

1 **Endozoochory of the same community of plants lacking fleshy**
2 **fruits by storks and gulls**

3 short running title: seed dispersal by waterbirds

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26 **Abstract**

27 Aims and methods: research into the dispersal of plants lacking a fleshy fruit by avian
28 endozoochory remains limited, particularly the different roles of specific vectors in the same
29 habitat. We compared plants dispersed by endozoochory between two migratory waterbirds
30 differing in body size: the lesser black-backed gull *Larus fuscus*, and the white stork *Ciconia*
31 *ciconia*. We collected faeces and pellets from roosting flocks on dykes in ricefields in
32 Doñana, SW Spain, and extracted intact seeds.

33 Results: We recovered 424 intact seeds from excreta, representing 21 plant taxa, 11 of which
34 germinated under laboratory conditions. Eight plant species are considered weeds, four of
35 them as alien species, and only two have a fleshy fruit. Seed abundance and species richness
36 per sample did not differ between storks and gulls. Toadrush *Juncus bufonius* was the
37 dominant species, accounting for 49% of seeds recovered. Permanova and *mvabund* analyses
38 revealed no differences in the proportions of each plant species dispersed by the two vectors,
39 and seasonal variation in abundance was absent. Overall, germinability was 19 %, and
40 declined with increasing delay between sample collection and processing. Transects along
41 dykes identified 52 plant taxa, only 18 of which were recorded in excreta.

42 Conclusions: overlap in the communities of non-fleshy fruited plants dispersed by two
43 unrelated birds of different size suggests that waterbird-plant dispersal networks are different
44 from frugivore-plant networks. Unlike for frugivores, decoupling between seed production
45 and ingestion reduces seasonal variation in endozoochory rates. For *J. bufonius* and other
46 plants, these avian vectors provide maximum dispersal distances several orders of magnitude
47 greater than predicted from their dispersal syndromes. Endozoochory by migratory
48 waterbirds has major implications for plant distributions in a rapidly changing world, and
49 more research is required before we can predict which plants disperse regularly via this
50 mechanism.

51 **Key words: dispersal syndromes, weeds, *Larus fuscus*, *Ciconia ciconia*, *Juncus bufonius*, seeds,**
52 **pellets, faeces, ricefields.**

53

54

55 **Introduction**

56

57 Dispersal is a crucial determinant of plant distribution, demography and genetic structure
58 (Vekemans and Hardy 2004; Caughlin et al., 2014), and therefore of plant responses to
59 environmental perturbations, including anthropogenic land use change and climate change
60 (Thuiller et al., 2008; Corlett and Westcott, 2013; Tamme et al., 2014). Moreover, dispersal
61 ecology is central to the spread and potential control of alien plants and weeds (Gosper et al.,
62 2005).

63 There are still knowledge gaps in our understanding of plant dispersal, including a need for a
64 better characterization of dispersal vectors (Bullock et al., 2017). Many studies have relied on
65 the classifications of plant species into syndromes based on seed morphology to make
66 predictions about vectors, and about dispersal distance (Thomson et al., 2010; Tamme et al.,
67 2014). Animal vectors generally provide the longest dispersal distances for angiosperms
68 (Bullock et al., 2017), yet dispersal syndromes assume that only plants with a fleshy fruit are
69 dispersed by endozoochory (i.e. gut passage). However, repeated empirical studies have
70 shown that this assumption is invalid (Costea et al., 2019; van Leeuwen et al., 2020).

71 Migratory waterbirds act as dispersal vectors for a broad variety of angiosperms (Green et al.,
72 2016; Costea et al., 2019). In Europe, hundreds of non-fleshy fruited angiosperm species
73 previously assigned to other syndromes have now been shown to be dispersed regularly by
74 ducks and shorebirds via endozoochory (Soons et al., 2016; Lovas-Kiss et al., 2018a, 2019).
75 Nevertheless, only a handful of detailed studies of waterbird endozoochory exist, compared
76 to an extensive literature of plant dispersal by frugivorous birds (Wenny et al., 2016).

77 Consequently, basic questions remain unanswered, such as to whether there are specialised
78 dispersal relationships between specific waterbird and plant species, or how the considerable

79 range of body size and morphology amongst waterbird groups influences plant dispersal. It is
80 well established that larger frugivores disperse plants with larger fruits (Jordano, 1995;
81 Falcón et al., 2020) and that different bird species have different roles in plant-frugivore
82 interactions (Tsunamoto et al., 2020). In contrast, for non-fleshy fruited plants at a global
83 scale, larger animals tend to ingest smaller seeds, and a higher number of plant species (Chen
84 and Moles, 2015).

85 Over the past century, the extent of natural wetlands across the globe has been greatly
86 reduced, whereas that of artificial environments such as ricefields has greatly increased
87 (Davidson et al., 2018). Many waterbird species have shifted their habitat use and movement
88 patterns to take advantage of agricultural environments such as ricefields, which are now
89 important for waterbirds across the world (Rendón et al., 2008; Toral and Figuerola, 2010;
90 Sesser et al., 2018). During the harvest period, food availability peaks and ricefields can
91 support high numbers and diversity of waterbirds (Toral et al., 2011; Rendón et al., 2008;
92 Sesser et al., 2018), which can disperse plants from the seed bank (Powers et al., 1978),
93 which is particularly diverse for weeds (Chauhan et al., 2010). Within ricefields, it is
94 therefore possible to investigate the essential differences in seed dispersal between different
95 plant vectors feeding in the same habitat.

96 Studies regarding the role of waterbirds as plant vectors within ricefields are scarce (Powers
97 et al., 1978; Brochet et al., 2010). Waterbirds feed on the alien red swamp crayfish
98 (*Procambarus clarkii*) in Iberian ricefields, and there is evidence for secondary dispersal of
99 seeds carried on the outside of the crayfish by lesser black-backed gulls (*Larus fuscus*)
100 (Lovas-Kiss et al., 2018b). The white stork (*Ciconia ciconia*) is a much larger waterbird also
101 known to feed on crayfish within ricefields (Tablado et al., 2010), but its role in
102 endozoochory is unknown. Both these species are benefitting from the expansion of artificial

103 habitats, and can show high functional connectivity between different habitat types (Bécares
104 et al., 2019; Martín-Vélez et al., 2020), increasing their potential as plant vectors.

105 In this study, we compared endozoochory by these two omnivorous waterbirds in ricefields.
106 We identified and quantified intact seeds through faecal and pellet analyses, and evaluated
107 their germinability. Our specific objectives were: (1) To establish how plant dispersal
108 interactions differ between these two different birds, and determine the roles of diet and
109 seasonal variation. (2) To evaluate the traits and life history strategies of the plants dispersed,
110 including whether they were alien species or agricultural weeds. (3) To compare the plant
111 species dispersed by these birds with the vegetation where seeds are egested, by carrying out
112 transects along ricefield borders, and comparing traits between plants recorded and those
113 dispersed.

114

115 **Material and methods**

116 *Study area and study species*

117 The ricefields of the Guadalquivir delta (37° 7' 50" -6° 9' 54", SW Spain, Fig. 1), flooded
118 from May to January, are the largest ricefield complex (37 000 ha) in Spain and an important
119 part of the Doñana wetland complex (Green et al, 2018). These ricefields support a diverse
120 avifauna (Rendón et al. 2008; Toral and Figuerola, 2010). We selected two model bird
121 species owing to their high abundance, major difference in morphology, and the ease with
122 which their excreta could be collected.

