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3 1 Intracellular biosynthesis of melatonin and other indolic compounds in
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6 2 *Saccharomyces* and non-*Saccharomyces* wine yeasts
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2
3 28 **Abbreviations:** 5-HT: serotonin; 5-HTRP: 5-hydroxytryptophan; L-TRP: L-tryptophan;
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5 29 TRYP: tryptamine, N-acetyl-5-HT: N-acetyl-5-hydroxytryptamine; L-TRP EE: L-
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7 30 tryptophan ethyl ester; TOL: tryptophol; 3IAA: 3-indoleacetic acid; MLT: melatonin
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11 31 **Abstract**
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14 32 Certain bioactive compounds that derive from tryptophan have been determined in
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16 33 fermented foods, which suggests that the role of yeast is putative in origin. Melatonin is a
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18 34 neurohormone in humans that plays an important role in health. The activity of other
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20 35 compounds, such as 3-indoleacetic acid, has been recently highlighted, and interest in
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22 36 elucidating the conditions of their production has grown.
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26 37 However, the biosynthesis of melatonin by yeasts remains unclear to a large extent.
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28 38 Therefore, this work was undertaken to demonstrate the unequivocal synthesis of
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30 39 melatonin and other compounds that derive from tryptophan metabolism by yeast by
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32 40 determining them in the intracellular compartment. By high resolution mass spectrometry
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34 41 and a validated method, tryptophan itself, melatonin, serotonin, N-acetyl-5-
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36 42 hydroxytryptamine and 3-indoleacetic acid, were identified in the intracellular compartment
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38 43 of *Saccharomyces* and non-*Saccharomyces* wine yeasts.
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42 44 **Keywords:** exact mass, simultaneous determination, alcoholic fermentation, bioactive, 5-
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44 45 methoxyindoles, wine yeast
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1. Introduction

Melatonin (MLT), a neurohormone involved in circadian rhythm regulation, has been found in foods like strawberry, tomatoes [1] and cherries [2, 3], and in alcoholic beverages such as beer [4] and wines [5, 6]. The last-cited authors also monitored the whole winemaking process, and highlighted that melatonin was formed in the fermentation stage as a product of yeast metabolism [7]. This fermentative origin was later confirmed by the fermentation of other products, such as orange [8]. To date however, the synthesis pathway has not been unveiled in yeast and very little is known about the relevance of this molecule in its metabolism and physiology. Two independent studies have recently reported the protective role of intracellular melatonin against oxidative stress and UV radiation in *S. cerevisiae* [9, 10].

The MLT synthesis pathway in vertebrates uses tryptophan (L-TRP) as a precursor, which is converted into 5-hydroxytryptophan (5-HTRP), serotonin (5-HT) and N-acetyl-5-hydroxytryptamine (N-acetyl-5-HT) as intermediates. Other L-TRP-derived compounds with an indolic ring have been detected in wines, including L-tryptophan ethyl ester (L-TRP EE) [11], tryptophol (TOL) [12], 3-indoleacetic acid (3IAA) [13] and tryptamine (TRYP) [14]. Thus in order to ascertain the yeast metabolic origin of MLT and other related indolic compounds, we aimed to monitor the intracellular synthesis of all these L-TRP-derived compounds and their evolution during either pulses of L-TRP to resting yeast cells or the alcoholic fermentation of synthetic must. To date, only the study of Sprenger et al. [15] has evidenced the presence of MLT in the intracellular compartment of the yeast *S. cerevisiae*. Since this article was published, analytical techniques have been extensively developed thanks to mass spectrometry advances that allow the unequivocal identification

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3 70 of substances at relatively low concentrations. Fernández-Cruz et al. [16] recently
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5 71 developed and validated an analytical method by ultra high-performance liquid
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7 72 chromatography coupled to high-resolution mass spectrometry (UHPLC/HRMS) to
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10 73 monitor both MLT and related indolic compounds in order to lower their detection limits,
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12 74 and to assess their occurrence in culture medium and fermented products. In this study, we
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14 75 used this new validated analytical method to detect all these compounds intracellularly in
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16 76 yeasts of different species, which are all involved in wine fermentation. The intracellular
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18 77 detection of these molecules strongly reinforced the role played by yeasts in the final
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20 78 concentration of these bioactive molecules in fermented foods.
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80 2. Materials and Methods

81 2.1. Yeast strains

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33 82 Six yeast strains were used in this study. Two strains (QA23 and P24) belonged to *S.*
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35 83 *cerevisiae*. QA23 is a commercial strain and is marketed by Lallemand S.A. (Canada). P24
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37 84 was also provided by Lallemand S.A. (Canada), but it has no commercial name as it is still
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39 85 going through its development stage. The other four strains are non-*Saccharomyces*, wild
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41 86 isolates from the winemaking *Priorat* region of Spain and belong to different yeast species:
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43 87 *Hanseniaspora uvarum* Hu4 (CECT 13130), *Starmerella bacillaris* Cz4 (syn. *Candida*
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45 88 *zemplanina*, CECT 13129), *Metschnikowia pulcherrima* Mpp (CECT 13131), and
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47 89 *Torulasporea delbrueckii* Tdp (CECT 13135).
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51 90 2.2. Tryptophan pulses

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3 91 Cells were grown overnight in YPD medium (2% (w/v) bacteriological peptone, 2% (w/v)
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5 92 glucose, 1% (w/v) yeast extract) and washed twice with distilled water before being
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8 93 transferred to other media. After this overnight growth, yeast strains were suspended at cell
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10 94 densities of $\sim 10^8$ cells/mL in salt medium (50mM Na₂HPO₄, 0.5% NaCl, adjusted to pH
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12 95 5.8 using citric acid) and incubated in Erlenmeyer flasks with orbital agitation (150rpm) at
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14 96 28°C in complete darkness for 4 h. After this incubation period in salt medium, L-TRP was
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16 97 added at a final concentration of 1 mM. Control cells were not supplemented with any
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18 98 nutrient. Sampling was done at 30 min after adding this amino acid [15]. After this pulse,
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20 99 10 mL of the culture were centrifuged (10 min at 4000 rpm). The obtained pellet ($\sim 10^9$
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22 100 cells) was washed twice with distilled water and transferred to a microcentrifuge tube to be
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26 101 stored at -80 °C until it was analysed.

