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5 ***Gender dimorphism in *Corema album* across its biogeographical area***
6 ***and implications under a scenario of extreme drought events***

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18
19 **Abstract**

20 In dioecious species, traits may have evolved because of significantly different resource
21 demands associated with male versus female sexual reproduction. It is generally
22 assumed that females have higher reproductive costs, thereafter in long-lived species,
23 males often exceed females in vigour and suffer lower physiological limitations under
24 stress. However, large-scale studies of gender dimorphism and the link between survival
25 and physiological responses and compensation mechanisms are still lacking. In this
26 study, we compared canopy performance, photochemical efficiency, leaf water
27 potential, $\Delta^{13}\text{C}$, leaf nitrogen content and $\delta^{15}\text{N}$ in both genders of the dioecious species
28 *Corema album* (Ericaceae) across all the species' biogeographical distribution. This

29 area corresponds to a wide climatic gradient, from temperate and humid to
30 Mediterranean, across the Atlantic coast of the Iberian Peninsula.

31 Our results evidenced that the species responds to the bioclimatic gradient, and most
32 variables were significantly correlated with annual rainfall and bioclimatic indices,
33 although gender dimorphism was only manifested in $\Delta^{13}\text{C}$ and in leaf water potential at
34 the peak of the drought season. Female plants have significantly higher values of $\Delta^{13}\text{C}$,
35 which could be attributed to lower water use efficiency; however, male plants presented
36 more negative leaf water potentials than females, especially in the populations with the
37 warmest and most arid climate.

38 We concluded that *C. album* populations adjust to the climatic gradient at different
39 hierarchical scales, from physiological instantaneous to time-integrated traits, with
40 gender dimorphism only occurring in sub-optimal environments. The absence of
41 morphological differences between genders and the maintenance of a less negative
42 water potential in females in the dry period in southern more arid populations, suggests
43 the existence of compensatory mechanisms at underground level.

44

45 **Keywords:** chlorophyll fluorescence; climatic gradient; dioecious scrub; leaf area index
46 (LAI); reproductive costs; water stress

47

48 **1. Introduction**

49 In dioecious plant species gender-specific ecological and morphological traits may have
50 evolved because of significantly different resource demands associated with male versus
51 female sexual reproduction (Dawson and Bliss, 1989; Dawson and Ehleringer, 1993). If
52 resources are limited, reproduction competes directly with vegetative growth and
53 investment in defence mechanisms; so that an increase in the energy allocated to one-

54 function results in a decrease in the energy allocated to the others (Juvany and Munné-
55 Bosch, 2015; Obeso, 2002). In the majority of cases, it has been postulated that females
56 of dioecious species have greater reproductive allocation than males in order to produce
57 flowers and fruits, which may cause a loss of growth or an increase in mortality
58 especially in stressful environments. On the other hand, in order to produce pollen, male
59 plants should need more nitrogen supply than females, which may lead to different
60 resource demands (Barrett and Hough, 2013); these differences should be more
61 important in wind-pollinated plants during the flowering period, generating a trade-off
62 in the investment of growth and reproduction (Obeso, 2002; Zunzunegui et al., 2006). In
63 relation to these ideas, in the literature there are many studies on gender distribution,
64 morphology, growth and survival in dioecious plants (Allen and Antos, 1993; Álvarez-
65 Cansino et al., 2010a; Diaz-Barradas and Correia, 1999; Herrera, 1988; Morales et al.,
66 2016; Nicotra, 1999; Obeso, 1997; Zunzunegui et al., 2006). Yet, studies on gender-
67 specific physiology in dioecious species are limited (Álvarez-Cansino et al., 2012;
68 Álvarez-Cansino et al., 2010b; Correia and Díaz Barradas, 2000; Dawson et al., 2004;
69 Dawson and Ehleringer, 1993; Juvany et al., 2014; Juvany and Munné-Bosch, 2015;
70 Sánchez-Vilas and Retuerto, 2009). In particular, there is little knowledge on how
71 differential physiological performance among genders is linked to gender-related
72 differences in performance as growth and survival. Available studies are mostly at local
73 scale, supporting the evidence that genders might exhibit differential competitive
74 abilities derived from the different resource allocation to reproduction, which imply a
75 certain degree of niche divergence (Eppley, 2006). These may lead to gender
76 differential survival and spatial segregation of the sexes (SSS) in a spatially
77 heterogeneous habitat (Bierzychudek and Eckhart, 1988; Sánchez-Vilas and Retuerto,
78 2009).

79 Several studies suggest that female plants present compensatory mechanisms to
80 maintain their greater reproductive demands (Álvarez-Cansino et al., 2010b; Case and
81 Barrett, 2004; Dawson et al., 2004). For example, higher CO₂ assimilation, associated
82 with higher reproductive allocation rates, has been found in females plants in relation to
83 males in several species (Rakocevic et al., 2009). This may explain the lack of gender-
84 related differences in growth, mortality or SSS.

85 It is widely known that species adjust their physiological responses to
86 environmental gradients (Ashcroft et al., 2016; Case and Barrett, 2004), and phenotypic
87 plasticity is considered the major means by which plants cope with environmental
88 heterogeneity (Valladares et al., 2007). Yet, how physiological responses, compensation
89 mechanisms and their link to survival differ among sexes is not known at a
90 representative species distribution scale. There is thus a need for a wide assessment of
91 physiological differences among genders representative of species distribution areas,
92 vegetative performance and its relationship with sex ratio and plant distribution. In this
93 study we provide data on sexual dimorphism and morphological and physiological
94 variations of the woody dioecious species *Corema album* (L.) D. Don (Ericaceae) over a
95 wide environmental gradient corresponding to the entire biogeographical area. To our
96 knowledge, this is the first study covering the distribution area of a dioecious species
97 that analyses morpho-physiological gender dimorphism.

98 *Corema album* is a dioecious shrub endemic to the West coast of the Iberian
99 Peninsula (Valdés et al., 1987). The species occurs along a wide bioclimatic gradient
100 from Galicia in the Northwest with an Atlantic climate, to Gibraltar strait in the South-
101 West with a typical Mediterranean climate, ranging along all the Atlantic coast of the
102 Iberian Peninsula. Rainfall oscillates from 1500 in the North to 500 mm in the South
103 along the species' biogeographical area (Álvarez-Cansino et al. 2013). Previous studies,

104 including our own, show that *C. album* exhibits gender-related differences in
105 reproductive allocation; female shrubs show greater reproductive effort than males, due
106 to fruit production (Álvarez-Cansino et al., 2010a; Guitián et al., 1997; Zunzunegui et
107 al., 2006). Demographic differences between sexes reflected in sex ratio deviations or
108 the occurrence of spatial segregation were found to be unrelated to any climatic variable
109 across the complete biogeographical area, suggesting the existence of compensatory
110 mechanisms that may counterbalance the higher reproductive effort of female plants
111 (Álvarez-Cansino et al., 2012; Martins et al., 2017).

112 In a previous study on physiological traits on male and female plants of this
113 species in three selected points of its biogeographical area (north, centre and south),
114 results have shown that plants were physiologically stressed in the southernmost
115 population during the summer drought, exacerbating gender-related differences
116 (Álvarez-Cansino et al., 2012). Yet, this study was at the local scale and limited to one
117 study year. In this study, we improved the limited existing data by extending our
118 research to the complete biogeographical area of the species to test for the first time
119 how physiological instantaneous and time-integrated variables change over the
120 complete area of the species. We hypothesized that the absence of SSS found in *Corema*
121 *album* is explained by female's compensatory mechanisms and that genders won't
122 present any differences in performance in physiological and canopy structure (LAI).

