

1 This is the peer reviewed version of the article accepted for publication in J. Agric. Food
2 Chem. 2019, 67, 3909–3918, which has been published in final form at
3 <https://10.1021/acs.jafc.9b00282>.

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5 **Inhibition of VEGFR-2 Phosphorylation and Effects on Downstream Signaling**
6 **Pathways in Cultivated Human Endothelial Cells by Stilbenes from Vitis Spp**

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21 ABSTRACT

22 Stilbenes are phenolic compounds present in different higher plant families, which have
23 shown different biological activities such as antioxidant properties, anti-tumoral and anti-
24 atherosclerotic effects, among others. Angiogenesis is a key process involved in both
25 cancer and cardiovascular diseases, the vascular endothelial growth factor (VEGF) and
26 its receptor VEGFR-2 being the main triggers. Certain polyphenol compounds such as
27 flavonoids have shown a potent capacity to inhibit VEGF and consequently,
28 angiogenesis. The present work, therefore, aims to evaluate the potential effect of
29 stilbenes on inhibiting VEGF and their subsequent effect on the downstream signaling
30 pathway (PLC γ 1, Akt and eNOS). VEGFR-2 activation was study through ELISA assay
31 in HUVEC line while the phosphorylation of intracellular downstream proteins PLC γ 1,
32 Akt and eNOS were tested by western-blot. Student's t-test was used to determine
33 significant differences between samples. On the one hand, astringin, pallidol and ω -
34 viniferin showed the lowest IC₅₀ values (2.90 ± 0.27 , 4.42 ± 0.67 and 6.10 ± 1.29 μ M,
35 respectively) against VEGFR-2 activation. Additionally, VEGF-induced PLC γ 1
36 phosphorylation was significantly inhibited by ϵ -viniferin, astringin and ω -viniferin.
37 However, ϵ -viniferin and pallidol simultaneously enhanced eNOS activation, proving to
38 be via Akt activation in the case of ϵ -viniferin. . For the first time, these data suggest that
39 stilbenes such as astringin, pallidol, ω -viniferin and ϵ -viniferin have a potential anti-
40 angiogenic effect and they could be further considered as anti-VEGF ingredients in food
41 and beverages. In addition, ϵ -viniferin and pallidol significantly allowed eNOS activation
42 and could likely prevent the side effects caused by anti-VEGF hypertension drugs.

43 Keywords: Antiangiogenic, Astringin, HUVEC, Stilbenes, VEGF

44 1. INTRODUCTION

45 Stilbenes are secondary metabolites classified as non-flavonoid polyphenols with a
46 monomeric structure comprising two aromatic rings joined by an ethylene ring¹. These
47 compounds derive from the amino acid phenylalanine via the phenylpropanoid pathway,
48 through the enzyme stilbene synthase² and they are synthesized by different higher plant
49 families such as *Leguminosae*, *Pinaceae* and *Vitaceae* among others³. The most
50 representative compound of the stilbenes family is resveratrol, found in foods such as
51 cranberries, peanuts, pistachios or chocolate. However, table grapes and red wine are the
52 main source of dietary intake⁴. As well as resveratrol, other stilbenes, such as astringin,
53 piceatannol, pallidol, ϵ -viniferin and hopeaphenol, have also been described in grapes and
54 wines (Table 1)⁵⁻¹⁸.

55 Moreover, not only is ϵ -viniferin present in diet sources, it is also present in grape cane,
56 grapevine and root extracts of *Vitis vinifera*, as well as other stilbenoids compounds such
57 as ω -viniferins, *r*-viniferin, *r*2-viniferin and ampelopsin A. These are currently being
58 studied for their promising biological effects¹⁹ and also as an alternative to SO₂ in
59 winemaking²⁰.

60 Resveratrol has shown antioxidant, anti-inflammatory, antidiabetic, neuroprotective,
61 antiaging, anti-cancer and cardioprotective effects^{5, 21}. With regard to its cardioprotective
62 effect, resveratrol has been proven to reduce atherosclerotic plaques formation and it
63 restores flow-mediated dilation in rabbits fed on a high-cholesterol diet²². Resveratrol
64 supplementation in mice also delayed spontaneous mammary tumor development and
65 reduced metastasis²³. Additionally, pterostilbene, a resveratrol methoxylated monomer,
66 has shown antioxidant properties²⁴; it reduces blood pressure²⁵, improves cardiac
67 function²⁶ and exerts inhibiting an effect on aortic vascular smooth muscle cells growth²⁷.

68 Furthermore, piceatannol has demonstrated an inhibitory effect on the proliferation and
69 migration of human aortic smooth muscle cells²⁸.

70 Angiogenesis, which involves the formation of new capillary vessels from pre-existing
71 ones²⁹, plays a crucial role in both cancer and cardiovascular diseases. It drives tumor cell
72 growth as well as the development and destabilization of atherosclerotic plaques^{30,31}. The
73 most pro-angiogenic factor involved in this process is the vascular endothelial growth
74 factor (VEGF)³² by binding to its receptor VEGFR-2, which is the main mediator of the
75 proliferation, migration, survival and permeability process on endothelial cells³³. In fact,
76 VEGF inhibition is an objective for current pharmacological cancer therapies. Anti-
77 VEGF antibodies such as Avastin®, among other drugs, have recently been developed
78 and approved for the treatment of colon, lung, breast, kidney and liver cancer³⁴ However,
79 their lengthy treatment causes serious side effects, increasing the risk of hypertension,
80 since, as a consequence of VEGF signaling inhibition³⁵, anti-VEGF drugs also inhibit
81 nitric oxide (NO) production, this latter being a potent vasodilator..

82 Recently, it has been reported that VEGF is the key molecular target for certain
83 polyphenol compounds, such as epigallocatechin gallate (EGCG), procyanidin oligomers
84 and quercetin, among others, which potently inhibit VEGF signaling and angiogenesis at
85 physiological concentrations (IC₅₀: 0.08-1 μM)^{36,37}. Additionally, EGCG and tetrameric
86 procyanidin inhibited phospholipase gamma 1 (PLCγ1), the principal regulator of the cell
87 proliferation, while they increased activation (phosphorylation) of endothelial nitric oxide
88 synthase (eNOS) via protein kinase B (Akt), which still might induce NO
89 bioavailability³⁶. Such data show that these bioactive compounds might be a promising
90 alternative for cancer and cardiovascular diseases prevention, reducing VEGF-induced
91 angiogenesis while avoiding eNOS inhibition, and the subsequent hypertension risk
92 caused by treatment with drugs³⁸.

