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Heat-induced gelation of egg yolk as a function of pH. Does the type of acid make any difference?

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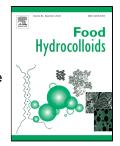
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31 Abstract

32 The objective of this study was to assess the influence of reducing pH from 33 its native value on the heat-induced gelation behaviour of egg yolk by monitoring 34 its linear viscoelastic properties. Three acids differing in their location in the Hofmeister series were used (hydrochloric, citric, and phosphoric acids) at pH 35 36 between 2 and 6. The viscoelastic measurements were carried out under small 37 amplitude oscillatory shear, using parallel plate geometry by means of: (i) stress 38 sweep tests to delimit the linear viscoelastic range at different temperatures; (ii) 39 temperature ramp tests to monitor egg yolk protein gelation; and (iii) frequency 40 sweep tests at 20°C, after the thermal cycle. The microstructure of gels was also 41 evaluated by Cryo-scanning Electronic Microscopy (CryoSEM). Egg yolk undergo 42 dramatic changes in rheological and microstructural properties, when processed at high temperature, depending on pH and the type of acid used. Generally, four 43 44 different regions take place over heat treatment: (i) a fluid-like region showing a moderate decrease in viscoelastic properties with temperature (ii) a sol-gel 45 46 transition region involving denaturation, aggregation of protein molecules and association of aggregates to form a gel network; (iii) a plateau region for G' and 47 48 G" and (iv) a reinforcement of the gel network through the regeneration of 49 physical interactions during cooling. This pattern may show a strong dependence 50 on pH and the acid involved. Both effects tend to decrease as the thermal 51 treatment proceeds. Heat treatment also reveals large differences in gel 52 microstructure, depending on pH and on the type of acid used.

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54 Keywords: Egg yolk; Linear viscoelasticity; Thermal gelation; Acid gelation; Gel
55 microstructure

56 **1. Introduction**

Egg yolk is a well-known multifunctional ingredient in many food products (Kiosseoglou, 2003), as well as in some medical, pharmaceutical, and cosmetic applications (Laca, Paredes, Rendueles & Diaz, 2015). The yolk itself may be regarded as an oil in water emulsion, in which different fat particles are suspended in a protein solution known as plasma (Kiosseoglou, 2003; Pisuchpen Chaim-ngoen, Intasanta, Supaphol & Hoven, 2011). Thus, egg yolk is a complex system integrated by lipids (33 wt%), proteins (17 wt%) and water (50 wt%).

64 In rheological terms, egg yolk (containing 45 wt% solids) behaves as a non-65 Newtonian fluid being a slightly shear-thinning material with an apparent viscosity 66 at 1 s⁻¹ around 0.4 Pa·s, a flow index around 0.94 and a surface tension around 67 0.044 N·m⁻¹, at room temperature and native pH (Miranda, Partal, Cordobés, & Guerrero, 2002). Being a protein system, it may turn into a gel with higher 68 69 viscoelastic properties when treated under certain processing conditions, for 70 example by reducing pH. Several protein systems as soy or whey protein have 71 been gelled through a process that involves acidification (Perrechil, Braga & 72 Cunha, 2013; Cavallieri & Cunha, 2008; Ju & Kilara, 1998). The isoelectric point 73 of egg yolk has been reported to be between 5-6 (Navidghasemizad, Temelli & 74 Wu, 2015). Even if most of the research focused on the gelation properties of egg 75 volk is centred on heat-set gels (Raikos, Campbell & Euston, 2007), the lowering 76 of the pH into the isoelectric point through the addition of an acid might possess 77 a potential cold-set gelation effect on egg yolk.

In this study, three different acids, which are generally used in the food industry, have been used: citric acid, hydrochloric acid and phosphoric acid. Citric acid is an organic weak acid with the following values for the dissociation constants (K_a): $K_{a1} = 7.1 \cdot 10^{-4}$; $K_{a2} = 1.7 \cdot 10^{-5}$; $K_{a3} = 4.0 \cdot 10^{-7}$. Citric acid may be

