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Respiratory Medicine

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Original Research



Riociguat treatment in patients with chronic thromboembolic pulmonary hypertension: Final safety data from the EXPERT registry

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Received 17 May 2020; Received in revised form 5 November 2020; Accepted 6 November 2020

Available online 12 November 2020

0954-6111/© 2020 The Authors.

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ARTICLE INFO

Keywords:

Chronic thromboembolic pulmonary hypertension
Riociguat
Registry
Real-world
Clinical practice
Safety

ABSTRACT

Objective: The soluble guanylate cyclase stimulator riociguat is approved for the treatment of adult patients with pulmonary arterial hypertension (PAH) and inoperable or persistent/recurrent chronic thromboembolic pulmonary hypertension (CTEPH) following Phase 3 randomized trials. The EXPosurE Registry Riociguat in patients with pulmonary hypertension (EXPERT) study was designed to monitor the long-term safety of riociguat in clinical practice.

Methods: EXPERT was an international, multicenter, prospective, uncontrolled, non-interventional cohort study of patients treated with riociguat. Patients were followed for at least 1 year and up to 4 years from enrollment or until 30 days after stopping riociguat treatment. Primary safety outcomes were adverse events (AEs) and serious adverse events (SAEs) coded using Medical Dictionary for Regulatory Activities preferred terms and System Organ Classes version 21.0, collected during routine clinic visits and collated via case report forms.

Results: In total, 956 patients with CTEPH were included in the analysis. The most common AEs in these patients were peripheral edema/edema (11.7%), dizziness (7.5%), right ventricular (RV)/cardiac failure (7.7%), and pneumonia (5.0%). The most common SAEs were RV/cardiac failure (7.4%), pneumonia (4.1%), dyspnea (3.6%), and syncope (2.5%). Exposure-adjusted rates of hemoptysis/pulmonary hemorrhage and hypotension were low and comparable to those in the long-term extension study of riociguat (Chronic Thromboembolic Pulmonary Hypertension Soluble Guanylate Cyclase-Stimulator Trial [CHEST-2]).

Conclusion: Data from EXPERT show that in patients with CTEPH, the safety of riociguat in routine practice was consistent with the known safety profile of the drug, and no new safety concerns were identified.

1. Introduction

Chronic thromboembolic pulmonary hypertension (CTEPH) is a potentially fatal condition characterized by obstruction of the pulmonary vasculature by residual organized thrombi resulting in increased pulmonary vascular resistance (PVR), progressive vascular remodeling and pulmonary hypertension (PH), and subsequently right ventricular (RV) failure [1–5].

The treatment of choice in CTEPH is pulmonary endarterectomy (PEA), which potentially normalizes hemodynamics [5–8]. Up to 40% of patients are inoperable, however, and up to 51% exhibit persistent or recurrent CTEPH after PEA [6–14].

Riociguat is a first-in-class soluble guanylate cyclase stimulator recommended in European Respiratory Society/European Society of Cardiology guidelines for the treatment of patients with inoperable CTEPH or persistent/recurrent CTEPH after surgery [1]. Its efficacy and tolerability have been demonstrated in clinical trials [15,16]. Agents that have been approved for pulmonary arterial hypertension (PAH) include prostacyclin analogs, endothelin receptor antagonists (ERAs), and phosphodiesterase type 5 inhibitors (PDE5i). With the exception of treprostinil in selected patients, these are not licensed for use in the treatment of patients with CTEPH, but can be administered off-label. Balloon pulmonary angioplasty (BPA) is a potentially effective option for selected inoperable patients [1,17].

EXPosurE Registry Riociguat in patients with PH (EXPERT) was a prospective, non-interventional registry to monitor the long-term safety of riociguat in clinical practice.

2. Methods

2.1. Study design

EXPERT (NCT02092818) was an international, multicenter, prospective, uncontrolled, non-interventional cohort study in patients treated with riociguat in 28 countries. The design is described in detail elsewhere [18]. EXPERT was linked with the Comparative, Prospective Registry of Newly Initiated Therapies for Pulmonary Hypertension (COMPERA [https://comp-era.org/]), one of the largest global academic PH registries. This was consistent with guidance from regulatory authorities to use existing registries. EXPERT was conducted in accordance with good pharmacovigilance practices and was not requested, but was accepted, by the European Medicines Agency for the collection of additional long-term post-approval data on riociguat.

Patients were followed for 1–4 years from enrollment (including post-treatment safety follow-up) during a recruitment period of 3 years or until 30 days after stopping riociguat treatment. Data—including patient

demographics, disease characteristics, riociguat dosing, hemodynamic parameters, changes in treatment, biomarkers, laboratory variables, adverse events (AEs) and serious adverse events (SAEs)—were collected at baseline and during routine clinical follow-up visits approximately every 3–6 months. Data were collected using a case report form (CRF) based on the COMPERA CRF, extended to obtain riociguat safety data.

2.2. Patients

Patients who started treatment or were already being treated with riociguat were eligible for inclusion. Patients with disease duration ≥ 6 months were defined as prevalent, and those diagnosed within < 6 months of enrollment were defined as incident. Patients were defined as riociguat-pretreated if they had been receiving riociguat for ≥ 3 months before registry entry and as riociguat-newly treated if they had been receiving riociguat for < 3 months before entry. Riociguat-newly treated patients were therefore not necessarily incident patients and could have received PAH-approved therapy before riociguat. Newly treated patients were further categorized as switched or non-switched. Switched patients were newly treated patients who had stopped prior therapy ≤ 10 days before commencing riociguat.

2.3. Safety assessments

The primary safety outcomes were AEs and SAEs, coded using Medical Dictionary for Regulatory Activities (MedDRA) preferred terms and System Organ Classes version 21.0. Secondary safety outcomes included AEs and SAEs of special interest (hypotension and hemoptysis/pulmonary hemorrhage). This report focuses on AEs and SAEs occurring during the treatment phase (onset date ≤ 2 days after the most recent dose of riociguat). An AE was considered serious if it: resulted in death, was life-threatening, required inpatient hospitalization or prolongation of hospitalization (with specific exceptions, defined in the protocol), resulted in persistent or significant disability or incapacity, was a congenital abnormality or birth defect, or was medically important. AEs and SAEs were classified as drug-related according to the investigator's judgment. Deaths were analyzed in terms of all SAEs with a fatal outcome with onset during the treatment phase and the post-treatment phase (onset date > 2 days after discontinuation until the end of 30-day safety follow-up).