93 Resveratrol has been the only stilbene compound evaluated for inhibiting VEGF-induced
94 VEGFR-2 activation, showing a weak inhibitory effect (24 % of inhibition at 50 μ M)³⁷.
95 However, the inhibitory effect of the different compounds of this polyphenol family needs
96 to be explored, since different substituents on the phenolic rings (total OH, catechol,
97 methyl and glycosyl groups) affect their potential inhibitory effect³⁷. The aim of this work
98 is, therefore, to evaluate the potential anti-VEGF effect of twelve different stilbene
99 compounds present in food, including monomers, dimers and tetramers, on VEGF
100 inhibition and their subsequent effect on the downstream signaling pathway (PLC γ 1, Akt
101 and eNOS) in endothelial cells.

102 2. MATERIAL AND METHODS

103 2.1. Chemicals

104 Human Umbilical Vein Endothelial Cells (HUVEC) and the Endothelial Cell Growth
105 Medium-2 (EGM-2) were provided by Lonza (Slough, UK). Rhapontin and pterostilbene
106 standards, as well as dimethyl sulfoxide, were purchased from Sigma-Aldrich (Steinheim,
107 Germany). Methanol and acetonitrile were provided by Merck (Darmstadt, Germany) and
108 formic acid by Prolabo® (Obregón, México). VEGF₁₆₅ was supplied by R&D Systems
109 (Minneapolis, USA). The PathScan Phospho-VEGFR-2 (Tyr1175) sandwich ELISA kit
110 was provided by Cell Signaling Technology (Danvers, MA, USA). For western blot
111 assay, sample buffer LDS (4x), sample reducing agent DTT (10x), antioxidant and 4-12
112 % Bis-Tris gels were purchased from ThermoFisher Life Technologies (NuPAGE,
113 Waltham, Massachusetts, USA). Nitrocellulose membrane for transfer step was provided
114 by Bio Rad Laboratories (Hercules, California, USA). Bovine serum albumin (BSA) was
115 supplied by Sigma-Aldrich (Steinheim, Germany). Phospho-PLC γ 1 (Tyr 783), PLC γ 1,
116 phospho-Akt (Ser 473), Akt, phospho-eNOS (Ser 1177), eNOS and anti-rabbit IgG-HRP
117 antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA).

118 SuperSignal West Pico chemiluminescent substrate was supplied by Thermo Scientific
119 (Hitchin, UK).

120 2.2. Cell culture

121 HUVEC were cultured at 37 °C in a 5 % CO₂ atmosphere between passages 4 and 5 in 6-
122 well plates until completely confluence.

123 2.3. Stilbenes extraction and purification

124 Figure 1 shows the chemical structure of the stilbenes included in the present work:
125 ampelopsin A, astringin, ϵ -viniferin, hopeaphenol, isohopeaphenol, pallidol, piceatannol,
126 pterostilbene, rhapontin, *r*-viniferin (vitisin B), *r*²-viniferin (vitisin A) and ω -viniferin.
127 Additionally, resveratrol and piceid are included in Figure 1 for comparative purposes.
128 Except for piceatannol and rhapontin, the rest of stilbenes were extracted and purified (>
129 92% purity) from a raw grapevine shoot following the method described by Biais et al.³⁹,
130 except for astringin, whose extraction was based on Gabaston et al. method⁴⁰. Purity was
131 determined using UPLC with UV detection at 280 nm in an Agilent Zorbax C18 column
132 (100 × 2.1 mm) with a particle size of 1.8 μ m. Two mobile phases consisting of water
133 with 0.1% of formic acid (A) and acetonitrile (B) were used, with a flow rate of 0.4
134 mL/min. The chromatograms for the stilbenes tested are shown in Supplementary
135 material (Figure S1). Before cell treatment, each compound was diluted in dimethyl
136 sulfoxide (DMSO) at different stock concentrations (between 1 and 50 mM) and stored
137 at -20 °C until HUVEC treatment.

138 2.4. Determination of VEGFR-2 phosphorylation by ELISA

139 Vehicle control (\leq 0.1 % DMSO) and VEGF at 25 ng/mL concentration (\leq 0.1 % DMSO)
140 were used as negative and positive controls, respectively. We followed the previously
141 described plausible molecular mechanism for polyphenols VEGF inhibition³⁶ on

142 endothelial cells in which VEGF is proven to be the molecular target for different
143 polyphenols. Confluent HUVEC cells were incubated separately for 5 minutes with
144 different concentrations of stilbenes (1-50 μ M for monomers and dimers; 1 μ M for
145 tetramers) which had been pre-incubated (for 5 minutes) with VEGF (25 ng/ml) using
146 Endothelial Basal Medium (EBM) (DMSO final concentration < 0.1 %). . Every sample
147 was performed in duplicate. HUVECs were then lysed with radioimmunoprecipitation
148 assay (RIPA) buffer and subsequently centrifuged at 4 °C, 13000 rpm for 10 minutes.
149 Finally, a bicinchoninic acid assay (BCA) was performed in order to determine protein
150 content in the supernatant. Every experiment was carried out in duplicate.

151 To measure the phosphorylated VEGFR-2 levels in the lysates, the Phospho-VEGFR-2
152 (Tyr1175) sandwich ELISA kit was used following the manufacturer's instruction. Half
153 maximal inhibitory concentration (IC_{50}) with confidence intervals was then determined
154 for each stilbene with the GraphPad Prism software v. 6.00 (GraphPad Software, La Jolla
155 California USA). Each sample was also analyzed in duplicate.

156 2.5. Western Blot analysis for PLC γ 1, Akt and eNOS

157 Compounds with the highest anti-VEGF effect were evaluated for their potential effect
158 on modulating the activity of the downstream signaling proteins PLC γ 1, Akt and eNOS.
159 The experimental conditions were the same as those explained above in section 2.4,
160 except for the HUVEC cells which were incubated with the stilbene+VEGF mixture or
161 stilbene alone for 10 minutes in the case of PLC γ 1, and 60 minutes for Akt and eNOS
162 evaluation. The stilbene doses used were, according to their respective IC_{50} values for
163 VEGFR-2 inhibition, as follows: 10 μ M for pallidol, ω -viniferin and astringin; and 50
164 μ M for ϵ -viniferin and piceatannol. All compounds were tested in duplicate. The protein
165 lysates (26.8 μ g) were mixed with the sample buffer and the reducing agent before heating
166 them for 10 minutes at 70 °C to denature proteins. Subsequently, electrophoresis was

167 performed in the Bis-Tris gel and then, proteins were transferred into nitrocellulose
168 membranes (0.2 μ M). Tris-buffered saline with Tween® 20 (TBST) was mixed with BSA
169 to a final concentration of 5 % for blotting the membranes before adding primary
170 antibodies (p-PLC γ 1, PLC γ 1, p-Akt, Akt, p-eNOS, eNOS). The primary antibodies were
171 then incubated overnight with the membranes at 4 °C. Subsequently, a secondary antibody
172 (anti-rabbit IgG-HRP) in TBST+BSA (5 %) was added to incubate membranes for 1h at
173 room temperature. After treating membranes with the chemiluminescent substrate, image
174 analysis of bands was performed using an Amersham Imager 600 station (GE Healthcare
175 life sciences, Marlborough, MA, USA). Samples were analyzed in triplicate.