82 found naturally in fruits and vegetables and could be useful as a mild, nutritionally 83 harmless, and water-soluble gelation agent. Its potential as coagulant in protein 84 systems has already been studied by Cao et al., (2017). Phosphoric acid is a 85 weak inorganic acid ($K_{a1} = 7.25 \cdot 10^{-3}$; $K_{a2} = 6.31 \cdot 10^{-8}$; $K_{a3} = 3.98 \cdot 10^{-13}$) which is mainly used in the production of fertilizers. However, phosphoric is after citric acid 86 87 the second most widely used acidulant in the food industry, particularly in cola, 88 root beer and other carbonated soft drinks (Dziezak, 2016). Hydrochloric acid on 89 the other hand is a strong common inorganic acidifier used in many industrial 90 applications, including the production of water, beverages, pharmaceuticals and 91 foods. It should be kept in mind that, according to Kunz (2010), protein gelation 92 will be influenced by the different nature of the negatively charged ions present 93 in those acids (e.g. net charge, molecular size).

94 Previous work has been focused on the gelation properties of several egg 95 volk dispersions through different methods like thermal processing, addition of 96 polysaccharides (e.g. k-carrageenan) at different pH values, or high-pressure 97 treatment (Cordobés, Partal & Guerrero, 2004; Guerrero, Carmona, Martínez, Cordobés & Partal, 2004; Aguilar, Cordobés, Raymundo, & Guerrero, 2017; 98 99 Aquilar et al., 2011; Aquilar, Cordobés, Jerez & Guerrero, 2007; Cordobés et al., 100 2004). The main objective of the present work has been to evaluate the effect of 101 different acids (hydrochloric acid, citric acid, phosphoric acid) on the rheological 102 properties and microstructure of egg yolk over heat-induced protein gelation.

103 **2. Materials and Methods**

104 2.1. Materials

105 Egg Yolk (EY) was obtained from fresh chicken eggs purchased in a local 106 market according to grade A and type L (63-73g) commercial specifications, 107 being discarded all damaged or cracked eggs. In order to minimize variations in 108 the composition of eggs, a particular brand was always purchased checking that 109 they were collected from the same laying hen farm through the identification code 110 marked on their shells. Anhydrous citric acid, Hydrochloric acid and Phosphoric 111 acid (analytical grade) were purchased from Panreac (Spain), Merck (Germany) 112 and Panreac (Spain), respectively, and were used as acidifiers.

113 2.2. Preparation of Egg Yolk dispersions

114 Chicken eggs were broken by hand and then yolk was carefully collected 115 following a method proposed by Harrison & Cunningham (1986), forming parts of 116 the same batch.

117 EY solid content wt% was estimated through drying some aliquots at 118 105±2°C in a temperature-controlled oven at atmospheric pressure for 24 h 119 (Miranda et al., 2002). Native EY was found to contain 50.43±0.8wt% solids.

Native EY pH (close to 6.0) was determined for each sample using a digit 501 pH-meter (Crison, Spain). The initial pH of each aliquote from the sample batch was modified by using the needed amount of the corresponding acid (1 M, 2M, 3M, and 5 M solutions) up to the desired pH value (i.e. 2, 3, 4, 5 or 6), and adding later the amount of demineralised water required to raise a 45 wt% solids content.

126 2.3. Linear viscoelasticity measurements

Small-amplitude oscillatory shear (SAOS) measurements, including either
 stress sweep, frequency sweep, were performed by means of controlled-stress

129 rheometer AR2000 (TA Instruments, USA). A 60 mm hard anodized aluminium 130 plate-plate geometry with 1 mm gap was selected for all measurements. In order 131 to reach temperature and structure equilibrium, all the samples were kept for 20 132 min in the sensor system before running any rheological test. To ensure correct 133 stress control, temperature ramp experiments, performed from 20 to 90 °C, were carried out into three zones using dynamic viscoelasticity monitoring (Cordobés 134 135 et al., 2004) at 1.5°C/min and constant frequency (1 Hz). A shear stress sweep 136 test was previously performed at a frequency of 1 Hz for each region and sample 137 to keep measurements within the linear response regime. Similarly, all the 138 dynamic viscoelasticity frequency sweep measurements (10⁻²-10² rad/s) were 139 carried out within the Linear Viscoelastic Region (LVR).