29 102 2.3. *Fermentation conditions*

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32 103 Two strains of *S. cerevisiae* (QA23 and P24) and two strains of non-*Saccharomyces* species
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34 104 (*H. uvarum* CECT13130 and *T. delbrueckii* CECT13135) were used to test the intracellular
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36 105 synthesis of these indolic compounds under fermentation conditions. Fermentations were
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38 106 carried out in synthetic must (SM) (pH 3.3), as described by Riou et al. [17] , but with 200
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40 107 g/L of reducing sugars (100 g/L glucose + 100 g/L fructose). The assimilable nitrogen
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42 108 source was 300 mg N/L (120 mg N/L as ammonium and 180 mg N/L in the amino acid
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44 109 form). The proportion of the different amino acids was the same as that previously
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46 110 described by Riou et al. [17] , except for L-TRP, whose concentration was increased 5-fold
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48 111 to boost indolic compound synthesis, but the same content in mg N/L terms (180 mg N/L)
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51 112 was kept. The population inoculated in SM came from an overnight culture in YPD at 30°C
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54 113 and the cells were rinsed twice with sterile distilled water prior to transfer to SM. These

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3 114 fermentations were performed in triplicate in laboratory-scale fermenters using 500-mL
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5 115 bottles filled with 400 mL of SM, which were fitted with closures that enabled carbon
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7 116 dioxide to escape and samples to be removed at 28°C with continuous orbital shaking at
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9 117 100 rpm. Yeast cell growth was determined by absorbance at 600 nm and by plating
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11 118 adequate dilutions on YPD agar by the end of fermentation. YPD plates were incubated for
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13 119 2 days at 30°C. Fermentation was monitored by measuring the density of the medium (g/L)
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15 120 in a Densito 30 PX densitometer (Mettler Toledo, Switzerland). Sampling was done in the
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17 121 lag (1 h after inoculation), log (initial, medium and final exponential phases) and stationary
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19 122 phases (2 days after cells entered the stationary phase). The volume taken during each
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21 123 sampling was calculated to obtain 10^8 cells (approximately 10 OD₆₀₀ units).
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26 124 2.4. *Intracellular metabolite extraction*

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29 125 Intracellular metabolites were extracted by adapting the boiling buffered ethanol method
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31 126 previously described by Gonzalez et al. [18] . Three mL of a solution of 75% (v/v) boiling
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33 127 absolute ethanol containing 70 mM (final concentration) of HEPES buffer (pH 7.5) were
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35 128 added to the cell pellet. This mixture was incubated for 3 min at 80°C and 3 min on ice. The
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37 129 extract was concentrated by the evaporation of the volume at 45°C in a 5301 Concentrator
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39 130 plus/Vacufuge® plus (Eppendorf, Spain). The final intracellular content was resuspended
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41 131 in 1 mL of ultrapure milliQ water and centrifuged for 10 min at 5,000 g at 4°C to remove
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43 132 insoluble particles. The supernatant was transferred to a new tube and stored at -20° C until
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45 133 used.
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50 134 2.5. *Sample preparation*

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3 135 Samples were extracted as previously reported by Rodriguez-Naranjo et al. [6] with the
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5 136 following modifications. Briefly, C18 SPE cartridges (Variant, Agilent) were conditioned
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7 137 with 2 mL of methanol and 2 mL of milliQ water. A 350- μ L aliquot of the sample was
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9 138 loaded, which was followed by a washing step with 2 mL of a 10% v/v methanol/water
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11 139 solution. The analytes were eluted with 1 mL of methanol and then evaporated to dryness at
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13 140 34°C, 2,000 rpm in a vacuum concentrator (HyperVACLITE, GYOZEN, South Korea).
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15 141 The extract was reconstituted with 116 μ L of water/methanol 1:1 (v/v) and stored away
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17 142 from light at -18°C until analysed.

22 143 2.6. UHPLC/HRMS parameters

25 144 The UHPLC/HRMS analysis was carried out under the same conditions of a validated
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27 145 method reported by Fernández-Cruz et al. [16] in a UHPLC Dionex Ultimate 3000 system
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29 146 (ThermoScientific, San Jose, USA). This benchtop LC-MS/MS combines quadruple
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31 147 precursor ion selection with high-resolution, accurate-mass (HRAM) Orbitrap detection.
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33 148 All the devices were controlled by the Chromeleon Express Software. The column used for
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35 149 the analysis was a ZORBAX RRHD SB-C18 (2.1 x 100 mm, 1.8 μ m particle size) with the
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37 150 corresponding guard column purchased from Agilent Technologies (Waldbronn, Germany).
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39 151 The UHPLC system was coupled to a Thermo Scientific Qexactive™ hybrid quadrupole-
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41 152 orbitrap mass spectrometer (Bremen, Germany). The target-MS² mode was set to run the
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43 153 analysis with the same parameters described by Fernández-Cruz et al. [16]. For
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45 154 identification purposes, the Xcalibur Software (version 3.0.63) was used. In order to
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47 155 quantitate, the TraceFinder™ Software (version 3.1) (Thermo Fisher Scientific, Waltham,
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49 156 MA) was applied. The mass characteristics of the compounds under study are shown in
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3 157 Table S1, and include the exact mass of the protonated ion, calculated mass, Δ mass ppm
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5 158 ranging between 0.004 and 2.55 ppm, MS/MS fragments with the molecular formula.
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8 159 2.7. *Statistical analysis*