2.4. Statistical methods and populations analyzed

EXPERT was an observational study. All variables and outcomes, including comparisons between predefined groups (such as newly treated versus pretreated patients and prevalent versus incident

patients) were analyzed descriptively. Statistical analyses of these comparisons were not performed because they would be of limited value without adjustment for differences between the groups. All analyses were performed with SAS 9.3. Categorical variables were analyzed using frequency tables and continuous variables by summary statistics (mean \pm standard deviation [SD], median, and minimum–maximum range). The evaluable population consisted of all enrolled patients who did not withdraw consent and had received at least one dose of riociguat with dosing data available. Summary statistics and changes from baseline were calculated for 6-min walking distance (6MWD), World Health Organization functional class (WHO FC), Borg Dyspnea Index, EuroQoL 5-dimensional Visual Analog Score (EQ-5D VAS), hemodynamic parameters, and biomarkers. This paper describes the results in patients with CTEPH. Results in patients with PAH are described separately [18].

3. Results

3.1. Patient disposition

The evaluable population with CTEPH consisted of 956 patients of whom 537 (56.2%) were riociguat-pretreated and 419 (43.8%) were riociguat-newly treated. Approximately 86% of patients overall completed the study (Fig. 1).

3.2. Demographics and baseline characteristics

The mean age of the patients was 66.3 ± 13.7 years; 570 patients (59.6%) were women. CTEPH was prevalent in 713 patients (74.6%), incident in 197 (20.6%), and unknown in 46 (4.8%). At baseline, riociguat was administered in combination with other PH-approved therapy in 198 patients (20.7%): with ERAs in 170 (17.8% [bosentan, 7.0%; macitentan, 7.0%; and ambrisentan, 3.8%]), prostanoids in 9 (0.9% [iloprost, 0.6%;

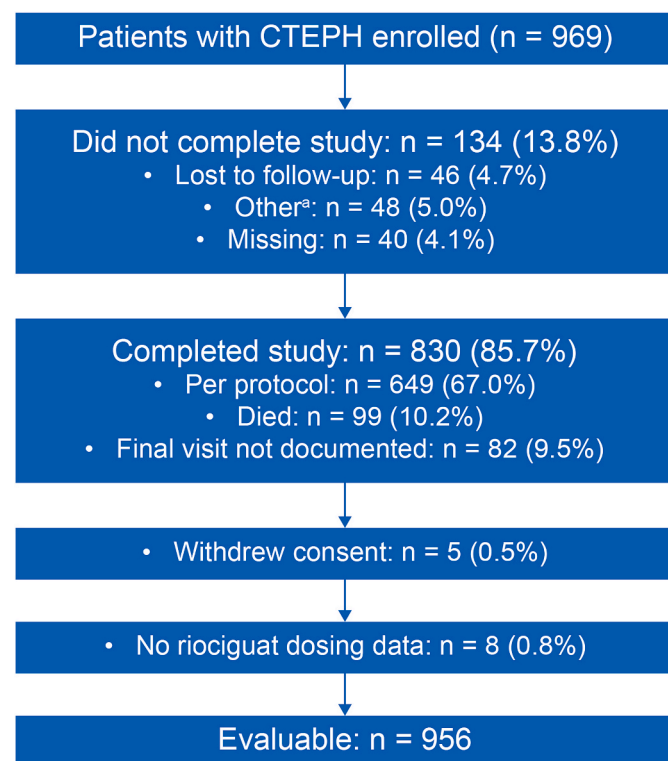


Fig. 1. Patient disposition.

CTEPH, chronic thromboembolic pulmonary hypertension. The numbers and percentages refer to the total CTEPH population enrolled ($n = 969$). Chart shows primary reason for not completing per protocol.

^aOther reasons for discontinuation are shown in Supplementary Table 1.

intravenous treprostinil, 0.2%; and intravenous epoprostenol, 0.1%), and both an ERA and prostanoid in 19 (2.0%). No patient received concomitant PDE5i. At Visit 6 (month 33–< 39), 27.9% of patients were receiving combination therapy. In total, 901 patients (94.2%) had at least one comorbidity. Other baseline demographics are shown in Table 1. The operability status of the patients is shown in Fig. 2.

3.3. Riociguat safety

3.3.1. Total CTEPH population

In the total population with CTEPH, the median (range) duration of observation and riociguat treatment was 504.0 (0.0–1367.0) days and 493.5 (0.0–1367.0) days, respectively. In total, 615 patients (64.3%) experienced AEs and 365 (38.2%) experienced SAEs. These events were considered drug-related by the investigator in 148 (15.5%) and 34 (3.6%) patients, respectively. The most common AEs and SAEs are shown in Table 2. Discontinuation due to AEs and SAEs occurred in 55 patients (5.8%) and 38 patients (4.0%), respectively. The most common AEs or SAEs leading to discontinuation are shown in Supplementary Table 2. Safety data for patients according to use of riociguat as monotherapy or in combination with other PAH-approved drugs are shown in Supplementary Table 3. Rates of AEs and SAEs (68.2–88.9% and 44.1–66.7%, respectively) were numerically higher with prostanoid-containing regimens (78.9–88.9% and 57.9–66.7%, respectively) than with riociguat monotherapy or riociguat + ERA (62.8–68.2% and 36.0–44.1%, respectively), but the numbers of patients receiving prostanoids were small.

Hemorrhages were reported in 110 patients (11.5%) and serious hemorrhages in 57 patients (6.0%). These events were considered by the investigator to be related to riociguat in nine (0.9%) and four patients (0.4%), respectively. Three patients (0.3%) discontinued riociguat as a result of a hemorrhage. The most frequently occurring hemorrhages were epistaxis in 30 patients (3.1%) and hemoptysis in 26 patients (2.7%). The most common serious hemorrhages were hemoptysis in 16 patients (1.7%) and gastrointestinal hemorrhage in five patients (0.5%). Of all patients who experienced a hemorrhage, 78 were recorded as receiving a vitamin K antagonist (VKA) and 24 as receiving non-VKA oral anticoagulants (NOACs). Hemoptysis and pulmonary hemorrhage were considered AEs of special interest and are discussed further below.

3.3.2. Safety in prevalent vs. incident patients

A post hoc analysis compared prevalent patients (disease duration ≥ 6 months) ($n = 713$) with incident patients (diagnosed within < 6 months of enrollment) ($n = 197$) according to disease duration data available at baseline. Disease characteristics, including 6MWD and WHO FC, indicated a more severe disease status in incident patients compared with prevalent patients (data not shown). Median disease duration was 1.8 (range, 0.0–6.0) months in incident patients and 3.2 (range, 0.5–39.7) years in prevalent patients. AEs were reported in 471 prevalent patients (66.1%) and 119 incident patients (60.4%), and SAEs in 276 (38.7%) and 73 (37.1%) prevalent and incident patients, respectively.