123 Climate changes in the Mediterranean region are predicted to occur as a result of
124 global warming (Christensen et al., 2007; IPCC, 2013), including a rise in mean
125 temperature (2–4 °C) and a decrease in the quantity and frequency of rainfall. In
126 Mediterranean-type ecosystems, where water availability is one of the main
127 environmental constraints limiting plant species regeneration (Castro et al., 2004;
128 Gómez-Aparicio et al., 2008), a climatic scenario of increased drought is expected to

129 drive changes in community composition and geographic distribution of species. Under
130 this scenario, plant performance and gender dimorphism in *C. album* will be affected,
131 especially in the southern-most arid limit of its distribution. If climate is impacting
132 genders survival differently, with the expected climate change gender dimorphism,
133 compensatory mechanisms and sex ratio might be affected (Hultine et al., 2018; Munné-
134 Bosch, 2015). In this study, we completed the existing data set by repeating
135 measurements over several years, to determine gender related differences that may be
136 explained by inter annual variation. We provide extensive new data on the physiological
137 ecology and performance of the dioecious shrub *Corema album* along the complete
138 climatic gradient included in its distribution area.

139 We assumed that intraspecific morphological and physiological differences could
140 be found along the studied bioclimatic gradient, but we were interested in knowing if
141 significant gender differences in resource use (water and nitrogen), physiology and
142 vegetative performance could be identified and if these could account for differences in
143 habitat-specific conditions.

144 We hypothesised that gender-physiological and morphological dimorphism will
145 directly respond to rainfall availability and aridity intensity, and that they will increase
146 under extreme drought events. Due to their higher reproductive allocation, we expected
147 females to respond more negatively than males to harsher conditions during dryer and
148 warmer years.

149 We specifically addressed the following questions: (i) is vegetative performance
150 measured through LAI higher in males than in females and do these differences increase
151 with drought stress (across the gradient)? (ii) do males and females differ in water
152 economy and photochemical efficiency, and do these differences increase with drought
153 stress? (iii) do males and females differ in nitrogen economy? We approached these

154 questions studying eight different populations with large climatic differences in
155 temperature and rainfall, during the spring and summer seasons, across the entire
156 environmental gradient comprised in *C. album*'s biogeographical range.

157 **2. Materials and methods**

158 **2.1. Study species**

159 The genus *Corema* D. Don (*Ericaceae*) only comprises two species occupying opposite
160 sites on the North Atlantic coasts: *Corema album* (L.) D. Don is an endemic species of
161 the Western and South-Western coasts of the Iberian Peninsula (*C. album* subsp.
162 *album*), presenting a subspecies in Azores Islands (*C. album* subsp. *azoricum* Pinto da
163 Silva), while *C. conradii* Torr. grows on the Eastern coasts of North America.

164 *C. album* is a dioecious shrub, densely branched, with alternate folded leaves, up
165 to 1 m high, presenting small flowers and wind pollination. Male flowers have 3 red
166 stamens (5 mm size) and female flowers are smaller with 3 red stigmas. The fruit is a
167 more or less spherical berry (diameter 5-10 mm), white or pinkish, with 3 seeds (Valdés
168 et al., 1987). The berries are eaten by a number of animals like rabbits, foxes, seagulls,
169 magpies and other birds (Calviño-Cancela, 2002). Although the species has been
170 described as strictly dioecious, some cases of subdioecy (Sakai and Weller, 1999) have
171 been found in Huelva and Algarve coasts (Zunzunegui et al., 2006).

172 *C. album* subsp. *album* is an important shrub species of coastal dunes, growing on
173 more or less mobile dunes and on sands over coastal cliffs and it can also be found in
174 later successional stages on coastal habitats (Álvarez-Cansino et al., 2013; Clavijo et al.,
175 2002; Díaz-Barradas et al., 2000). Its distribution area extends from the NW border of
176 the Iberian Peninsula (Finisterre) to the straits of Gibraltar (Álvarez-Cansino et al.,
177 2013; Valdés et al., 1987), although a population of this species has been described in
178 the Mediterranean coasts of Spain (López-Dóriga., 2018).

179

180 **2.2. Study sites**

181 Eight coastal sites, from the North West to the South West of the Iberian Peninsula,

182 extending over all the biogeographical area of the species, were sampled in this study.

183 At all these sites, with sandy soil, Camariñas, São Jacinto, Osso da Baleia, Caparica,

184 Troia, Santo André, Monte Gordo and El Asperillo, important natural populations of *C.*185 *album* were found (Fig. 1).

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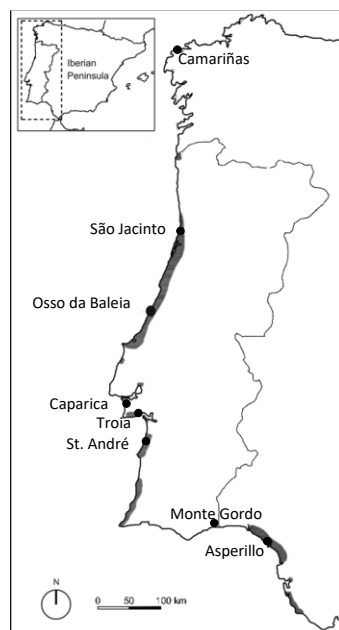
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195 Fig. 1. Distribution map of *Corema album* across the Atlantic coast of the Iberian Peninsula,

196 denoting the 8 study sites.

197

198 All study sites present climatically different conditions since the objective of the

199 work is to know how gender-physiological and morphological dimorphism responds

200 along the complete species' biogeographic gradient. The chosen populations varied

201 markedly in climatic variables, the difference in mean annual temperature reaches 3.5

202 °C between the coolest and warmest populations, and annual accumulated precipitation

203 can differ by over 800 mm between the Northernmost (the wettest) and Southernmost

204 (the driest) populations. Light conditions were also different among the study sites, the

205 radiation registered in Camariñas (400-500 $\mu\text{mol m}^{-2}\text{s}^{-1}$) was three times lower than in
 206 the remaining areas (1200-1500 $\mu\text{mol m}^{-2}\text{s}^{-1}$).

207 Values of climatic variables were obtained over the past 30 years (1974–2004)
 208 from the nearest meteorological stations, from Instituto Nacional de Meteorología
 209 (INM, Spain), Xunta de Galicia (Martínez Cortizas et al. 2000), and Sistema Nacional
 210 de Informação de Recursos Hídricos (SNIRH, Portugal). To compare climatic
 211 conditions among populations and the aridity level along the study gradient two climatic
 212 indices were calculated (Table 1):

213 Emberger's aridity index: $Q = (2000 \times \text{MAP}) / (T_{\text{max}}^2 - T_{\text{min}}^2)$.

214 Where: MAP is mean annual precipitation (mm) and T_{max} and T_{min} are the mean
 215 maximum temperature of the hottest month ($^{\circ}\text{K}$) and the mean minimum temperature of
 216 the coldest month ($^{\circ}\text{K}$). The thresholds for Q index are the following: <15 Saharian; 15-
 217 30 Arid; 30-65 Semi-arid; 65-100 Sub-humid; 100-170 Humid; >170 Per-humid (Daget,
 218 1977).

219 Lang's thermopluviometric index: $it = \text{MAP}/T$

220 Where T is annual mean temperature ($^{\circ}\text{C}$) and MAP mean annual precipitation (mm), as
 221 an indicator ($it > 40$ wet climate, $it < 40$ dry climate) (Tormo Molina et al., 1992).

