

1     **Interfacial and foaming properties of bovine  $\beta$ -lactoglobulin:galactose**  
2                                     **Maillard conjugates**

3                     <sup>1</sup>Marta Corzo-Martínez, <sup>2</sup>Cecilio Carrera Sánchez, <sup>1</sup>F. Javier Moreno, <sup>2</sup>Juan M.  
4                                     Rodríguez Patino and <sup>1</sup>Mar Villamiel\*

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7     <sup>1</sup>Instituto de Investigación en Ciencias de la Alimentación, CIAL (CSIC-UAM),  
8     Nicolás Cabrera 9, Campus de la Universidad Autónoma de Madrid, 28049, Madrid,  
9     Spain.

10    <sup>2</sup>Departamento de Ingeniería Química, Facultad de Química, Universidad de Sevilla,  
11    Prof. García González 1, 41012, Sevilla, Spain.

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19                     \*Author to who correspondence should be addressed

20                     Tel +34 910017951; Fax +34 910017905

21                     E-mail: [m.villamiel@csic.es](mailto:m.villamiel@csic.es)

22                     Current address: Instituto de Investigación en Ciencias de la Alimentación, CIAL  
23     (CSIC-UAM), Nicolás Cabrera 9, 28049, Madrid, Spain.

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25

26 **Abstract**

27 In this paper, the effect of the initial and advanced steps of glycosylation by  
28 Maillard reaction (MR) (glycation) of  $\beta$ -lactoglobulin ( $\beta$ -Lg) with galactose on the  
29 interfacial and foaming (foamability and foam stability) properties of this protein has  
30 been studied at both pH 7 and pH 5. Hardly any effect of glycation was observed at pH  
31 7. However, at pH 5, due to its increased solubility,  $\beta$ -Lg glycated at 50°C during 48 h  
32 (advanced steps of MR) presented the best dynamic of adsorption which led to an  
33 increase of the surface dilatational modulus of adsorbed film. This resulted in a better  
34 foaming capacity, as well as higher stability of foams of  $\beta$ -Lg glycoconjugates with  
35 respect to native and control heated protein. These results could extend the applicability  
36 of  $\beta$ -Lg as a foaming agent, particularly in acid foods.

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## 39 **1. Introduction**

40 Foaming characteristics of food dispersions are important in determining quality  
41 attributes of many foods (milk, meat, mayonnaise, spreads, ice cream, frozen desserts,  
42 cakes, breads, whipped toppings, etc.). The structure of many of these products depends  
43 upon the formation and stability of foam which facilitates mixing, **imparts** structure and  
44 **contributes** to sensory qualities. These dispersions are thermodynamically unstable, and  
45 their relative stability depends on the properties of the surface-active components in the  
46 system (Carrera & Rodríguez Patino, 2005; Rodríguez Patino, Carrera & Rodríguez  
47 Niño, 2008).

48 In the food industry, foams are stabilized mainly by proteins (Rullier, Novales, &  
49 Axelos, 2008), milk proteins being one of the most utilized. In particular  $\beta$ -  
50 lactoglobulin ( $\beta$ -Lg), which represents 50% of the total mass of the whey proteins, is  
51 widely used due to its high capacity to be adsorbed at the air/water interface, to decrease  
52 surface tension and to build interfacial elastic networks after unfolding (Kinsella, 1984;  
53 Phillips, Whitehead, & Kinsella, 1994; Murray, 1998). This protein is known to form  
54 thick interfacial layers close to its isoelectric point (pI 5.2) (Kinsella, 1984; Phillips et  
55 al., 1994; Wilde & Clark, 1996) and, under heat treatment, a very strong aggregation at  
56 pH close to pI can be produced. Thus, the formation of covalently bound protein  
57 aggregates through disulphide bridges (Schmitt et al., 2005) might alter the foaming  
58 properties of protein. However, at neutral pH it has been shown that partial unfolding of  
59  $\beta$ -Lg through heat treatment improves its foaming properties (Bals & Kulozik, 2003;  
60 Davis & Foegeding, 2004; Kim, Cornec, & Narsimham, 2005). In this context, the  
61 search for processes that can efficiently improve the functional properties of proteins  
62 and therefore increase their degree of applicability is of increasing interest.

