eligibility criteria, 25 studies^{1-4,10-30} were included.
16 One of the final selected studies²⁵ was identified by citation searching. Figure S1
17 shows the PRISMA flow chart. The list of studies excluded (N = 53) and its reasons
18 can be found in the Supplementary Material (Table S1).

19 *Study design and population characteristics*

20 A sample of 44 patients with histopathologically confirmed diagnosis of LP was
21 analyzed. There were 20 males and 24 females with a mean age of 16.9 years,
22 ranging from 2 to 41 years. In 26 of the cases (59%) there was second grade

1 consanguinity^{1,2,10,11,13,16,17,24,26,28}. Genetic tests were performed in 9 patients¹⁻
2 ^{3,15,22,30}. Table 1 summarizes the mutations identified.

3 Hoarseness and weak cry (42/44, 95.4%) was the most common symptom,
4 present at birth in 14 of the patients^{1,4,11,14,17,18,20,22,26}. A history of trauma-induced
5 blistering and acneiform scarring was present in 32 of the 44 patients (73%)¹⁻
6 ^{4,10,13,14,16-22,24-26,30}. Cutaneous examination revealed atrophic and hypochromic
7 scars, along with yellowish waxy papules and verrucous skin plaques,
8 predominantly affecting the facial region, upper-trunk and extremities (40/44,
9 90.9%)^{1-4,10-24,26-30}. Multiple beaded papules (moniliform blepharosis) were present
10 throughout the eyelid margins in 61.4% (27/44) of the cases^{1-3,10,11,14,15,17,18,21-30}. In
11 32 out of 44 subjects (73%) the tongue was slightly enlarged with a short, thick
12 frenulum that significantly limited mobility^{1-3,10,12,13,15-18,21,22,24,25,27,28,30}. Neurological
13 manifestations were relatively infrequent, observed in only five patients of the total
14 sample (5/44, 11.4%)^{11,16,17,26}.

15 Table 2 summarizes the characteristics of the patients included in our study.
16 Supplementary material (Table S2) shows a detailed description of each case.

17 *Systemic treatments*

18 *Oral retinoids*

19 A total of 27 patients treated with acitretin have been reported in the included
20 literature^{1-4,10,11,13,15,18,21,22,24,25}. Most of the cases received a dose of 0.5
21 mg/kg^{1,3,4,10,13,18,22} and the duration of treatment ranged from 3 to 24 months. Only
22 two studies did not report the dose and/or duration of treatment^{24,25}. Details of

1 alternative treatment regimens can be found in the Supplementary Material (Table
2 S3). Of those 27 patients, 17 subjects (62.9%) showed improvement in skin, being
3 especially notable in 12 (44.4%) of them^{2,3,10,13}, while ten patients (37%) did not
4 show any improvement^{1,10,11,22,24}. Regarding voice, 17 patients (62.9%) showed
5 improvement in hoarseness^{2-4,10,13,18,21,22,25} and 9 (33.3%) did not^{1,2,10,11,24}. Only in
6 one case did not report about voice outcome¹⁵. Side effects, such as xerosis and
7 xerostomia, appeared only in 2 patients²². Treatment had to be stopped in one
8 case due to the appearance of multiple painful pyogenic granulomas³.

9 Five patients were treated with etretinate using a dose of 1 mg/kg/day for 2 months
10 followed by 0.5 mg/kg/day for 4 months^{17,24,28}. Treatment had to be discontinued in
11 two cases due to gastric discomfort²⁸. Of the remaining three patients, two showed
12 notable improvement¹⁷, while the remaining one did not improve at all²⁴.

13 *Dimethyl sulfoxide:*

14 Dimethyl sulfoxide was used in five patients with a dose of 60 mg/kg/day for 3
15 years^{12,26,29}. Only in one patient was a significant overall improvement described²⁹.
16 Regarding the remaining patients, dimethyl sulfoxide showed no efficacy in three
17 cases²⁶, and one patient's report lacked documentation on cutaneous or vocal
18 outcomes¹². Bad breath was observed in four patients^{26,29}.