176 2.6. Statistical analysis

177 GraphPad Prism software V.6.00 (GraphPad Software, La Jolla California USA) was
178 used to determine significant differences between samples through Student's t-test. The
179 degree of significance of the analysis was as follows: $p < 0.05$ (*), $p < 0.01$ (**), $p < 0.001$
180 (***) and $p < 0.0001$ (****). Data were displayed as mean \pm standard deviation in all cases.

181 3. RESULTS & DISCUSSION

182 3.1. Inhibition of VEGFR-2 activation by stilbenes

183 It has already been demonstrated that certain polyphenols inhibit VEGFR-2 activation by
184 binding tightly to VEGF. As a consequence, it is prevented from binding to the receptor³⁶.
185 More than fifty polyphenols compounds from different families have been tested for their
186 anti-VEGF effect. The only stilbene reported, however, was resveratrol which showed a
187 weak inhibition of VEGFR-2 phosphorylation (24 % at 50 μ M). Since different structural
188 features affect potential VEGF inhibition, the present work assesses for the first time the
189 potential anti-angiogenic effect of this family of polyphenols on twelve different
190 stilbenes, including monomers (astringin, piceatannol, pterostilbene and rhapontin),

191 dimers (ampelopsin A, ϵ -viniferin, pallidol and ω -viniferin) and tetramers (hopeaphenol,
192 isohopeaphenol, *r*-viniferin and *r*²-viniferin) (Table 2).

193 3.1.1. Monomers

194 Piceatannol has quite a similar structure to resveratrol with an additional OH group
195 forming a catechol group which enhances the inhibition of the VEGFR-2
196 phosphorylation, showing a 3.5-fold higher inhibitory effect than resveratrol ($IC_{50} = 39.7$
197 μM). Similarly, the presence of a catechol group on flavonoids such as luteolin, orobol
198 or quercetin showed an enhanced inhibitory effect on VEGFR-2 activation³⁷. Piceatannol
199 has been previously reported to reduce VEGF expression in cancer cells, indirectly
200 preventing angiogenesis⁴¹. However, this is the first time that piceatannol has been proven
201 to inhibit directly VEGF-induced VEGFR-2 phosphorylation on endothelial cells.
202 Considering the highest piceatannol concentration presents in grapes (702 $\mu g/kg$, Table
203 1) and its bioavailability (50 %)⁴², 3 portions of grapes (average grapes portion = 125 g)
204 would be enough to reach its IC_{50} concentration in plasma. These data are in line with a
205 balanced diet.

206 Astringin, which is the piceatannol glucoside (Figure 1), was the tested stilbene that
207 exhibited the highest VEGFR-2 phosphorylation inhibitory activity ($IC_{50} = 2.90 \mu M$),
208 showing a 14-fold greater effectiveness against VEGFR-2 phosphorylation than its
209 aglycone piceatannol ($IC_{50} = 39.7 \mu M$). In contrast, piceid, which is the main natural
210 resveratrol glucoside form, did not show significant differences on the inhibition of
211 VEGFR-2 phosphorylation compared with resveratrol (28 % and 24 % respectively, at 50
212 μM)³⁷. Additionally, Cerezo et al. (2015) have previously shown that different
213 glycosylated forms of quercetin were completely ineffective in inhibiting VEGFR-2
214 phosphorylation³⁷ compared with quercetin ($IC_{50} = 0.75 \mu M$). In the case of stilbenes, the
215 presence of the catechol group in one of the rings of the astringin and a 3-*O*-glucoside

216 group appears to be the structural combination that best enhances anti-VEGF activity.
217 Therefore, our present results prove for the first time that a glycoside polyphenol can be
218 also a good candidate for anti-VEGF activity.

219 Considering the highest astringin concentration reported in red wine (38.1 mg/L, Table
220 1) and the bioavailability data for related stilbenoids (piceatannol, pterostilbene and
221 resveratrol 50 %, 80 % and 30 % of bioavailability, respectively)^{42, 43}, and, since there is
222 no available data on astringin bioavailability, between 2 and 4 glasses of red wine (average
223 glass of wine = 150 mL) would be sufficient to reach an active astringin concentration in
224 plasma (3.4-4.5 μ M). Since, for a healthy diet, alcohol content limits wine consumption,
225 food supplements would be a good option for achieving an active astringin concentration
226 in plasma without the limitations imposed by alcohol.

227 Pterostilbene and rhapontin, the other two monomers tested, present methyl groups in
228 their structures. Pterostilbene (3',5'-dimethoxy-resveratrol) results from a double
229 methylation of resveratrol in positions 3' and 5'. Although pterostilbene provoked a low
230 inhibitory activity against VEGFR-2 phosphorylation at 50 μ M (40 %), it was more
231 effective than resveratrol (24 %). In flavonoids, methyl groups on the B-ring strongly
232 diminished bioactivity against VEGF phosphorylation³⁷. In stilbenes, it appears that the
233 presence of methyl groups allows certain bioactivity against VEGFR-2 phosphorylation.
234 On the other hand, rhapontin, which presents a methyl group on 4' position and a 3-O-
235 glucoside group, was completely ineffective at 50 μ M. In this case, it appears that the
236 presence of both glycoside and methyl groups strongly diminished the effect against
237 VEGFR-2 phosphorylation.

238 3.1.2. Dimers

239 The order of anti-VEGF potency for stilbenes dimers were as follows: pallidol (IC_{50} =
240 4.42 μ M) > ω -viniferin (IC_{50} = 6.10 μ M) > ϵ -viniferin (IC_{50} = 18.8 μ M). Ampelopsin A

241 was completely ineffective at 50 μM . At 10 μM ϵ -viniferin has previously shown an anti-
242 proliferative effect () on vascular smooth muscle cells⁴⁴. This, however, is the first time
243 that ϵ -viniferin and ω -viniferin have shown anti-VEGF activity by inhibiting VEGF-
244 induced VEGFR-2 phosphorylation. Comparing the anti-VEGF activity of stilbenoid
245 dimers with previously reported procyanidins dimers³⁷, the former present greater
246 effectiveness ($\text{IC}_{50} = 4.42 - 18.8 \mu\text{M}$, $\text{IC}_{50} = 52.6 \mu\text{M}$, respectively). The reactivity
247 differences between stilbene dimers could be related to their three-dimensional structures.
248 For example, ω - and ϵ -viniferin have the same plane structure and differ only by the
249 orientation of their phenol rings. Cerezo et al. (2015) have demonstrated that flavonoids
250 with near-planarity on their structure such as quercetin or myricetin displayed potent anti-
251 VEGF activity³⁷, since near-planar structures have been shown to enter hydrophobic
252 pockets in proteins more easily⁴⁵. In addition, the complexity of the ampelopsin A
253 structure might not enter the pocket of the VEGF molecule, rendering it completely
254 ineffective³⁶. Structure-activity relationship studies are needed to better understand the
255 properties of these compounds.