222

223 Table 1. Climatic variables of the study sites. Mean annual temperature (T), mean maximum
 224 (T_{max}) and minimum temperatures (T_{min} , $^{\circ}\text{C}$), mean annual accumulated precipitation (MAP,
 225 mm), mean summer precipitation (July, August, September), mean spring precipitation (April,
 226 May and June), Emberger's aridity index (Q) and Lang's thermopluviometric index (it index).

Site	T ($^{\circ}\text{C}$)	T_{max} ($^{\circ}\text{C}$)	T_{min} ($^{\circ}\text{C}$)	MAP (mm)	Psummer (mm)	Pspring (mm)	Q Emberger	it index
Camariñas	13.7	24.0	6.5	1217	144	244	241.43	88.8
São Jacinto	14.2	22.1	6.3	961	64	155	211.56	67.68
Osso Baleia	14.3	24.2	4.8	917	75.7	219.5	164.24	64.13
Caparica	16.8	27.9	8.2	751	36.2	123.8	130.85	44.70
Troia	16	29.0	5.6	746	34	113	109.71	46.63

St. André	15.2	28.0	4.8	651	32.1	100	96.86	42.83
Monte Gordo	17.5	31.9	7.7	483	20	319	68.16	27.6
Asperillo	16.8	32.3	4.6	543	21.3	82.7	67.19	32.32

227

228 **2.3. Leaf Area Index (LAI)**

229 In each study population (except for Osso da Baleia), a 200 m belt transect was laid,
 230 consisting on ten (10x10 m²) plots, each separated by 10 meters. In each plot, the
 231 number of all male, female and non-reproductive canopies of *C. album* was recorded.
 232 Measurements were made during the year 2002 (Álvarez-Cansino et al., 2013).

233 In each transect, a set of 20 reproductive individuals, 10 on each gender, were
 234 randomly selected for morphological, physiological and reproductive measurements.
 235 All selected plants were of similar size (60-70 cm canopy diameter) and they were
 236 sufficiently separated in space (the basal trunk at least 1.5 m between individuals of the
 237 same gender), to be clearly identified as different individuals. Old individuals of *C.*
 238 *album* with big and open canopy were avoided.

239 In each selected plant, of seven study sites, LAI was estimated using the LAI-
 240 2000 Plant Canopy Analyser (LI-COR USA), that uses a fisheye light sensor that
 241 measures the attenuation of diffuse radiation simultaneously in five zenith angles
 242 comparing radiation measurements above and below the canopy (Welles, 1990). LAI
 243 measurements were made in June, which corresponds to the maximum vegetative
 244 growth of the species and before leaf fall during the summer period.

245

246 **2.4. Physiological measurements**

247 In the same selected plants of seven sites, measurements of midday water potential and
 248 photochemical efficiency were made in the middle of May and the beginning of
 249 September. The first corresponds to the spring-time when water is available in all the
 250 study areas and the temperature is optimum for photosynthetic activity. September

251 represents the end of the summer season when the maximum water stress is manifested
252 especially for the Southern populations. Physiological measurements were made on
253 consecutive sunny days both in May and September; with the exception of Camariñas,
254 in the north, in which cloudy days are the most common meteorological condition.

255 Leaf water potential of 5 terminal shoots per plant was measured at midday using
256 a pressure chamber of Scholander-type (Scholander et al., 1965), the mean value was
257 used for each plant. Midday water potential represents the maximum water deficit
258 experienced by the leaves and the xylem (Ackerly, 2004) and allowed a better
259 comparison between genders and populations. Measurements were performed
260 immediately after collecting the samples.

261 Midday photochemical efficiency of photosystem II (PSII), or maximum quantum
262 yield of PSII (F_v/F_m) was measured in the field with a portable pulse-modulated
263 fluorometer (Mini-Pam Photosynthesis Yield Analyzer; Walz, Effeltrich, Germany).
264 Samples were dark-adapted with a leaf clip holder during 20 minutes, which was found
265 to be sufficient to allow complete reoxidation of the PSII reaction centres and to ensure
266 that all energy-dependent quenching was relaxed. Maximum (F_m) and minimal (F_o)
267 fluorescence were measured to calculate maximum photochemical efficiency of PSII
268 ($(F_m - F_o)/F_m$ which is described as F_v/F_m). Steady-state fluorescence (F) under the
269 prevailing ambient light and maximum fluorescence (F'_m) during saturation pulse were
270 also determined, to estimate midday effective quantum yield of PSII as $(F'_m - F)/F'_m$
271 (Φ_{PSII}), or photochemical efficiency of PSII in light-adapted state, according to Genty et
272 al. (1989). Five measurements on terminal twigs were carried out in each selected plant,
273 and the mean value per plant was used for statistical analysis. Light experienced by
274 plants during the measurements oscillated between 1200 and 1500 $\mu\text{mol m}^{-2}\text{s}^{-1}$, from

275 São Jacinto to El Asperillo; however in Camariñas the light intensity ranged between
276 400 and 500 $\mu\text{mol m}^{-2}\text{s}^{-1}$ due to cloudy conditions.

277

278 **2.5. Stable isotope analysis of leaves**

279 A sample of new leaves was collected in September in all study individuals.
280 Approximately 15-20 leaves per plant were dried at 60°C, for 24h and dry leaf samples
281 were then milled to a fine powder and passed through a 40-mesh for isotopic analysis.
282 The $\delta^{13}\text{C}$ determinations for each plant were made on three 1-2 mg subsamples by a
283 Stable Isotope Mass Spectrometer (IRMS, Isoprime, GV, Manchester, UK) at the
284 University of Lisbon (Portugal). The instrument error (twice the standard deviation)
285 associated with each observation was 0.01‰, and the sample preparation and analysis
286 error between repeated analyses of the same ground tissue was less than 0.22‰. Sample
287 $\delta^{13}\text{C}$ was calculated as:

$$288 \quad \delta^{13}\text{C}_{\text{sample}} (\text{‰}) = (\text{R}_{\text{sample}}/\text{R}_{\text{standard}} - 1) \times 1000(\text{‰}),$$

289

290 where R_{sample} and $\text{R}_{\text{standard}}$ refer to the $^{13}\text{C}/^{12}\text{C}$ ratios of the plant sample and Pee Dee
291 Belemnite carbonate standard, respectively. The stable carbon isotope ratio ($\delta^{13}\text{C}$) of a
292 leaf tissue can serve as a proxy for integrated water-use efficiency (WUE) (Dawson et
293 al., 2002; Farquhar et al., 1989).

294 According to the classic two-step discrimination model (Farquhar et al., 1982),
295 $^{13}\text{C}/^{12}\text{C}$ discrimination ($\Delta^{13}\text{C}$) was calculated as: $\Delta^{13}\text{C} (\text{‰}) = (\delta^{13}\text{C}_{\text{air}} - \delta^{13}\text{C}_{\text{sample}}) / (1 +$
296 $\delta^{13}\text{C}_{\text{sample}})$. Since these plants were studied in natural conditions, we assumed a $\delta^{13}\text{C}$
297 value for atmospheric CO_2 of -7.8‰ (Farquhar et al., 1989).

298 Leaves from 5 populations were also used for nitrogen content (%) and isotope
299 analysis. $\delta^{15}\text{N}$ was measured against the ammonium sulphate standard (IAEA, N_2). N

300 isotope ratios are reported per mil (‰) relative to atmospheric N₂ (Shearer and Kohl
301 1993) as:

$$302 \quad \delta^{15}\text{N} (\text{‰}) = (\text{R}_{\text{sample}}/\text{R}_{\text{atmos}} - 1) \times 1000(\text{‰}),$$

303 where R_{sample} represents the isotope ratio (¹⁵N/¹⁴N) in sample foliage, and R_{atmos} is
304 ¹⁵N/¹⁴N for atmosphere N₂ as standard. The standard deviation of 10 repeated samples
305 was <0.2% for δ¹⁵N.