140 2.4. Microstructure

Cryo-Scanning Electron Microscopy (CSEM) was used in collaboration 141 142 with the Microscopy Service (CITIUS, Universidad de Sevilla), to evaluate the 143 microstructure of egg yolk dispersions and gels samples as a function of pH and 144 the type of acid used. Small pieces of the samples (2-3mm) were frozen in 145 nitrogen slush (-210°C), transferred quickly to the cryo specimen chamber, 146 etched at -90°C for 7 min in order to remove surface ice. Then, samples were 147 gold coated and examined using a ZEISS EVO at -120°C. The microscopy was 148 operated at an acceleration voltage of 8kV with a beam current of 70 pA, a 149 working distance of 6mm, and analyses were carried with ca. 4500× 150 magnification.

151 2.5. Statistical analysis

The statistical analysis of the results obtained was performed by using ttest and one-way analysis of variance (ANOVA, p < 0.05). At least three replicates of each measurement were carried out. Uncertainty for each result was expressed as the standard deviation.

- 156 **3. Result and discussion**
- 157 3.1. Thermal-induced gelation of acidified egg yolk

158 In spite of the strong influence that pH exerts on the complex modulus of 159 egg yolk dispersions before applying heat treatment, a general evolution over the 160 thermal cycle applied can be observed in Figure 1. Four different regions can be distinguished in this figure: (i) The first region is characterised by a decrease in 161 162 viscoelastic properties (represented by the complex modulus) as the temperature is raised at constant heat rate, reflecting a typical increase in mobility induced by 163 164 thermal agitation (Rocha, Teixeira, Hilliou, Sampaio & Gonçalves, 2009; 165 Cordobés et al. 2004). This region comes to an end when a minimum in G* 166 appears. (ii) The second region shows a fast sigmoidal evolution (S-shaped) 167 where a dramatic increase in viscoelastic properties takes place, which can rise 168 up to four orders of magnitudes regardless of the acid used. A rather fast sol-gel 169 transition, takes typically place in this region (Clark, Kavanagh, & Ross-Murphy, 2001; Cordobés et al., 2004). In any case, a crossover point between G' and G", 170 171 which may be observed in the inserts of Figure 1 at the point where tan δ =1, is 172 often found within this region. In addition, a remarkably fast reinforcement of the 173 gel network can be observed. This effect is more apparent near the IEP and can 174 be related to some crosslinking between protein residues. (iii) In the third region, 175 which is roughly coincident with the isothermal stage, a tendency to a plateau

176 value in G* takes place. (iv) A fourth region comes eventually about, coinciding 177 with the cooling stage. The response of gels in this region has been found to be either reinforcement or weakening of the protein network, depending on pH. 178 179 When the pH is not far from the IEP the cooling stage brings about an increase 180 in viscoelastic properties related to the recovery of physical interactions (e.g. 181 hydrogen bonds) that lead to a further reinforcement of the gel network (Romero 182 et al. 2009). It is worth mentioning that near the IEP repulsive electrostatic 183 interactions are so weak that they can hardly oppose the effect of attractive 184 interactions. As a result, heat treatment is particularly efficient for gel 185 development near the IEP. On the other hand, the reduction in linear viscoelastic 186 properties observed upon cooling at low pH may be related to an enhancement 187 of electrostatic repulsions that tend to overcome the effect of hydrophobic 188 interactions, eventually leading to the weakening of the gel network.

189 It is worth mentioning that the above-described general behaviour has 190 been previously explained for globular proteins in terms of a multistage 191 mechanism consisting of thermal induced protein denaturation, followed by 192 aggregation of partially denatured protein molecules and random association of 193 the aggregates formed (Clark et al., 2001). More specifically, this mechanism has 194 been successfully applied to describe heat-induced egg yolk gelation (Aguilar et 195 al. 2017; Cordobés et al. 2004). However, as may be observed in Fig. 1A, 1B and 196 1C, regardless of the type of acid used, a reduction in pH gives always rise to a 197 reduction in the heat-induce overall reinforcement of the gel. This effect may be 198 explained by the fact that protein surfaces exhibit a larger amount of positive 199 charges giving rise to two effects: an increase in initial consistency caused by the 200 increase in electrostatic interactions and the disturbance that those interactions

produce on the development of the gel network. The combination of both effects
is particularly dramatic when pH 2 is achieved using hydrochloric acid (Fig. 1A),
such that the heat treatment leads to an overall weakening, rather than causing
any enhancement, which is in fact the most typical behaviour.