3.3.3. Comparison between riociguat-pretreated and riociguat-newly treated patients

Compared with riociguat-pretreated patients, riociguat-newly treated patients had a numerically shorter disease duration, shorter 6MWD, a higher proportion of WHO FC III/IV disease, and a greater proportion of incident disease (Table 3). More than 90% of patients in both groups had at least one comorbidity. Approximately 89% of riociguat-pretreated patients and 83% of riociguat-newly treated patients completed the study (Fig. 3). Of the riociguat-newly treated patients, 72 (17.2%) had switched from previous PAH-approved therapy: 65 (15.5%) from PDE5i, 5 (1.2%) from a prostanoid, and 12 (2.9%) from an ERA (some patients switched from more than one prior therapy).

AEs were reported in 270 riociguat-newly treated patients (64.4%) and 345 riociguat-pretreated patients (64.2%). SAEs were reported in 166 riociguat-newly treated patients (39.6%) and 199 riociguat-pretreated

Table 1
Baseline demographics and disease characteristics in the total CTEPH population (n = 956).

| Characteristic | Mean ± SD or n (%) | Characteristic | Mean ± SD or n (%) |
|--------------------------------------|----------------------------|--|-------------------------|
| Age, years | 66.3 ± 13.7 | Riociguat daily dose at initial study visit, mg | |
| Age group, years | | Mean | 6.9 ± 1.4 (n = 934) |
| < 65 | 366 (38.3) | Median (range) | 7.5 (1.5–7.5) (n = 934) |
| 65 to < 75 | 260 (27.2) | | |
| ≥ 75 | 330 (34.5) | | |
| BMI, kg/m ² | 28.6 ± 15.2 | Riociguat median daily dose at initial study visit, mg | |
| BMI category, kg/m ² | | ≤ 2.5 | 13 (1.4) |
| < 18.5 | 24 (2.5) | > 2.5 to 4.5 | 108 (11.3) |
| 18.5 to < 25 | 290 (30.3) | > 4.5 to 6 | 90 (9.4) |
| 25 to < 30 | 348 (36.4) | > 6 to 7.5 | 723 (75.6) |
| ≥ 30 | 294 (30.8) | Missing | 22 (2.3) |
| Smoking status | | Concomitant CCB | 22 (2.3) |
| Never | 602 (63.0) | | |
| Former | 314 (32.8) | Concomitant anticoagulation therapy | |
| Current | 40 (4.2) | Oral anticoagulation | 861 (90.1) |
| Age at initial PH diagnosis, years | 62.7 ± 14.5 | Vitamin K antagonist | 506 (52.9) |
| Median (IQR) disease duration, years | 2.1 (0.7–4.9) | Direct oral anticoagulant | 190 (19.9) |
| | | Other oral anticoagulation ^b | 159 (16.6) |
| | | Other anticoagulant ^b | 66 (6.9) |
| | | Concomitant antiplatelet agents | 44 (4.6) |
| WHO FC, % (I/II/III/IV/unknown) | 4.0/38.2/50.1/3.0/4.7 | Comorbidity | |
| BNP, pg/mL (median, range) | 131 (5–5844) (n = 148) | At least one medical history finding | 901 (94.2) |
| NT-proBNP, pg/mL (median, range) | 602 (16–177 759) (n = 540) | Arterial hypertension | 445 (46.5) |
| 6MWD, m | 365 ± 128 | Venous thromboembolism | 431 (45.1) |
| 6MWD | | Thyroid disease | 183 (19.1) |
| < 320 m ^a | 290 (30.3) | Diabetes mellitus | 123 (12.9) |
| ≥ 320 m | 521 (54.5) | Cancer | 123 (12.9) |
| < 380 m | 421 (44.0) | Coronary heart disease | 122 (12.8) |
| ≥ 380 m ^a | 390 (40.8) | Obstructive sleep apnea | 99 (10.4) |
| Missing | 145 (15.2) | History of hemoptysis/lung bleeding | 37 (3.9) |
| EQ-5D VAS | 62.3 ± 20.6 (n = 229) | Other | 759 (79.4) |
| Borg Dyspnea Index | 3.8 ± 2.2 (n = 701) | | |
| mPAP, mmHg | 43.0 ± 11.5 (n = 850) | | |
| PVR, dyn·s·cm ⁻⁵ | 652 ± 502 (n = 767) | | |
| PAWP, mmHg | 11.1 ± 5.0 (n = 809) | | |
| Cardiac index, L/min/m ² | 2.8 ± 4.4 (n = 756) | | |
| RAP, mmHg | 9.0 ± 5.6 (n = 710) | | |
| SvO ₂ , % | 63.7 ± 9.2 (n = 613) | | |

6MWD, 6-minute walking distance; BMI, body mass index; BNP, brain natriuretic peptide; CCB, calcium channel blocker; CTEPH, chronic thromboembolic pulmonary hypertension; EQ-5D VAS, EuroQoL 5-dimensional Visual Analog Score; IQR, interquartile range; mPAP, mean pulmonary artery pressure; NT-proBNP, N-terminal prohormone of brain natriuretic peptide; PAWP, pulmonary artery wedge pressure; PEA, pulmonary endarterectomy; PH, pulmonary hypertension; PVR, pulmonary vascular resistance; RAP, right atrial pressure; SD, standard deviation; SvO₂, saturated venous oxygen; WHO FC, World Health Organization functional class.

Data are mean ± SD or number (%) unless otherwise stated.

Results are for all patients (n = 956) unless otherwise stated.

^a Thresholds chosen (380 m prespecified) based on available (6MWD) cohort data at the time indicating good or poor prognosis in PAH.

^b As indicated by the investigator on the CRF.

patients (37.1%). Numerically more AEs and SAEs in riociguat-newly treated patients were considered drug-related and led to drug discontinuation than in riociguat-pretreated patients (Table 4). The types of AEs and SAEs were generally similar between the two groups. The most common AEs or SAEs leading to discontinuation are shown in Supplementary Table 4. Safety results in switched patients were generally similar to those in non-switched patients (data not shown). In riociguat-pretreated and riociguat-newly treated patients, AEs and SAEs were more frequent with combination therapy than with monotherapy (Supplementary Table 5).

3.4. AEs and SAEs of special interest

In general, AEs and SAEs of special interest were infrequent (Table 5). All of the 16 patients with serious hemoptysis/pulmonary

hemorrhage overall were recorded as receiving concomitant anticoagulants, three as receiving concomitant antiplatelet therapy, and one as receiving a concomitant prostanoid. The incidence of hypotension was low across all subgroups (Supplementary Table 6).