306

307 **2.6. Comparison among years**

308 As leaf water potential revealed to be the most significant variable for sexual
309 dimorphism in El Asperillo (see results in this manuscript), we repeated the
310 measurements of midday leaf water potential, in ten individuals of each gender, in this
311 site at the peak of the dry season (September) in three contrasted years: 2002 (with an
312 average annual rainfall of 560.6 mm and average maximum summer temperatures of
313 36.5°C for July and August), 2003 (rainfall 549.5 mm, but extremely elevated summer
314 temperatures, 41.5°C) and 2005 (annual rainfall lower than 50% of the average values,
315 173 mm and elevated summer temperatures, 39.5°C). This comparison, made in the
316 southern limit of species' biogeographical area, could function to forecast the behaviour
317 of this species under a scenario of extreme drought events.

318

319 **2.7. Data analysis**

320 Physiological and morphological variables (LAI, leaf water potential, Fv/Fm, ΦPSII,
321 δ¹³C, δ¹⁵N and N content), were analysed using a two-way ANOVA to compare sites
322 and gender-related differences within sites (both considered as fixed factors). The
323 Tukey test was used for comparison among sites for each season.

324 Regression analyses were applied to evaluate possible relationships among plant
 325 variables with rainfall and bioclimatic indices.

326 The assumption of normality was tested with the Kolmogorov-Smirnov test. All
 327 statistical analyses were performed with the SPSS 24 software package (Chicago, IL,
 328 USA).

329

330 3. Results

331 3.1. Leaf Area Index (LAI)

332 LAI clearly followed the bioclimatic gradient. The Northern populations showed higher
 333 values than the Southern ones, with a clear biogeographical pattern, but differences
 334 between genders were not found (Fig. 2a). In the two-way ANOVA, there were
 335 significant differences between sites, but no differences were found between genders and
 336 in the interaction between site and gender either (Table 2). Comparisons among sites,
 337 using Tukey test, showed that LAI of plants growing in Camariñas was significantly
 338 higher than all other sites ($p < 0.05$) and there was a progressively decrease associated to
 339 the increase in aridity, with the lowest values in Monte Gordo and El Asperillo sites
 340 (Fig. 2a). For both genders LAI values were significantly correlated with MAP
 341 ($R^2_{\text{males}}=0.92$; $R^2_{\text{females}}=0.86$), Emberger ($R^2_{\text{males}}=0.92$; $R^2_{\text{females}}=0.87$) and Lang's
 342 thermopluviometric index ($R^2_{\text{males}}=0.91$; $R^2_{\text{females}}=0.87$), ($P < 0.05$ in all cases), (Fig. 2b).

343

344 Table 2. Two-way ANOVA of effects of site and gender on leaf area index of *Corema album*
 345 (Type III SS: Sum of Squares; df: degrees of freedom).

346

	Type III SS	df	F	P
Site	60.19	6	29.80	<0.001
Gender	0.33	1	0.99	0.322
Site x Gender	1.73	6	0.86	0.529

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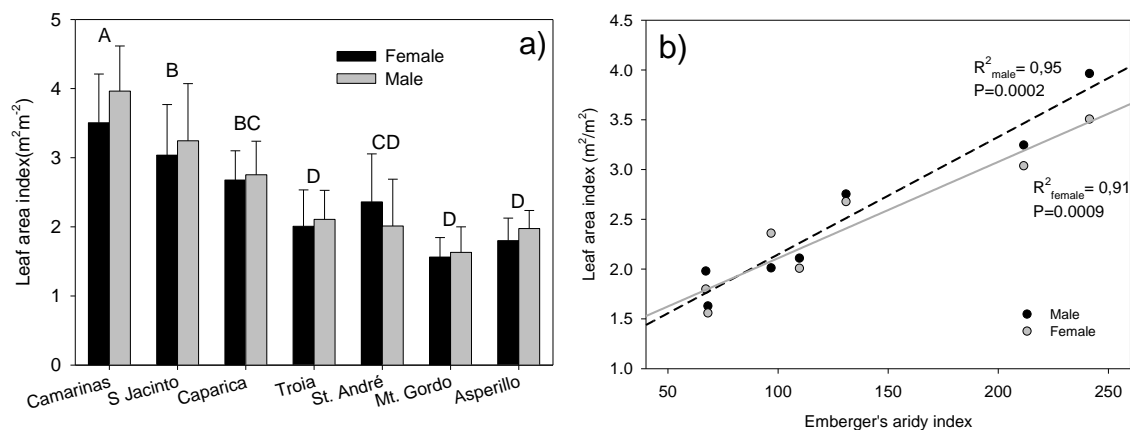
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356 Fig. 2. a) LAI of male and female plants in the different study populations (Data represent mean

357 \pm SD of 10 individuals of each gender). Letters indicate population groups following Tukey test.

358 b) Average LAI values of 10 male and 10 female plants versus Emberger's aridity index of each

359 location. The regression line for each gender, R² and P are also indicated in the plot.

360

361 **3.2. Physiological measurements**

362 Water potential of male and female plants revealed significant differences between sites

363 in May and significant differences between sites, genders, and the interaction between

364 site and gender in September (Table 3).

365

366 Table 3. Two-way ANOVA of effects of site and gender on leaf water potential, F_v/F_m

367 (maximum quantum yield) and effective quantum yield in May and September (SS: Sum of

368 Squares; df: degrees of freedom).

		MAY				SEPTEMBER		
		df	SS	F	P	SS	F	P
Leaf Water Potential	Site	6	837.32	35.04	<0.001	4736.49	34.27	<0.001
	Gender	1	9.046	2.27	0.134	367.76	15.96	<0.001
	Site x gender	6	28.60	1.19	0.313	602.79	4.36	0.001
F _v /F _m	Site	6	0.06	15.74	<0.001	0.31	35.54	<0.001
	Gender	1	<0.01	0.60	0.439	<0.01	0.04	0.843
	Site x gender	6	0.02	3.91	0.001	<0.01	0.56	0.754

Effective	Site	6	3.093	132.58	<0.001	1.093	16.29	<0.001
Quantum	Gender	1	0.002	0.54	0.462	0.010	0.93	0.335
Yield	Site x gender	6	0.018	0.78	0.585	0.064	0.95	0.456

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Regarding the sites, the Northern populations Camariñas, São Jacinto and Caparica exhibited higher water potential values than those from the Southern populations ($p < 0.05$) in May; while in September the differences amplified, the population of Camariñas exhibited the highest leaf water potential values, although significant differences only existed among northern and southern populations ($p < 0.05$), (Fig. 3a).

376

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378

In September, water potential was significantly correlated with MAP ($R^2_{\text{males}} = 0.86$; $R^2_{\text{females}} = 0.67$), Emberger's aridity index ($R^2_{\text{males}} = 0.87$; $R^2_{\text{females}} = 0.69$) and Lang's index ($R^2_{\text{males}} = 0.84$; $R^2_{\text{females}} = 0.65$), ($p < 0.05$ in all cases), (Fig. 3b).

379

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While in May female plants tended to exhibit lower water potential than males, in September the opposite pattern was found, with male plants showing more negative water potential values than females. However, significant differences between genders were only found in September in El Asperillo.

