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1 **TITLE:** VALIDATION OF AN ANALYTICAL METHOD FOR THE  
2 DETERMINATION OF ETHYL CARBAMATE IN VINEGARS

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11 **Abstract**

12 A solid phase extraction method (SPE) using Isolute ENV+ cartridges was validated for  
13 the determination of ethyl carbamate (EC) in different kinds of vinegars. The method  
14 proved to be quite sensitive, precise and accurate, improving the recovery and LQD of  
15 other existing methods for the same purpose. For the optimization of the method,  
16 different pH values of the sample were tested, resulting 5.5 the most adequate. Among  
17 the 14 samples analyzed, only 5 of them had contents of EC above the quantification  
18 limits, ranging between 6.73-56.4 µg/L. The highest value was found in red wine  
19 vinegar. Taking into account the amount of vinegar consumed in a meal and the limits  
20 established for alcoholic beverages in some countries, the levels of ethyl carbamate in  
21 the vinegars tested in this work are acceptable.

22

23

24 **Keywords:** Ethyl carbamate, vinegar, solid phase extraction, gas chromatography-mass  
25 spectrometry.

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## 28 **1. Introduction**

29 Ethyl carbamate (EC), or urethane, is genotoxic and carcinogenic in a number of  
30 species, including mice, rats, hamsters and monkeys which suggests a potential  
31 carcinogenic risk to human [1-4]. This compound is present in many fermented food  
32 (yoghurt, cheese or bread) and alcoholic beverages (wine, beer or spirits, particularly in  
33 stone-fruit brandies), usually consumed by human population [5]. Ethyl carbamate,  
34 potentially toxic, was re-classified in 2007 as probably human carcinogen compound  
35 (Group 2A) by the International Agency for Research on Cancer (IARC) [5]. Thus, the  
36 presence of ethyl carbamate in beverage and food is a public health concern for  
37 government agencies from countries throughout the world [6].

38 Ethyl carbamate results from the reaction between ethanol and nitrogen-containing  
39 compounds (e.g. urea, citrulline, hydrogen cyanide, cyanogenic glycosides, and other N-  
40 carbamyl compounds), which has a moderate kinetic formation at room temperature [7].

41 One of the most common formation pathway of ethyl carbamate production, in acidic  
42 medium, is the reaction of urea with ethanol [8,9]. In the case of wine, the yeasts  
43 generate urea from the degradation of arginine [10]. Median levels of ethyl carbamate in  
44 alcoholic beverages of up to 5 µg/L for beer and wine, 21 µg/L for spirits other than  
45 fruit brandy and 260 µg/L for fruit brandy were calculated [11].

46 There are currently no harmonised maximum levels for ethyl carbamate. In Canada, the  
47 first country to introduce maximum levels of ethyl carbamate in a variety of alcoholic  
48 beverages, and in the Czech Republic, the limits range from 30 µg/L for wines to 400  
49 µg/L for fruit brandies. The USA has voluntary targets for wines 15-60 µg/L [11].  
50 Recently, the European Union (EU), recommended taking mitigation measures to

51 reduce the levels of ethyl carbamate in stone fruit spirits and stone fruit marc spirits to  
52 get levels of ethyl carbamate as low as possible with the aim to achieve the level of 1  
53 mg/L as a target [12].

54 Ethyl carbamate has been analyzed employing different analytical instruments. Most of  
55 them require pre-treatments of the sample to avoid interferences and increase the  
56 sensitivity. Among them, we can mention liquid-liquid extraction, solid phase extraction  
57 (SPE) or solid phase microextraction (SPME). Different solvent in liquid-liquid  
58 extraction has been employed, dichloromethane [13] or ethyl acetate [14]. Solid phase  
59 extraction (SPE) has been widely applied using different types of cartridges such as  
60 ENV+ (hyper cross-linked styrene-divinylbenzene copolymer column) [6,15], or  
61 diatomaceous earth column [16-20]. Recently, solid phase microextraction (SPME) has  
62 also been employed in the analysis of wines and spirits [7,21,22].