3.5. AEs associated with PEA or BPA

In total, 47 patients (4.9%) underwent PEA (one operation in 44 patients [4.6%] and two operations in three patients [0.3%]). Within 10 days after PEA, nine of these patients (19.1%) had an AE, six (12.8%) had an SAE, and one (2.1%) had an AE-related death. No episode of hemoptysis was reported within 10 days following PEA. Also, 89 patients (9.3%) underwent BPA (mean: 2.1 ± 1.4 sessions; median: 2; range: 1–8) during the study. Within 10 days after BPA, six of these patients (6.7%) had an AE and six (6.7%) had

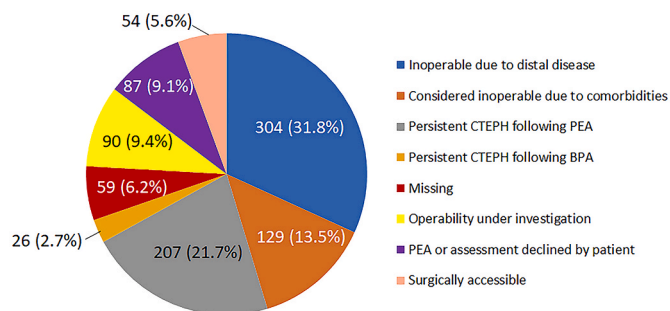


Fig. 2. Operability status. BPA, balloon pulmonary angioplasty; CTEPH, chronic thromboembolic pulmonary hypertension; PEA, pulmonary endarterectomy. Persistent CTEPH after PEA or BPA were determined by the investigator.

an SAE. No AE-related deaths were reported. The AEs included hemoptysis in two patients. Both events resolved, and neither was considered related to riociguat. None of the AEs reported within 10 days after PEA or BPA was considered related to riociguat.

3.6. Efficacy assessments

Results for indicators of efficacy (6MWD, Borg Dyspnea Index, EQ-5D VAS, hemodynamic measurements, and biomarkers) have not been the focus of this non-interventional study; many data were missing, and values varied greatly between patients. Selection bias for repeat efficacy assessments could confound the results. These results are therefore not shown or discussed here.

3.7. Deaths and fatal SAEs

Of the 956 patients with CTEPH, 101 (10.6%) (44 riociguat-newly treated patients [10.5%] and 57 riociguat-pretreated patients [10.6%]) died or experienced an SAE with a fatal outcome with onset during the study. These SAEs began during the treatment phase in 93 patients (9.7%); 38 riociguat-newly treated patients (9.1%) and 55 riociguat-pretreated patients (10.2%). Fatal SAEs with post-treatment onset occurred in six riociguat-

newly treated patients (1.4%) and two riociguat-pretreated patients (0.4%). The most common fatal SAEs in the total CTEPH population were RV failure/cardiac failure in 27 patients (2.8%), followed by cardiac arrest, pneumonia, sepsis, and hemoptysis, each in three patients (0.3%). In 19 patients (2.0%), the SAE was listed as death (cause unknown). Two deaths were considered related to riociguat by the investigator. In one case the cause of death was hemoptysis, which occurred more than 2 years after therapy was initiated in a patient receiving concurrent anticoagulant medication. The other case was death from RV failure/cardiac failure, which occurred 10 days after the last dose of riociguat and was attributed to lack of efficacy of riociguat rather than an AE of the drug.

Estimated survival rates in the total CTEPH population at 1, 2, and 3 years were 94.7% (95% CI, 92.9–96.0%), 85.7% (95% CI, 82.4–88.4%), and 79.3% (95% CI, 74.0–83.6%), respectively. Kaplan–Meier survival curves for riociguat-newly treated and riociguat-pretreated patients are shown in Fig. 4.

In the post hoc analysis assessing patients according to disease duration, death during the treatment period occurred in 77 prevalent patients (10.8%) and 14 incident patients (7.1%). Four prevalent patients (0.6%) and four incident patients (2.0%) died during the 30-day safety follow-up.

4. Discussion

4.1. Safety findings

EXPERT provided data on the safety and tolerability of riociguat in more than 950 patients with CTEPH in real-world clinical practice. The types of AEs observed were consistent with those reported in Chronic Thromboembolic Pulmonary Hypertension Soluble Guanylate Cyclase–Stimulator Trial-1 (CHEST-1) [15], CHEST-2 [16,19], and the CTEPH Early Access Study [20], with no new safety signals identified. The most common events (e.g., peripheral edema/edema, dizziness, and dyspnea) were consistent with symptoms of the underlying disease or with vasodilatation by riociguat. Although the numbers of patients undergoing BPA or PEA were small, there was no evidence of an increased risk of drug-related events shortly after these procedures. The exposure-adjusted rate of hypotension (2.7 events per 100 patient-years) was lower than that reported in CHEST-2 (4.0 events per 100 patient-years) [19]. The rates of hemoptysis/pulmonary hemorrhage were similar (2.2 and 2.8 events per 100 patient-years in EXPERT and CHEST-2 [19], respectively). Most patients were receiving anticoagulants as required by CTEPH treatment guidelines: these may have contributed to the bleeding AEs. A separate publication comparing hemorrhagic and thrombotic/embolic events in patients receiving VKAs or NOACs at baseline is in preparation. In patients receiving riociguat as part of a combination regimen, the incidences of AEs and SAEs were higher than in patients receiving monotherapy. These data should be interpreted with caution as they are descriptive, they are not adjusted for differences between the combination and monotherapy groups, they refer to treatment at baseline, and the numbers of patients receiving prostanoids were small. Clinical experience with riociguat shows an increased frequency of some AEs such as hypotension, dizziness, and edema during dose adjustment [21,22]. These effects, described in the reference safety information for the drug, have been attributed to the vasodilatory properties of riociguat [21]. Although the overall frequency of AEs or SAEs did not differ greatly between riociguat-newly treated and riociguat-pretreated patients, numerically more events of hypotension were reported in newly treated patients, as was discontinuation because of AEs or SAEs. The higher frequency of hypotension might be partly explained by a more severe disease state (as indicated by 6MWD and WHO FC) and partly by more frequent monitoring during dose-adjustment periods. For riociguat-pretreated patients, bias may be introduced, because those who had to discontinue the drug because of AEs, or who died, could not be documented in the study. Patients enrolled in disease registries as prevalent cases may be more likely to have stable disease than incident patients [23]. In our post hoc analysis,

Table 2
Most common AEs and SAEs in the total CTEPH population (n = 956).

| AEs ^a | n (%) |
|----------------------------|-------------------------|
| Peripheral edema/edema | 112 (11.7) ^b |
| Dyspnea | 81 (8.5) |
| RV failure/cardiac failure | 74 (7.7) ^c |
| Dizziness | 72 (7.5) |
| Pneumonia | 48 (5.0) |
| SAEs ^d | |
| RV failure/cardiac failure | 71 (7.4) ^e |
| Pneumonia | 39 (4.1) |
| Dyspnea | 34 (3.6) |
| Syncope | 24 (2.5) |
| PH ^f | 22 (2.3) |

AE, adverse event; CTEPH, chronic thromboembolic pulmonary hypertension; PH, pulmonary hypertension; RV, right ventricular; SAE, serious adverse event.

Note. Patients with peripheral edema/edema, or RV failure/cardiac failure could have both events.