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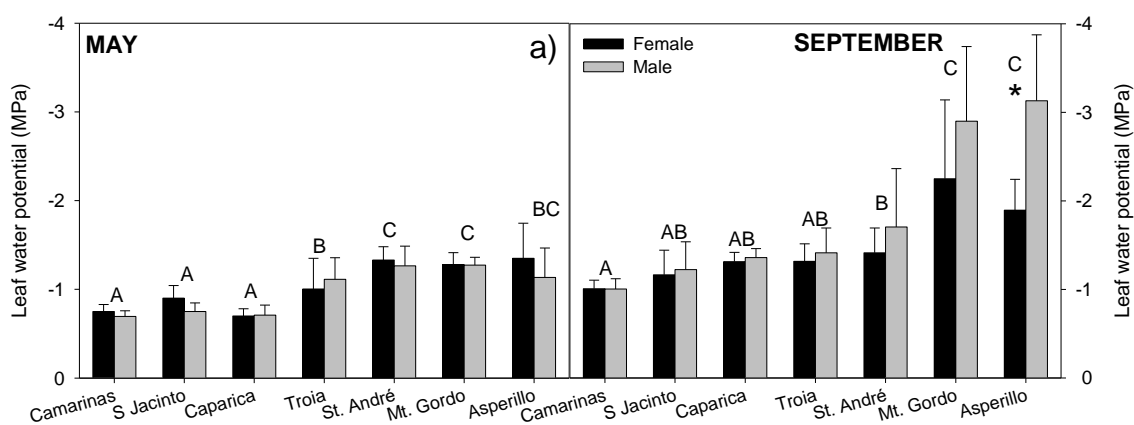
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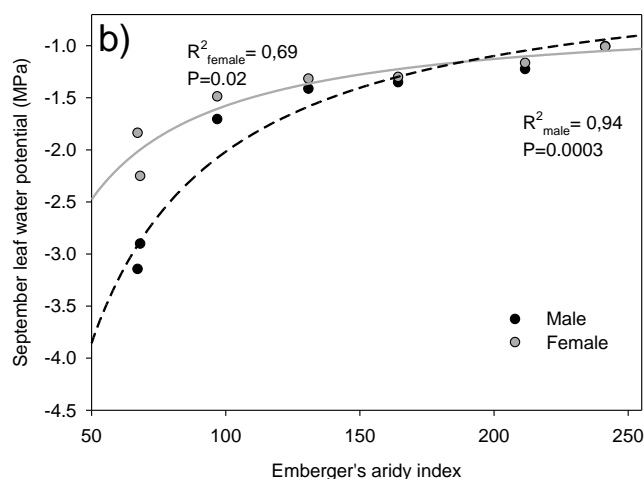


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396 Fig. 3. a) Leaf water potential of male and female plants in the different study populations
 397 (spring and summer). Data represent mean \pm SD of 10 individuals of each gender. Letters
 398 indicate population groups following Tukey test and * the existence of gender significant
 399 differences. b) September average leaf water potential values of 10 male and 10 female plants
 400 versus Emberger's aridity index of each location. The regression line for each gender, R^2 and P
 401 are also indicated in the plot.

402

403 Male-plants' leaf water potential values were progressively lower (more negative)
 404 than female values as the mean summer rainfall diminished, as it is shown in the
 405 ANOVA results (Fig. 3a and Table 3). It is remarkable to observe that gender
 406 differences in water potential were associated with the decrease in water availability in
 407 summer, and were progressively accentuated, as the site aridity is more extreme. Gender
 408 dimorphism (measured as the difference between male and female leaf water potential
 409 in September) was significantly correlated with summer rainfall ($R^2=0.69$, $P=0.02$) (Fig.

410 4).

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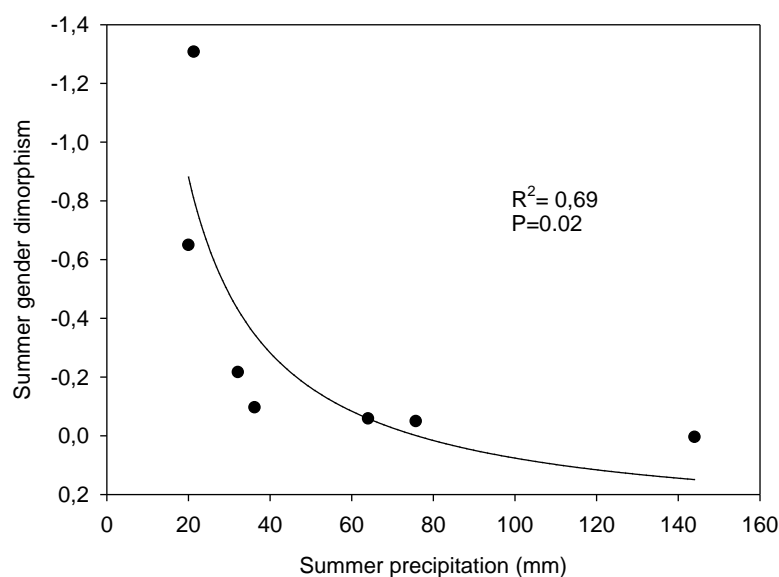
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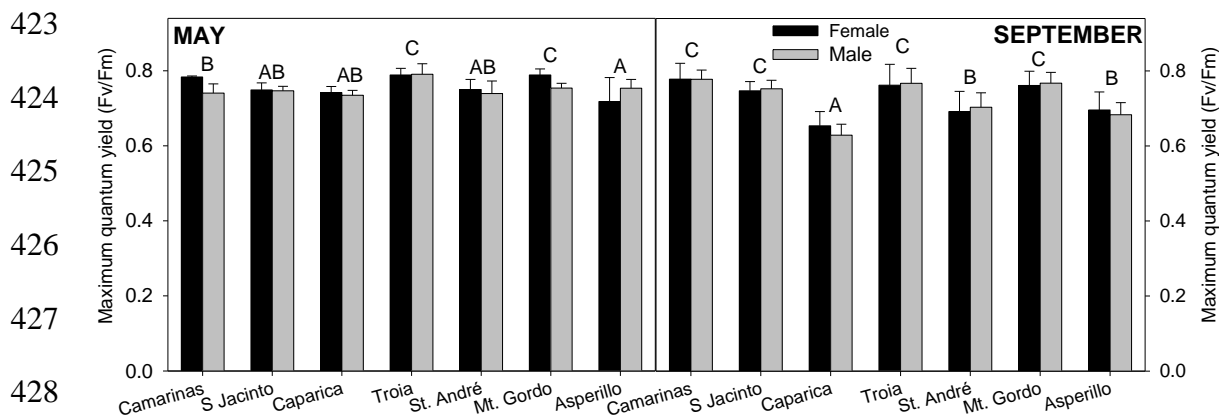
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419 Fig. 4. Gender dimorphism in each location, measured as the average of 10 male minus 10
 420 female leaf water potential in September versus summer rainfall (July, August and September).
 421 The regression line, R^2 and P are also indicated in the plot.
 422



429 Fig. 5. Maximum quantum yield (F_v/F_m) of male and female plants in the different study
 430 populations (spring and summer). Data represent mean \pm SD of 10 individuals of each gender.
 431 Letters indicate population groups following Tukey test.
 432

433 Maximum quantum yield (F_v/F_m) showed significant differences between northern
 434 and southern populations either in May and September (Fig. 5). In both months there
 435 were significant differences among sites and no differences between genders. The
 436 interaction between site and gender was only significant in May (Table 3). The same
 437 statistical results were obtained by eliminating from the analysis the northernmost
 438 population (Camariñas, with considerably lower radiation conditions); there were
 439 significant differences among sites in both months ($P < 0.001$) and no differences
 440 between genders ($P_{May} = 0.555$ and $P_{September} = 0.724$). Maximum quantum yield in
 441 September approximately matched summer rainfall, but the relationship was not
 442 significant ($P = 0.08$ for males and 0.18 for females).