205 Figure 2 shows the evolution of different parameters extracted from 206 temperature ramp tests as a function of pH, for the three acids studied. More 207 specifically, this figure shows the temperature at which the complex modulus 208 reaches a minimum value (T*m) as well as the temperature at which the crossover 209 between G' and G'' (tan δ =1) takes place (T_c). First of all, it has to be taken into account that the effect of the type of acid on T_m^* and particularly on T_c is 210 211 completely different at pH 2 as compared to the rest of pH values. Thus, no 212 crossover point has been observed at pH 2 when using hydrochloric or citric acid 213 (i.e. no values for T_c has been obtained). Once this difference has been 214 established, a statistical analysis has been carried out between pH 3 and 6.

The results obtained from the ANOVA test performed between pH 3 and 6 reveal that T_m^* significantly depend on pH (p<10⁻⁵). On the other hand, the type of acid does not show any significant effect (p>0.4) on this parameter. In other words, the reduction of the pH from the native value of egg yolk yields a significant decrease in the value of T_m^* , regardless of the acid used. This effect may be also observed in Figure 1 since an anticipation of the beginning of the second region takes always place upon decreasing pH.

The reduction in pH also leads to a decrease in the crossover temperature, showing similar values for the three acids used, which is confirmed by the results from the ANOVA tests, where the probabilities for the effect of pH and the type of acid are respectively $p<10^{-4}$ and p>0.3, respectively.

This effect indicates that egg yolk gelation is anticipated by reducing pH. In fact, as mentioned above, the values of T_c at pH 2 are not shown when hydrochloric or citric acids are used since their elastic properties are already predominant prior to heat processing.

These results reflect the relevance of the electrostatic interactions on the rheology of unprocessed dispersions, which also applies to the early heating stage. Therefore, at low pH, at which electrostatic interactions become stronger, both the beginning of region (ii) and the crossover point are anticipated (i.e. taking place at lower T^*_m and T_{c_i} respectively).

Figure 2 also includes the results obtained for a linear least squares regression for each of these two parameters as a function of pH, in the range from pH 3 to 6. Since no significant differences between the type of acid used was observed in this range, both regressions were carried out using the values obtained for the three acids. The linear equations obtained for both parameters were:

- 240 $T_m^* = 9.49 + 9.43 \cdot pH$
- 241

$$T_c = 47.3 + 5.00 \cdot pH$$

The coefficient of determination (R^2) were 0.98 and 0.96, respectively. These results suggest that the effect of pH is so strong that it masks the influence or the type of acid between 6 and 3.

As for the results obtained at pH 2, the type of acid shows a significant effect, where T^{*}_m follows the reverse sequence of the Hofmeister series, as has been reported for protein dispersions when the pH is lower than the IEP (Finet, Skouri-Panet, Casselyn, Bonneté & Tardieu, 2004). Thus, the strongest promotion for aggregation corresponds to hydrochloric acid, followed by citric acid with

250 phosphoric being the acid showing the weakest tendency to promote 251 aggregation.

252 **3.2.** Linear viscoelasticity behaviour of egg yolk gels

253 The mechanical spectra of the gels formed upon application of the abovedescribed thermal cycle to egg yolk dispersions are shown in Figure 3A, 3B and 254 255 3C, as a function of pH for the three acids. All the mechanical spectra correspond 256 to a well-developed gel network, with G' much higher than G" within the 257 experimental frequency window and with both functions showing a moderate 258 frequency dependence. However, it may be also noticed that a decrease in pH 259 from the native value leads to a remarkable decrease in rheological consistency 260 of the egg yolk gel network, irrespectively of the acid used. This effect seems to 261 eventually lead to a weakening of the gel network in the case of the lowest pH 262 using hydrochloric acid (Fig. 3A), at which both viscoelastic moduli show a certain 263 trend to reach a crossover at high frequencies. These results confirm the 264 disturbing effect of electrostatic interactions, driven by a reduction in pH, on the 265 formation of the gel network as discussed in the previous section.