^a Preferred-term AEs reported in $\geq 5\%$ of patients.

^b Including peripheral edema in 73 patients (7.6%) and edema in 42 patients (4.4%).

^c Including RV failure in 61 patients (6.4%) and cardiac failure in 16 patients (1.7%).

^d Preferred-term SAEs reported in $\geq 2\%$ of patients.

^e Including RV failure in 59 patients (6.2%) and cardiac failure in 15 patients (1.6%).

^f Preferred term for worsening of the condition.

Table 3
Baseline demographics and disease characteristics of riociguat-pretreated and riociguat-newly treated patients.

| | Riociguat-pretreated ^a (n = 537) | Riociguat-newly treated ^b (n = 419) |
|---|---|--|
| Age, years | 65.9 ± 14.1 | 66.8 ± 13.3 |
| Age group, years, n (%) | | |
| < 65 | 218 (40.6) | 148 (35.3) |
| 65 to < 75 | 138 (25.7) | 122 (29.1) |
| ≥ 75 | 181 (33.7) | 149 (35.6) |
| Female sex, n (%) | 337 (62.8) | 233 (55.6) |
| BMI, kg/m ² | 29.1 ± 19.5 | 28.0 ± 6.3 |
| BMI category, kg/m ² , n (%) | | |
| < 18.5 | 15 (2.8) | 9 (2.1) |
| 18.5 to < 25 | 164 (30.5) | 126 (30.1) |
| 25 to < 30 | 191 (35.6) | 157 (37.5) |
| ≥ 30 | 167 (31.1) | 127 (30.3) |
| Smoking status, n (%) | | |
| Never | 332 (61.8) | 270 (64.4) |
| Former | 181 (33.7) | 133 (31.7) |
| Current | 24 (4.5) | 16 (3.8) |
| Prevalent (disease duration ≥ 6 months), n (%) | 481 (89.6) | 232 (55.4) |
| Incident (disease duration < 6 months) | 28 (5.2) | 169 (40.3) |
| Duration status unknown, n (%) | 28 (5.2) | 18 (4.3) |
| Age at initial PH diagnosis, years | 61.6 ± 14.8 (n = 509) | 64.2 ± 13.9 (n = 403) |
| Median (IQR) PH disease duration, years | 2.9 (1.5–5.6) | 0.8 (0.2–4.0) |
| Persistent CTEPH following PEA, n (%) | 133 (24.8) | 74 (17.7) |
| Persistent CTEPH following BPA, n (%) | 16 (3.0) | 10 (2.4) |
| WHO FC, % (I/II/III/IV/unknown) | 5.6/45.1/43.6/2.8/3.0 | 1.9/29.4/58.5/3.3/6.9 |
| BNP, pg/mL (median, range) | 107 (5–3560) (n = 79) | 171 (6–5844) (n = 69) |
| NT-proBNP, pg/mL (median, range) | 483 (16–177 759) (n = 320) | 813 (17–48 858) (n = 220) |
| 6MWD, m | 382 ± 122 (n = 477) | 341 ± 133 (n = 334) |
| 6MWD, n (%) | | |
| < 320 m ^c | 152 (28.3) | 138 (32.9) |
| ≥ 320 m | 325 (60.5) | 196 (46.8) |
| < 380 m | 219 (40.8) | 202 (48.2) |
| ≥ 380 m ^c | 258 (48.0) | 132 (31.5) |
| Missing | 60 (11.2) | 85 (20.3) |
| EQ-5D VAS | 63.6 ± 19.7 (n = 144) | 60.1 ± 22.1 (n = 85) |
| Borg Dyspnea Index | 3.7 ± 2.2 (n = 403) | 4.0 ± 2.3 (n = 298) |
| mPAP, mmHg | 43.3 ± 11.8 (n = 462) | 42.8 ± 11.2 (n = 388) |
| PVR, dyn•cm ⁵ | 675 ± 575 (n = 413) | 626 ± 400 (n = 354) |
| PAWP, mmHg | 11.2 ± 5.0 (n = 436) | 10.9 ± 4.9 (n = 373) |
| Cardiac index, L/min/m ² | 2.8 ± 5.0 (n = 409) | 2.7 ± 3.7 (n = 347) |
| RAP, mmHg | 9.3 ± 5.9 (n = 389) | 8.6 ± 5.1 (n = 321) |
| SvO ₂ , % | 63.6 ± 9.5 (n = 323) | 63.9 ± 8.9 (n = 290) |
| Riociguat daily dose at initial study visit, mg | | |
| Mean | 7.1 ± 1.1 | 6.6 ± 1.6 (n = 397) |
| Median (range) | 7.5 (1.5–7.5) | 7.5 (1.5–7.5) (n = 397) |

(continued on next page)

Table 3 (continued)

| | Riociguat-pretreated ^a (n = 537) | Riociguat-newly treated ^b (n = 419) |
|---|---|--|
| Riociguat median daily dose at initial study visit, mg, n (%) | | |
| ≤2.5 | 6 (1.1) | 7 (1.7) |
| > 2.5 to 4.5 | 34 (6.3) | 74 (17.7) |
| > 4.5 to 6 | 51 (9.5) | 39 (9.3) |
| > 6 to 7.5 | 446 (83.1) | 277 (66.1) |
| Missing | 0 | 22 (5.3) |
| PAH-approved regimen at initial study visit, n (%) | | |
| Riociguat monotherapy ^d | 403 (75.1) | 355 (84.7) |
| Riociguat combination therapy ^{e,f} | 134 (25.0) | 64 (15.3) |
| Riociguat + ERA | 112 (20.9) | 58 (13.8) |
| Riociguat + ambrisentan | 21 (3.9) | 15 (3.6) |
| Riociguat + bosentan | 47 (8.8) | 20 (4.8) |
| Riociguat + macitentan | 44 (8.2) | 23 (5.5) |
| Riociguat + prostanoid | 6 (1.1) | 3 (0.7) |
| Riociguat + iloprost | 3 (0.6) | 3 (0.7) |
| Riociguat + intravenous treprostinil | 2 (0.4) | 0 (0.0) |
| Riociguat + intravenous epoprostenol | 1 (0.2) | 0 (0.0) |
| Riociguat + ERA + prostanoid | 16 (3.0) | 3 (0.7) |
| Concomitant CCB, n (%) | 13 (2.4) | 9 (2.1) |
| Concomitant anticoagulation, n (%) | | |
| Oral anticoagulation | 482 (89.8) | 379 (90.5) |
| Vitamin K antagonist | 311 (57.9) | 195 (46.5) |
| Direct oral anticoagulant | 84 (15.6) | 106 (25.3) |
| Other oral anticoagulation ^g | 87 (16.2) | 72 (17.2) |
| Other anticoagulant ^g | 34 (6.3) | 32 (7.6) |
| Concomitant antiplatelet agents, n (%) | 16 (3.0) | 28 (6.7) |
| Comorbidity, n (%) | | |
| At least one medical history finding | 509 (94.8) | 392 (93.6) |
| Arterial hypertension | 231 (43.0) | 214 (51.1) |
| Venous thromboembolism | 223 (41.5) | 208 (49.6) |
| Thyroid disease | 100 (18.6) | 83 (19.8) |
| Cancer | 67 (12.5) | 56 (13.4) |
| Coronary heart disease | 67 (12.5) | 55 (13.1) |
| Diabetes mellitus | 66 (12.3) | 57 (13.6) |
| Obstructive sleep apnea | 65 (12.1) | 34 (8.1) |
| History of hemoptysis/lung bleeding | 23 (4.3) | 14 (3.3) |
| Other | 428 (79.7) | 331 (79.0) |