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11 160 Differences in the intracellular indole concentrations after the L-TRP pulses were assessed
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13 161 by a directional Student's *t*-test to compare the concentration of each indole compound
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15 162 before and after the pulse. The 0.05 probability level was chosen as the maximum point of
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17 163 statistical significance throughout. The STATISTICA software V.7 (StatSoft, Inc, 2004)
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19 164 was used to perform the multivariate data analysis and the principal components analysis.
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26 166 3. Results and Discussion

27 167 3.1. *Intracellular indolic compounds after a tryptophan pulse to starved cells*

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29 168 The putative synthetic pathway of MLT in yeasts is completely unknown. In order to
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31 169 improve our knowledge about this route, we aimed to detect the intracellular synthesis of
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33 170 the different intermediates of this pathway (L-TRP, 5-HTRP, 5-HT, N-acetyl-5-HT and
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35 171 MLT), and other L-TRP-derived compounds (3IAA, TRYP, L-TRP EE and TOL), in
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37 172 different yeast strains and species, which all participate in wine fermentations.
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44 173 In a similar experiment to that reported by Sprenger et al. [15], we incubated yeast cells for
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46 174 4 h in a non-proliferative medium, which were pulsed with L-TRP. After 30 min,
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48 175 intracellular metabolites of 10^9 cells were extracted for their analysis by UHPLC/HRMS.
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50 176 The absolute values of these compounds before and after the L-TRP pulses are shown in
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52 177 Tables 1 and 2, in which they are separated by higher concentrations (expressed as ng/ 10^9
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54 178 cells) and lower concentrations (expressed as pg/ 10^9 cells), respectively. In order to
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3 179 highlight which metabolites significantly increased, we calculated the P-values for each
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5 180 indolic compound and strain before and after the L-tryptophan pulse (Table S2). Moreover,
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7 181 to gain an overview, these values are represented in a heat-map as relative increases after
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9 182 this pulse (Figure 1). Hierarchical clustering divided the species into two major groups:
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11 183 cluster 1 grouped the strains of *S. cerevisiae*, *M. pulcherrima* and *H. uvarum*, with the two
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13 184 *S. cerevisiae* strains forming a sub-cluster. Cluster 2 comprised the *S. bacillaris* (Cz4) and
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15 185 *T. delbrueckii* (Tdp) strains.
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20 186 The 3IAA compound was the metabolite synthesised at higher concentrations in all the
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22 187 strains, and Tdp and Cz4 presented the greatest accumulation. The other major synthesised
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24 188 compound was TOL, but at a much lower concentration. Both are synthesised via the Erlich
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26 189 pathway. While 3IAA is the higher acid that derives from L-TRP, TOL is the higher
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28 190 alcohol [19]. The synthesis of both metabolites is important because exogenous 3IAA and
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30 191 TOL induce morphological changes [20] and modulate the cell growth of wine yeast
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32 192 species, which suggests a possible role in microbial interaction during wine fermentation
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34 193 [21]. Among the metabolites detected at much lower concentrations, we found three
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36 194 intermediates of the MEL pathway of animals and plants: 5-HTRP, 5-HT and TRYP.
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38 195 TRYP accumulated in the *S. cerevisiae*, *M. pulcherrima* and *S. bacillaris* strains, but not in
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40 196 *T. delbrueckii* and *H. uvarum* ones. However, neither N-acetyl-5-HT nor MLT, these being
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42 197 the last products of the putative pathway, were detected in any strain. Sprenger et al. [15]
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44 198 reported high levels of methoxyindoles within the first 30 min after a L-TRP addition to
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46 199 starved cells. Our results indicate that, after a L-TRP pulse to starved cells, is favouring
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48 200 Ehrlich pathway over MLT biosynthetic pathway, which is more likely part of a secondary
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50 201 metabolism. Perhaps pulses with other intermediates of the route, such as 5-HT or other
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202 assay conditions, not involving nitrogen starvation, would result in better yields of these
203 secondary products.

204 We included in the analysis another compound, L-TRP EE, previously misnamed as MLT
205 isomer, which has been extensively quantified in extracellular samples from SM and wine
206 fermentations, but never detected intracellularly [11, 22, 23]. We were unable to detect it in
207 any strain. The fact that L-TRP EE wasn't detected could be explained either because the
208 conditions of the pulse experiments are very different to the ones during wine production or
209 because its synthesis is the result of a spontaneous chemical esterification reaction in wines,
210 without an enzymatic origin. In any case, more insight on yeast's ability to synthesize L-
211 TRP EE should be done.

212 3.2. *Intracellular synthesis of indolic compounds during wine fermentations*

213 Recently, Fernández-Cruz et al. [23] reported the presence of the above-mentioned
214 metabolites in wines fermented by different wine yeast strains. As our aim was to connect
215 the presence of these compounds in wines with the metabolic activity of yeasts, we
216 analysed the intracellular presence of these compounds in the same strains in different
217 growth phases during SM fermentation (exponential and stationary phases). The
218 concentration of the different compounds throughout fermentation is shown in Table 3. To
219 provide a better understanding, we calculated the percentage of each compound in the
220 different strains and fermentation stages (Figure 2). In this case, L-TRP and TOL
221 represented more than 95% of the total metabolites for all the assayed conditions (Figure
222 2A). It is noteworthy that during fermentations, 3IAA was a minor compound, but,
223 conversely, was the greatest metabolite synthesised after pulses. To make the visualisation
224 of minor compounds easier, Figure 2B represents the percentage of these metabolites