63 The most widespread analytical technique used is gas chromatography simple or  
64 multidimensional [6,7,13] with different types of detector (FID, MS, MS/MS, etc.).  
65 Mass spectrometer detection in selected ion monitoring mode (SIM) increase  
66 significantly the ethyl carbamate detection [23].

67 Ethyl carbamate has also been analyzed by high-performance chromatography with  
68 fluorescence detector with a previous derivatization step [24,25]. Moreover, a rapid  
69 method as FTIR spectroscopy for stone-fruit spirits analysis [26] and other methods  
70 based on more complex techniques such as HPLC-ESI-MS/MS analysis of samples  
71 without [27], or with xanthidrol derivatization technique [28] have also been applied.

72 The presence of ethyl carbamate in vinegars has been scarcely studied [14,17,20].  
73 However, this compound could be present in vinegars since it is a product obtained  
74 from a double fermentation, alcoholic and acetous. Ethyl carbamate could come from  
75 the raw material (wine) or be formed during process production. Several authors have

76 reported the formation of urea during the acetous fermentation [29], which could lead to  
77 the synthesis of ethyl carbamate that is favoured in acidic medium as vinegar.  
78 The aim of this work was to develop and validate an analytical method for determining  
79 ethyl carbamate in different types of vinegars by SPE and gas chromatography-mass  
80 spectrometry analysis.

## 81 **2. Materials and Methods**

### 82 **2.1. Chemicals and standard solutions**

83 Methanol, ethyl acetate and sodium hydroxide were purchased from Merck (Darmstadt,  
84 Germany), and MilliQ water. The standards employed were ethyl carbamate (EC)  
85 (Aldrich) and propyl carbamate (PC) as internal standard (Dr. Ehrenstorfer GmbH  
86 Laboratories, Germany). The stock and working standard solutions of EC and PC for  
87 validation studies were prepared in ethyl acetate.

88 On the other hand, for spiked vinegar samples, the stock and working standard solutions  
89 were prepared in methanol, since this solvent allows a better solubilization of EC and  
90 PC in vinegar matrix than ethyl acetate.

### 91 **2.2. Samples**

92 Six wine vinegars were analysed: two white wine vinegars (WWV1, WWV2), a red  
93 wine vinegar (RWV), and three Sherry vinegar, one from each category: Sherry vinegar  
94 (SHV), “Reserva” (RV) and “Gran Reserva” (GRV), with six months, two years and ten  
95 years of ageing in oak wood barrels, respectively. Also, eight fruit vinegars were  
96 analysed: two persimmon vinegars (PV1, PV2) and six strawberry vinegars (SV1,  
97 SVF2, SV3, SV4, SV5, SV6). For validation studies, one white wine vinegar was  
98 employed. Wine vinegars were acquired in the market and fruit vinegars were produced  
99 in the lab.

### 100 **2.3. Solid phase extraction**

101 The SPE method employed was a modification of the one used by Jagerdeo et al. [6].  
102 We used cartridges of 6 mL containing 500 mg of ISOLUTE ENV+ (Biotage, Uppsala,  
103 Sweden) as extraction phase. The extraction was carried out in a Visipred vacuum  
104 manifold (Supelco, Bellefonte, PA). The cartridge was conditioned with 2 ml of  
105 methanol followed by 3 ml of MilliQ water. Then, 25 ml of vinegar were passed  
106 through the cartridge at a flow rate of 3 ml/min. Samples were previously adjusted to a  
107 pH 5.5 with NaOH and spiked with 100  $\mu$ L of propyl carbamate (6 mg/L). The sorbent  
108 was dried by letting air pass through it at -0.6 Bar. EC and PC were eluted from  
109 cartridge with 3 ml of ethyl acetate. The organic phase of the eluate was carefully  
110 collected with a pipette and afterwards concentrated under vacuum to a final volume of 2  
111 ml. 300  $\mu$ L of the extract were placed into a vial fitted with an insert that was tightly  
112 capped for the injection in the gas chromatograph. This extraction procedure was  
113 carried out in duplicate for each sample.