19 *Corticosteroids:*

20 One patient was treated with corticosteroids³⁰. Specifically, submucosal oral
21 injections were administered for one year, followed by oral and topical

1 corticosteroids for two years, with notable results. No side effects or analytical
2 changes were observed.

3 For the management of the initial stage of the disease, characterized by
4 spontaneously occurring or trauma-induced vesicles, bullae, and scars, Kaya et
5 al.²⁰ employed an oral prednisolone regimen at a daily dose of 15 mg (1 mg/kg) for
6 ten days. Additionally, the topical application of 0.1% diflucortolone-2-valerate and
7 1% chlorquinaldol cream was administered twice daily. This therapeutic approach
8 accelerated the healing process and improved the cosmetic appearance of the
9 scars.

10

11

12 *D-penicillamine:*

13 One patient was treated with 600 mg/day oral D-penicillamine for two years with
14 modest improvement in skin texture and hoarseness¹⁹. No side effects were
15 observed.

16 *Human placental extract:*

17 Srivalli et al.²⁸ attempt treatment with etretinate in two siblings. Since it was not
18 tolerated due to gastric irritation, both patients received intramuscular injections of
19 human placental extract on alternate days with topical application of placental
20 extract gel. After two months of treatment there was a significant improvement in
21 the appearance of the skin and in the quality of voice.

1 *Other therapeutic alternatives*

2 *Laser*

3 Fractional ablative CO₂ laser therapy has shown favorable results in the treatment
4 of eyelid papules¹¹ and facial scars²³. Specifically, for facial scar treatment, a
5 regimen of four sessions of ablative laser resurfacing spaced by six weeks was
6 employed. The laser was operated at a pulse energy of 40mJ and a spot density of
7 100 spots/cm². Subsequently, nonablative radiofrequency sessions were
8 conducted every two weeks for a total of six sessions.

9 *Surgical procedures:*

10 The primary complications of LP are mainly related to the psychological impact of
11 unsightly scars. To improve their appearance, dermabrasion^{14,16} and chemical
12 peels, such as 80% phenol¹⁴, Jessner's solution¹⁶, or 35% trichloroacetic acid¹⁶
13 have been used.

14 In addition, alternative treatments, such as surgical removal¹⁶, curettage, or
15 cryosurgery²⁷, have shown promising results in the treatment of papules and
16 hyperkeratotic plaques.

17 *Methodological quality assessment (JBI):*

18 The included studies were assessed using the standard JBI Critical Appraisal
19 Checklist for Case Series and Case Reports^{8,9}. Specific results for each study can
20 be found in Tables S4 and S5. The inter-rater reliability was 95.5% (212/222).

1 Most of the case reports provided complete descriptions of the demographic
2 characteristics and clinical history of the patients, except five of them^{4,12,18,19,29}.
3 Most reports included detailed explanations of diagnostic tests, some even
4 incorporating histopathological or CT scan images, as well as genetic test results.
5 However, a significant proportion of the cases did not adequately address the
6 differential diagnosis^{4,18,19,23,27,29,30}. Almost all studies included a detailed
7 description of treatment procedures, except for two case reports^{12,25}. Excluding one
8 case report¹², the remaining described post-intervention outcomes, although they
9 did not include pre and post-intervention images^{19,20,25}. Only some of the
10 authors^{3,14,21,27,29,30} reported the possible adverse events.

11 Detailed clinical information from the patients was provided in all case series,
12 except for five cases^{13,15,17,28}, which did not include demographic characteristics.
13 Almost all studies clearly reported intervention outcomes, but only Bakry OA. et
14 al.¹³, Dertlioglu SB. et al.¹⁰ and Ozkaya-Bayazit E. et al.²⁶ incorporated images
15 before and after intervention.

16

17 **Discussion**

18 LP is a rare progressive autosomal recessive disorder with infiltration of hyaline
19 material in the skin, mucosa, and internal organs³¹.

20 In 20% of cases, consanguinity of the parents is observed³¹, although in our
21 systematic review the consanguinity rate reached 59%. The age of diagnosis is

1 highly variable, but the clinical manifestations begin in childhood and affects both
2 sexes equally.

