Appendix A. Table for the construction of the instrument

Variable	Operational definition	Indicators	Dimensions	Items
	memories from different developmental	Childhood	Earliest memory.	
			Three important memories from childhood.	
			Emotion elicited by childhood memories.	
			Adolescence	Three important memories from adolescence.
				Emotion elicited by adolescence memories.
			Adulthood	Three important memories from adolescence.
				Emotion elicited by adolescence memories

Appendix B. Personal memories interview (translated from Spanish)

Identi	tification data:	
Name	e	Age
Educa	eation	Sex
Occuj	apation	
This i	interview is to obtain data for a study on autobiogra	phical memory, we are interested
in kno	nowing how and what people remember. Therefore,	ou will be asked to narrate some
memo	nories related to your personal life from childhood, a	dolescence, and present age. The
inform	rmation you provide us will be recorded, confidentia	al and will only be used for study
purpo	oses.	
Instru	uctions:	
Next,	, I am going to ask you to tell me some memories that	at you consider important in each
perio	od of your life.	
Try to	to remember as many details as possible (how old y	you were, where you were, what
peopl	le were present, what you felt, what happened) in ea	ch of your memories and narrate
them	as completely as possible.	
1.	I am going to ask you to tell me all the details of	your first childhood memory.
2.	Tell me three important memories from your chi	ldhood.
3.	Tell me three important memories that happened	in your adolescence.
4.	Tell me three important memories from your cur	rent life.
	٦	Thank you for your participation.
	Intonviouvon	

Appendix C. Recording authorization form

	Group
I	authorize the recording of my personal life
memories that will be used only for research of my person.	h purposes while maintaining the confidentialit
Name and signature.	
Date	