#### 114 **2.4. Quantitative analysis**

115 For the quantification in validation studies, we made calibration curves of both  
116 standards employing ethyl acetate solutions and injecting them, in triplicate, directly in  
117 the gas chromatograph. Concentration ranges were 3-520  $\mu$ g/L for EC (five different  
118 levels of concentration) and 2.88-1000  $\mu$ g/L for PC (six different levels of  
119 concentration). The calibration curves were built representing the areas of the target ion  
120 ( $m/z=62$ , in both cases) againsts the concentrations of analyte.

121 For the samples quantification, a calibration curve was done using one spiked vinegar  
122 with EC at five different levels of concentration (3.7-334  $\mu$ g/L) which was extracted  
123 with the same method employed for the samples. Now, the calibration curve was made  
124 using the relative area of EC (ratio between the peak area of target ion of EC and the  
125 peak area of internal standard) and the concentration of analyte added to the sample.

## 126 **2.5. Chromatographic conditions**

127 Extracts were analysed in a gas chromatograph Agilent 6890 GC system coupled to an  
128 Agilent 5975 inert quadrupole mass spectrometer. For the separation of the compounds  
129 we employed a CPWax-57CB (Varian) capilar column of 50 m × 0.25 mm and 0.20 µm  
130 film thickness (Varian, Middelburg, The Netherlands). 4 µL of the extract were injected  
131 in the splitless mode with a purge flow of 70 mL/min and purge time of 1 minute. The  
132 injector temperature was 220°C. The carrier gas was He at a constant flow rate of  
133 1mL/min. Oven temperature program was as follows: the initial temperature 40°C and  
134 then was increased 2.5°C/min until 150°C for 2 minutes and afterwards increased 15  
135 °C/min until 220°C. The quadrupole, source and transfer line temperatures were  
136 maintained at 150, 230 and 280 °C, respectively. Detection was carried out in the SIM  
137 mode, the monitored ions were: 44, 62 y 74. Extracts were injected in duplicate and the  
138 identification was done comparing the peak retention times with their respective  
139 standards.

## 140 **2.6. Validation parameters**

141 For method validation the following parameters were evaluated: linearity, sensitivity  
142 (LOQ), precision (repeatability and intermediate precision) and accuracy (recovery  
143 studies). For the recovery studies, a white wine vinegar was spiked with five different  
144 concentration levels of EC in the range of 3.7 to 161 µg/L.

145 The linearity of the method was determined by two ways: considering the correlation  
146 coefficient obtained from the regression line made with spiked vinegar at five different  
147 levels of concentration (described in 2.4 section); and plotting the response factor  
148 (relative area of peaks divided by their respective analyte concentrations) as a function  
149 of analyte concentrations [30].

150 The quantification limit (LOQ) was calculated as the concentration of ethyl carbamate

151 in the sample that produces a signal ten times higher than the average of relative area of  
152 background noise of the chromatogram baseline.

153 To study the repeatability of the method, 5 successive extractions of a vinegar sample  
154 spiked with 60 µg/L of ethyl carbamate were performed. On the other hand,  
155 intermediate precision was evaluated using the same sample referred before and  
156 performing the extraction on 5 different days by two different analysts over a month of  
157 work.