123 The lesser black-backed gull (LBBG) is a wintering migratory waterbird breeding in North
124 Europe (Baert et al., 2018). LBBG typically arrive in SW Spain in September and migrate
125 back to their breeding grounds in March (Klaassen et al., 2012; Rendón et al. 2008). The
126 white stork breeds from Northern Europe to West Africa with major differences in migration

127 patterns between populations, and the Doñana ricefields hold a mixture of residents and
128 winter migrants (Bécares et al., 2019; Flack et al., 2016). Both species have increased across
129 Europe and in the study area in recent decades (Ramo et al., 2013; Rendón et al., 2008;
130 Wetlands International, 2020). The increases in numbers are related with increased food
131 availability, largely from landfills and ricefields (Martín-Vélez et al., 2020; Massemin-
132 Challet et al., 2006; Ramo et al., 2013). Over 10 000 LBBG and over 1000 white storks were
133 present in the Doñana ricefields during our study. Mean body mass is 762 g for LBBG and
134 3345 g for white stork (Wilman et al., 2014).

135

136 *Excreta collection*

137 A total of 463 excreta samples were collected in 36 different locations around the ricefields to
138 the north-east of Doñana National park (Fig. 1). 183 samples (136 faeces and 47 regurgitated
139 pellets) were collected from white stork and 280 (183 faeces and 97 pellets) from LBBG
140 during two consecutive winters: (1) November 2016 and (2) September, October and
141 November 2017 (Table 1). Fresh faeces and pellets were collected from dykes that serve as
142 field borders and public access routes, where monospecific flocks were resting after feeding
143 in the fields (no feeding was observed on dykes). Samples were taken from points separated
144 by at least one-meter to ensure they were from different individuals. To avoid contamination,
145 we removed the surface in contact with the soil with a knife before storing the samples in
146 separate zip bags. We preserved the samples in the fridge at 4°C until analysis. Average
147 storage time was 35 days (range 4 to 80).

148 *Description of local flora along the dykes*

149 Twenty vegetation transects were selected opportunistically to determine the most
150 representative flora of the dykes in the ricefield complex (Fig. 1). Ten transects were carried

151 out during February 2017 and ten during September-October 2017 in order to account for
152 seasonal differences. We identified all taxa present in the transects along 100 meters in a
153 straight line along the dykes, including moist soil and aquatic plants along the ricefield
154 borders. We did not sample vegetation within the ricefields, where gulls and storks were
155 feeding, because we were unable to get permission to do so.

156 *Sample processing*

157 The fresh mass of pellet and faecal samples was first measured on a balance (Sartorius
158 MSE225P). Diet composition based on the main food items present was categorized as (1)
159 crayfish based (2) rice based or (3) mixed (presence of both rice and crayfish). Samples were
160 then sieved (100 µm mesh) and inspected under a stereomicroscope in Petri dishes. Plant
161 diaspores (seeds and oogonia; “seeds” from hereon) were then retrieved, counted,
162 photographed and measured (with ZEN 2-2.0 software). We identified them to the lowest
163 taxonomic level by comparing the shape, size and seed coat pattern with available literature
164 (Benedí and Orell, 1992; Bojnanský and Fargašová, 2007; Cappers et al., 2012; Castroviejo,
165 1998). When it was not possible to assign a morphotype to species level with certainty, genus
166 or family level was reported. We did not include rice grains (*Oryza sativa*) as seeds dispersed
167 because they were unlikely to be viable (Cummings et al., 2008). Immediately after retrieval,
168 intact seeds were placed in Petri dishes that contained bacteriological agar, and placed in
169 germination chambers with 12/12 photoperiod and 22°C/18°C temperature conditions.
170 Germination tests lasted for three months and seeds were checked every day for germination.
171 Once germinated, seeds were counted and removed from the Petri dish. Seeds infected with
172 fungi were also removed and considered not-germinated.

173

174 *Statistical analyses*

175 To evaluate the sampling effect on taxa richness within the samples, we carried out
176 rarefaction analyses for each study species and sample type (Sanders, 1968), using the R
177 package *iNEXT* for rarefaction analyses (Hsieh et al., 2016). We applied non-metric
178 multidimensional scaling (NMDS) and Permanova analyses (applying Bray-Curtis for
179 distance matrices) to identify differences in community composition between samples
180 through the *metaNMDS* and *adonis* functions in *vegan* R package (Oksanen et al., 2010).

181 Abundance and richness (per sample) of seeds were compared between sample types (faeces
182 or pellets), species (LBBG or white stork), period (November 2016, September 2017,
183 October 2017 and November 2017) and diet (crayfish based, rice based or mixed) as fixed
184 factors, using sample weight as a continuous variable and sampling location as a random
185 factor. We used Generalized Mixed Models (GLMM) with negative binomial error
186 distribution and log link function under the *glmmTMB* package (Magnusson et al., 2017) to
187 account for the many samples with zero values, and overdispersion. For the dominant species
188 *Juncus bufonius*, we carried out similar GLMM analyses for abundance, but results were the
189 same as for total seed abundance (details not shown). For *J. bufonius*, we also tested the
190 effect of bird species, sample type, diet, period and storage time on germinability (binomial
191 model) and time (days) until germination (linear model) with the package *lme4* (Bates et al.,
192 2014).

193 We carried out multivariate negative binomial tests for abundance of the remaining taxa,
194 which was much lower than for *J. bufonius*. These tests included the variables species,
195 sample type, period and diet and were performed with the *manyglm* function in *mvabund*
196 package (Wang et al., 2012). All analyses were performed with R (v3.3.4 R Core Team,
197 2018).

198 We calculated the Jaccard Index (JI) to compare similarities in species composition between
199 excreta samples and vegetation transects (details in Appendix 1 from supplementary
200 material). We assigned to each taxon found in excreta and/or transects a mean seed weight
201 (from LEDA traitbase; Kleyer et al., 2008), a dispersal syndrome (from *baseflor*, Julve, 1998)
202 and an Ellenberg F value (Julve, 1998; Hill et al., 1999). F indicates plant soil moisture
203 preference, and varies from one to 12 (e.g. a value of one indicates extremely dry soils,
204 whereas 9 indicates wet soils). Finally, to evaluate potential determinants of relative
205 abundance of different taxa within excreta, we tested if abundance was related to seed length
206 or mass (through correlations) and dispersal syndrome (via a kruskal-wallis test, with dunn
207 test for posthoc; *dunn.test R package*, Dinno and Dinno, 2017), or related to the frequency of
208 plants along dykes by correlating with % occurrence within transects.

209

210 **Results**

211 *Mass and general content of bird excreta*

212 On average, excreta samples from storks were heavier than those from gulls (Table 1). These
213 differences were significant for faeces ($U= 15015, p = 0.002$), but not for pellets ($U= 2145, p$
214 $= 0.568$).

215 Crayfish remains were recorded in 79% of stork and 70% of gull pellets, compared to 93% of
216 stork and 78% of gull faecal samples. Rice grains were the next most prevalent food item,
217 and were often combined with crayfish remains. Rice was present in 28% of stork and 43%
218 of gull pellets, compared to 24% of stork and 28% of gull faecal samples.

219 *Plant seeds recovered from bird excreta*

220 Overall, 35% (165 of 464) of excreta samples contained at least one intact seed, and 424
221 intact seeds from 21 different plant taxa were recorded (Table 2). These included a range of
222 terrestrial, moist soil, and aquatic species, assigned to six different dispersal syndromes and
223 11 Ellenberg moisture categories (Table S1 from Appendix 2, Fig. 2). Eight (38%) of these
224 21 taxa are agricultural weeds, and four (18%) are alien species in Spain (Table 2).