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3 225 detected at much lower concentrations (by removing L-TRP and TOL). The first striking
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5 226 result was that we were unable to detect N-acetyl-5-HT and MLT at any of the fermentation
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7 227 points of both the *S. cerevisiae* strains, while they were quantified practically throughout
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9 228 the fermentation in the non-*Saccharomyces* strains with levels varying from 0.12 to 0.93
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11 229 ng/10⁸ cells. Conversely, 5-HT and TRYP were detected in both *Saccharomyces* strains, but
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13 230 in none of the non-*Saccharomyces* strains used, and the accumulation of 5-HTRP was also
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15 231 greater in *Saccharomyces* compared to the non-*Saccharomyces* strains. The well-known
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17 232 differential capacity in taking up carbon and nitrogen sources from grape must between
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19 233 *Saccharomyces* and non-*Saccharomyces* can determine the differences observed in the
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21 234 intracellular synthesis of indolic compounds [24]. Recently, González et al. [25] have
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23 235 reported that the Erlich pathway is alike active in non-*Saccharomyces* yeasts that produce
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25 236 aromatic alcohols during alcoholic fermentation, although their regulation appears to be
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27 237 somewhat different than that of *S. cerevisiae*. Fernández-Cruz et al. [23] detected the
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29 238 maximum MLT production by the *Saccharomyces* strains after 2 days of fermentation,
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31 239 whereas non-*Saccharomyces* took longer to reach the maximum MLT concentration (day
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33 240 6).

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35 241 Finally, L-TRP EE was intracellularly detected at very low concentrations in the *S.*
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37 242 *cerevisiae* and *H. uvarum* strains. Once again, the large differences between the external
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39 243 and intracellular concentrations could be explained either again by a non-biological
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41 244 (chemical) synthesis, favoured under wine conditions, where its precursors come in large
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43 245 quantities: ethanol and L-TRP, or because this compound is toxic for the cell and it is
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45 246 rapidly expelled out. Esterification and quick secretion of the formed esters have been
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47 247 proposed as a cell fatty acid detoxification in *S. cerevisiae* [26].
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3 248 As an overview of the results, a multivariate statistical analysis was applied to the whole
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5 249 data matrix by considering the detected compounds as variables (Figure 3). The first
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8 250 principal component (PC1) accounted for 66.06% of total variance, while PC2 explained
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10 251 13.84%. PC1 was characterised by MLT and N-acetyl-5-HT with the greatest positive
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12 252 loadings, while L-TRP, TRYP, 5-HTRP and TOL showed the highest negative ones. These
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14 253 compounds with positive and negative loadings in the PCA correlated with the non-
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16 254 *Saccharomyces* and the *Saccharomyces* strains, respectively. Hu and Td were characterised
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18 255 by MLT and N-acetyl-5-HT production. For PC2, 5-HT and 3-IAA showed positive
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20 256 loadings, while L-TRP EE exhibited negative ones. Although samples were clearly
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22 257 separated into two big groups corresponding to *Saccharomyces* and non-*Saccharomyces*,
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24 258 Td was situated more in the upper right quadrant, which correlated with the positive
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26 259 loadings for PC2, whereas Hu was situated mainly in the lower right quadrant, which
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28 260 corresponded with negative loadings for PC2. This distribution can be explained by Td
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30 261 producing more 3-IAA than Hu and, conversely, the opposite was observed for L-TRP EE.
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32 262 In any case, this multivariate statistical analysis reinforced the idea that *Saccharomyces* and
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34 263 non- *Saccharomyces* presented different metabolic activity for the indolic compounds under
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36 264 the studied growing conditions.
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46 266 **4. Conclusions**

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49 267 As far as we know, this is the first time that some of these metabolites have been
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51 268 intracellularly detected in different yeast strains. Our aim in this work was to prove the
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53 269 undoubted ability of different wine yeasts to synthesise different indolic compounds. The
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55 270 intracellular detection of all the intermediates of the MLT pathway described in vertebrates
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3 271 and plants strongly supports the yeast origin of most of these indolic compounds in
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5 272 fermented beverages and foods, which reveals the potential of yeasts in the synthesis of
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7 273 bioactive compounds with added value in fermented products. This study clearly evidences
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10 274 that the synthesis of most of these indolic compounds strongly depends on the yeast
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12 275 strain/species and on the cell's metabolic state. However, as we are far from understanding
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14 276 how the metabolic route works in yeasts, we are now pulsing all these intermediates to
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16 277 different batches and continuous yeast cultures and analysing the products formed to unveil
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18 278 the sequential order of the substrates and products of this interesting metabolic pathway.
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25 280 **Acknowledgements**

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28 281 This work was supported by the Ministry of Economy, Industry and Competitiveness,
29
30 282 Spain (Grant nº AGL2016-77505-C3).
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Table S1. Mass characteristics for identification purposes.