### 158 **3. RESULTS AND DICUSSION**

#### 159 **3.1. Sample pre-treatments**

160 Some authors which have determined EC in vinegars made a previous neutralization of  
161 the samples because this improves the shape of EC peak [14,17,20]. Taking into  
162 account this fact, we tested the effect of different pHs in the recovery of EC and PC in  
163 vinegar samples spiked with the standards. The pH range assayed was from 2.5, pH of  
164 vinegars, to neutrality (pH=7). The pH value of samples was modified with the addition  
165 of NaOH. These trials showed that peak areas obtained with vinegar without NaOH  
166 addition, were aproximately the half that neutralized vinegar (pH=7) (Figure 1).  
167 However, the peaks in the last case had a pronounced tail. At pH 5.5, the side of peaks  
168 area was similar to the neutralized winegar but the shape of peaks was much better than  
169 in the neutralized samples (Figure 2).

#### 170 **3.2. Method validation**

171 The method was evaluated with respect to linearity, sensitivity (LOQ), precision  
172 (repeatability and intermediate precision) and accuracy (recovery studies).

173 One of the most important issues in a extraction process is the ability to recover the  
174 highest amount of the analyte of interest. Thus, the first aspect assessed was the  
175 recovery. The average recovery rate (Table 1), in the accuracy assays, was 94.1%,



176 which is a very suitable result according to those proposed by AOAC [16]. Our  
177 recovery percentage was higher than those achieved by other methods for EC  
178 determination in vinegars (below 83%) [17,20].

179 The good linearity of the method in the used range of concentration was verified by a  
180 0.9998 correlation coefficient of the regression line between the relative area of EC and  
181 the concentration of analyte added to the sample. On the other hand, the line obtained  
182 after plotting the response factor as a function of analyte concentrations was horizontal  
183 over the concentration range. Two parallel lines are drawn in the graph at 0.95 and 1.05  
184 times the average values of the response factors and there were no intersections of the  
185 points of response factor with these parallel lines. Both results confirmed the linearity of  
186 the method.

187 The LOQ was defined as the lowest concentration of EC in a sample that can be  
188 determined quantitatively with acceptable precision and accuracy under the established  
189 conditions of the method. This value was 1.26 µg/L. If we compare with the LOQs  
190 obtained by other authors that ranged between 9.16µg/L-110 µg/L [6,7,20,21,31,32],  
191 our method proved to be sensitive enough, improving the values of LOQ achieved up to  
192 the present.

193 The precision of the method was evaluated by repeatability and intermediate precision  
194 assays. We checked the repeatability of the method by the relative standard deviation  
195 (RSD) obtained after repeating the extraction assay of spiked vinegar 5 times  
196 successively, resulting a 2.5% (Table 2). In the intermediate precision evaluation, the  
197 RSD obtained was 6.5% (Table 2). Both values are in agreement with the values  
198 proposed by AOAC [16], showing that the method is quite precise.

### 199 **3.3. Samples analysis**

200 Once we set up the method, the procedure was applied to different types of vinegars.

201 Data are presented in Table 3. Among the 14 samples, only 5 of them presented levels  
202 above the quantification limits, ranging between 6.73-56.4 µg/L. The highest value was  
203 found in red wine vinegar. As mentioned in the introduction, only some countries have  
204 established their own maximum limits for the EC content in alcoholic beverages [11],  
205 but there are not legal limits for vinegar. Except in the case of red wine vinegar, the EC  
206 content in the samples is below those values. Other authors had already described the  
207 presence of EC in Sherry vinegar [17], founding concentrations of 33 µg/L. The Sherry  
208 vinegars analysed in this study had a lower amount of EC than in the above mentioned  
209 work. These levels are far away compared to those found by other researchers in  
210 vinegars from Taiwan (107.5-250.5 µg/L) [33].

#### 211 **4. Conclusions**

212 Due to the natural acidity of vinegar, a modification of pH at 5.5 previous to the SPE  
213 was necessary in order to get an adequate recovery rate and peak resolution. The present  
214 method is quite sensitive, precise and accurate, improving the recovery and LQD of  
215 other existing methods for the same purpose. Considering the amount of vinegar  
216 consumed in a meal and the limits established for alcoholic beverage in some countries,  
217 we could conclude that the levels of ethyl carbamate in the vinegars tested in this work  
218 were acceptable.