225 More specifically, 59% of stork pellets and 45% of stork faeces contained at least one intact
226 seed, compared to 23% of gull pellets and 29% of faeces (Table 2). Nineteen taxa were
227 recorded in stork samples and only 12 in gulls, with ten taxa (48% of the total) recorded in
228 both vector species, nine only in storks and two only in gulls (Table 2). The plant community
229 dispersed did not differ significantly between vector species for either pellets (Permanova;
230 $F_{21} = 1.18$; $p = 0.310$) or faeces (Permanova; $F_{21} = 0.83$, $p = 0.405$) (Table 2, Fig. 3). *Juncus*
231 *bufonius* was the most abundant taxon in all sample types, representing 49% of all intact
232 seeds (Table 2). Mean seed length per taxon ranged from 0.4 mm (*Juncus subnodulosus*) to
233 1.85 mm (*Solanum nigrum*). Mean seed length per sample did not vary significantly between
234 bird species ($U = 3239$, $p = 0.819$) or sample type ($U = 2631$, $p = 0.826$). Mean seed mass
235 and mean length for a given taxon were significantly correlated ($n = 14$, $r_s = 0.79$; $p < 0.001$).

236 Total abundance of seeds of a given taxon within all excreta samples was significantly
237 correlated with mean mass ($n=14$, $r_s = -0.73$, $p = 0.003$) but not mean length ($n = 21$, $r_s = -$
238 0.26 , $p = 0.253$). There were significant differences in the number of seeds from each
239 dispersal syndrome in a given sample ($H = 350.22$, $df = 5_{463}$, $p < 0.001$). This was due to
240 significantly greater abundance for epizoochory (to which *J. bufonius* was assigned) than for
241 other syndromes (Fig. 2).

242 Mixed models showed that bird species, sample type and sample mass all had significant
243 partial effects on the total abundance of seeds in samples, as well as on the species richness
244 (Table 3). Neither abundance nor species richness were significantly influenced by sampling

245 period or the relative content of rice and crayfish in samples (Table 3). Gulls and pellets had
246 significantly fewer seeds and fewer plant taxa per gram of excreta than storks and faeces,
247 respectively (Table 3). When sample mass was removed as a predictor from the models, there
248 was no longer a significant difference in the number of seeds ($\chi^2 = 0.085$, $p = 0.77$) or taxa
249 ($\chi^2 = 0.254$, $p = 0.61$) between pellets and faecal samples. However, storks still had
250 significantly more seeds and plant taxa per sample than gulls ($\chi^2 = 19.6$, $\chi^2 = 20.9$,
251 respectively; $p < 0.001$).

252 Rarefaction curves revealed steeper slopes for species richness against sample size for storks
253 than for gulls, particularly for pellets, suggesting that stork pellets contained a higher
254 diversity of seeds (Figure 4). Nevertheless, seed composition analyses with *mvabund* showed
255 that no plant species was significantly associated with one vector, nor with faeces or pellets
256 (Table S2, Appendix 3). The only significant effects were seasonal, the probability of finding
257 *Ranunculus sceleratus* and *Cyperus difformis* seeds being particularly high in November
258 2017 (Table S2, Appendix 3).

259

260 *Germinability of diaspores from excreta*

261 Overall, germination was recorded for 11 (52%) of taxa, with an overall germination rate of
262 18.9 % (Table 4). For the dominant *Juncus bufonius* 19.5% of seeds germinated, and
263 germinability was significantly affected both by sampling period and the time that excreta
264 samples were stored in the refrigerator before processing (Table 5). Germinability was
265 significantly lower in October 2017 than in November 2016 (Post-hoc test, $Z = -2.076$, $p =$
266 0.038). The time taken for *J. bufonius* to germinate was also significantly affected by
267 sampling period (Table 5). Germination time was significantly longer in September 2017
268 than in November 2016 ($Z = 2.436$, $p = 0.022$).

269

270 *Relationship with vegetation along dykes*

271 A total of 52 plant taxa were recorded in 20 vegetation transects (Table S2, Appendix 3).

272 Overall, 13 species of these taxa (26%) were recorded in excreta (Table 2). Jaccard Index

273 values showed limited similarity between species recorded in transects and excreta (0.19 for

274 LBBG and 0.25 for storks). *Juncus bufonius* and *Conyza canadensis* were the taxa recorded

275 most often within transects, and the latter was absent from excreta (Table S2, Appendix 3).

276 Five species present in excreta were not detected in dyke transects (Table 2 and Table S2,

277 Appendix 3), including *Cyperus difformis*, a tall weed abundant within rice stands. There was

278 no correlation between total abundance of seeds per taxon in excreta samples and its

279 frequency of occurrence within transects ($N = 48$, $r_s = -0.15$, $p = 0.298$). Neither was there any

280 difference in seed mass between taxa unique to transects, unique to excreta, or found in both

281 ($H = 4.95$, $df = 2$, $p = 0.08$).

282 Comparisons of syndromes between seeds in excreta and plants in transects (Fig. 2) show that

283 epizoochory syndrome is overrepresented in excreta (representing 68 % of seeds), due to the

284 dominance of *J. bufonius*. In contrast, the barochory syndrome (4% of seeds) is

285 underrepresented in excreta, and only 9% of seeds had an endozoochory syndrome.

286 Comparing Ellenberg moisture values between excreta and transects (Fig. 2) suggests that 7

287 (moist soils) is overrepresented in excreta, again due to the dominance of *J. bufonius*.

288 Transects are dominated by dry soil plants with an Ellenberg value of 2 to 6 (77% of all plant

289 records), uncommon values in excreta (19.5% of all seeds).

290

291 **Discussion**

292 We studied the plant taxa dispersed by a gull and a stork species through endozoochory in an
293 agricultural landscape during three months of the migration and overwintering period. The
294 seeds quantified were dispersed from feeding sites within ricefields to dykes where birds
295 roosted. Most seeds dispersed lacked the fleshy fruit classically linked to avian
296 endozoochory. Our findings add to growing evidence that endozoochory of non-fleshy fruited
297 plants (“non-classical endozoochory”; Costea et al., 2019) by migratory birds is a widespread
298 ecological process, which is highly important due to its provision of longer dispersal
299 distances than abiotic mechanisms (Viana et al., 2016, Kleyheeg et al., 2019). Our results for
300 storks extend the list of waterbird groups shown to be important vectors for endozoochory,
301 adding to shorebirds, Anatidae and others (Green et al., 2016). The consistency between our
302 results and those for gulls in previous studies (Lovas-Kiss et al., 2018b; Calvino-Cancela,
303 2011) illustrates how “non-classical endozoochory” can be a predictable process comparable
304 to endozoochory by frugivores (e.g. dominance of *J. bufonius* among seeds dispersed in
305 ricefields).

306 On the other hand, we recorded seed dispersal of eight species not previously recorded in
307 gulls or storks, including three alien species *Amaranthus albus*, *Bergia capensis*, and
308 *Sorghum halepense*. Many of these new taxa were recorded in small numbers, and their
309 detection was subject to sampling error, as illustrated by rarefaction (Fig. 4). Therefore, the
310 apparent differences we recorded in the species dispersed by each vector may be purely a
311 result of sampling error, and the number of plant taxa dispersed by the stork and gull
312 populations may be much higher than that detected. We confirmed that 52% of the plant taxa
313 found can germinate after gut passage, an underestimate given the small sample size ($N \leq 3$)
314 of the angiosperm species that failed to germinate (Table 4, *Ranunculus sceleratus* was an
315 exception).