Compound	R _T min	Exact mass [M+H] ⁺	Calculated Mass (<i>m/z</i>)	Molecular Formula	Δmass ppm	MS/MS fragments	Relative intensities
5-HT	1.26	177.1022	177.10269	C ₁₀ H ₁₂ N ₂ O	2.55	149.01244(C ₁₀ HN ₂)	100
5-HTRP	1.53	221.0921	221.09239	C ₁₁ H ₁₂ N ₂ O ₃	1.46	175.08694(C ₁₀ H ₁₁ ON ₂)	100
L-TRP	4.08	205.0971	205.09715	C ₁₁ H ₁₂ N ₂ O ₂	0.004	188.07057(C ₁₁ H ₁₀ O ₂ N) 146.06015(C ₉ H ₈ ON)	100 29
TRYP	4.14	161.1073	161.10697	C ₁₀ H ₁₂ N ₂	2.20	144.08079(C ₁₀ H ₁₀ N)	100
N-acetyl-5-HT	5.23	219.1122	219.11201	C ₁₂ H ₁₄ N ₂ O ₂	3.60	177.00673(C ₁₁ HON ₂)	6.86
L-TRP EE	6.63	233.1284	233.12852	C ₁₃ H ₁₆ N ₂ O ₂	0.30	216.10199(C ₁₃ H ₁₄ O ₂ N) 174.09129(C ₁₁ H ₁₂ ON)	100 24
TOL	7.09	162.0913	162.09164	C ₁₀ H ₁₁ NO	1.87	144.08104(C ₁₀ H ₁₀ N)	100
3IAA	7.10	176.0706	176.07104	C ₁₀ H ₉ NO ₂	2.50	130.06523(C ₉ H ₈ N)	100
MLT	7.17	233.1284	233.12852	C ₁₃ H ₁₆ N ₂ O ₂	0.30	174.09125(C ₁₁ H ₁₂ ON)	100

5-HT: serotonin; 5-HTRP: 5-hydroxytryptophan; L-TRP: L-tryptophan; TRYP: tryptamine, N-acetyl-5-HT: N-acetyl-5-hydroxytryptamine; L-TRP EE: L-tryptophan ethyl ester; TOL: tryptophol; 3IAA: 3-indoleacetic acid; MLT: melatonin

Table S2. The P-values of the comparison of the means for each indolic compound and strain before and after adding 1 mM L-tryptophan

	5-HTRP	3-IAA	L-TRP	TOL	TRYPT	SERO	MEL	NACSERO	L-TRP EE
QA23	0.00010357	0.00092524	1.1358E-05	0.00030773	3.7844E-05	1.0791E-05	n.i	n.i	n.i
6P24	3.2167E-16	0.00309727	7.1358E-08	2.4896E-10	3.8906E-08	0.01295624	n.i	n.i	n.i
7Mpp	5.6746E-14	2.6776E-06	5.8109E-08	7.1522E-06	6.7444E-06	1.0667E-18	n.i	n.i	n.i
8Hu4	0.072464	0.01617441	0.0139287	0.00205023	n.i	n.i	n.i	n.i	n.i
9z4	5.772E-08	0.00465218	0.00014551	0.00249176	0.09672938	0.01778494	n.i	n.i	n.i
10dp	0.00059832	2.463E-06	1.5788E-12	1.2007E-07	n.i	2.2925E-07	n.i	n.i	n.i

n.i= not increased

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Table 1. Concentrations of intracellular L-tryptophan (L-TRP), 3 indoleacetic acid (3IAA) and tryptophol (TOL) in the different yeast strains before and after (+) adding 1mM L-TRP

Strain	Intracellular indolic compounds [ng/10 ⁹ cells]		
	L-TRP	3-IAA	TOL
QA23	802.88 ± 130.19	6618.00 ± 2079.58	22.52 ± 5.00
QA23 +	12747.35 ± 3942.87	40273.17 ± 19552.73	184.74 ± 80.80
P24	596.96 ± 54.39	16840.5 ± 19918.13	41.20 ± 34.85
P24 +	16038.78 ± 2921.30	48127.5 ± 9790.15	444.50 ± 24.42
Tdp	867.30 ± 1141.83	54303 ± 70915.99	37.50 ± 34.91
Tdp +	59136.41 ± 3505.64	732656.5 ± 174376.77	1152.87 ± 220.23
Hu4	48.95 ± 45.46	21539.33 ± 34401.71	21.13 ± 17.33
Hu4 +	1461.73 ± 1345.40	128911.17 ± 101127.34	142.70 ± 78.57
Mpp	51.68 ± 10.83	1941.67 ± 1020.14	40.27 ± 6.61
Mpp +	8990.70 ± 1655.16	88437.83 ± 24168.56	2360.90 ± 726.52
Cz4	383.21 ± 55.29	19006.75 ± 8540.48	22.60 ± 8.13
Cz4 +	8397.83 ± 2576.33	775384.00 ± 435367.43	218.16 ± 99.73

Results are expressed as mean ± SD of biological replicates (n=3)

Table 2. Concentrations of the intracellular indole minority compounds in the different yeast strains before and after (+) adding 1 mM L-tryptophan

Strain	Intracellular indolic compounds [pg/10 ⁹ cells]					
	5-HTRP	5-HT	N-acetyl-5-HT	MLT	TRYP	L-TRP EE
QA23	139.00 ± 0.00	853.00 ± 23.82	n.d.	n.d.	n.d.	n.d.
QA23 +	948.50 ± 80.27	1308.00 ± 147.47	n.d.	n.d.	1304.17 ± 497.07	n.d.
P24	n.d.	681.00 ± 3.11	n.d.	170.33 ± 4.24	n.d.	n.d.
P24 +	934.83 ± 25.22	1037.17 ± 13.24	n.d.	60.83 ± 13.44	1167.67 ± 207.29	n.d.
Tdp	341.50 ± 6.36	894.00 ± 115.89	n.d.	n.d.	n.d.	n.d.
Tdp +	1711.67 ± 532.67	1700.33 ± 128.04	n.d.	n.d.	n.d.	n.d.
Hu4	n.d.	819.33 ± 4.50	n.d.	n.d.	n.d.	n.d.
Hu4 +	278.33 ± 1.41	692.67 ± 15.51	n.d.	n.d.	n.d.	n.d.
Mpp	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.
Mpp +	880.67 ± 39.90	993.83 ± 15.14	n.d.	n.d.	608.50 ± 189.23	n.d.
Cz4	n.d.	412.00 ± 7.55	n.d.	n.d.	n.d.	n.d.
Cz4 +	990.50 ± 110.84	1048.67 ± 99.51	n.d.	n.d.	147.83 ± 23.33	n.d.