256 Bioavailability data for dimers have been reported for ϵ -viniferin only (0.77 %)⁴⁶.
257 Considering also its highest concentration described in wine (4.35 mg/L, Table 1), 8
258 glasses of wine would be necessary to reach its IC_{50} value in plasma. If, given the
259 similarity in structure, we assume a similar bioavailability for pallidol which is the most
260 active dimer, and its highest concentration found in wine (2.22 mg/L, Table 1), 4 glasses
261 of wine would be needed to achieve the IC_{50} value in plasma. In both cases, the doses
262 exceed the acceptable quantity of wine in a balanced diet (1-2 glasses). Food supplements
263 including ϵ -viniferin and pallidol dimers would, therefore, be a good strategy to achieve
264 an active concentration in plasma.

265 3.1.3. Tetramers

266 High molecular weight stilbenes (tetramers) such as hopeaphenol, isohopeaphenol, *r*-
267 viniferin and *r*²-viniferin caused a low inhibitory effect (<25 %) on VEGFR-2
268 phosphorylation at 1 μM (Table 2). These results contrast with those obtained in
269 procyanidins, where the more polymerized structures confer the greatest activity against
270 VEGFR-2 phosphorylation, reaching IC₅₀ values of 0.28 μM for the procyanidin
271 tetramer³⁷.

272 Considering that resveratrol (monomer) and ε-viniferin (resveratrol dimer) bioavailability
273 (30 % and 0.77 %, respectively)^{42,46} decrease with the degree of polymerization,
274 bioavailability can be expected to be much lower for hopeaphenol, isohopeaphenol, *r*-
275 viniferin and *r*²-viniferin (resveratrol tetramers). Additionally, the low anti-VEGF
276 activity of the tetramers at 1 μM (Table 2) render them irrelevant as anti-VEGF agents,
277 since an insufficient concentration for them to be active would be expected in plasma.

278 3.2. Modulation of downstream signaling proteins (PLCγ1, Akt and eNOS) in HUVEC
279 by stilbenes

280 To check whether the inhibition of VEGF-induced VEGFR-2-activating activity by
281 stilbenes also regulates signaling events downstream of pVEGFR-2, the inhibition of
282 PLCγ1 phosphorylation, (PLCγ1 being the first protein activated in response to VEGFR-
283 2 activation and responsible for cell proliferation), by the most potent stilbenes
284 (piceatannol, astringin, pallidol, ε -viniferin and ω-viniferin) was evaluated. In addition,
285 Akt and eNOS phosphorylation, activated later in the VEGF signaling cascade and
286 accountable for NO production were also tested. Two sets of concentrations were
287 assessed, depending on the IC₅₀ values of stilbenes, to ensure that VEGFR-2
288 phosphorylation was inhibited completely (10 μM for astringin, pallidol and ω-viniferin;
289 and 50 μM for piceatannol and ε-viniferin).

290 3.2.1. Phosphorylation of PLCγ1

291 Pallidol and piceatannol presented IC₅₀ values for VEGFR-2 inhibition below 10 μM and
292 50 μM respectively (Table 2), but they had either no effect or a very low effect (6 %),
293 respectively, against the inhibition of the PLCγ1 phosphorylation in the presence of
294 VEGF (Figure 2A and 2E). The data, therefore, suggest that these compounds might be
295 acting in other proteins also involved in endothelial cell migration and as a consequence
296 in angiogenesis mediation, such as Shb-Sck-PI9K-Rac-IQGAPI (also mediated by
297 VEGFR-2 tyrosin 1175)⁴⁷. Further research should, therefore, be carried out on the effects
298 of pallidol and piceatannol on the inhibition of the Shb protein phosphorylation.

299 Astringin, ε- and ω-viniferins showed a significant inhibition of VEGF-induced PLCγ1
300 phosphorylation (86, 55 and 68 %, respectively), astringin being the most effective
301 (Figure 2 C-F). Astringin treatment in the presence of VEGF presented a pPLCγ1/PLCγ1
302 7-fold lower ratio than VEGF alone (Figure 2C), while ε-viniferin reached a 3 fold lower
303 ratio (Figure 2E). These data are in agreement with Moyle et al. (2015)³⁶ who showed
304 that certain polyphenols such as a procyanidin tetramer isolated from apple (dp4) and
305 EGCG from green tea inhibited VEGFR-2 phosphorylation and as a consequence they
306 totally inactivated PLCγ1 phosphorylation at 1 μM³⁶. As far as we are concerned, our
307 data show for the first time the potential of certain stilbenes for the inhibition of PLCγ1
308 (at 10 and 50 μM) and, as a likely consequence, the cell proliferation of endothelial cells.

309 3.2.2. Phosphorylation of Akt and eNOS

310 The importance of activating eNOS lies on the fact that anti-VEGF drugs currently used
311 in the treatment of colon, lung, breast, kidney and liver cancer³⁴ have been demonstrated
312 to cause serious side effects, increasing the risk of hypertension by inhibiting the
313 production of NO (a potent vasodilator) as a consequence of VEGF signaling inhibition³⁵.
314 Akt is a protein prior activated in the signaling cascade by VEGF that has been proven to
315 activate eNOS phosphorylation, among different alternative pathways.

316 Although ϵ - and ω -viniferins inhibited VEGF-induced VEGFR-2 and PLC γ 1
317 phosphorylation (Table 2 and Figure 2), VEGF-induced phosphorylation of Akt was not
318 inhibited but significantly enhanced by these compounds, both in the presence and
319 absence of VEGF (more than twenty-fold higher for ϵ -viniferin and more than two-fold
320 higher for ω -viniferin) regarding negative control (Figure 3A-D). On the other hand,
321 pallidol and piceatannol only increased the Akt activation in presence of VEGF (Figure
322 3 E-F), likely due to the fact that neither pallidol at 10 μ M or piceatannol at 50 μ M
323 completely inhibited VEGFR-2 (84.4 % and 85 % of inhibition, respectively). In spite of
324 the above, the relevant point is that while pallidol and piceatannol are almost completely
325 inhibiting VEGFR-2 phosphorylation, they are able to maintain Akt activation similar to
326 VEGF alone (positive control). However, astringin, which inhibited VEGFR-2 and
327 PLC γ 1 phosphorylation, did not enhance the Akt activation in presence or absence of
328 VEGF (Figure 3A).