6MWD, 6-min walking distance; BMI, body mass index; BNP, brain natriuretic peptide; BPA, balloon pulmonary angioplasty; CCB, calcium channel blocker; CTEPH, chronic thromboembolic pulmonary hypertension; EQ-5D VAS, EuroQoL 5-dimensional Visual Analog Score; ERA, endothelin receptor antagonist; IQR, interquartile range; mPAP, mean pulmonary artery pressure; NT-proBNP, N-terminal prohormone of brain natriuretic peptide; PAH, pulmonary arterial hypertension; PAWP, pulmonary artery wedge pressure; PEA, pulmonary endarterectomy; PH, pulmonary hypertension; PVR, pulmonary vascular resistance; RAP, right atrial pressure; SD, standard deviation; SvO₂, saturated venous oxygen; WHO FC, World Health Organization functional class.

Data are mean ± SD or number (%), unless otherwise stated.

^a Receiving riociguat for ≥ 3 months before entry (n = 537 unless otherwise indicated).

^b Receiving riociguat for < 3 months before entry (n = 419 unless otherwise indicated).

^c Thresholds chosen (380 m prespecified) based on available (6MWD) cohort data at the time indicating good or poor prognosis in PAH.

^d Patients receiving riociguat but no ERA or prostanoid.

^e Patients receiving riociguat + ERA or prostanoid or both.

^f No patient received concomitant PDE5i during the study.

^g As indicated by the investigator on the CRF.

rates of AEs and SAEs were similar between prevalent and incident patients, indicating that the higher proportion of incident patients in the riociguat-newly treated group did not disadvantage them in terms of safety. There is no explanation for the greater number of deaths in prevalent patients than incident patients but it may be related to the longer CTEPH disease duration in the prevalent group.

4.2. Comparison with other studies

Compared with the 247 non-operable patients described in the international prospective CTEPH registry [9,24], CTEPH patients in EXPERT had less severe functional impairment, with 53.1% categorized as WHO FC III/IV at baseline versus 83.0% and a slightly higher mean 6MWD at baseline (365 vs. 315 m). The international registry enrolled only incident patients, whereas 74.6% of patients with CTEPH in EXPERT

had prevalent disease. In a prospective study of 392 patients newly diagnosed with CTEPH in Germany, riociguat was the initial treatment in 81.1% of patients who received medical therapy, illustrating the importance of obtaining safety data for riociguat [25]. The patients in this study had generally similar characteristics to those in the EXPERT population.

The estimated survival rate in patients with CTEPH in EXPERT (94.7%, 85.7%, and 79.3% at 1, 2, and 3 years, respectively) appears to be higher than in non-operable patients in the international CTEPH registry (88%, 79%, and 70% at 1, 2, and 3 years, respectively) [24], non-PEA patients in the Giessen registry (84.5% at 1 year and 72.5% at 3 years) [26], US veterans evaluated in a retrospective analysis (89.2%, 81.4%, and 72.7% at 1, 3, and 5 years, respectively) [27], and patients in several other registries [13,14,28–30]. In an analysis from COMPERA, 561 medically treated patients with CTEPH were graded as at low, intermediate, or high risk for death based on their WHO FC, 6MWD, BNP/NT-proBNP,

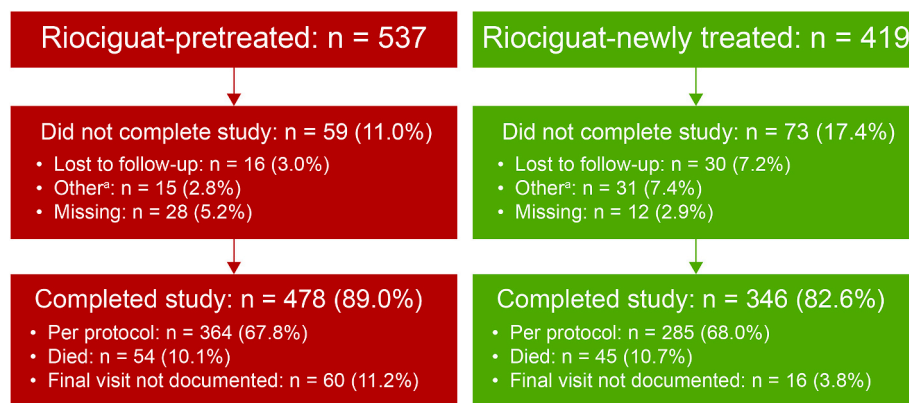


Fig. 3. Disposition of riociguat-pretreated and riociguat-newly treated patients with CTEPH. Chart shows primary reason for discontinuation.

^aOther reasons for not completing the study are listed in [Supplementary Table 1](#).

RAP, CI, and SvO₂ [31]. The estimated 1-year survival rate was 98.6%, 94.9%, and 75.5% in the low-, intermediate-, and high-risk groups, respectively. The baseline characteristics of CTEPH patients in EXPERT and their estimated survival were closest to those of the intermediate-risk COMPERA group.

Registries provide important information about the safety of drugs in clinical practice and thus supplement the information gained from selected populations under the closely controlled conditions of clinical trials. They may also detect previously unsuspected safety signals. No such signals were identified in EXPERT. Limitations inherent in registries including confounding, lack of randomization, missing values, and

the hazards of generalizing data from the registry population to other populations [32], also apply to EXPERT. In addition, EXPERT was designed to collect safety information on riociguat; it was not designed to provide data on the long-term efficacy of this drug. Strengths of EXPERT include the relatively long observation time (median: 504 days), the large number (956) of patients with CTEPH, the large proportion of patients completing the study. The planned enrollment for the entire study was 900 patients to allow for detection of ≥ 3 “uncommon” AEs with an incidence $\geq 0.5\%$. Given that 956 patients with CTEPH were enrolled, there were enough patients in the CTEPH cohort alone to achieve this power level. The availability of safety data in

Table 4

Safety summary in riociguat-pretreated and riociguat-newly treated patients with CTEPH.