266 3.3. Comparative effect of the type of acid on egg yolk systems

Figure 4 compares the values of some parameters obtained at 1 Hz from the initial value of the temperature ramps (before thermal treatment) and from the thermal-induced egg yolk gels (Fig. 1), as a function of pH for the three acids used. It may be noted that these later values are similar to those obtained from the mechanical spectra of egg yolk gels (Fig. 3)

(1)

The parameters plotted are the complex modulus, G_1^* (Fig. 4A), the loss tangent, tan δ_1 (Fig. 4B) and a strengthening index, I_1^* (Fig. 4C), defined from the complex modulus as follows:

275
$$I_{1}^{*} = \frac{G_{1f}^{*}}{G_{1i}^{*}}$$

where G_{1i}^{*} and G_{1f}^{*} are the values for the complex modulus at 1 Hz and 276 20°C obtained before and after application of the thermal cycle, respectively. A 277 similar definition for this parameter has been previously used (Bengoechea et al. 278 279 2010; Aguilar, Jaramillo, Cordobés & Guerrero, 2010). Figure 4A also shows the values of G_{1c}^* obtained from the temperature ramps carried out at 1 Hz (Fig. 1). It 280 may be noticed that these values are obtained always at tan δ_1 =1 but correspond 281 to different temperatures as may be inferred from the values of T_c shown in Fig. 282 2. The values of G_{1c}^* for the hydrochloric or citric acids at pH 2 are not shown 283 284 since egg yolk already show a gel behaviour under such conditions.

Parameter G_{1i}^* is generally dominated by the viscous component 285 (excepting at pH 2 for hydrochloric and citric acids) and always exhibit a strong 286 287 dependence on pH, being quite different for unprocessed and thermally processed acidified egg yolk systems (Fig. 4A). In the former case, G_{1i}^* yields an 288 apparent increase after a reduction in the pH value. However, the values of G_{1f}^{*} , 289 290 for heat-induced egg yolk gels, which are always dominated by the elastic 291 response, undergo a decrease with a reduction in pH, which may even lead to 292 lower values than those corresponding to unprocessed acidified egg yolk (when 293 hydrochloric or citric acids are used). This divergence in behaviour put forward

294 the different effect of the increase in electrostatic interactions, being positive for 295 the reinforcement of fluid-like structures of unprocessed egg volk, but negative 296 for the formation of the heat-induced gel network. In addition, it is worth mentioning that the effect of the type of acid on G_1^* is quite prominent for 297 298 unprocessed egg yolk, particularly for phosphoric acid at low pH, but rather 299 moderate for egg yolk gels. Moreover, this buffering effect is already noticed in region (ii) since the influence of the type of acid on parameter G_{1c}^* is also 300 moderate. In other words, the profile for the crossover point, which roughly marks 301 302 the thermal induced sol-gel transition, clearly depends on pH but not on the type 303 of acid used, except when HCI or citric acids are used at pH 2 at which EY already 304 exhibits a gel-like behaviour.

Furthermore, as may be observed in Fig. 4B, the effect of the type of acid on tan δ_1 values is again noticeable before heat treatment (particularly at low pH) but is clearly reduced for the heat-induced gels. In addition, the effect of pH on tan δ_{1i} or tan δ_{1f} is moderate excepting at pH 2. At this pH, a dramatic reduction for unprocessed egg yolk can be found when HCl or citric acids are used as the acidulant. As for the heat processed gels, only a reduction in tan δ_{1f} can be observed when hydrochloric acid is used.

The strengthening index also shows a strong dependence on pH, as may be observed in Fig. 4C, where an increase in pH, which involves weaker electrostatic interactions, generally leads to higher values of this parameter. However, in this case the type of acid used also yields remarkable differences, particularly at the lowest pH. Thus, a weakening rather than reinforcement of the protein gel network occurs after the thermal process carried out at pH 2 by using

HCI or citric acids as acidulant (i.e. I_1^* is lower than unity). In contrast, the same thermal cycle, at the same pH, produces a three hundred-fold reinforcement in the gel network by using phosphoric acid.