443 Effective quantum yield always exhibited lower values than optimal quantum
 444 yield, showing a thermal dissipation of energy (Table S1). There were no significant

445 relations with any climatic variables reflecting the biogeographical gradient. In both
 446 sampling periods, May and September, there were significant differences between sites,
 447 but there were no differences between genders and the interaction site x gender was not
 448 significant either (Table 3). In this case, also the same statistical results were obtained
 449 when eliminating the population of Camariñas (significant differences among sites,
 450 $P < 0.001$, and no differences between genders, $P_{May} = 0.696$ and $P_{September} = 0.498$).

451

452 3.3. Elemental and stable isotope analysis

453 The values of $\Delta^{13}\text{C}$ were significantly higher in the northern populations although the
 454 data did not follow the bioclimatic gradient (Fig. 6a). There were significant differences
 455 among sites and genders; female values of $\Delta^{13}\text{C}$ were higher than male values, although
 456 the interaction site x gender was not significant (Table 4). There was a significant
 457 relationship ($R^2 = 0.644$, $p = 0.02$) for female $\Delta^{13}\text{C}$ with rainfall of the growing season
 458 (winter and spring), while this relationship did not occur in males (Fig. 6b).

459

460 Table 4. Two-way ANOVA of effects of site and gender on $\Delta^{13}\text{C}$, $\delta^{15}\text{N}$ and N content. (SS: Sum
 461 of Squares; df: degrees of freedom;

		df	SS	F	P
$\Delta^{13}\text{C}$	Site	7	67.513	10.46	<0.001
	Gender	1	11.718	12.72	<0.001
	SitexGender	7	3.175	0.49	0.839
$\delta^{15}\text{N}$	Site	4	323.28	30.55	<0.001
	Gender	1	0.625	0.23	0.628
	SitexGender	4	11.615	1.09	0.363
N content	Site	4	0.601	12.93	<0.001
	Gender	1	0.005	0.20	0.823
	SitexGender	4	0.027	0.57	0.682

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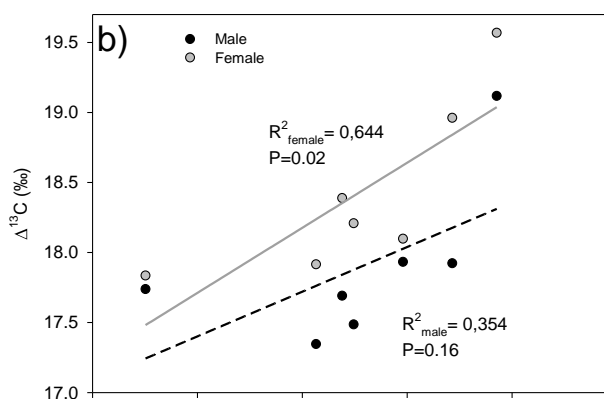
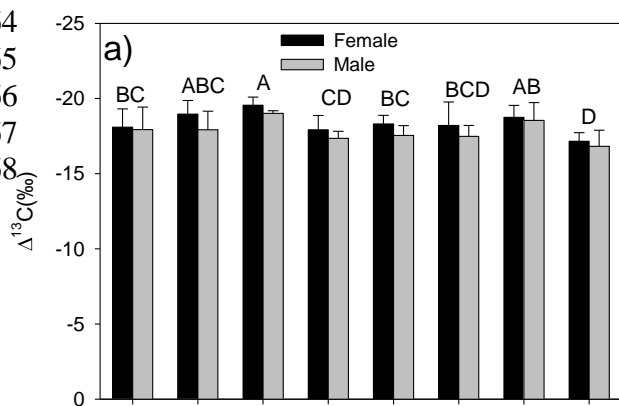
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Fig. 6. a) $\Delta^{13}\text{C}$ values of male and female plants in the different study populations. Data represent mean \pm SD of ten individuals of each gender. Letters indicate population groups following Tukey test. b) Average $\Delta^{13}\text{C}$ of 10 male and 10 female plants versus winter-spring rainfall (January, February and March) of each location. The regression line for each gender, R^2 and P are also indicated in the plot.

482

483 Values of $\delta^{15}\text{N}$ were extremely negative in the arid populations (south) and
484 increase progressively to the north, with the exception of Monte Gordo population
485 (Table S1). There were significant differences among sites, but not between genders and
486 neither in the interaction between site and gender (Table 4). In relation to elemental
487 values, El Asperillo exhibited the highest values of N content in leaves (Table S1), there
488 were significant differences among sites but not for genders and the interaction between
489 site and gender was not significant either (Table 4).

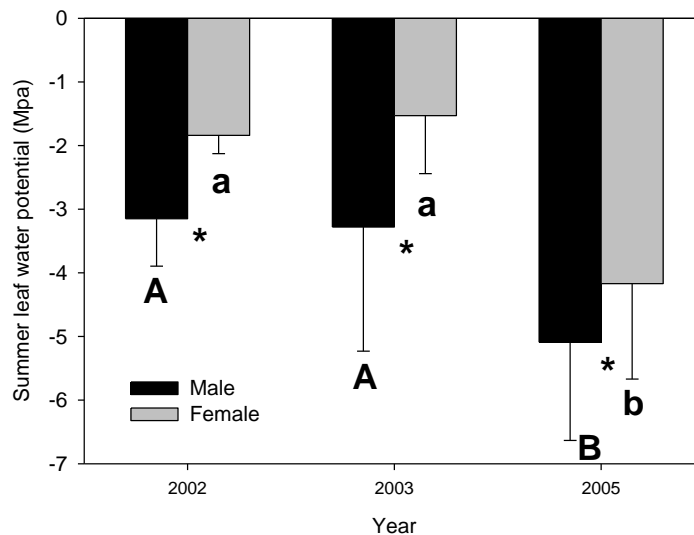
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491 **3.4. Responses to extreme drought events**

492 Comparing the values of leaf water potential in El Asperillo population, in the same
493 season among different years, we can observe the plant response to the inter-annual
494 variability of rainfall (Fig. 7).

495 There were no significant differences between 2002 and 2003, however, the
496 values of the dry year (2005) were significantly lower ($P<0.05$). Gender dimorphism
497 continued to maintain the same observed pattern, male plants presented significantly

498 more negative values than female plants for the three study years. Our results evidenced
 499 that gender dimorphism did not increase with the drier conditions.



500

501 Fig. 7. Comparison of mean values \pm standard deviation leaf water potential of 10 male and 10
 502 female plants among different years in El Asperillo. Data of September leaf water potential of
 503 male and female plants in 2002 (rainfall 560.6 mm, summer maximum temperatures 36.5°C),
 504 2003 (549.5 mm, 41.5 °C) and 2005 (173.0 mm, 39.5 °C). Significant differences among
 505 genders are indicated with an * ($P < 0.05$) and among years with letters ($P < 0.05$).

506

507 4. Discussion

508 Our results evidenced that populations of *Corema album* exhibited significant
 509 differences in morphological and physiological attributes across the species'
 510 biogeographical area, which are clearly correlated to climatic variables such as annual
 511 rainfall and bioclimatic indices. Gender dimorphism was observed in $\Delta^{13}\text{C}$ and clearly
 512 manifested in leaf water potential in summer in the most stressful end of the species
 513 distribution area. In this study, we have shown how gender dimorphism on
 514 physiological instantaneous and time-integrated variables changes over the complete

515 biogeographical area of a dioecious species in response to sub-optimal environmental
516 conditions.