329 Since pAkt is known to activate the eNOS enzyme (peNOS), we evaluated the effects of
330 the stilbenes on eNOS activation. The present data show that VEGF alone increased the
331 peNOS/eNOS ratio (Figure 4). ϵ -Viniferin increased the peNOS/eNOS by a 3.2 and 3-
332 fold higher ratio in both the presence and absence of VEGF, respectively (Figure 4A).
333 The ϵ -viniferin data are in agreement with those previously reported for EGCG and dp4
334 also at 10 μ M, which, although inhibiting VEGFR-2 and PLC γ 1, were able to increase or
335 retain pAkt and peNOS activation in both the presence and absence of VEGF³⁶. The
336 hypothesis postulated was that polyphenol compounds were able to activate Akt and
337 eNOS by means of other surface receptors or by directly generating ROS in a receptor-
338 independent fashion, since Kim et al. (2007) demonstrated that EGCG activated Akt,
339 eNOS and NO production in BAECs via these possible ways⁴⁸. Similarly, resveratrol has
340 been reported to activate eNOS via AMP-activated protein kinase, estrogen receptors and

341 sirtuin 1 on endothelial cells³⁸. A similar unexplored mechanism might be involved in the
342 activation of Akt and eNOS by ϵ -viniferin.

343 Additionally, pallidol also significantly activated the peNOS/eNOS ratio in both the
344 presence and absence of VEGF (Figure 4C), although our data demonstrate that it is not
345 Akt-mediated (Figure 3E). Considering that not only can eNOS be activated by Akt but
346 also by PKA, AMPK and CAMKII proteins⁴⁹, further studies should be performed to
347 determine the protein involved.

348 On the other hand, only in the presence of VEGF did ω -viniferin slightly increase the
349 peNOS/eNOS ratio regarding negative control (Figure 4B). This could be because ω -
350 viniferin at 10 μ M did not inhibited VEGFR-2 phosphorylation completely; there is still
351 a 27.5 % of VEGFR-2 activity (data not shown). The residual VEGFR-2 activity could
352 therefore be responsible for the eNOS activation. In addition, VEGF can also activate
353 eNOS via VEGFR1⁵⁰. Thus, the eNOS activation observed in the presence of VEGF and
354 ω -viniferin could also be VEGFR-1 activation mediated. The present results reinforce the
355 notion that certain polyphenols are potent VEGF inhibitors but may still induce NO
356 production by increasing eNOS phosphorylation, revealing for the first time that ϵ -
357 viniferin and pallidol show the same trend.

358 Although, ϵ -viniferin is mainly present in grapevine shoot, root and grape cane extracts¹⁹,
359 they are gaining importance due to their promising use in winemaking as an alternative
360 to SO₂ in order to avoid its adverse effects²⁰. Further research should, therefore, be
361 conducted in order to focus on determining this mechanism and to evaluate the final
362 concentration of these compounds in the final product, and the different winemaking
363 conditions necessary to improve their content in wines.

364 The other compounds investigated, such as astringin or piceatannol did not show any
365 significant eNOS stimulation (Figures 4), although they have demonstrated their potential

366 to be VEGF inhibitors (Table 2). These data demonstrate that not all of the VEGF-
367 inhibiting polyphenols are able to show the beneficial effect of activating eNOS and thus
368 likely induce NO production.

369 This is the first time that stilbenes such as astringin, pallidol, ω -viniferin and ϵ -viniferin
370 have shown potential anti-VEGF effects in endothelial cells (most $IC_{50} < 10 \mu M$).
371 Additionally, ϵ -viniferin have been proven to inhibit the downstream VEGF-induced
372 PLC γ 1 phosphorylation which is responsible for cell proliferation, while stimulating Akt
373 and eNOS phosphorylation. Pallidol also showed itself able to inhibit VEGFR-2
374 activation while inducing eNOS phosphorylation. The present data suggest for the first
375 time that stilbenes, such as ω -viniferin and pallidol, possess potential anti-angiogenic
376 effect, likely preventing the side effects caused by anti-VEGF drugs on NO
377 bioavailability. Therefore, these compounds present great potential for future exploitation
378 as anti-VEGF ingredients in foods and beverages.

379 **Abbreviations:**

380 Akt, protein kinase B; BCA, bicinchoninic acid; DMSO, dimethyl sulfoxide; EGM-2,
381 endothelial cell growth medium-2; eNOS, endothelial nitric oxide synthase; EGCG,
382 epigallocatechin gallate; HUVEC, human umbilical vein endothelial cells; NO, nitric
383 oxide; PLC γ 1, phospholipase gamma 1; RIPA, radioimmunoprecipitation assay buffer;
384 TBST, Tris-buffered saline with Tween® 20; VEGF, vascular endothelial growth factor;
385 VEGFR-2, vascular endothelial growth factor receptor 2.

386 **Acknowledgements**

387 The authors are grateful for the financial assistance provided by the European Regional
388 Development Funds (Project: Research and Technological Innovation in Vitiviniculture,
389 PP.AVA.AVA201601.03) and the Spanish Ministry of Education, Culture and Sport

390 (MECD scholarship FPU13/04820). The authors also thank the assistance of the
391 University of Seville Biology's central service (CITIUS) and its technical staff (M.J.
392 Carballo Álvarez and L. Navarro Sampedro). The work was supported by the ANR
393 LabCom program (ANR-14-LAB5-0005-01), the Bordeaux Metabolome Facility, and
394 MetaboHUB (ANR-11-INBS-0010 project).

395

396 **Supporting information:**

397 **Funding:** This work was funded by the European Regional Development Funds (Project:
398 PP.AVA.AVA201601.03). The authors declare no competing financial interest

399 **Authors' contributions:** A.B.C., E.F.C., M.C.G.P., A.M.T., T. R. and E.C.V. designed
400 the research; A.B.C., E.F.C. and T.R. conducted the research; A.B.C., E.F.C., M.C.G.P.,
401 A.M.T., T. R. and E.C.V. analyzed the data and wrote the paper. All of the authors read
402 and approved the final manuscript.

403 **Conflicts of interest:** E. Fernandez-Cruz, A. B. Cerezo, E. Cantos-Villar, T. Richard,
404 A.M. Troncoso and M.C. García-Parrilla declare that they have no conflicts of interest.

405 **Ethical approval:** This study does not contain any studies performed on human
406 participants by any of the authors.

407 **Informed consent:** Not applicable.