321 3.4. Microstructure of acidified egg yolk dispersions and gels

322 Figure 5 shows the images of egg yolk samples, before and after heat-323 induced gelation, obtained by Cryo-scanning electron microscopy (Cryo-SEM) at 324 different pH values, achieved with hydrochloric acid. All the images were taken 325 using cryogenically fixed samples with high moisture content (ca. 55%). As may be observed, unprocessed samples (UP-A, UP-B and UP-C) are similar 326 regardless of the pH, showing a random distribution of egg yolk aggregates. 327 328 Image UP-C, which corresponds to frozen native egg yolk, shows some protein 329 aggregates of approximately 300 nm in size (probably corresponding to yolk granules) that seem to be suspended into the plasma. A decrease in pH from 6.0 330 331 to 4.0 seems to give rise to a higher density of clusters. In fact, the increase in positive charges achieved at acidic pH induces electrostatic repulsions that 332 333 results in the disruption of granules (Anton 2007). In addition, protein 334 denaturation may also occur as pH is being reduced, leading to an increase in 335 aggregate size, as well as an enhancement of the protein-aggregate network, 336 particularly when a decrease in pH from 4.0 to 2.0 (UP-B and UP-A) takes place. 337 This enhancement is far more apparent when comparing linear viscoelastic properties as a function of pH at the start-up of thermal processing at 15°C (Fig. 338 339 1A). It is worth bearing in mind that egg yolk samples are liquid dispersions at pH 340 4.0 and 6.0, whereas they show gel behaviour when using hydrochloric acid at 341 pH 2.0 (Guerrero et al. 2004).

342 In any case, heat treatment always produces a dramatic change in the 343 microstructure of native egg volk or acidified volk using hydrochloric acid, which 344 is also reflected on the viscoelastic properties of the gel obtained (Fig. 1A), 345 particularly at pH 4 and 6. It is worth mentioning that the image observed at pH 2 346 (Fig. 5TP-A) is associated to a weaker gel microstructure than those observed at 347 pH 4 (Fig. 5TP-B) and pH 6 (Fig. 5TP-C). The former image (TP-A) seems to 348 correspond to a particulate gel network (i.e. formed by association between 1-3 349 m protein particles). At the other end, image TP-C shows how small protein 350 aggregates self-assemble into a three-dimensional network, also incorporating 351 some protein particles. Image TP-B reflects an intermediate microstructure 352 between the two systems, alternating zones with protein particles and self-353 assembling aggregates.

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Figure 6 shows Cryo-SEM images of unprocessed egg yolk dispersions 355 356 and heat-processed gels at pH 4 using different acids. Images for unprocessed 357 samples suggest that a change in the acid type form hydrochloric to citric leads to an increase in the size of aggregates, but also to a wider distribution of sizes. 358 359 Similarly, a change from citric to phosphoric acid gives rise to a further increase 360 in aggregate size and to a wider aggregate size distribution. This evolution may 361 be related to the decrease in the complex modulus at the start-up (15°C) of 362 thermal processing observed in Fig. 1a, 1b and 1c. In any case, the 363 microstructure of the three unprocessed samples does not differ to a large extent 364 from each other, thus explaining why they show similar fluid-like behaviour (data 365 not shown).

366 However, it is worth mentioning that thermal processing may induce large 367 differences on microstructure depending on the type of acid used. Thus, thermal

368 processing induces a dramatic change in microstructure when hydrochloric acid 369 was used. However, cryo-SEM images only reflect moderate microstructural 370 changes when citric or phosphoric acid was used. Hence, it seems that citric or 371 phosphoric anions (being larger than hydrochloric anion) interfere on the growth 372 of aggregates, preventing formation of large protein particles. In this way, the 373 protein network formed is guite different from that obtained in hydrochloric 374 medium. In the former case, the protein network has been described above in 375 terms of a combination of protein particles and self-assembling aggregates. The 376 later protein gel networks rather consist of a three-dimensional association of 377 clusters (average size about 300 nm). A disruption of Low Density Lipoproteins 378 and a subsequent rearrangement into clusters of this size has been reported to 379 be a consequence of heat treatment (Anton, Martinet, Dalgalarrondo, Beaumal, 380 David-Brian, Rabesona, 2003). It may be noted that a few particles (about 2 µm 381 in size) may be also formed during heat processing.

It is also worth pointing out that in spite of the difference found in microstructure, the viscoelastic properties of the final gels are rather independent on the type of acid used. This similarity may be expected when using citric or phosphoric acids, but is quite striking for hydrochloric acid, taking into account the dramatic different found in the morphology of the gel.