63           Among the different physical, chemical, or enzymatic treatments, leading to the  
64 modification of protein functionality, a great deal of attention has been focussed on the  
65 covalent interaction protein/carbohydrate via the Maillard reaction (MR). During this  
66 reaction, the conjugation of a reducing carbohydrate to the  $\epsilon$ -amino group of lysine  
67 occurs spontaneously under heating conditions without the utilization of toxic chemical  
68 products (Chevalier, Chobert, Dalgalarondo, & Haertlè, 2001a). Moreover, it is well-  
69 known that the Maillard reaction, carried out under dry state and well controlled  
70 conditions (temperature, relative humidity and time), is an adequate method for  
71 improving functionality of proteins without important structural changes (Morgan,  
72 Leonil, Molle, & Bouhallab, 1997; Oliver, Melton, & Stanley, 2006a; Oliver, 2011).  
73 Several studies have shown that glycation under controlled conditions, in addition to  
74 improve the heat stability of food proteins, including whey proteins, favours the protein  
75 diffusion at the air/water interface and its adsorption to the same, especially due to an  
76 increase in exposed hydrophobicity and molecular unfolding, improving the protein  
77 ability to form and stabilize foams (Schmitt, Bovay, & Frossard, 2005; Medrano,  
78 Abirached, Panizzolo, Moyna, & Anon, 2009). In this sense, the study of glycosylation  
79 via the MR (glycation) of  $\beta$ -Lg as a tool to improve its foaming and stabilizing capacity,  
80 particularly at pH values close to its pI, could be of interest.

81           Several authors have described a direct relationship between the foam formation  
82 and stability and the interfacial properties of adsorbed protein films (Martin, Grolle,  
83 Bos, Cohen-Stuart, & van Vliet, 2002; Murray, 2002; Rouimi, Schorsch, Valentini, &  
84 Vaslin, 2005; Rodríguez Patino et al., 2008). Among them, the dynamic of adsorption  
85 and the rheological properties of interfacial films have been shown to influence foam  
86 properties, depending on the mechanisms causing foam destabilization (Baeza, Carrera,  
87 Rodríguez Patino, & Pilosof, 2005; Rodríguez Patino et al., 2008; Martínez, Carrera,

88 Rodríguez Patino, & Pilosof, 2009). To the best of our knowledge, studies in the  
89 literature about the impact of  $\beta$ -Lg glycation on the interfacial properties and,  
90 consequently, on the foaming properties of this protein are very scarce. Schmitt et al.  
91 (2005) in  $\beta$ -Lg:acacia gum conjugated by Maillard reaction at pH 4.2, 5.3 and 7.0  
92 observed a higher capacity to form and stabilize foams of glycoconjugates than  
93 unglycated  $\beta$ -Lg, especially at pH 5.3. These authors needed 14 days at 60 °C to obtain  
94 the maximum level (15%) of  $\text{NH}_2$  loss. Because of the reaction with polysaccharides  
95 needs strong conditions and long incubation periods, which would be more expensive  
96 from the industrial standpoint, the use of monosaccharides such as galactose, might be  
97 of interest, since it allows obtaining modified proteins with a high yield under milder  
98 reaction conditions (Corzo-Martínez et al. 2008).

99 Thus, the aim of this work was i) to study the effect of glycation with galactose on  
100 the adsorption of  $\beta$ -Lg at the air/water interface and to characterize the rheological  
101 properties of the interfacial films; and ii) to evaluate foaming properties (foamability  
102 and foam stability) of  $\beta$ -Lg glycoconjugates in relation to their interfacial behaviour.

103

## 104 **2. Materials and methods**

### 105 ***2.1. Materials***

106 Galactose (Gal) and bovine  $\beta$ -lactoglobulin ( $\beta$ -Lg) (mixture of A and B variants)  
107 were purchased from Sigma-Aldrich (St. Louis, MO, USA). All other reagents were of  
108 analytical grade.