Results are expressed as mean±SD of biological replicates (n=3) n.d.= not detected; L-TRP = L-tryptophan; 5-HTRP = 5-hydroxytryptophan; 5-HT = serotonin, N-acetyl-5-HT = N-acetyl serotonin; MLT = melatonin; 3IAA = 3-indoleacetic acid; TRYP = tryptamine; TOL = tryptophol; L-TRP EE = L-tryptophan ethyl

Table 3. Concentration of the intracellular indolic compounds in ng/10⁸ cells from the samples taken in the different alcoholic fermentation stages in two *Saccharomyces cerevisiae* strains (QA23 and P24) and in two non-*Saccharomyces* strains (Hu4 and Tdp).

Strain	Compound								
	L-TRP	5-HTRP	5-HT	N-acetyl-5-HT	MLT	3IAA	TRYP	TOL	L-TRP EE
QA23 ie	24584.64 ± 8348.46	1.95 ± 0.46	1.50 ± 0.81	n.d.	n.q.	2.75 ± 0.96	1.77 ± 0.48	5756.87 ± 1666.29	0.75 ± 0.28
QA23 me	5174.69 ± 1830.14	1.08 ± 0.06	0.07 ± 0.03	n.d.	n.q.	1.65 ± 0.16	0.73 ± 0.08	3780.78 ± 66.53	0.11 ± 0.06
QA23 fe	3841.20 ± 266.19	1.06 ± 0.01	0.06 ± 0.04	n.d.	n.q.	0.94 ± 0.19	0.93 ± 0.06	4295.66 ± 240.02	0.46 ± 0.01
QA23 ff	5936.66 ± 1309.64	1.16 ± 0.06	0.03 ± 0.01	n.d.	n.q.	3.31 ± 0.27	0.64 ± 0.10	8204.25 ± 982.44	0.66 ± 0.16
P24 ie	49027.84 ± 8874.80	5.46 ± 0.79	7.03 ± 1.49	n.d.	n.q.	6.98 ± 0.88	3.36 ± 0.31	8303.80 ± 527.15	0.88 ± 0.06
P24 me	1501.19 ± 198.34	1.10 ± 0.04	0.12 ± 0.08	n.d.	n.q.	3.80 ± 0.79	0.77 ± 0.08	7615.75 ± 1490.55	0.04 ± 0.03
P24 fe	3379.33 ± 459.49	1.06 ± 0.02	0.31 ± 0.23	n.d.	n.q.	2.57 ± 0.37	1.15 ± 0.27	4253.87 ± 561.80	0.57 ± 0.12
P24 ff	2425.52 ± 474.66	1.03 ± 0.01	0.03 ± 0.03	n.d.	n.q.	2.33 ± 1.29	0.81 ± 0.16	2605.30 ± 656.04	0.27 ± 0.07
Hu4 ie	3841.78 ± 3069.12	n.q.	n.d.	0.30 ± 0.20	0.93 ± 1.11	4.34 ± 2.73	n.d.	133.02 ± 48.38	1.70 ± 1.01
Hu4 me	703.13 ± 2.45	n.q.	n.d.	0.14 ± 0.01	0.34 ± 0.17	0.05 ± 0.01	n.d.	13.56 ± 0.07	n.d.
Hu4 fe	89.26 ± 0.63	n.q.	n.d.	0.13 ± 0.00	0.56 ± 0.26	0.95 ± 0.37	n.d.	36.74 ± 0.08	0.46 ± 0.01
Hu4 ff	15.31 ± 7.37	n.q.	n.d.	0.13 ± 0.01	0.28 ± 0.10	0.15 ± 0.04	n.d.	20.16 ± 0.19	1.04 ± 0.67
Tdp ie	2478.68 ± 1595.96	0.03 ± 0.01	n.d.	0.14 ± 0.00	0.17 ± 0.07	4.28 ± 1.09	n.d.	98.55 ± 16.38	n.d.
Tdp me	2529.59 ± 216.84	0.02 ± 0.00	n.d.	0.14 ± 0.01	0.66 ± 0.43	3.09 ± 1.76	n.d.	295.44 ± 51.35	n.d.
Tdp fe	1551.73 ± 166.32	0.02 ± 0.00	n.d.	0.13 ± 0.01	0.32 ± 0.21	7.62 ± 0.86	n.d.	654.20 ± 115.09	n.d.
Tdp ff	665.05 ± 230.83	0.04 ± 0.00	n.d.	0.13 ± 0.01	0.12 ± 0.03	22.63 ± 5.44	n.d.	842.79 ± 143.23	n.d.

n.d. = not detected; n.q. = not quantifiable; L-TRP = L-tryptophan; 5-HTRP = 5-hydroxytryptophan; 5-HT = serotonin, N-acetyl-5-HT = N-acetyl serotonin; MLT = melatonin; 3IAA = 3-indoleacetic acid; TRYP = tryptamine; TOL = tryptophol; L-TRP EE = L-tryptophan ethyl ester; ie = initial exponential; me = middle exponential; fe = final exponential, ff = finalized fermentation. Biological replicates are indicated as mean±SD of biological replicates (n=3).