387 4. Concluding remarks

388 From the results obtained in this study it is apparent that pH exerts a strong 389 influence on the linear viscoelastic properties of egg yolk. However, the evolution 390 of these LVE properties upon heating can be generally described by a similar 391 pattern. Thus, heat processing generally yields an initial moderate decrease in 392 the VLE moduli, driven by thermal agitation, which is followed by a dramatic

increase that reflects a remarkable strengthening of the protein gel network. The
subsequent isothermal region gives rise to a plateau value for each pH, whereas
the cooling stage may lead to either a reinforcement or a weakening of the gel
network, depending on pH.

397 Heat processing is particularly efficient for gel development when 398 electrostatic interactions are weak (i.e. near the IEP) such that hydrophobic 399 interactions are predominant. As pH is reduced from the IEP, electrostatic 400 interactions among positively charged protein surfaces become progressively more relevant, leading to an apparent increase in the linear viscoelastic 401 402 properties of egg yolk which may be even dramatic, depending on pH and the 403 acid anion used. At the isothermal stage the sequence of the complex modulus 404 is reverted, leading to a decrease as pH of egg yolk is reduced from its native 405 value (i.e. near the IEP), which may be associated to the disturbing effect exerted 406 by electrostatic repulsions on protein gelation. The cooling stage typically brings 407 about an enhancement of linear VLE properties, related to the recovery of 408 physical interactions (e.g. hydrogen bonds), which is clear near the IEP. 409 However, this effect is counterbalanced and even reverted at low pH, when 410 electrostatic repulsions are dominant. This being the case at pH 2 achieved with 411 hydrochloric or citric acids, heat processing seems to impair the acidic-induced 412 egg yolk gel network.

Heat processing may also induce large differences on microstructure, particularly when hydrochloric acid is used to reduce pH. However, such differences are not apparently reflected on the linear VLE properties of the final egg yolk gels.

In summary, the type of acid used exerts a remarkable influence on the viscoelastic properties of egg yolk at room temperature. This influence is still apparent at the first stages of thermal gelation of egg yolk but progressively tends to decrease as the thermal treatment proceeds.

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498 **Figures captions**

Figure 1. Evolution of the linear viscoelastic complex modulus over heat-induced gelation of egg yolk at different pH values using different acids: **(A)** Hydrochloric acid; **(B)** Citric acid; **(C)** Phosphoric acid. The line represents the thermal cycle applied. The inserts plot the values of $\tan \delta$ as a function of temperature obtained in the heating part of the cycle (between 50 and 90°C). The point at which $\tan \delta$ equals unity corresponds to the crossover point (T_c).

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Figure 2. Influence of pH and the type of acid (hydrochloric, citric and phosphoric) on the temperature at the minimum complex modulus (T_m^*) and at the crossover point (T_c) obtained from temperature ramp tests. The lines correspond to a linear regression obtained by fitting the values of T_m^* and T_c for the three acids, between pH 3 and 6.

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Figure 3. Linear viscoelastic moduli of thermally processed egg yolk gels at 20°C,
as a function of frequency and pH using different acids: (A) Hydrochloric acid; (B)
Citric acid; (C) Phosphoric acid.

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Figure 4. Linear viscoelastic parameters obtained over thermal processing of egg yolk systems at 1 Hz, as a function of pH using different acids: **(A)** G_1^* before, G_{1i}^* , and after heat treatment, G_{1f}^* , at 20°C, as well as the thermal-induced crossover point, G_{1c}^* ; **(B)** tan δ_1 before, tan δ_{1i} , and after heat treatment, tan δ_{1f} , at 20°C; **(C)** thermal-induced strengthening index, I_1^* .

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Figure 5. CryoSEM images of unprocessed (UP) and thermally processed (TP)
egg yolk systems at different pH values, using hydrochloric acid: (A) pH 2; (B)
pH 4; (C) pH 6.

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Figure 6. Cryo-SEM images of unprocessed EY dispersions (UP) and thermallyprocessed (TP) EY gels at pH 4, using different acids: (A) hydrochloric acid; (B)
Citric acid; (C) Phosphoric acid.

[Highlights]

- Egg yolk dispersions may form a strong gel at pH 2 depending on the type of acid
- The thermal gelation process is highly dependent on pH and the type of acid used
- Viscoelastic moduli are strongly affected by pH and acid type before heat processing
- The effect of pH or acid type tends to decrease as the thermal treatment proceeds
- The heat cycle at pH 2 with hydrochloric or citric acid slightly impairs gel strength