109

### 110 ***2.2. Preparation and purification of $\beta$ -Lactoglobulin-galactose conjugates***

111 Gal and  $\beta$ -Lg in a weight ratio of 1:1 were dissolved in 0.1 M sodium phosphate  
112 buffer, pH 7 (Merck, Darmstadt, Germany), and lyophilized. The  $\beta$ -Lg-Gal powders

113 were kept at 40 and 50 °C for 24 and 48 h, respectively (Corzo-Martínez, Moreno,  
114 Olano, & Villamiel, 2008), under a vacuum in a desiccator equilibrated at an  $a_w$  of 0.44,  
115 achieved with a saturated  $K_2CO_3$  solution (Merck). In addition, control experiments  
116 were performed with  $\beta$ -Lg stored at 40 and 50 °C without galactose during the same  
117 periods (control heated  $\beta$ -Lg).

118 After incubation, the products were reconstituted in distilled water to a protein  
119 concentration of 1 mg/mL. To remove free carbohydrate, 2 mL portions were  
120 ultrafiltered through hydrophilic 3 kDa cut-off membranes (Centricon YM-3, Millipore  
121 Corp., Bedford, MA) by centrifugation at 1,548 x g for 2 h. After removal of free Gal,  
122 samples were lyophilized and stored at -20 °C for further analysis.

123 Incubations were performed in duplicate, and all analytical determinations were  
124 performed at least in duplicate.

125

### 126 ***2.3. Solubility of $\beta$ -lactoglobulin conjugates***

127 For solubility evaluation, solutions of native, control and glycated  $\beta$ -Lg in distilled  
128 water (1 mg/mL) were adjusted to pH 5 and 7 using HCl or NaOH 1 N. After 30 min of  
129 stirring at room temperature, the samples were centrifuged for 15 min at 4 °C and  
130 15,000 x g. The protein content in the supernatants was determined by measuring the  
131 absorbance at 280 nm ( $A_{280}$ ) in a Beckman DU 70 spectrophotometer (Beckman  
132 Instruments Inc., Fullerton, CA) and the solubility was expressed as the percentage of  
133 the total protein content, considering as 100% the  $A_{280}$  of native  $\beta$ -Lg.

134

### 135 ***2.4. Interfacial properties measurement***

136 Interfacial properties (dynamic of surface pressure and surface dilatational  
137 properties) of native, control heated and glycated  $\beta$ -Lg were determined at pH 7 and 5.

138 For this, samples were dissolved in Trizma-HCl buffer (0.05 M, pH 7.0) or acetic  
139 acid/acetate buffer (0.05 M, pH 5) (Sigma-Aldrich, St. Louis, MO), the final protein  
140 concentration being 5 mg/mL.

141 Time-dependent surface pressure and surface dilatational measurements of native,  
142 control heated and glycated  $\beta$ -Lg adsorbed films at the air/water interface were  
143 performed with an automatic pendant drop tensiometer (TRACKER, IT Concept,  
144 Longessaine, France) as previously described (Rodríguez Patino, Rodríguez Niño, &  
145 Carrera, 1999; Rodríguez Niño & Rodríguez Patino, 2002). The method involved a  
146 periodic automated-controlled, sinusoidal interfacial compression and expansion  
147 performed by decreasing and increasing the drop volume at a given desired amplitude  
148 ( $\Delta A/A$ ) and angular frequency ( $\omega$ ), and the response of the surface pressure ( $\pi$ ,  $\text{mN}\cdot\text{m}^{-1}$ )  
149 is monitored throughout the experiment, being:

$$150 \quad \pi = \sigma^0 - \sigma \quad (1)$$

151 where  $\sigma^0$  is the surface tension of aqueous solution, in the absence of protein ( $\sigma^0 =$   
152  $72.5 \text{ mN}\cdot\text{m}^{-1}$ ), and  $\sigma$  ( $\text{mN}\cdot\text{m}^{-1}$ ) is the surface tension in the presence of protein.