3 The diagnosis is usually suspected based on clinical findings, but the gold standard
4 technique is histopathological study. Skin biopsy highlights epidermal
5 hyperkeratosis and the presence of eosinophilic amorphous material in the
6 papillary dermis, the basement membrane, and around the capillaries. The material
7 is PAS positive and diastase resistant. It is differentiated from amyloid by its
8 negative staining with Congo red stain².

9 Currently, there is no curative intervention for LP. Despite its characteristic indolent
10 progression and the absence of a demonstrable impact on life expectancy, the
11 unsightly scarring can cause a profound impact in the psychological sphere.
12 Therefore, it is important to explore therapeutic alternatives to relieve its
13 symptoms.

14 *In vitro* studies indicated that oral retinoids modulate the metabolism of the
15 connective tissue matrix of the basement membranes²². Administration of acitretin
16 at doses of 0.5 mg/kg/day has been reported to result in a variable improvement in
17 cutaneous papules and plaques, reduction of blistering, and a concurrent
18 improvement in mucosal lesions and hoarseness. Some authors declare that
19 acitretin is more effective in treating mucosal lesions compared to skin lesions³, but
20 in our systematic review we found similar improvement. In our case report, there
21 was notable improvement in skin, with a remarkable disappearance of verrucous
22 plaques on the elbows and knuckles and softening of the skin. Improvement in

1 hoarseness was difficult to assess as the patient had a permanent tracheostomy,
2 but decreased pharyngeal mucosal thickness was observed on laryngoscopy.

3 Acitretin represents the treatment with the most substantial evidence within the
4 primary included studies, with approximately 63% of the patients experiencing
5 overall improvement in both skin and voice. In most of the reviewed cases, acitretin
6 was well tolerated, with only mild side effects recorded, such as xerosis or
7 xerostomia in two cases. It was discontinued in one case due to the onset of
8 multiple painful pyogenic granulomas. Despite these positive aspects, the absence
9 of a standardized and objective measurement tool, alongside with the low
10 methodological quality of the studies, makes it difficult to provide a strong
11 recommendation.

12 Only one case report discussed the management of the initial stage of the disease
13 with systemic corticosteroids²⁰. Although the development of new lesions ceased
14 with the treatment and the cosmetic outcome was ameliorated, it remains unclear
15 whether the improvement was a result of the treatment or the natural course of the
16 disease.

17 As previously stated, the main limitation to draw conclusions is the lack of accuracy
18 in documenting both patient's clinical characteristics and treatment protocols.
19 Several reports merely mentioned the kind of intervention, omitting essential
20 information such as dosage, duration, or frequency, making it difficult to reproduce
21 the results.

1 Most of the cases inadequately reported assessments of voice and skin outcomes.
2 This is particularly notorious in voice assessment, where the evaluation was limited
3 to the presence or absence of hoarseness and weak cry. Moreover, in the
4 evaluation of skin manifestations, none of the studies incorporated objective
5 measures such as BSA or any patient-reported outcome measures³². For this
6 reason, we consider of crucial importance the performance of pre and
7 postintervention images.

8 *Methodological considerations*

9 Considering the principal limitation of this systematic review to be the low
10 methodological quality of the available clinical cases, and that this is a frequently
11 encountered issue in rare disease research, we would like to emphasize the
12 importance of implementing standardized tools for the comprehensive
13 documentation of case reports. In particular, the utilization of frameworks like the
14 CARE checklist⁶, as applied in our study, ensures uniform and meticulous case
15 report descriptions.

16 *Limitations*

17 One of the main limitations of our systematic review is inherent to the rarity of this
18 genodermatosis. As there are no large case-control studies or clinical trials, we
19 included case reports and case series. On the other hand, only studies written in
20 English, Spanish, French or German were considered, so potential records could
21 have been missed. In addition, the major limitation of our case report is the
22 absence of genetic testing.