| | Riociguat-pretreated ^a (n = 537) | Riociguat-newly treated ^b (n = 419) |
|---------------------------------------|---|--|
| AEs, n (%) | | |
| Any AE | 345 (64.2) | 270 (64.4) |
| Most common AEs ^c , n (%) | | |
| Peripheral edema/edema | 73 (13.6) ^d | 39 (9.3) ^e |
| Dyspnea | 50 (9.3) | 31 (7.4) |
| Dizziness | 42 (7.8) | 30 (7.2) |
| RV failure/cardiac failure | 40 (7.4) ^f | 34 (8.1) ^g |
| Pneumonia | 31 (5.8) | 17 (4.1) |
| Cough | 27 (5.0) | 16 (3.8) |
| Hypotension | 13 (2.4) | 24 (5.7) |
| Dyspepsia | 12 (2.2) | 21 (5.0) |
| Any drug-related AE ^h | 53 (9.9) | 95 (22.7) |
| Discontinuation due to AE | 21 (3.9) | 34 (8.1) |
| SAEs, n (%) | | |
| Any SAE | 199 (37.1) | 166 (39.6) |
| Most common SAEs ⁱ , n (%) | | |
| RV failure/cardiac failure | 39 (7.3) ^j | 32 (7.6) ^k |
| Pneumonia | 26 (4.8) | 13 (3.1) |
| Dyspnea | 17 (3.2) | 17 (4.1) |
| Syncope | 14 (2.6) | 10 (2.4) |
| PH ^l | 15 (2.8) | 7 (1.7) |
| Pulmonary embolism | 3 (0.6) | 9 (2.1) |
| Any drug-related SAE ^h | 13 (2.4) | 21 (5.0) |
| Discontinuation due to SAE | 17 (3.2) | 21 (5.0) |

AE, adverse event; PH, pulmonary hypertension; RV, right ventricular; SAE, serious adverse event.

^a Receiving riociguat for ≥ 3 months before entry. Median (range) duration of observation and riociguat treatment (days): 532.0 (0.0–1346.0); 506.0 (0.0–1346.0).

^b Receiving riociguat for < 3 months before entry. Median (range) duration of observation and riociguat treatment (days): 475.0 (0.0–1367.0); 455.0 (0.0–1367.0).

^c Preferred-term AEs reported in $\geq 5\%$ of patients in either group.

^d Peripheral edema in 46 patients (8.6%) and edema in 30 patients (5.6%).

^e Peripheral edema in 27 patients (6.4%) and edema in 12 patients (2.9%).

^f RV failure in 34 patients (6.3%) and cardiac failure in 7 patients (1.3%).

^g RV failure in 27 patients (6.4%) and cardiac failure in 9 patients (2.1%).

^h Investigator’s causality assessment.

ⁱ Preferred-term SAEs reported in $\geq 2\%$ of patients in either group.

^j RV failure in 34 patients (6.3%) and cardiac failure in 6 patients (1.1%).

^k RV failure in 25 patients (6.0%) and cardiac failure in 9 patients (2.1%).

^l Preferred term for worsening of the condition. Note. Patients with peripheral edema/edema or RV failure/cardiac failure could have both events.

Table 5
AEs and SAEs of special interest.

| | All CTEPH (n = 956) ^a | Riociguat-pretreated ^b (n = 537) | Riociguat-newly treated ^c (n = 419) |
|---|----------------------------------|---|--|
| Absolute AE rates, n (%) | | | |
| Hypotension | 37 (3.9) | 13 (2.4) | 24 (5.7) |
| Hemoptysis/pulmonary hemorrhage | 26 (2.7) | 15 (2.8) | 11 (2.6) |
| Exposure-adjusted AE rates (95% CI)^d | | | |
| Hypotension | 2.7 (2.0–3.7) | 1.7 (0.9–2.7) | 4.3 (2.8–6.2) |
| Hemoptysis/pulmonary hemorrhage | 2.2 (1.5–3.0) | 1.9 (1.1–3.0) | 2.6 (1.5–4.1) |
| Absolute SAE rates, n (%) | | | |
| Hypotension | 4 (0.4) | 3 (0.6) | 1 (0.2) |
| Hemoptysis/pulmonary hemorrhage | 16 (1.7) | 8 (1.5) | 8 (1.9) |
| Exposure-adjusted SAE rates (95% CI)^d | | | |
| Hypotension | 0.3 (0.1–0.7) | 0.4 (0.1–0.9) | 0.2 (0.0–0.8) |
| Hemoptysis/pulmonary hemorrhage | 1.4 (0.9–2.1) | 1.1 (0.5–1.9) | 1.9 (1.0–3.2) |

AE, adverse event; CI, confidence interval; CTEPH, chronic thromboembolic pulmonary hypertension; SAE, serious adverse event.

^a Median (range) duration of observation and riociguat treatment (days): 504.0 (0.0–1367.0); 493.5 (0.0–1367.0).

^b Receiving riociguat for ≥ 3 months before entry. Median (range) duration of observation and riociguat treatment (days): 532.0 (0.0–1346.0); 506.0 (0.0–1346.0).

^c Receiving riociguat for < 3 months before entry. Median (range) duration of observation and riociguat treatment (days): 475.0 (0.0–1367.0); 455.0 (0.0–1367.0).

^d Rate per 100 patient-years, calculated by the number of events observed divided by (total drug exposure in years/100).

patients receiving riociguat either as monotherapy or as part of a combination regimen at baseline was also a strength of the study.

5. Conclusion

Final data from the EXPERT registry showed that in patients with CTEPH, the long-term safety of riociguat in routine practice, was consistent with clinical trials, with no new safety concerns identified.

Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Prof Marius M. Hoeper reports personal fees from Bayer AG, during the conduct of the study; personal fees from Actelion, personal fees from Acceleron, personal fees from MSD, personal fees from Jansen, personal fees from Pfizer, outside the submitted work. Dr Hans Klose reports speaker and consultancy fees from Actelion, Bayer AG, GSK, Novartis, Pfizer, and United Therapeutics and research support from Actelion, Bayer AG, GSK, Pfizer, and MSD. Dr Michael Halank reports personal fees and non-financial support from Actelion, AstraZeneca, Bayer AG, Berlin-Chemie, GSK, OMT, MSD, and Novartis. Dr George Giannakoulas reports speaker and consultancy fees from Actelion, Bayer, ELPEN Pharmaceuticals, GSK, Pfizer, Lilly, and United Therapeutics, and