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3 **Figure 1.** Effect of tryptophan addition for 30 min on the intracellular production of the different indolic
4 compounds in *Saccharomyces cerevisiae* (QA23 and P24) and non-*Saccharomyces* (Mpp, Hu4, Cz4, Tdp)
5 starved cells.
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10 **Figure 2.** Progression of the detected indole compounds across the different alcoholic fermentation stages for
11 the studied yeast strains (A). The major compounds tryptophan (L-TRP) and tryptophol (TOL) were masked
12 for better visualisation (B). ie = initial exponential; me = middle exponential; fexp = final exponential, fp =final
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20 **Figure 3.** The statistical principal components analysis (PCA) of the effect of the different growth stages on
21 the production of indolic compounds in *Saccharomyces* and non-*Saccharomyces* strains. Component 1
22 reflects 62.06% total variance (it negatively correlates with L-TRP, TRYP, 5-HTRP and TOL, and positively
23 with N-acetyl-5-HT and MLT). Component 2 reflects 13.84% total variance (and positively correlates with
24 3-IAA and negatively with L-TRP-EE) and is arranged on two dimensions according to Components 1 and 2.
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32 The samples of *Saccharomyces* are grouped in the yellow ellipse, while the non-*Saccharomyces* are grouped
33 in the blue ellipse, which reflect differences in indolic profiles at the species level.
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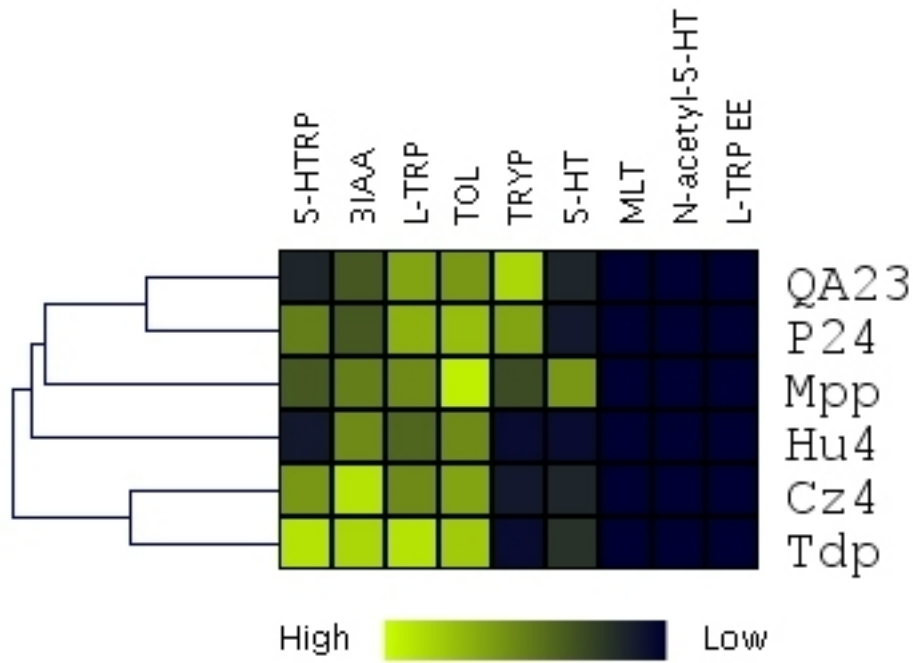


Fig 1: Effect of tryptophan addition during 30 min on intracellular production of the different indolic compounds in *Saccharomyces cerevisiae* (QA23 and P24) and non-*Saccharomyces* (Mpp, Hu4, Cz4, Tdp) starved cells.

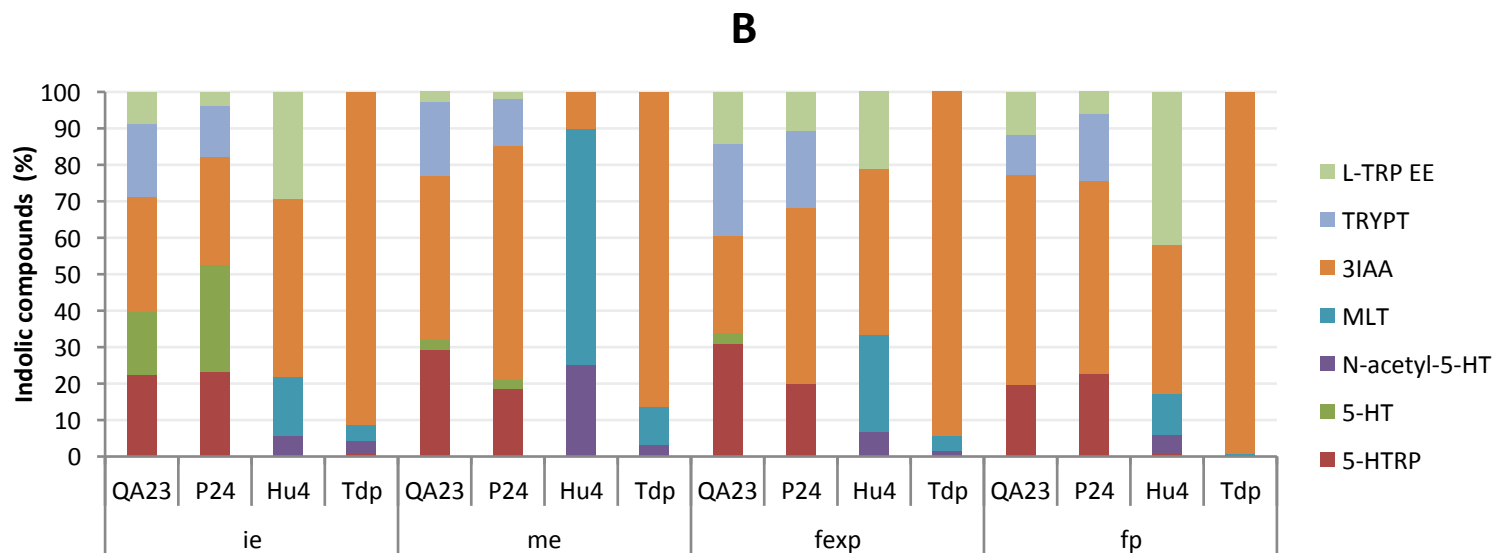
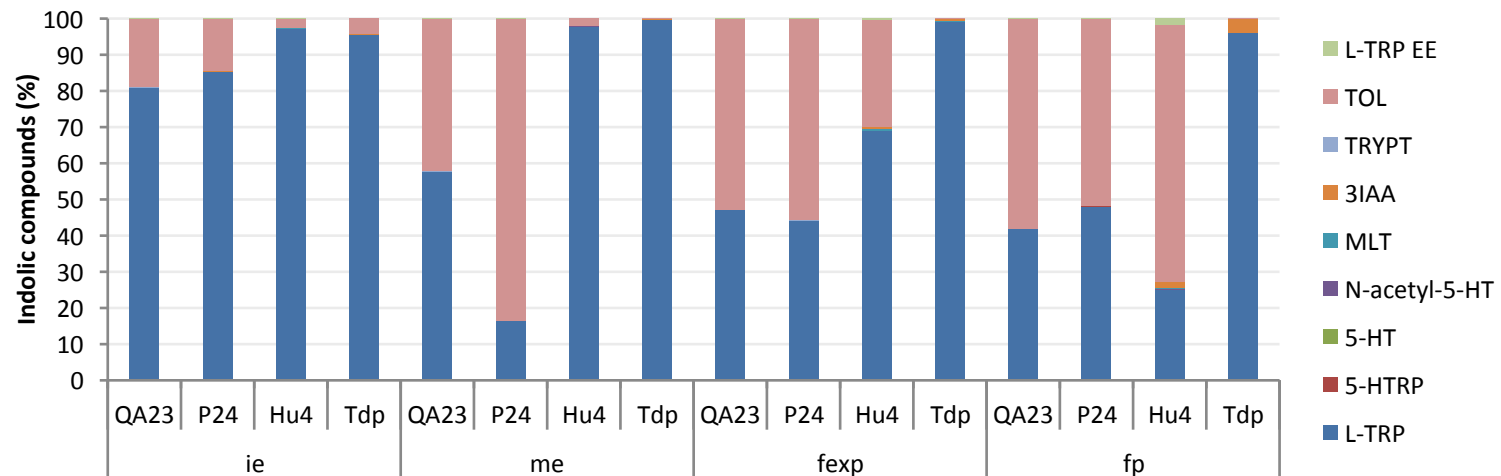