316 Lovas-Kiss et al. (2018b) found evidence that seeds dispersed by LBBG within ricefields
317 were ingested involuntarily when feeding on crayfish, which have small seeds stuck on the
318 outside. Given the small size of the seeds we recorded and the negative correlation between
319 abundance and seed mass, it seems unlikely that gulls or storks would be actively foraging on
320 them. However, diet content (rice versus crayfish) did not influence the abundance and
321 richness of seeds in our samples, suggesting that birds also ingest seeds when feeding on rice
322 within the mud of harvested fields. The *Solanum* spp. we recorded are likely to be an
323 exception, as these plants grow along the dykes and have berries that may be ingested
324 actively, especially by gulls (Calvino-Cancela, 2011).

325 Egestion via faeces represents the main form of endozoochory in our study system. Storks
326 produce four times more faeces than pellets in dry mass per day (Kwieciński et al., 2006).
327 Faeces are also egested in a greater diversity of microhabitats, including feeding sites as well
328 as during flight, whereas pellets may only be egested in roosting sites.

329 *Differences between storks and gulls as vectors*

330 Plant community analyses did not detect overall differences between the two bird species.
331 This suggests a high degree of functional redundancy in their role as vectors, although there
332 are differences in their movement and migration patterns (e.g. storks breed in SW Spain). In
333 our case, avian body mass was not a trait determining dispersal interactions, in contrast to
334 frugivore studies (Costa-Pereira et al., 2018; Chen and Moles, 2015; see also Sebastián-
335 González et al., 2020). Storks weigh four times more than gulls and have a much wider gape,
336 yet we found no difference in the size of seeds dispersed. Mean seed length of the plant taxa
337 dispersed was 0.86 mm (\pm 0.08 S.E., range = 0.4-1.85 mm), showing a strong representation
338 of small seeds. Taxa with relatively smaller and relatively harder seeds have higher survival
339 during avian gut passage (Reynolds and Cumming, 2016; Lovas-Kiss et al., 2020). Although

340 harder and/or large food items (including large seeds) are more likely to be egested in pellets
341 than in faeces (Sánchez et al., 2005; Lovas-Kiss et al. 2019), we found no difference in seed
342 size between these two forms of excreta, presumably owing to the generally small and similar
343 size of all seeds.

344 Per individual, the larger storks ingest more, egest more, and disperse more seeds a day than
345 gulls. However, LBBGs are about ten times more abundant than white storks within the
346 ricefields (Rendón et al., 2008). Bearing in mind the peak numbers of gulls and storks
347 counted (Estación Biologica de Doñana monitoring data), and estimates for daily production
348 of excreta (Martín-Vélez et al., 2019), in the order of 10^5 intact seeds per day are dispersed
349 within the ricefield complex (including both fields and dykes) by these two bird species alone
350 at peak periods. In the case of LBBG, about 8% of seeds are dispersed beyond the ricefield
351 complex into other habitats over distances of up to 150 km (Martín-Velez 2021).

352 The lack of difference between storks and gulls in plants dispersed suggests that other birds
353 of an intermediate size (e.g., herons, egrets, glossy ibis, other gulls) that are abundant in
354 ricefields and feed in a similar manner on crayfish (Tablado et al., 2010) may be vectors for
355 the same plant species. On the other hand, other birds such as ducks, shorebirds and greater
356 flamingos have different feeding strategies, and may disperse plants represented in ricefield
357 seed banks in different proportions.

358

359 *Comparison between seeds dispersed and vegetation transects*

360 Endozoochory by storks or gulls was only recorded for 26% of plant taxa from transects
361 along dykes. Most of the plant taxa in excreta have high water requirements (Fig. 2) and
362 occur within rice stands, but not along the dykes. Vegetation transects were conducted along

363 the dyke habitats where birds roosted, and thus recorded plants with low moisture
364 requirements (e.g. *C. canadensis*, absent from excreta) on the top of dykes (Fig. 2) and
365 generalist plants occurring at field edges. However, 73% of seeds from excreta were from
366 taxa recorded in transects, therefore seeds dispersed to dykes by birds may become
367 established. Some species recorded in excreta have low moisture requirements yet were not
368 recorded in dyke transects (Table S1, Appendix 2), possibly because they grow in ricefields
369 in their dry phase before they are flooded sometime in May. The vegetation growing in fields
370 during this period, and the composition of the seedbank, should be studied in future to clarify
371 which plant species are preferentially dispersed by waterbirds.

372

373 *Seasonality*

374 Different management practices (e.g. harvesting, tilling) may change the availability of
375 different species in the seed bank and of food resources for birds in ricefields (Toral et al.,
376 2011; Li et al., 2012; Chauhan et al., 2006), but we recorded no variation in the species
377 richness and abundance of seeds dispersed by birds over a three month period. The only
378 seasonal effects were for *Ranunculus sceleratus* and *Cyperus difformis*, which showed less
379 abundance in September and October respectively. Both species grow within the rice stands,
380 and perhaps their seed dispersal may be favoured by tilling practices in November. Since
381 storks and gulls are generally dispersing seeds after they have left the mother plant and have
382 entered the seed bank, this decoupling between seed maturity and endozoochory means that
383 differences in phenology between plant species dispersed do not readily translate into
384 differences in the timing of dispersal. Similarly, Brochet et al., (2010) found no seasonal
385 changes in the frequency of endozoochory in teal *Anas crecca* wintering in the Camargue and
386 feeding partly in ricefields. In contrast, frugivorous birds can show major temporal

387 differences in the proportions of different plants dispersed (Carnicer et al., 2009; Vázquez et
388 al., 2009).

389 Possibly, much greater variation between months and bird species in plants dispersed would
390 be recorded if excreta were sampled within natural wetlands. Ricefields are more predictable
391 in their flooding patterns and food resources than natural wetlands in Doñana, and there are
392 important differences in the bird communities they hold (Rendón et al., 2008). Likewise,
393 storks resident in Doñana are likely to disperse different plants in different parts of the annual
394 cycle, when they mainly feed in other habitats (Ramo et al., 2013).

395

396 *Importance of endozoochory for long-distance dispersal*

397 Storks, gulls and other birds in ricefields regularly move into natural wetlands as well as into
398 different agricultural habitats, facilitating the dispersal of alien species, weeds and other
399 plants between habitats (Bécares et al., 2019; Ramo et al., 2013; Martín-Vélez et al., 2020).
400 The plant species dispersed in our study are found in many other natural and anthropogenic
401 habitats apart from ricefields. For example, *J. bufonius* occurs in various terrestrial habitats
402 such as grasslands (Milotic and Hoffmann, 2016), is a new arrival in Antarctica (Cuba-Diaz et
403 al., 2013), and may provide an interesting model for the study of how zoochory influences
404 genetic patterns at different spatial scales. Many of the plants we recorded in excreta samples
405 are agricultural weeds, some of which have herbicide resistant populations (Table 2), and
406 waterbirds may facilitate their effective dispersal to other habitats beyond ricefields (Farmer
407 et al., 2017; Martín-Vélez, 2021). Interestingly, five species dispersed in our study were
408 previously reported in Polish agricultural landscapes during seed dispersal by storks into their
409 nests (Table 4, the mechanism could be transfer in the beak as nest material, or via excreta) in
410 a region lacking ricefields. This suggests there is a class of non-fleshy fruited plants (e.g. *J.*

411 *bufonius*, *Amaranthus retroflexus*), with an extreme ability to disperse via birds, which is
412 worthy of future research.