1

2 **Conclusions**

3 LP is an uncommon genodermatosis, with limited cases reported. In this study we
4 add a new case report of LP to the current literature, and we perform the first
5 systematic review for managing the clinical skin manifestations of this disease. The
6 absence of case-control studies or clinical trials reported in the literature
7 emphasizes the importance of accurate documentation of clinical characteristics
8 and treatment protocols in case reports and case series, as they constitute the
9 main source of information for rare diseases. Our principal motivation for
10 conducting this systematic review is providing a better healthcare and treatment for
11 these patients and aiding healthcare professionals in making clinical decisions.
12 However, the diversity of treatments and the absence of standardized consensus in
13 measuring clinical outcomes, precluded us to make sound clinical
14 recommendations.

15

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18

19 **Figure legends**

20 Figure 1. Patient's clinical and imaging features. (a,b) Skin thickening,
21 hyperkeratosis and multiples verrucous papules on the elbows and knuckles. (c)
22 Moniliform blepharosis: multiple beaded papules on the upper and lower eyelids.
23 (d) Cerebral computed tomography scan showing bilateral symmetrical
24 calcifications of the temporal lobes (marked in red as *).

- 1 Figure 2. Histopathology. (a) Deposits of amorphous hyaline material in the
- 2 papillary dermis, basement membrane, and around the capillaries (H-E, 2x). (b)
- 3 Positive Periodic Acid-Schiff (PAS) staining.

- 4 Figure 3. Remarkable improvement of hyperkeratotic plaques over elbows (a) and
- 5 papules over the dorsum of the knuckles (b) after acitretin therapy.

1 Table 1: Mutations identified in the articles reviewed.

	Position	Sequence change	Mutation type	Predicted protein change	Location
Akoglu G. et al. (2011) ²	Exon 3	NA	Nonsense	p.R53X	Turkey
Carnevale C. et al. (2017) ³	Exon7/Exon 10	c.735_736delTG/ c.1446_1450delCCCTG	Nonsense/Frameshift	p.C245X/p.A484LfsX9	Italy
Chelvan H. et al (2011) ¹⁵	Exon 2	c.94C>T	Nonsense	p.Q32X	India
Ghazawi F. et al (2019) ¹	Exon 9	c.1387G>T	Nonsense	p.Glu463X	Pakistan
Luo X. et al. (2016) ²²	Exon 10	c.1522C>T	Nonsense	p.R508X	China
	Exon 7/10	c.841C>T/c.1596delG	Nonsense/frame-shif	p.R281X/p.R532RfsX3	China
Zhang R. et al (2014) ³⁰	Exon 6	c.658T>G	Missense	p.C220G	China

2

3 NA: Not available.

4

5

6

Demographic characteristics	Gender:	Male: 20 of 44
		Female: 24 of 44
	Mean age, years (SD): 16.9 (11.77)	
	Consanguinity: 26 of 44 (NA = 9)	
Clinical presentation	Hoarseness: 42 of 44 (NA = 1) History of vesicles and scarring after trauma: 32 of 44 (NA = 5) Eyelid papules: 27 of 44 (NA = 2) Limitation of oral movement: 32 of 44 (NA = 3) Acneiform scars+ Warty papules + Hyperkeratotic plaques: 40 of 44 (NA = 0) Neurological symptoms: 5 of 44 (NA = 6)	
Diagnostic test	Skin biopsy: 43 of 44 (NA = 0)	
	Cranial CT scan: 30 of 44 (NA = 0)	No abnormalities: 23 of 30
		Bilateral temporal calcifications: 7 of 30
	Skull X-ray: 5 of 44	No abnormalities: 1 of 5
		Calcifications in the sella turca: 4 of 5
	MRI: 1 of 44	No abnormalities: 0 of 1
		Bilateral temporal calcifications: 1 of 1
	Genetic test: 9 of 44 (NA = 0)	
Indirect laryngoscopy: 36 of 44 (NA = 0)	No abnormalities: 6 of 36	
	Thickened vocal cords: 30 of 36	

Therapy	Acitretin: 27 of 44 Etretinate: 4 of 44 Dimethyl sulphoxide: 5 of 44 Systemic corticosteroids: 2 of 44 D-penicillamine: 1 of 44 Human placental extract: 1 of 44 Topical treatment: 2 of 44 Laser: 4 of 44
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1 Table 2: Demographic characteristics, clinical presentations, diagnostic tests and
 2 therapies of the patients included in the review:

3 SD: Standard deviation. NA: Not available. CT: computed tomography. MRI: Magnetic
 4 resonance imaging

5 **CPD Questions**

6 **Question 1. In which of the following genes is the mutation that causes lipoid proteinosis located?**

- 7 (a) CFTR
 8 (b) DMD
 9 (c) EMC1
 10 (d) HTT
 11 (e) FMR1

12
 13 **Question 2. What is the term for the presence of multiple beaded papules on the eyelids,
 14 characteristic of lipoid proteinosis?**

- 15 (a) Blepharitis marginalis
 16 (b) Moniliform blepharosis
 17 (c) Distichiasis
 18 (d) Congenital trichiasis
 19 (e) Blepharochalasis

20
 21 **Question 3. For which of the following drugs is there no published evidence of its efficacy in the
 22 treatment of lipoid proteinosis?**

- 23 (a) Dimethylsulfoxide
 24 (b) Penicillamine
 25 (c) Etretinate
 26 (d) Human placental extract
 27 (e) Methotrexate

28
 29 **Question 4. What is the right dose of acitretin to treat lipoid proteinosis symptoms?**

- 30 (a) 0.25 mg/kg/day
 31 (b) 0.5 mg/kg/day
 32 (c) 1 mg/kg/day
 33 (d) 5 mg/kg/day

1 (e) 0.05 mg/kg/day

2

3 **Question 5. For which of the following stains is the histological study of lipoid proteinosis**
4 **positive?**

5 (a) Congo Red stain

6 (b) Giemsa

7 (c) Toluidine blue stain

8 (d) Periodic acid-Schiff stain

9 (e) Wright's stain

10



11

12

13

Figure 1a
151x156 mm (DPI)



(b)

1
2
3
4

Figure 1b
173x156 mm (DPI)



1
2
3
4

Figure 1c
155x107 mm (DPI)