#### 219 **Acknowledgments**

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226 **References**

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285 **Figure Captions**

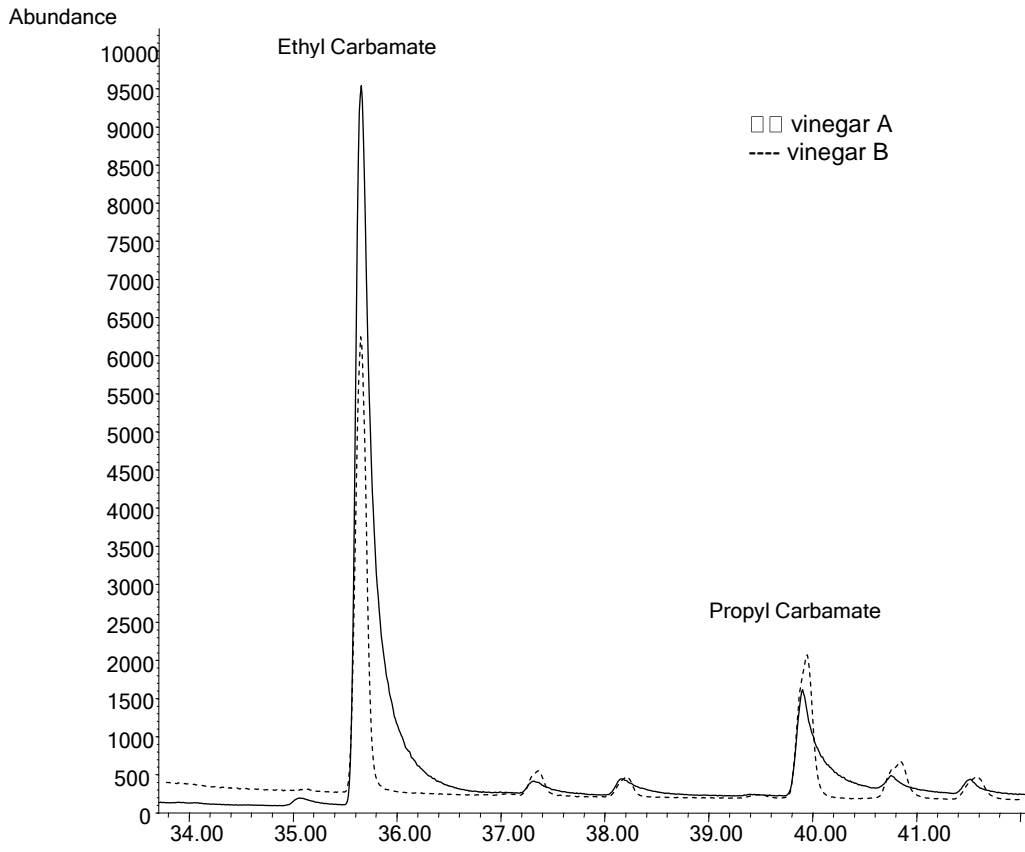
- 286 Figure 1. Overlay of chromatograms from spiked vinegars A and B. Vinegar A: with  
287 neutralization (continuous line); vinegar B: without neutralization (dashed line).
- 288 Figure 2. Overlay of chromatograms from spiked vinegars A and C. Vinegar A: with  
289 neutralization (dashed line); vinegar C: pH 5.5 (continuous line).