413 Tamme et al. (2014) considered *J. bufonius*, *R. sceleratus* and *Spergularia marina* to have a
414 maximum dispersal distance of 100 m, 35 m and 340 m, respectively (via wind dispersal). All
415 three species are dispersed by storks and gulls over much longer distances, illustrating how
416 studies that make macroecological predictions about plant dispersal based on syndromes
417 ignoring non-classical endozoochory (e.g. Thomson et al. 2010; Tamme et al., 2014) are
418 likely to be unreliable. *Juncus bufonius* is also dispersed by endozoochory by shorebirds
419 (Lovas-Kiss et al. 2019), at least five species of Anatidae (Lovas Kiss et al., unpublished) and
420 ungulates (Milotic & Hoffmann, 2016). Different authors assigned this taxon to anemochory,
421 hydrochory and epizoochory syndromes (Löve, 1963; Cope & Stace, 1978; Julve, 1998),
422 exemplifying the subjectivity when syndromes are assigned based on seed morphology.

423 Increasing numbers of both storks and LBBG in SW Spain in recent decades may have
424 facilitated range expansions of plant species and genotypes. LBBG and white stork move at
425 three spatial scales, enabling seed dispersal into a range of habitats: 1) daily movements of up
426 to 20 km between different feeding and roost sites within the extensive ricefield complex,
427 where they often stay for several days at a time (Bouten et al., 2013; Martín-Vélez et al.,
428 2020); 2) between ricefields and other habitats in Andalusia, including other agricultural
429 lands and natural wetlands such as coastal marshes and inland shallow lakes, with direct
430 flights concentrated within a radius of 150 km (Sanz-Aguilar et al., 2015; Martín-Vélez et al.,
431 2020; Martín-Vélez 2021); 3) long-distance migratory flights over hundreds of km to other
432 parts of Europe or Africa. Between September to November, many gulls and storks are on
433 passage to Africa (Baert et al., 2018; Flack et al., 2016). Gut retention times for seeds easily
434 allow endozoochory over such distances (Green et al., 2016).

435 *Conclusions and future work*

436 Even though 92% of European angiosperms in continental Europe lack a fleshy fruit (Heleno
437 and Vargas, 2015), avian endozoochory studies to date have concentrated on the remaining
438 8% (i.e. on frugivores). Our study illustrates the importance of avian endozoochory for other
439 angiosperms within and beyond a wetland landscape. Waterbirds provide maximum dispersal
440 distances for many angiosperms that greatly exceed those predicted from their dispersal
441 syndromes, with major implications for how plants respond to climate change, land use
442 transformation or introductions of alien species.

443 Studying waterbird-plant dispersal interactions can improve our understanding of community
444 structure, connectivity and distributions of plant species. Effective dispersal also requires that
445 seedlings become established in new habitats, and the potential for such establishment should
446 be investigated. Detailed studies of *J. bufonius* are required to establish how endozoochory
447 influences population genetics and phylogeography. More research is vital to address plant-
448 bird dispersal networks involving larger numbers of waterbird species and families, and in
449 natural habitats (Sebastián-González et al., 2020).

450 *Author contribution*- VMV collected and analysed the samples, performed data analyses and
451 figures and wrote the first draft; ALK identified the plant taxa and reviewed several drafts;
452 MIS reviewed several drafts; AJG contributed with sampling design, and co-wrote advanced
453 drafts. All authors gave their final approval of the document and declare no conflict of
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455 Data accessibility.- datasets used for statistical analyses can be found in Digital CSIC
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467

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718 **Table 1. Numbers and fresh mass in grams (reported median values and interquartile**
 719 **range (IQR) between brackets) of samples collected in ricefields from white stork and**
 720 **LBBG.**

721

Species	Sample type	Median mass (IQR)	Nov. 2016	Sept. 2017	Oct. 2017	Nov. 2017	Total
White stork	Faeces	2.55 (0.54)	51	32	23	30	136
	Pellets	8.0 (0.01)	22	-	14	11	47
LBBG	Faeces	2.0 (0.55)	53	42	47	41	183
	Pellets	8.2 (0.06)	25	15	27	30	97

Table 2. Details of intact seeds found in white stork and LBBG excreta samples from the winters of 2016-2017. Shown are whether or not a taxon was recorded within dyke transects (Dyke Occur.), total number of seeds found in excreta, the number of samples in which each taxon was recorded (NST), the combined number of seeds in those samples (N seeds) and the maximum number of seeds recorded in a single sample (Max. sample).

Family	Taxa	Dyke Occur	Total	<i>Larus fuscus</i>						<i>Ciconia ciconia</i>					
				Pellets (N=97)			Faeces (N=183)			Pellets (N=47)			Faeces (N=136)		
				NST	N seed	Max. sample	NST	N seed	Max. sample	NST	N seed	Max. sample	NST	N seed	Max. sample
Amaranthaceae	<i>Amaranthus albus</i> ^{a, b, c}	Yes	10	1	1	1	1	3	3	4	4	1	1	2	2
	<i>Amaranthus retroflexus</i> ^{a, b, c}	No	1	-	-	-	-	-	-	1	1	1	-	-	-
	<i>Chenopodium cf. album</i>	-	2	-	-	-	-	-	-	-	-	-	1	2	2
Araceae	<i>Lemna minor</i>	Yes	3	1	1	1	-	-	-	-	-	-	1	2	2
	<i>Lemna gibba</i>	Yes	2	-	-	-	-	-	-	1	1	1	1	1	1
Caryophyllaceae	<i>Spergularia marina</i>	Yes	27	-	-	-	-	-	-	1	24	24	1	1	1
Characeae	<i>Chara sp.</i>	-	35	3	3	1	9	11	3	3	12	9	8	9	2
Cyperaceae	<i>Cyperus difformis</i> ^{b, c}	No	38	2	2	1	8	11	3	7	10	4	10	15	4
	<i>Bergia capensis</i> ^a	No	1	-	-	-	1	1	1	-	-	-	-	-	-
Fabaceae	<i>Trifolium repens</i>	Yes	1	-	-	-	-	-	-	1	1	1	-	-	-
Juncaceae	<i>Juncus subnodulosus</i>	Yes	15	1	1	1	3	3	1	4	5	2	5	6	2
	<i>Juncus bufonius</i> ^b	Yes	210	14	20	4	35	52	4	20	42	10	45	96	9
	<i>Polypogon monspeliensis</i> ^{b, c}	Yes	2	-	-	-	-	-	-	-	-	-	2	2	1

	<i>Sorghum cf. halepense</i> ^{a, b, c}	No	2	-	-	-	-	-	-	1	2	2	-	-	-
	<i>Panicum cf. miliaceum</i>	No	1	-	-	-	-	-	-	1	1	1	-	-	-
	Unidentified	-	2	-	-	-	1	1	1	1	1	1	-	-	-
Portulacaceae	<i>Portulaca oleracea</i> ^{b, c}	Yes	4	1	1	1	-	-	-	1	1	1	1	2	2
Ranunculaceae	<i>Ranunculus sceleratus</i>	Yes	34	1	1	1	8	9	2	4	5	2	9	19	6
	<i>Ranunculus repens</i>	Yes	1	-	-	-	-	-	-	1	1	1	-	-	-
Solanaceae	<i>Solanum nigrum</i> ^{b, c}	Yes	14	1	5	5	2	6	3	-	-	-	-	-	-
	<i>Solanum dulcamara</i>	Yes	19	1	1	1	2	15	8	1	1	1	3	3	3
Total			424	26	36	5	70	112	8	52	111	10	88	158	9

^aTaxa alien to Spain according to AgroAtlas (2005), <http://agroAtlas.ru.>, ^bconsidered an agricultural weed, and ^cknown to have herbicide resistant populations according to Heap (2009).