517

518 **4.1. Leaf area index (LAI)**

519 In the literature, there are many studies in which male plants of dioecious species
520 usually exhibit higher performance in their aerial structure. For instance, in a review
521 article of sexual dimorphism in flowering plants, Barrett and Hough (2013) established
522 that in long-lived species, males often exceed females in vigour, shoot size, and in their
523 capacity for clonal propagation, although exceptions could occur (Sakai and Burris,
524 1985). In different species of *Leucadendron* the degree of serotiny (accumulating cones
525 for a longer period) was strongly associated with the degree of branching: females in
526 species with well-developed serotiny showed less ramification degree than males
527 (Harris and Pannell, 2010).

528 Accordingly with the results of this study, *C. album* plants did not show any
529 gender dimorphism in the aerial canopy, measured as LAI. This time-integrated index
530 only responded to the bioclimatic gradient, with no differences between male and
531 female plants. Previous results in *C. album* evidenced the existence of a sexual
532 segregation in branch elongation timing, associated to gender reproductive efforts
533 (Zunzunegui et al., 2006), but at the end of the growing season, the accumulated
534 elongation was the same in male and female plants.

535

536 **4.2. Physiological responses**

537 Reproductive costs result in physiological trade-offs in resource distributions, and these
538 can influence future vegetative growth and reproduction (Barrett and Hough, 2013). In
539 *C. album*, leaf water potential during the growth season (May) exhibited significant

540 differences among Northern and Southern populations as expected across a large
541 bioclimatic gradient. In some study sites, female plants tended to have slightly more
542 negative values than males, attending to trade-offs for fruit production, but differences
543 were not significant. Similar results were locally found by Álvarez-Cansino et al.
544 (2010b) and Zunzunegui et al. (2006) in a population in the South of Spain. However,
545 during the peak of the dry season in September, gender dimorphism increased from the
546 Northern to the Southern populations, in association to the summer rainfall decrease. In
547 contrast with our expectations of males performing better under drier conditions, due to
548 their relatively lower investment in reproduction (Obeso, 2002), females of *C. album*
549 showed significantly higher water potentials values than males at the extreme end of the
550 biogeographical area during the drought season, which might be associated to a better
551 hydrological status. This dimorphism is clearly manifested by the good correlation
552 found in this study between gender leaf water potential differences and summer rainfall
553 (Fig. 4).

554 In May all populations exhibited a fairly good physiological performance,
555 although there were significant differences for F_v/F_m for some populations. However, in
556 September the situation was different and Southern populations suffered a remarkable
557 physiological stress. In several populations, summer F_v/F_m showed values below the
558 theoretical optimum of 0.83 measured for most plant species (Maxwell and Johnson,
559 2000), indicating signs of photoinhibition of PSII (Correia and Ascensão, 2017).
560 Additionally, all studied populations of *C. album* presented values of Φ_{PSII} that
561 indicated stress to PSII via heat energy dissipation (Maxwell and Johnson, 2000), in
562 response to the midday increased radiation and VPD.

563 These results can be explained by a response to high solar radiation and
564 temperatures coupled with low water availability, amplified by sandy soils' properties

565 (similar results, analysing three populations, were found by Álvarez-Cansino et al.,
566 2012). The importance of local conditions was manifested through the significant
567 differences in F_v/F_m among populations. Yet, we found no signs of gender dimorphism
568 in the photosynthetic response. Other studies have found signs of higher photoinhibition
569 in female plants of dioecious species, associated to the reproductive period and drought
570 stress, as it has been reported in the dwarf palm *Chamaerops humilis* (Morales et al.,
571 2016) and in the subdioecious species *Honckenya peploides* (Sánchez-Vilas and
572 Retuerto, 2011). Or what is more, when comparing reproductive and non-reproductive
573 shoots of female *Pistacia lentiscus*, higher photoinhibition was observed in reproductive
574 shoots (Juvany et al., 2014).

575 In relation to water economy, females tended to show higher values of $\Delta^{13}\text{C}$,
576 which could be attributed to lower integrated WUE. Since females allocate a greater
577 investment to reproduction in order to produce an enormous amount of fleshy fruits
578 during the summer season (Díaz-Barradas et al., 2016; Zunzunegui et al., 2006), they
579 should have a less conservative water use response than males. Similar results have
580 been reported in other dioecious species such as *Acer negundo* (Dawson and Ehleringer,
581 1993) and *Ilex aquifolium* (Retuerto et al., 2000). Moreover, populations' $\Delta^{13}\text{C}$ values
582 were positively correlated to winter-spring rainfall in females when most of the leaf
583 biomass is produced. This result can be interpreted as a sign of plant response to water
584 availability during the period of leaf biomass production.

585 Although *Corema album* is a wind-pollinated plant, with extremely large pollen
586 production during the flowering period, which requires a high investment in nitrogen-
587 rich pollen (Delph et al., 1993; Harris and Pannell, 2008), we were not able to find any
588 gender dimorphism in nitrogen content in leaves and nitrogen sources, measured
589 through $\delta^{15}\text{N}$. However, $\delta^{15}\text{N}$ values decreased from the southern to the northern

590 populations, which indicate shifts in nitrogen sources associated with the precipitation
591 regime.

592 The results of this study evidence that females seem to present lower water use
593 efficiency in leaves, and on the other hand better water status during summer at the drier
594 end of the species' biogeographical area. The explanation for this apparent paradox of
595 females presenting a better physiological status than males during the summer season
596 could be explained by the implementation of finely integrated morphological or
597 physiological compensatory mechanisms, as it has been described in dioecious plants by
598 other authors (Álvarez-Cansino et al., 2010b; Obeso, 2002; Tozawa et al., 2009).

599 In a previous local study, through the analysis of water stable isotopes, it was
600 found that females of *C. album* should have deeper roots than males conferring them
601 potential higher water availability during the drought period (Álvarez-Cansino et al.,
602 2010b). On the other hand, this result has been supported by a reproductive effort
603 experiment, in which female plants continued to exhibit higher vegetative growth
604 during the second year after reproductive effort had been removed, which evidenced the
605 idea of higher female-storing capacity in underground structures (Álvarez-Cansino et
606 al., 2010a). Compensatory mechanisms favouring water capture in female individuals is
607 a logical explanation for the enhanced water status found in females in relation to males
608 during the dry period (Álvarez-Cansino et al., 2010b) and could ultimately explain the
609 lack of biased sex ratio among the species distribution area, despite a 3-fold higher
610 reproductive effort in females due to fruit production (Álvarez-Cansino et al., 2013;
611 Martins et al., 2017; Zunzunegui et al., 2006). Having a larger root system, females
612 would increase both nutrient and water uptake and as a consequence, they might
613 improve C acquisition. Gender-specific differences in biomass allocation have been
614 found in the subdioecious plant *Honckenya peploides*, in which females had greater

615 belowground biomass than males (Sánchez-Vilas et al., 2012). In Northern populations
616 of *C. album*, where water and nutrients don't represent a limited resource, plants
617 probably do not present such extreme compensatory mechanisms and sexual
618 dimorphism was not so evident, as occurred in other dioecious species that only exhibit
619 gender dimorphism under harsher conditions (Kohorn, 1994; Wallace and Rundel,
620 1979).