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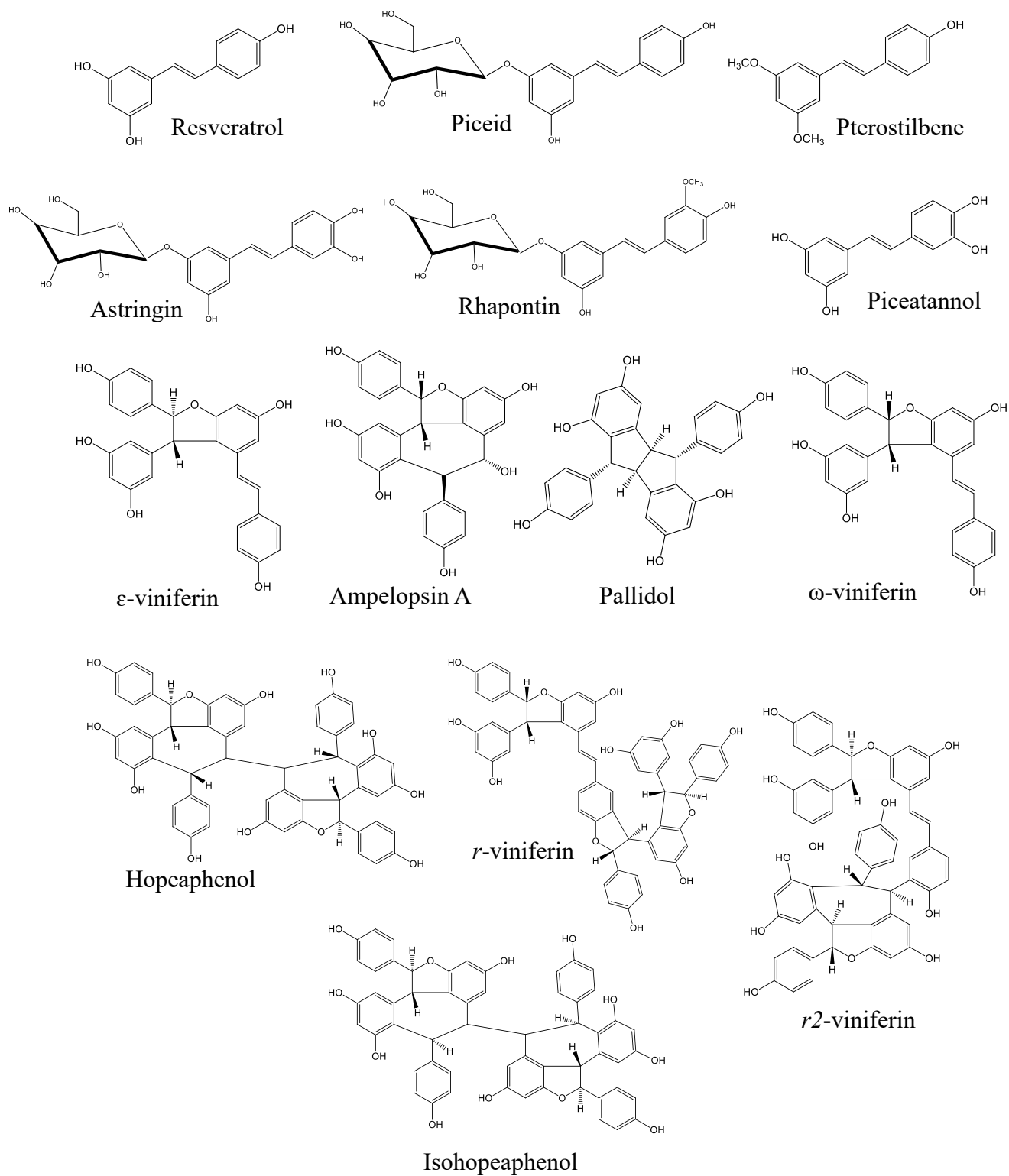
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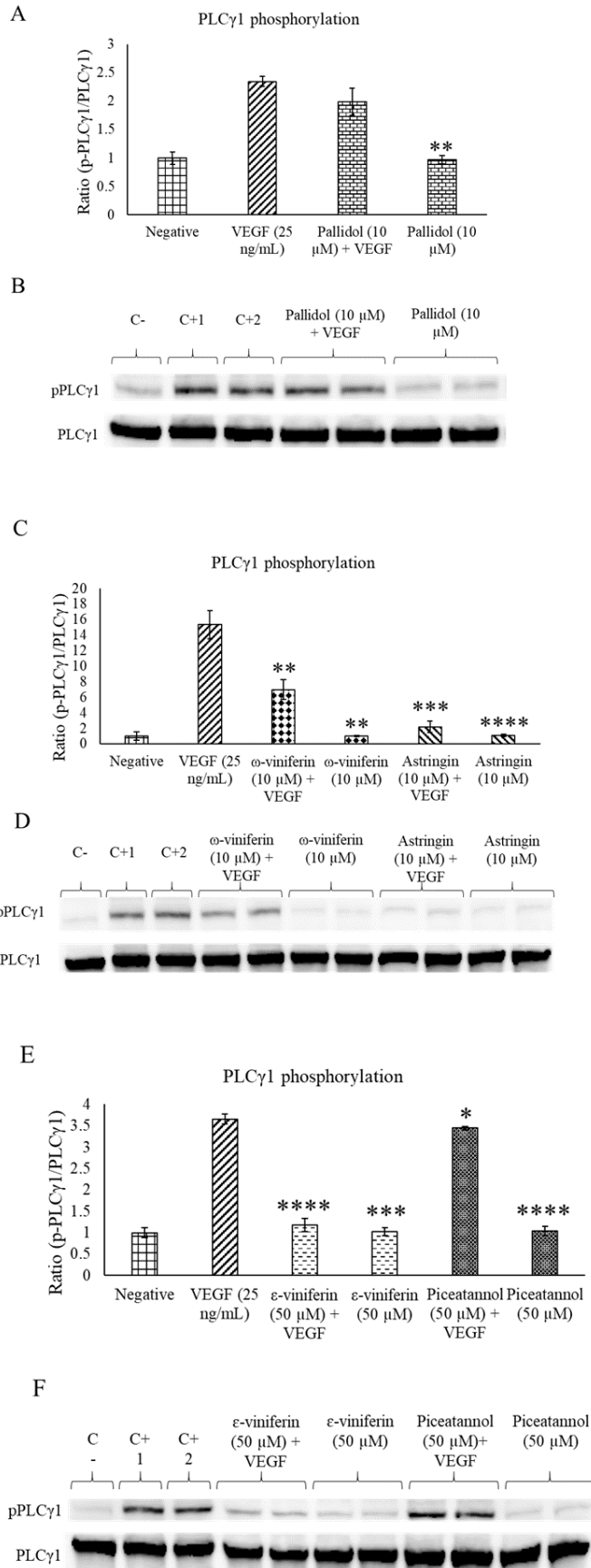
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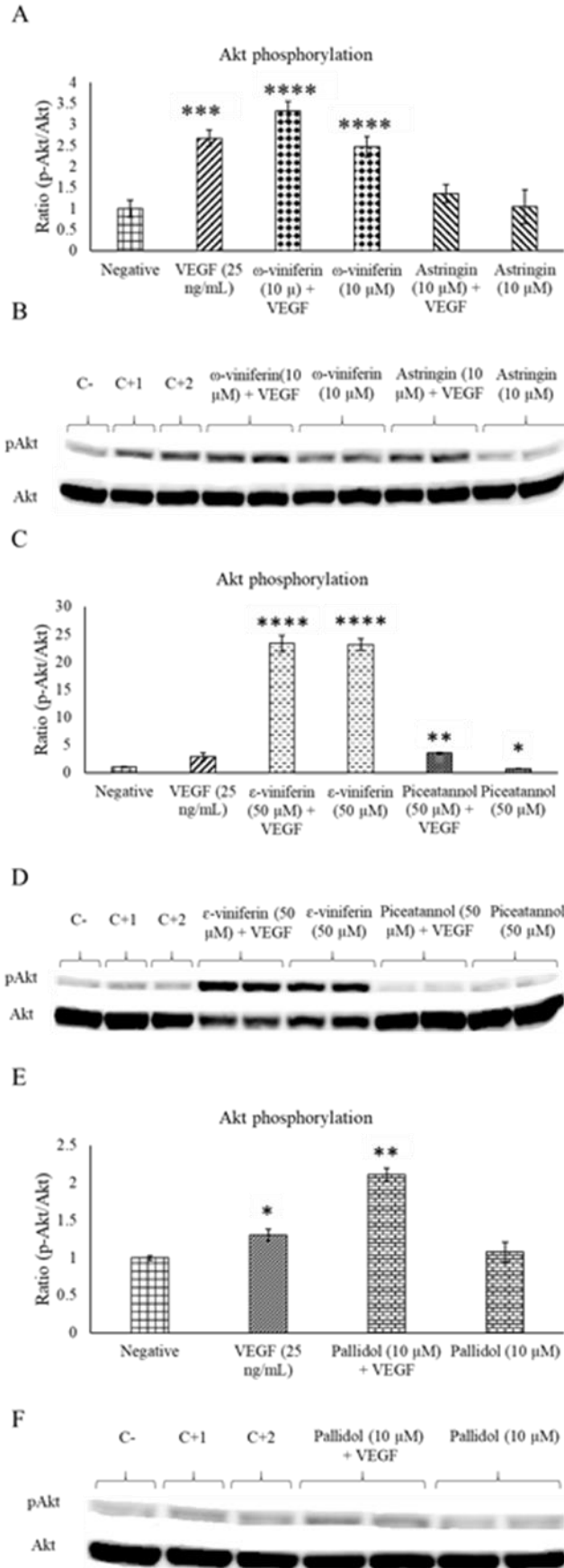
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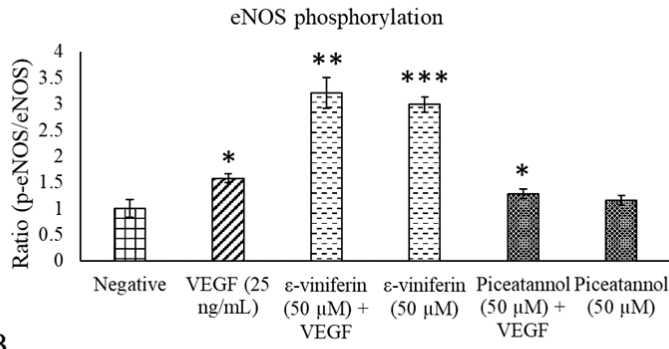
Figure 1