1
2
3
4

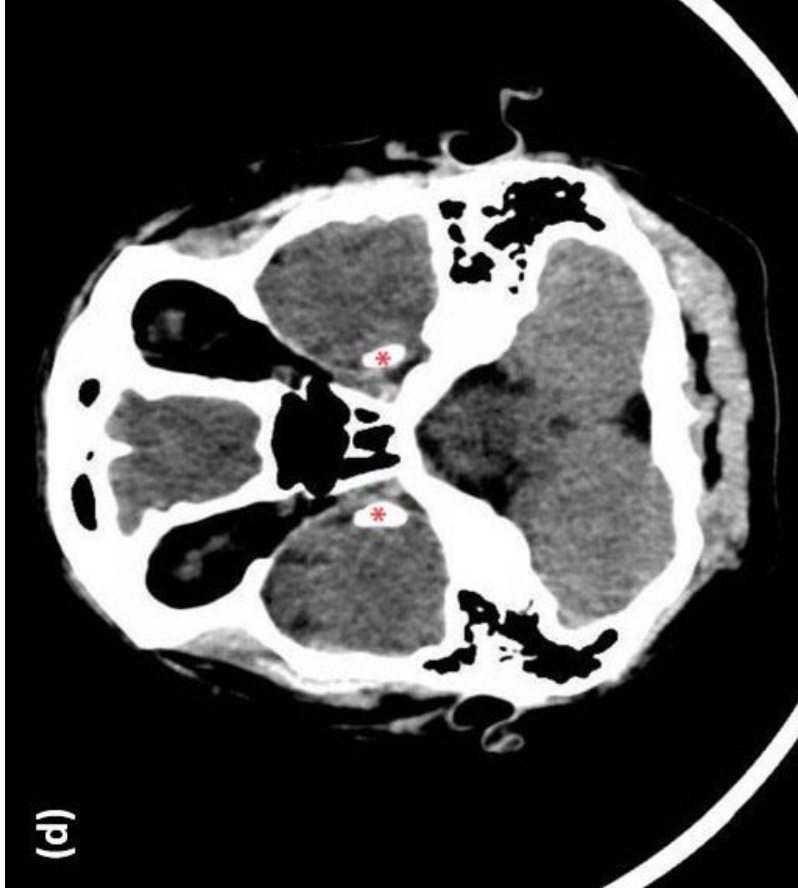
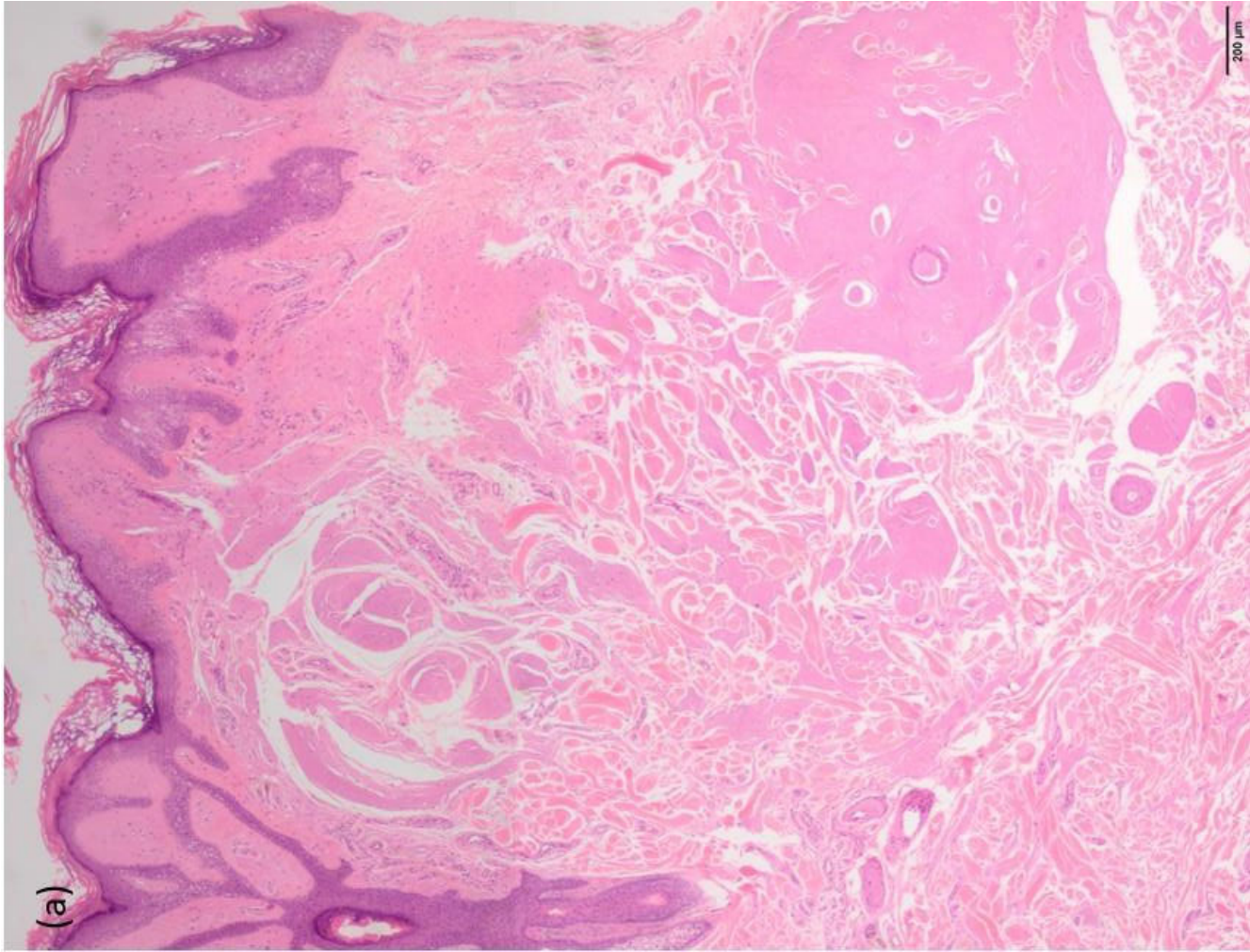


Figure 1d
121x108 mm (DPI)



1
2
3
4

Figure 2a
137x181 mm (DPI)