research support from GSK, ELPEN Pharmaceuticals, and Galenica. Dr Henning Gall has received honoraria and/or other support from Actelion, AstraZeneca, Bayer, BMS, GSK, Janssen-Cilag, Lilly, MSD, Novartis, OMT, Pfizer, and United Therapeutics. Dr Pavel Jansa reports consultancy and speaker fees from MSD, AOP Orphan, and Actelion. Prof Ekkehard Grünig reports research grants and speaker honoraria/consultancy fees from Actelion and Bayer/MSD, research grants from GSK, United Therapeutics, Bellerophon, OMT GmbH, Pfizer, Reata, and Novartis, and speaker honoraria from Bial, Medscape, and Orpha Swiss GmbH. Prof David Pittrow reports personal fees from Actelion, Bayer AG, Aspen, Boehringer Ingelheim, Sanofi, Biogen, Shire, and MSD outside the submitted work. Silvia Ulrich reports research grants and personal fees from Actelion, Bayer, MSD, and Orpha Swiss. Tobias J. Lange has received personal fees from Actelion, MSD, Pfizer, and OMT orphan. Dr Iraklis Tsangaris reports speaker and consultancy fees from Actelion, Bayer AG, ELPEN, GSK, MSD, Pfizer, and United Therapeutics. Stephan Rosenkranz reports remunerations for lectures and/or consultancy from Abbott, Actelion, Arena, Bayer, Ferrer, GSK, MSD, Novartis, Pfizer, and United Therapeutics; and research support to his institution from Actelion, Bayer, Novartis, Pfizer, and United Therapeutics. Repke J. Snijder reports grants from Pfizer and Actelion Pharmaceuticals. Prof Iveta Šimková reports consultancy and speaker fees from MSD, AOP Orphan, and Actelion. Dr Marc Humbert reports grants and personal fees from Bayer and GSK, and personal fees from Actelion, Merck, and United

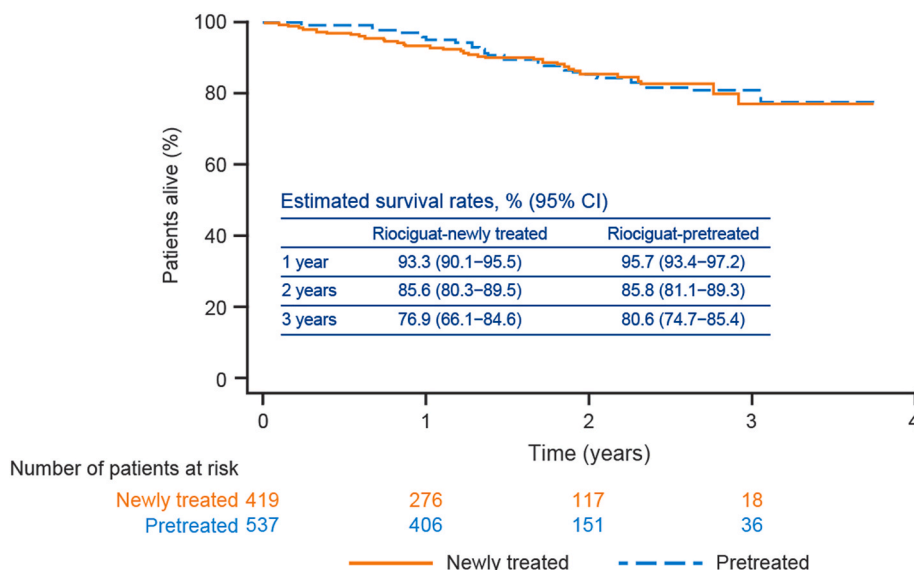


Fig. 4. Kaplan–Meier survival curves for riociguat-newly treated and riociguat-pretreated patients. CI, confidence interval.

Therapeutics. Marion Delcroix has received investigator, speaker, consultant, and steering committee member fees from Actelion, Bayer AG, Bellerophon, Eli Lilly, GlaxoSmithKline, MSD, Pfizer, and Reata, and research grants from Actelion. Joan A. Barberà reports receipt of honoraria for consultation or speaker fees from Actelion and Merck; and research support through his institution from Actelion, Merck, GlaxoSmithKline, and Ferrer. Joanna Pepke-Zaba reports research grants and speaker honoraria/consultancy fees from Actelion, Bayer/MSD, and GSK. Jean-Luc Vachiéry reports ongoing consultancies to Actelion, Sonnvie, Arena Pharma, Bial Portela, and Respira Therapeutics, past consultancies to AstraZeneca, BayerShering, CardioMEMS, GlaxoSmithKline, Pfizer, Merck, and United Therapeutics, and current membership of an advisory board or similar group for Actelion and GlaxoSmithKline. Jean-Luc Vachiéry's institution receives funding from Actelion Pharmaceuticals for performing clinical studies. Regina Steringer-Mascherbauer, Jens Klotsche, and Miguel-Angel Gomez Sanchez have no conflicts of interest relevant to the EXPERT study. Hossein-Ardeschir Ghofrani reports personal fees for advisory board work, and payment for lectures including service on speaker bureaus, from Actelion, Bayer, GSK, Novartis, and Pfizer; consultancy fees from Actelion, Bayer, Bellerophon Pulse Technologies, GSK, MSD, Novartis, and Pfizer; and grants from Deutsche Forschungsgemeinschaft (DFG). Pilar Escribano Subias reports personal fees from Actelion, Bayer AG, GlaxoSmithKline, and Merck Sharp & Dohme, and grants from Actelion, Bayer AG, GlaxoSmithKline, and Ferrer, outside the submitted work. Gérald Simonneau reports personal fees and non-financial support from Actelion, personal fees and non-financial support from Bayer, personal fees and non-financial support from MSD, outside the submitted work. Douglas S. Helmersen reports industry-sponsored research with Bayer AG, United Therapeutics, and Gilead Sciences, Inc., and advisory board/speaker fees from Bayer AG and Actelion. David Langleben reports honoraria, consultation fees, research support, and/or travel expenses from Actelion, Arena, Bayer AG, Northern Therapeutics, PhaseBio, Acceleron, Janssen, and United Therapeutics. Anco Boonstra reports consultancy fees from Pfizer BV and hospitality from Teva Nederland. Lisa M. Mielniczuk reports speaker fees and honoraria from Bayer AG, and speaker fees, consultancy fees, and travel fees from Actelion. Evgenia Williams and Christian Meier are employees of Bayer AG.

Acknowledgments and funding

The EXPERT registry was funded by Bayer AG (Berlin, Germany) and Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Kenilworth, NJ, USA.

The authors acknowledge the database administration by Torsten Tille, Dresden, and the project administration of Mrs Romy Hoppenz and Mrs Linda Kottke at GWT-TUD GmbH, Dresden.

Medical writing services provided by Richard Murphy PhD of Adelphi Communications Ltd, Macclesfield, UK were funded by Bayer AG in accordance with Good Publication Practice (GPP3) guidelines.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.rmed.2020.106220>.

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Christian Meier. Conceptualization; methodology; validation; writing – review & editing; supervision; project administration; funding acquisition; approval of final draft for submission.

Collaborators. Investigation; resources; supervision.

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