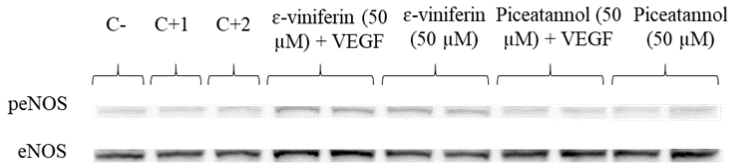




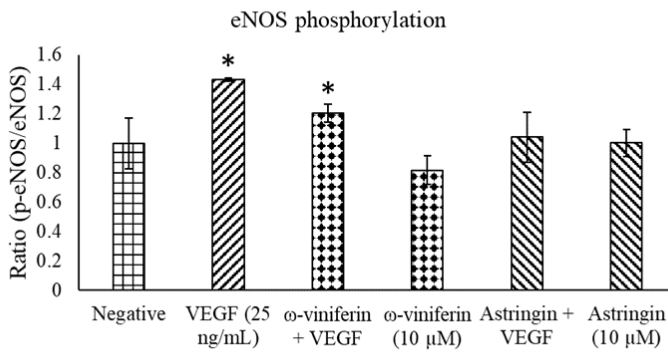
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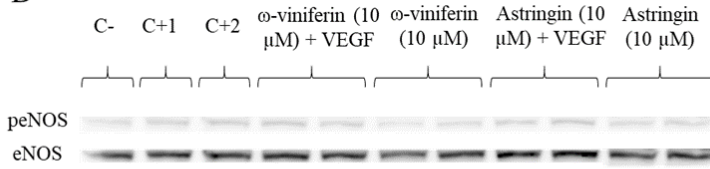
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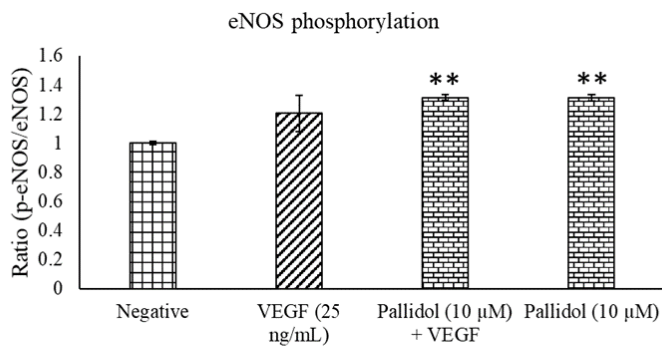
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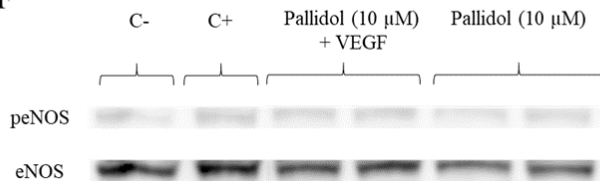
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571 **Figure captions**

572 **Figure 1.** Chemical structure of different stilbenes.