1
2
3

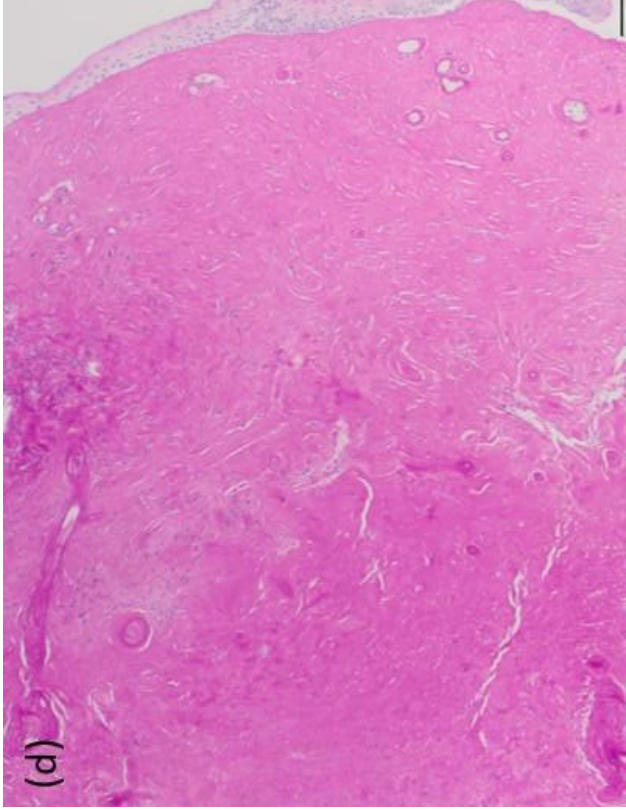


Figure 2b
110x85 mm (DPI)



1
2
3
4

Figure 3a
161x124 mm (DPI)



1
2
3

Figure 3b
125x124 mm (DPI)

ADVANCES IN TREATMENT FOR LIPOID PROTEINOSIS (URBACH-WIETHE DISEASE): A SYSTEMATIC REVIEW

MATERIALS AND METHODS:

INCLUSION CRITERIA:

- P:** Patients with histopathologically confirmed diagnosis or genetic test
- I:** Systemic, laser or surgery treatment
- O:** Studies reporting skin manifestations as main outcome

EXCLUSION CRITERIA:

- Any study design that was not case report and case series.
- Published and written in other language that: 

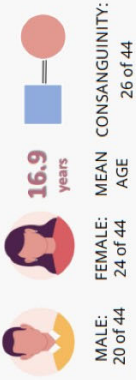
2 independent reviewers

JBI checklist
to assess
methodological
quality

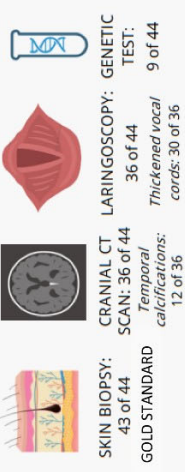
Low quality
Inter-rater
reliability:
95.8%

RESULTS:

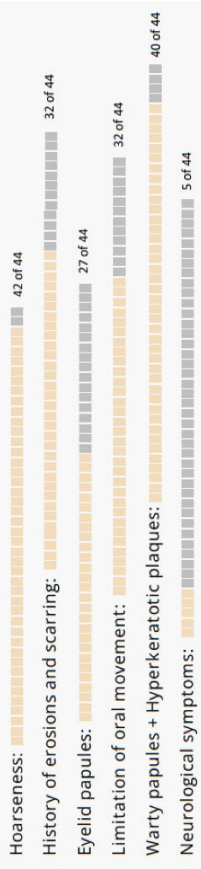
DEMOGRAPHIC CHARACTERISTICS:



DIAGNOSTIC TEST:



CLINICAL PRESENTATION:

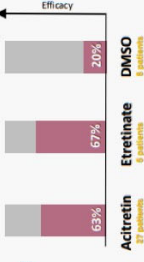


TREATMENT:

LASER: Ablative CO2 laser resurfacing

SURGICAL PROCEDURES: Dermabrasion
Chemical peels: 80% phenol, Jessner's solution, 35% TCA

SYSTEMIC DRUGS:



1

2

Graphical Abstract