153 Since rate of increase of  $\pi$  is initially controlled by the protein diffusion from the  
154 bulk phase to the interface, in this work, dynamic of protein adsorption was evaluated  
155 considering the first stage of the protein diffusion, by determining the apparent  
156 diffusion constant ( $K_{dif}$ ). This was calculated as the slope of the line between the origin  
157 (point 0.0) and first point on the plot  $\pi$  vs. square root of time ( $\theta$ ).

158 Regarding surface rheological parameter, the surface dilatational modulus ( $E$ )  
159 derived from the change in interfacial tension (dilatational stress),  $\sigma$  (Eq. (2)), resulting  
160 from a small change in surface area (dilatational strain),  $A$  (Eq. (3)), may be described  
161 by Eq. (4) (Lucassen and van den Tempel, 1972):

162 
$$\sigma = \sigma_0 \sin(\omega \cdot \theta + \phi) \quad (2)$$

163 
$$A = A_0 \sin(\omega \cdot \theta) \quad (3)$$

164 
$$E = \frac{d\sigma}{dA/A} = - \left( \frac{d\pi}{d \ln A} \right) = |E|e^{i\phi} = E_d + iE_v \quad (4)$$

165

166 where  $\sigma_0$  and  $A_0$  are the stress and strain amplitudes, respectively,  $\theta$  is the time,  $\phi$   
 167 is the phase angle between stress and strain, and  $|E|$ , the absolute modulus, a measure of  
 168 the total unit material dilatational resistance to deformation (elastic + viscous), is the  
 169 ratio ( $\sigma_0/A_0$ ).

170 Surface dilatational modulus ( $E$ ) is a complex quantity and it is composed of real  
 171 and imaginary parts. The real part of the dilatational modulus (or storage component) is  
 172 the dilatational elasticity,  $E_d = |E| \cdot \cos \phi$ . The imaginary part of the dilatational modulus  
 173 (or loss component) is the surface dilatational viscosity,  $E_v = |E| \cdot \sin \phi$ . The phase angle  
 174 ( $\phi$ ) between stress and strain is a measure of the relative film elasticity. For a perfectly  
 175 elastic material stress and strain are in phase ( $\phi = 0$ ) and the imaginary term is zero. In  
 176 the case of a perfectly viscous material,  $\phi = 90^\circ$  and the real part is zero.

177 Interfacial experiments were carried out at  $20 \pm 0.3$  °C. The temperature was  
 178 maintained constant by circulating water from a thermostat. Sample solutions were  
 179 placed in the syringe and subsequently in a compartment, and they were allowed to  
 180 stand for 30 min to reach the desired constant temperature. Then a drop was delivered  
 181 and allowed to stand for 10,800 s to achieve protein adsorption at the air–water  
 182 interface. Surface rheological parameters ( $E$ ,  $E_d$ ,  $E_v$  and  $\phi$ ) were measured as a function  
 183 of adsorption time ( $\theta$ ), at 10% of deformation amplitude ( $\Delta A/A$ ) and at 0.1 Hz of  
 184 angular frequency ( $\omega$ ). Sinusoidal oscillation for surface dilatational measurement was



185 made with five oscillation cycles followed by a time of 50 cycles without any  
186 oscillation up to the time required to complete adsorption. Measurements were made at  
187 least twice. The average standard accuracy of the surface pressure was roughly 0.1  
188 mN/m. The reproducibility of the results was better than 0.5% and 5.0% for surface  
189 pressure and surface dilatational properties, respectively.