Table 3. Effects of bird species, period, diet, sample type and weight on (A) total abundance of seeds and (B) taxon richness per sample, from negative binomial mixed models. White stork, faecal samples, November 2016, and a diet of crayfish are absent from the table because these levels of the respective factors were aliased, and so effectively had estimates of zero. Sampling location (Figure 1) was included as a random factor. Shown for each term are the parameter estimates (β) and their standard errors, and the main effects for each predictor variable.

(A)	Seed abundance	Level of effect	β	S.E.	χ^2	<i>p</i>
	Species	LBBG	-0.726	0.183	15.738	< 0.001
	Period	Sept. 2017	0.110	0.322	4.127	0.248
		Oct. 2017	-0.048	0.327		
		Nov. 2017	0.546	0.310		
	Diet	Mixed	0.733	0.252	2.069	0.355
		Rice	0.338	0.238		
	Sample mass		0.076	0.014	30.31	< 0.001
	Sample type	Pellets	-0.594	0.219	7.393	0.007
Random contribution (variance): location= 0.156						
(B)	Plant richness	Level of effect	β	S.E.	χ^2	<i>p</i>
	Species	LBBG	-0.647	0.168	14.784	< 0.001
	Period	Sep. 17	0.016	0.281	4.751	0.191
		Oct. 17	-0.167	0.286		
		Nov. 17	0.444	0.264		
	Diet	Mixed	0.096	0.233	0.586	0.746
		Rice	0.164	0.220		

Sample mass		0.069	0.012	30.312	<0.001
Sample type	Pellets	-0.459	0.203	5.108	0.024
Random contribution (variance): location= 0.0908					

Table 4. Germination of seeds found in LBBG and white stork pellets and faeces.

Plant family	Plant taxa	Total diaspores	Total germinated	<i>Larus fuscus</i>				<i>Ciconia ciconia</i>			
				Pellets		Faeces		Pellets		Faeces	
				N diaspores	N germinated	N diaspores	N germinated	N diaspores	N germinated	N diaspores	N germinated
Amaranthaceae	<i>Amaranthus albus</i>	9	6	1	-	3	3	3	1	2	2
	<i>Amaranthus retroflexus</i> ^{1,2,3}	1	1	-	-	-	-	1	1	-	-
	<i>Chenopodium cf. album</i> ^{1,3}	3	3	-	-	-	-	1	1	2	2
Araceae	<i>Lemna minor</i>	3	0	1	-	-	-	-	-	2	-
	<i>Lemna gibba</i>	2	0	-	-	-	-	1	-	1	-
Caryophyllaceae	<i>Spergularia marina</i>	27	11	-	-	-	-	24	11	1	-
Characeae	<i>Chara sp.</i>	35	0	3	-	11	-	12	-	9	-
Cyperaceae	<i>Cyperus difformis</i> ¹	38	4	2	1	11	-	10	2	15	1
Elatinaceae	<i>Bergia capensis</i>	1	0	-	-	1	-	-	-	-	-
Fabaceae	<i>Trifolium repens</i> ^{1,3}	1	1	-	-	-	-	1	1	-	-
Juncaceae	<i>Juncus subnodulosus</i> ¹	15	1	-	-	-	-	1	-	-	1
	<i>Juncus bufonius</i> ^{1,2,3}	210	39	20	4	52	12	42	4	96	19
Poaceae	<i>Polypogon monspeliensis</i> ¹	2	0	-	-	-	-	-	-	2	-
	<i>Sorghum cf. halepense</i>	2	0	-	-	-	-	2	-	-	-
	<i>Panicum cf. milleanum</i>	1	0	-	-	-	-	1	-	-	-
	<i>Unidentified</i>	2	0	-	-	1	-	1	-	-	-
Portulacaceae	<i>Portulaca oleraceae</i>	4	2	1	-	-	-	1	1	2	1
Ranunculaceae	<i>Ranunculus sceleratus</i> ^{1,2}	34	0	1	-	9	-	5	-	19	-

Solanaceae	<i>Ranunculus repens</i> ³	1	0	-	-	-	-	1	-	-	-
	<i>Solanum nigrum</i> ¹	14	2	5	-	6	2	-	-	-	-
	<i>Solanum dulcamara</i> ¹	19	10	1	-	15	10	1	-	3	-
	Total	424	80	35	5	110	27	108	22	154	26

¹endozoochory previously reported for intact seeds in gulls (Calvino-Cancela 2011; Lovas-Kiss et al., 2018b). ²germination after gut passage confirmed in Lovas-Kiss et al., 2018b.

³ seed dispersal previously reported within white stork nest material (Czarnecka & Kitowski, 2013).

Table 5. Effects of species, period, sample type, diet and storage time on germinability (A) and germination time (B) of *Juncus bufonius* based on binomial and linear models respectively. LBBG, faecal samples, November 2016, and a diet of crayfish were aliased. See Table 3 for further explanation.

(A)	Germinability <i>Juncus bufonius</i>	Level of effect	β	S.E.	χ^2	<i>p</i>
	Species	White stork	-0.493	0.443	0.074	0.786
Period	Sept. 2017	-0.213	0.560	8.416	0.038	
	Oct. 2017	-2.304	1.110			
	Nov. 2017	-0.226	0.548			
Diet	Mixed	-0.434	0.703	1.319	0.517	
	Rice	-0.167	0.564			
Sample type	Pellets	-0.528	0.4644	2.405	0.121	
Storage time		-0.024	0.013	3.893	0.048	
(B)	Germination time <i>Juncus bufonius</i>	Level of effect	β	S.E.	χ^2	<i>p</i>
	Species	<i>Ciconia ciconia</i>	-0.196	1.114	0.098	0.756
Period	Sep. 2017	3.4923	1.434	3.522	0.028	
	Oct. 2017	-1.621	3.204			
	Nov. 2017	2.325	1.587			
Diet	Mixed	-2.262	2.118	1.002	0.380	
	Rice	-1.487	1.512			
Sample type	Pellets	0.672	1.428	0.048	0.827	
Storage time		-0.001	0.043	0.006	0.938	

Adj. R²=0.119.