621 In extremely dry years, plants suffer a dramatic water stress and a higher
622 variability among individuals within a single population, which has been manifested by
623 our results in the extreme southern end of plant biogeographical area. If this situation
624 continued over a longer period, it would probably affect population survival and limit
625 its distribution area, as it has been proposed in different models of climate change
626 (Hultine et al. 2018). In dioecious species such as *C. album* one gender may be
627 differentially affected under sub-optimal environmental conditions of its
628 biogeographical area. For slow-growing, long-lived species as *C. album*, global change
629 represents an array of opposing selective pressures which at long-time scales may affect
630 the ecological limits of phenotypic plasticity, decoupling climate from local adaptations
631 and leading to an increase in vulnerability and a higher risk of mortality, which can be
632 differential between genders under this new climatic scenarios (Munné-Bosch, 2015;
633 Valladares et al., 2007).

634 Since dioecious plants, as all plants, present hierarchical organization, and
635 allocation to reproduction is affected by modularity, it is important to consider several
636 levels of the modular hierarchy for the analysis of the cost of reproduction under
637 different environmental conditions (Juvany and Munné-Bosch, 2015; Obeso, 1997). In
638 our study, we analysed different levels of plant organization, from instantaneous
639 photochemical efficiency, to time-integrated water-use efficiency through $\Delta^{13}\text{C}$ and

640 plant canopy performance as LAI. Our results evidenced the existence of sexual
641 dimorphism in leaf water potential, and are supported by other previous data (Álvarez-
642 Cansino et al., 2012; Álvarez-Cansino et al., 2010a), that point out to the existence of
643 sexual dimorphism located at underground level.

644 In the literature, Spatial Sexual Segregation (SSS) has been reported in >30
645 dioecious species from 20 families, and in the vast majority of cases male-biased sex
646 ratios are reported in more stressful sites (Bierzychudek and Eckhart, 1988; Mercer and
647 Eppley, 2010). The general model of dioecious plants proposes that SSS occurs by
648 females living in better microsites; in *C.* SSS was not found in any location of the
649 species' biogeographical area (Álvarez-Cansino et al., 2013; Martins et al., 2017). The
650 results of this study, together with previous evidence (Álvarez-Cansino et al., 2010;
651 Sánchez-Vilas et al., 2012, Hultine et al., 2018) suggest that SSS might exist at the
652 underground level, where females can exploit deeper soil profiles, especially in the
653 extreme end of the species' biogeographical area. With this mechanism, they could
654 maintain the same canopy performance than males, lower integrated WUE and an
655 extraordinary production of fleshy fruits during the summer period that can reach more
656 than 7000 berries m⁻² plant (Díaz-Barradas et al., 2016). Our results are therefore
657 consistent with a higher efficiency in resource use in females than in males of *C. album*
658 (Álvarez-Cansino et al., 2012; Álvarez-Cansino et al., 2010a).

659

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665

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841 Supplementary content

842 Table S1. Average and \pm standard deviation of the experimental data in all study populations of
 843 *Corema album*: leaf area index (LAI, m^2m^{-2}), maximum quantum yield (F_v/F_m), effective
 844 quantum yield (Φ_{PSII}) and leaf water potential (Ψ , MPa), in May and September. Leaf carbon
 845 isotope discrimination ($\Delta^{13}C$, ‰), leaf nitrogen isotope ratio ($\delta^{15}N$, ‰) leaf nitrogen content
 846 (%).
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		LAI	Fv/Fm May	Φ_{PSII} May	Fv/Fm Sept	Φ_{PSII} Sept	Ψ Pa May	Ψ MPa Sept	$\Delta^{13}C$ ‰	$\delta^{15}N$ ‰	N %
Camarinas	M	3.96	0.74	0.55	0.78	0.44	-0.70	-1.00	17.93	-5.51	0.59
		± 0.65	± 0.025	± 0.059	± 0.024	± 0.119	± 0.064	± 0.120	± 1.50	± 1.93	± 0.12
	F	3.51	0.78	0.60	0.78	0.46	-0.75	-1.01	18.10	-4.16	0.59
		± 0.70	± 0.003	± 0.092	± 0.042	± 0.15	± 0.077	± 0.097	± 1.21	± 2.11	± 0.18
S. Jacinto	M	3.25	0.75	0.62	0.75	0.26	-0.75	-1.22	17.92	-7.32	0.62
		± 0.83	± 0.011	± 0.072	± 0.023	± 0.083	± 0.097	± 0.314	± 1.24	± 1.00	± 0.08
	F	3.04	0.75	0.64	0.75	0.21	-0.90	-1.17	18.96	-7.69	0.59
		± 0.73	± 0.019	± 0.060	± 0.024	± 0.067	± 0.142	± 0.277	± 0.908	± 1.24	± 0.12
Osso Baleia	M		0.79	0.55	0.77	0.32		-1.36	19.01		
			± 0.013	± 0.085	± 0.029	± 0.18		± 0.101	± 0.177		
	F		0.79	0.55	0.76	0.25		-1.31	19.56		
			± 0.016	± 0.048	± 0.038	± 0.11		± 0.104	± 0.54		
Caparica	M	2.75	0.74	0.31	0.63	0.16	-0.71	-1.41	17.35	-9.42	0.56
		± 0.49	± 0.028	± 0.07	± 0.040	± 0.051	± 0.112	± 0.281	± 0.470	± 0.79	± 0.06
	F	2.68	0.74	0.28	0.65	0.17	-0.70	-1.32	17.92	-9.07	0.62
		± 0.42	± 0.018	± 0.051	± 0.056	± 0.032	± 0.081	± 0.198	± 0.960	± 1.16	0.09
Troia	M	2.11					-1.11		17.55		
		± 0.42					± 0.24		± 0.646		
	F	2.01					-1.10		18.31		
		± 0.53					± 0.35		± 0.575		
S. André	M	2.01	0.74	0.27	0.70	0.21	-1.27	-1.70	17.49		
		± 0.68	± 0.034	± 0.051	± 0.038	± 0.069	± 0.222	± 0.660	± 0.719		
	F	2.36	0.75	0.28	0.69	0.21	-1.33	-1.41	18.21		
		± 0.69	± 0.027	± 0.077	± 0.054	± 0.042	± 0.151	± 0.281	± 1.56		
Monte Gordo	M	1.63	0.79	0.55	0.77	0.55	-1.27	-2.90	18.55	-5.51	0.71
		± 0.37	± 0.013	± 0.048	± 0.029	± 0.048	± 0.088	± 0.842	± 1.18	± 2.07	± 0.06
	F	1.56	0.79	0.55	0.76	0.55	-1.28	-2.25	18.74	-4.95	0.68
		± 0.28	± 0.016	± 0.047	± 0.038	± 0.045	± 0.133	± 0.890	± 0.803	± 2.17	± 0.12
Asperillo	M	1.97	0.75	0.26	0.68	0.18	-1.14	-3.13	16.82	-9.17	0.84
		± 0.26	± 0.024	± 0.042	± 0.033	± 0.040	± 0.331	± 0.745	± 1.070	± 1.60	± 0.09
	F	1.80	0.72	0.26	0.70	0.22	-1.14	-1.90	17.15	-9.12	0.83
		± 0.33	± 0.064	± 0.041	± 0.048	± 0.056	± 0.394	± 0.350	± 0.573	± 1.23	± 0.06

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850 Highlights

851

- 852 1. *Corema album* populations respond to the climatic gradient of the species'
853 biogeographical area.
- 854 2. Gender dimorphism is only recognized in $\Delta^{13}\text{C}$ and in leaf water potential in the
855 dry season.
- 856 3. Female plants have lower integrated water use efficiencies to maintain fruit
857 production.
- 858 4. Leaf water potential is more negative in male plants (September in southern
859 populations).
- 860 5. Females might have deeper roots than males as a compensatory mechanism,
861 presenting underground SSS.

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