190

## 191 ***2.5. Foaming properties***

192 The foaming properties of native, control heated and glycated  $\beta$ -Lg solutions were  
193 characterized through their foam formation and stability measured in a commercial  
194 instrument (Foamscan IT Concept, Longessaigne, France), based on the ideas by  
195 Popineau and co-authors (Guillerme, Loisel, Bertrand, & Popineau, 1993; Loisel,  
196 Guégan, & Popineau, 1993). With this instrument the foam formation, the foam stability  
197 and the drainage of liquid from the foam can be determined by conductimetric and  
198 optical measurements. The foam is generated by blowing gas (nitrogen) at a flow of 45  
199 mL/min through a porous glass filter (pore diameter 0.2 mm) at the bottom of a glass  
200 tube where 20 mL of sample solution under investigation is placed. The foam volume is  
201 determined by use of a CCD camera. The drainage of water from the foam is followed  
202 via conductivity measurements at different heights of the foam column. A pair of  
203 electrodes at the bottom of the column was used for measuring the quantity of liquid  
204 that was not in the foam, while the volume of liquid in the foam was measured by  
205 conductimetry in three pairs of electrodes located along the glass column. In all  
206 experiments, the foam was allowed to reach a volume of 120 mL. The bubbling was  
207 then stopped and the evolution of the foam was analyzed. Foaming properties were  
208 measured at 20 °C from protein aqueous solutions (5 mg/mL) at pH 5 and 7 and at an  
209 ionic strength of 0.05 M.

210 Four parameters were determined as a measure of foaming capacity. The overall  
 211 foaming capacity (OFC, mL/s) was determined from the slope of foam volume curve till  
 212 the end of the bubbling. The foam capacity (FC), a measure of gas retention in the foam,  
 213 was determined by Eq. (5). The foam maximum density (MD), a measure of the liquid  
 214 retention in the foam, was determined by Eq. (6). The relative foam conductivity ( $C_f$ , %)  
 215 is a measure of the foam density and was determined by Eq. (7).

$$216 \quad FC = \frac{V_{\text{foam}}(f)}{V_{\text{gas}}(f)} \quad (5)$$

$$217 \quad MD = \frac{[V_{\text{liq}}(i) - V_{\text{liq}}(f)]}{V_{\text{foam}}(f)} \quad (6)$$

$$218 \quad C_f = \left[ \frac{C_{\text{foam}}(f)}{C_{\text{liq}}(f)} \right] \quad (7)$$

219 where  $V_{\text{foam}}(f)$  is the final foam volume,  $V_{\text{gas}}(f)$  is the final gas volume injected,  
 220  $V_{\text{liq}}(i)$  and  $V_{\text{liq}}(f)$  are the initial and final liquid volumes, and  $C_{\text{foam}}(f)$  and  $C_{\text{liq}}(f)$   
 221 are the final foam and liquid conductivity values, respectively.

222 The static foam stability was determined from the volume of liquid drained from  
 223 the foam over time (Rodríguez Patino, Naranjo, & Linares, 1995; Rodríguez Patino,  
 224 Rodríguez Niño, & Álvarez, 1997). For this, it was calculated the half-life time ( $\theta_{1/2}$ ),  
 225 referring to the time needed to drain the half the volume of liquid of foam.

226

## 227 **2.6. Statistical analysis**

228 Statistical analysis was performed using the Statgraphic CENTURION XV  
 229 Program (Statistical Graphics Corporation, Rockville, MD, USA) for Windows. One-  
 230 way analysis of variance (ANOVA) (least significant difference, LSD, test) was used

235 for the statistical evaluation of results derived from interfacial and foaming  
236 determinations of the glycated and unglycated  $\beta$ -Lg. Differences were considered  
237 significant when  $P < 0.05$ .

238

### 239 **3. Results and discussion**

240 On the basis of a previous paper of our research group (Corzo-Martínez et al.,  
241 2008), two types of glycoconjugates were prepared at different stages of the Maillard  
242 reaction, one of them, in early stages of the MR ( $\beta$ -Lg:Gal [24 h, 40 °C]), consisted  
243 primarily of complexes with a high glycation degree and a low aggregation level, while  
244 the glycoconjugate obtained after incubation under more severe conditions ( $\beta$ -Lg:Gal  
245 [48 h, 50 °C]), in the advanced stages of the MR, exhibited, in addition of a high  
246 glycation degree, an elevated content of protein aggregates.