Fig 2: Progression of the detected indole compounds across the different stages of alcoholic fermentation for studied yeast strains (A). Major compounds tryptophan (L-TRP) and tryptophol (TOL) were masked for better visualization (B). ie = initial exponential; me = middle exponential; fexp = final exponential, fp = final point

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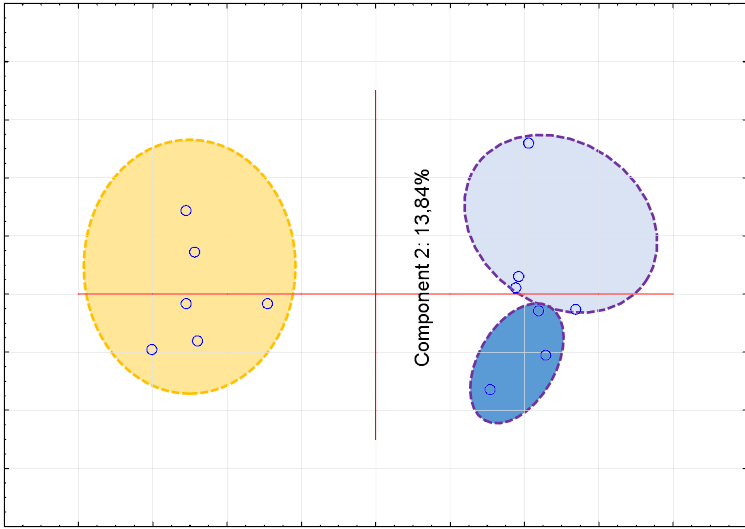
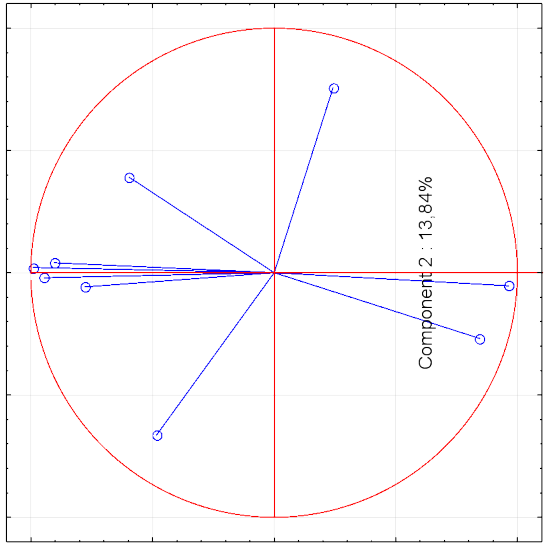


Figure 3. The statistical principal components analysis (PCA) of the effect of the different growth stages on the production of indolic compounds in *Saccharomyces* and non-*Saccharomyces* strains. Component 1 reflects 62.06% total variance (it negatively correlates with L-TRP, TRYP, 5-HTRP and TOL, and positively with N-acetyl-5-HT and MLT). Component 2 reflects 13.84% total variance (and positively correlates with 3-IAA and negatively with L-TRP-EE) and is arranged on two dimensions according to Components 1 and 2. The samples of *Saccharomyces* are grouped in the yellow ellipse, while the non-*Saccharomyces* are grouped in the blue ellipse, which reflect differences in indolic profiles at the species level. .