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300 Figure 1

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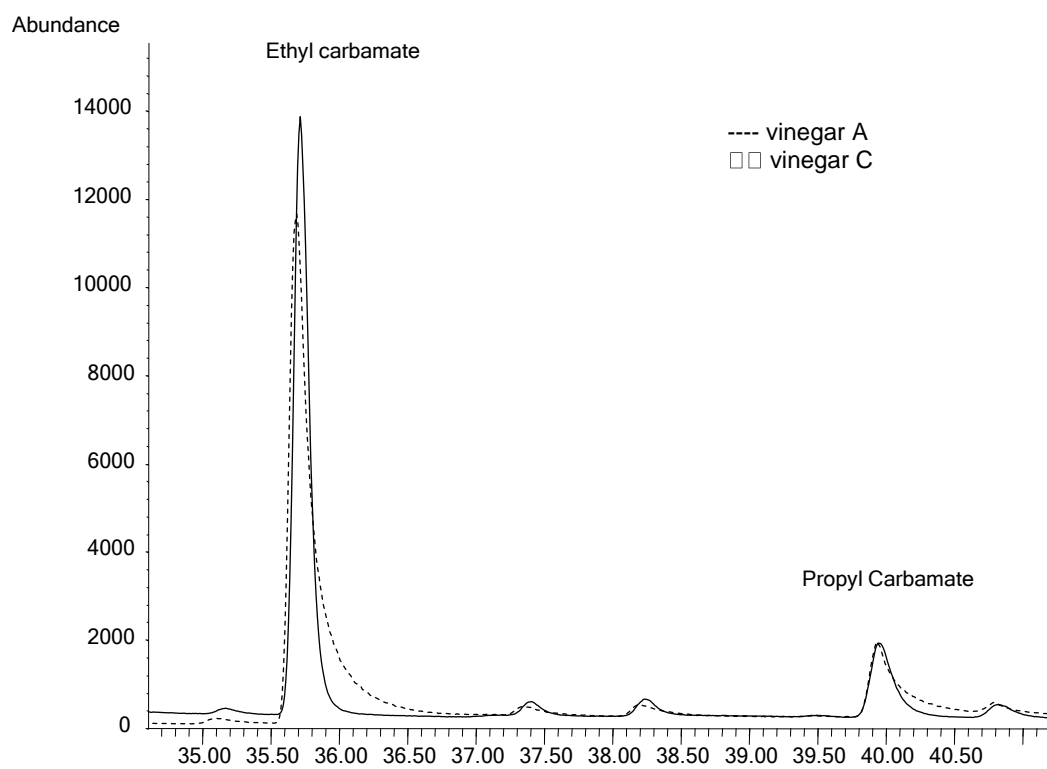
314 Figure 2

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330 Table 1. Values of accuracy assay.

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<b>Accuracy assay</b>	<b>EC Added (<math>\mu\text{g/L}</math>)</b>	<b>Recovery (%)</b>	<b>Mean Recovery (%)</b>
	3.7	99.0	
	35	90.5	
<b>Experimental data</b>	77	92.6	94.1 $\pm$ 3.1
	115	94.1	
	161	94.3	
<b>AOAC range of suitable values [16]</b>	10-100	-	60-115

332

333 Table 2. Values of precision assay.

334

<b>Precision assay</b>	<b>EC Added (<math>\mu\text{g/L}</math>)</b>	<b>Repeatability (%RSD)</b>	<b>Intermediate Precision (%RSD)</b>
<b>Experimental data</b>	60	2.5	6.5
<b>AOAC maximum suitable values [16]</b>	10-100	5.3-7.3	5.3-7.3

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339 Table 3. Ethyl carbamate concentrations in vinegar samples ( $\mu\text{g/L}$ ).

340

Sample	Ethyl Carbamate ( $\mu\text{g/L}$ )
WWV1	nq
WWV2	$6.46 \pm 0.01$
RWV	$56 \pm 3$
PV1	nd
PV2	nd
SV1	nq
SV2	nd
SV3	nq
SV4	nq
SV5	nq
SV6	nq
SHV	$6.7 \pm 0.9$
RV	$14 \pm 2$
GRV	$1.68 \pm 0.08$

nd: peak not detected.

nq: concentration under quantification limit.

341