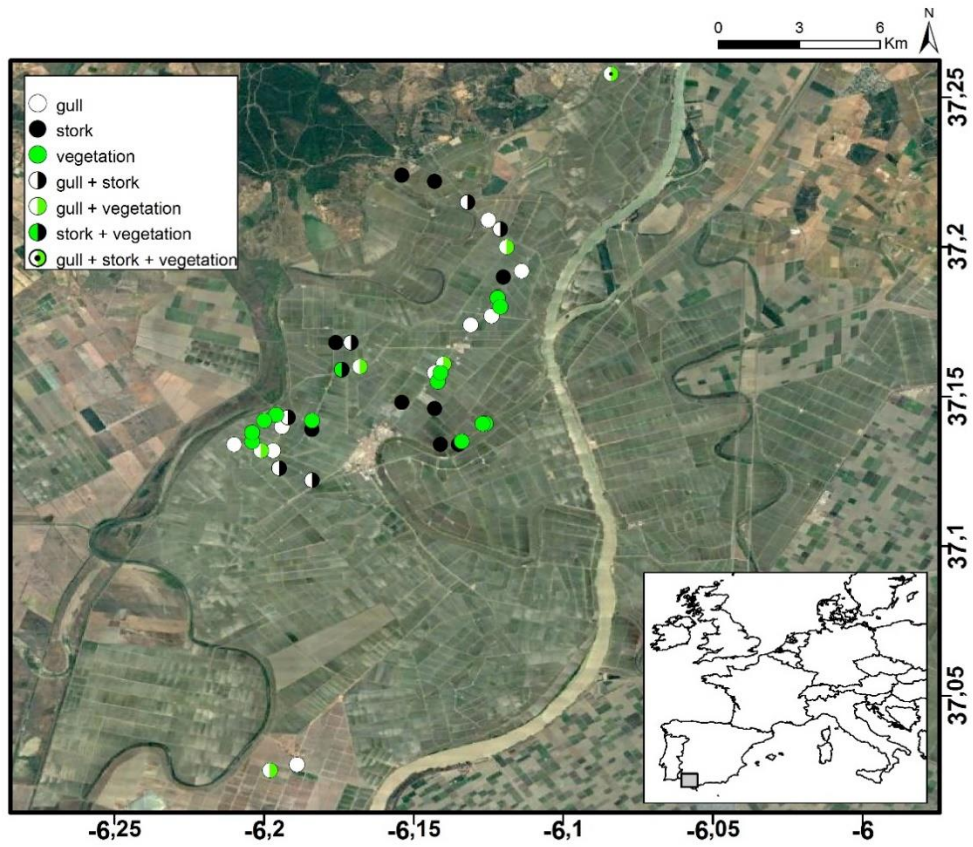


Figure 1. Location of sites within the ricefields of Doñana Biosphere Reserve where gull and stork samples (including pellets and faeces) were collected, and vegetation transects were monitored, in 2016 and 2017.

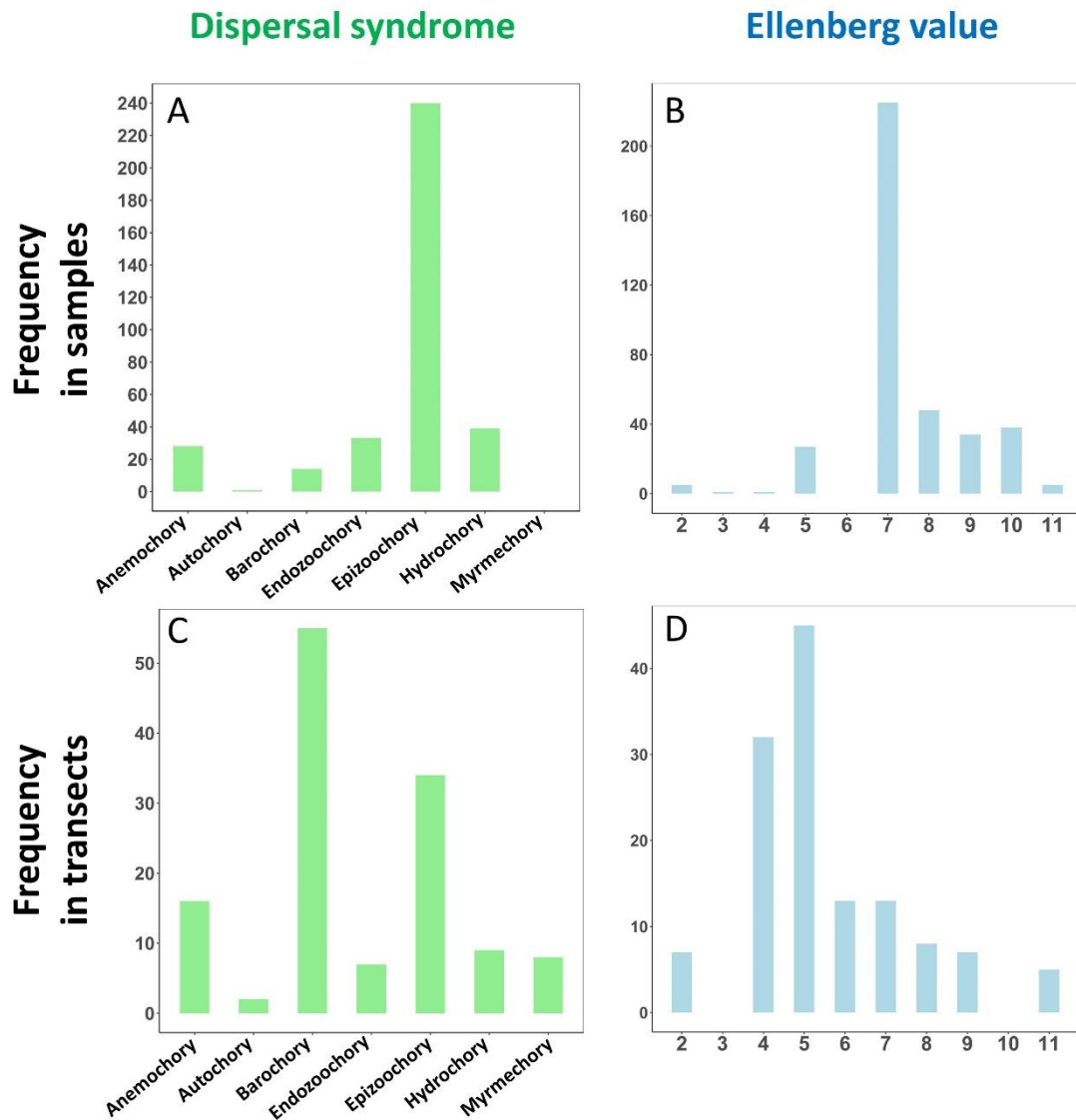


Figure 2. Frequency distributions of dispersal syndromes and Ellenberg moisture values based on the abundance of different species. A) and B) are for seeds from gull and stork excreta. C) and D) are based on the frequency of occurrence in 20 vegetation transects. *Juncus bufonius* (the dominant taxon in excreta) has an epizoochory syndrome and an Ellenberg value of 7.