573

574 **Figure 2.** Pallidol caused no inhibition of VEGF-induced PLC γ 1 phosphorylation (A).
575 Astringin, ω -viniferin (C) and ϵ -viniferin (E) showed a significant inhibition of VEGF-
576 induced PLC γ 1 phosphorylation (86, 68 and 55% respectively). Basal medium containing
577 VEGF (25 ng/mL) was pre-incubated with astringin, ω -viniferin, pallidol (10 μ M), ϵ -
578 viniferin and piceatannol (50 μ M) separately. HUVECs were subsequently incubated
579 for 10 minutes with the pre-incubated solution. Cell were lysed and proteins were
580 separated on an SDS-PAGE gel and probed with the corresponding PLC γ 1 antibodies.
581 Generated bands (B, D, F) and ratios for pPLC γ 1/PLC γ 1 (A, C, E) are displayed, * p <0.05,
582 ** p <0.01, *** p <0.001, **** p <0.0001 versus VEGF positive control. Western blot
583 analysis was performed in triplicate (n=3).

584

585 **Figure 3.** ω -Viniferin (A), ϵ -viniferin (C), piceatannol (C) and pallidol (E) did not inhibit,
586 but even enhanced the VEGF-induced Akt phosphorylation, while astringin (A) caused
587 inhibition of VEGF-induced Akt activation. HUVEC were incubated for 60 minutes in
588 basal medium containing preincubated VEGF (25 ng/mL) with astringin, pallidol, ω -
589 viniferin (10 μ M), ϵ -viniferin and piceatannol (50 μ M) separately. Then, HUVEC were
590 lysed and proteins were separated on and SDS-PAGE gel to be treated with specific Akt
591 antibodies. Western blot bands (B, D, F) and ratios for pAkt/Akt are presented, * p <0.05,
592 ** p <0.01, *** p <0.001, **** p <0.0001 versus negative control. Analysis was performed
593 in triplicate (n=3).

594

595 **Figure 4.** ϵ -Viniferin (A) and pallidol (C) significantly enhances eNOS phosphorylation,
596 while piceatannol (A), ω -viniferin (B) and astringin (B) did not induce eNOS
597 phosphorylation. VEGF (25 ng/mL) was incubated in basal medium with astringin,
598 pallidol, ω -viniferin (10 μ M), ϵ -viniferin and piceatannol (50 μ M) separately. HUVEC
599 were treated for 60 min with the VEGF/stilbene mixture and the subsequent lysed proteins
600 were separated on a gel (SDS-PAGE) and treated with eNOS antibodies. Ratios for
601 peNOS/eNOS are displayed, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ versus VEGF positive
602 control. Western blot analysis was performed in triplicate (n=3).

Tables

Table 1. Dietary sources of stilbenes derived from resveratrol (mean \pm standard deviations and rank).

<i>Compound</i>	<i>Source</i>	<i>Concentration</i>	<i>Reference</i>
<i>Astringin</i>	Raboso Piave grape	106 \pm 5.8 μ g/Kg	5
	French red wines	N.D-38.1 mg/L	6
	French white wines	N.D-8.5 mg/L	
	Brazilian red wines	4.35-25.7 mg/L	7
	Canadian red wines	0.04-0.35 mg /L	8
	Italian red wines	N.D-1.83 mg /L	9
	Italian white wines	N.D-0.72 mg /L	
	Portuguese red wines	N.D-35.9 mg /L	10
	Portuguese white wines	N.D.-15.6 mg/L	
	French red wines	2.5-26.1 mg/L	
<i>Pterostilbene</i>	Berries	99-520 ng/g dw	11
<i>Piceatannol</i>	Raboso Piave grapes	41.8 \pm 0.5 μ g/Kg	5
	Primitivo grapes	282 \pm 10.2 μ g/Kg	
	Italian red wines	N.D-5.22 mg/L	9
	Italian white wines	N.D-0.59 mg/L	
	Cabernet Sauvignon berries (without seeds)	0.05 mg/kg fw	12
	Monastrell grapes	0.78 \pm 0.1 mg/kg fw	13
	Monastrell wines	208 \pm 3.6 μ g/L	
<i>Pallidol</i>	Raboso Piave grapes	21.7 \pm 0.2 μ g/Kg	5

	French red wines	0.5–4.8 mg/L	6
	Canadian red wines	0.06-0.40 mg /L	8
	South African red wines	0.20-9.20 mg /L	14
	Primitivo grapes	356 ± 2.6 µg/Kg	5
	French red wines	1.33-2.22 mg /L	15
	French rosé wines	0.38 mg /L	
<i>ε-viniferin</i>	Raboso Piave grapes	593 ± 11.6 µg/Kg	17
	Primitivo grapes	702 ± 3.4 µg/Kg	
	North African red wines	0.2-1.2 mg/L	14
	Merlot wine	1.20 ± 0.05 mg/L	16
	Cabernet Sauvignon wine	0.69 ± 0.08 mg/L	
	Ksar wine	0.49 ± 0.08 mg/L	
	Amjad wine	0.20 ± 0.04 mg/L	
	Red wine	0.01 mg/L	17
	Brazilian red wines	0.19-4.35 mg/L	7
	French red wines	0.10-1.63 mg/L	15
	French botrytized sweet white wines	0.08-0.17 mg/L	
<i>Hopeaphenol</i>	South African red wines	0.30-3.80 mg/L	14
<i>Isohopeaphenol</i>	Tunisian red wines	0-2.9 mg/L	18

Footnote: fw, fresh weight; dw, dry weight; N.D, non determined

Table 2. Inhibition of 12 different stilbenes on VEGF phosphorylation induced via VEGFR-2.

<i>Compound</i>	<i>Total OH (Position)</i>	<i>Others (Position)</i>	<i>IC₅₀ (μM)</i>	<i>Inhibition (%)</i>
Monomers				
Astringin	7	Glucoside (3)	2.90 (2.65-3.17)	
Piceatannol	4 (3,5,3',4')	---	39.7 (37.6-41.9)	
Pterostilbene	1 (4')	OCH ₃ (3, 5)	N/D	40.7 (50 μM)
Rhapontin	6 (5, 5')	OCH ₃ (4'), Glucoside (3)	N/D	Ineffective (50 μM)
Dimers				
Pallidol	6	---	4.42 (3.84-5.09)	
ω-viniferin	5	---	6.10 (5.04-7.39)	
ε-viniferin	5	---	18.8 (17.4-20.4)	
Ampelopsin A	6	---	N/D	Ineffective (50 μM)
Tetramers				
<i>r</i> ² -viniferin	10	---	N/D	Ineffective (1 μM)
<i>r</i> -viniferin	9	---	N/D	23.4 (1 μM)
Isohopeaphenol	10	---	N/D	16.2 (1 μM)
Hopeaphenol	10	---	N/D	Ineffective (1 μM)

95% confidence intervals for the IC₅₀ values are shown in parentheses; N/D: non determined