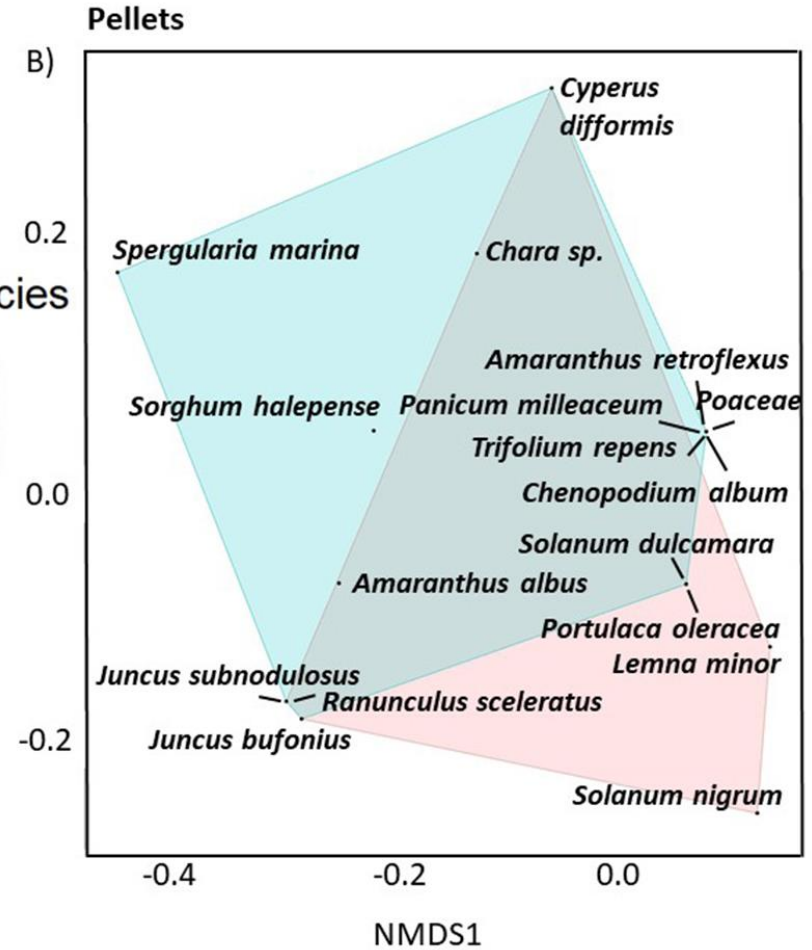
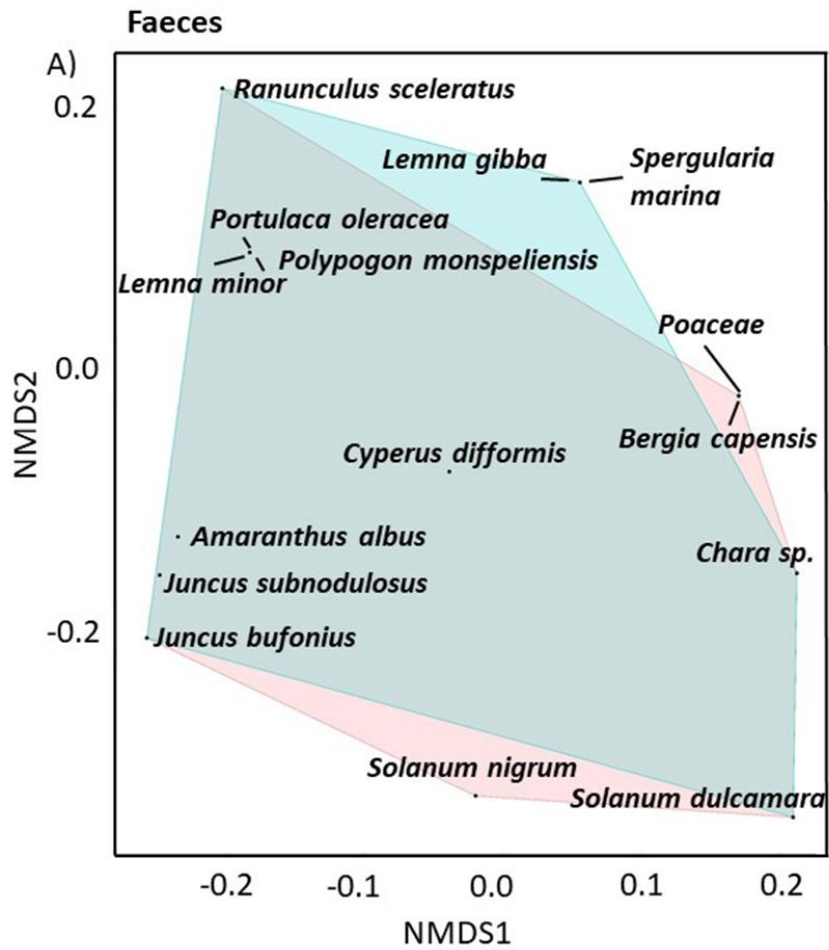


Figure 3. Non-metric multidimensional scaling (NMDS) plot showing the relationship between seeds dispersed by LBBG and white stork in faeces (A) and pellets (B) in ricefields.

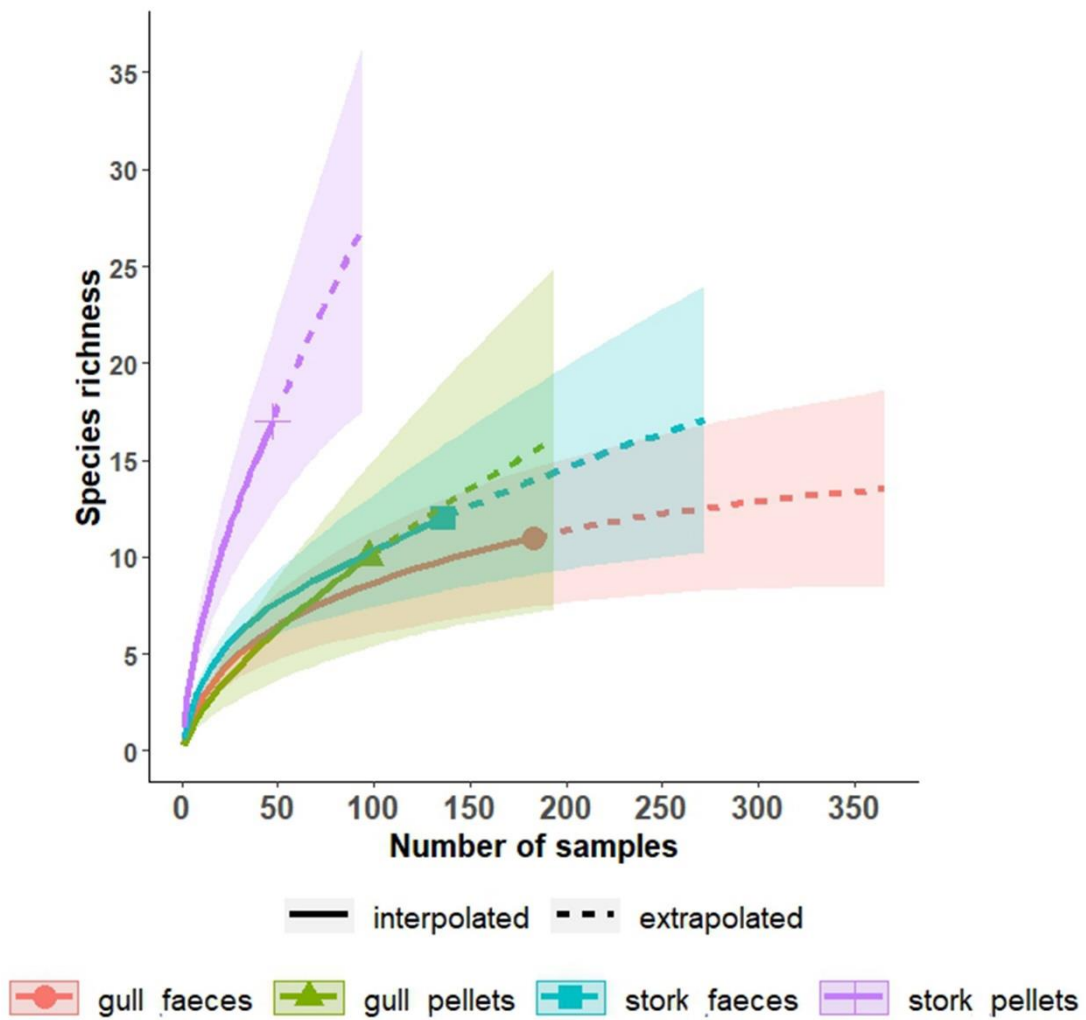


Figure 4. Rarefaction analyses showing the accumulated number of plant taxa recorded in pellets and faeces of white storks and LBBG, in relation to the number of samples. Error bars represent 95% Confidence Intervals.

Supplementary materials.

-Appendix 1 contains information regarding Jaccard Index calculation.

-Appendix 2 contains a complete plant list found in vegetation transects and samples analysed.

-Appendix 3 shows statistical results related to mvabund package for every single plant species.