247 In that paper, the progress of the Maillard reaction was evaluated by different  
248 methods. Thus, MALDI-TOF-MS analyses revealed that an average number of 14 and  
249 22 molecules of Gal were covalently linked to  $\beta$ -Lg after incubation at 40 °C for 24 h  
250 and at 50 °C for 48 h, respectively. Isoelectric focusing (IEF) analysis also showed a  
251 high glycation degree of  $\beta$ -Lg, being observed a noticeable shift of the isoelectric point  
252 of  $\beta$ -Lg glycated especially at 50 °C toward more acidic pH as a result of the loss of  
253 basicity and, consequently, the increase in negative charge of the  $\beta$ -Lg molecule due to  
254 the blocking of Lys and Arg residues with carbohydrates.

255 Concerning conformational characterization of glycoconjugates, Corzo-Martínez  
256 et al. (2008) also observed a slight shift of the tryptophan (Trp) emission maximum at  
257 50 °C, whilst no shift of the Trp emission maximum was detected after glycation of  $\beta$ -  
258 Lg at 40 °C, suggesting that important structural changes in the three dimensional  
259 configuration of the protein occurred at 50 °C. However, glycation at 40 °C, although

260 partially affected the side chains of the protein in the tertiary structure, did not cause a  
261 great disruption of the native structure. According to this, a great decrease in surface  
262 hydrophobicity ( $S_0$ ) of  $\beta$ -Lg:Gal [48 h, 50 °C] was found, while glycation at 40 °C only  
263 lead to a slight increase in  $\beta$ -Lg surface hydrophobicity, probably due to the exposition  
264 of hydrophobic patches on the protein surface, as a consequence of its partial  
265 denaturation. Likewise, results from size exclusion chromatography (SEC) showed that,  
266 unlike  $\beta$ -Lg:Gal conjugate at 40 °C that eluted predominantly as a protein dimer, SEC  
267 profile of conjugate at 50 °C displayed trimeric and oligomeric forms, indicating that  
268 glycation under these reaction conditions of  $\beta$ -Lg promoted its polymerization.

269

### 270 **3.1. Solubility**

271 Since the solubility of a protein is a determining factor of its dynamic of  
272 adsorption at the interface and, consequently, of its foaming capacity, we determined  
273 solubility of all samples studied, previously to functionality studies.

274 Figure 1 depicts the solubility values obtained for native, control heated and  
275 glycated  $\beta$ -Lg at pH 5 and 7. Native  $\beta$ -Lg showed a maximum solubility at pH 7. At pH  
276 5, close to its pI, it remained highly soluble, with a solubility of approximately ~ 86%,  
277 in agreement with other authors (Nacka et al. 1998; Chevalier et al. 2001b; Jimenez-  
278 Castaño et al. 2005, 2007). However, solubility at pH 5 of control  $\beta$ -Lg heated at 40 and  
279 50 °C significantly ( $P<0.05$ ) decreased (a 30-35%).

280 With respect to the glycation effect, at pH 7, whereas conjugation with Gal at 40  
281 °C for 24 h did not modify the  $\beta$ -Lg solubility, glycation under more severe incubation  
282 conditions (48 h at 50 °C) significantly ( $P<0.05$ ) decreased solubility of such protein.  
283 This might be due to the formation of high molecular weight and insoluble aggregates  
284 during the advanced stages of the MR, according to results derived from SEC analyses

285 (Corzo-Martínez et al., 2008). At pH 5, nevertheless,  $\beta$ -Lg glycated at 40 and,  
286 particularly, 50 °C showed a significantly ( $P<0.05$ ) higher solubility than that of native  
287 and control heated  $\beta$ -Lg, which could be attributed to the shift of minimum solubility  
288 (pI) of glycated protein to a lower pH, according to previous results derived from IEF  
289 (Corzo-Martínez et al., 2008). Moreover, in the case of glycoconjugate obtained at 50  
290 °C, the fact that  $\beta$ -Lg aggregates formed during the advanced stages of the MR are more  
291 soluble at pH 5 than at pH 7 (Figure 1) is particularly striking.

292 Some previous data in the literature have indicated that a higher formation of  
293 insoluble moisture-induced whey protein aggregates were formed at pH 7 than at pH 5,  
294 after storage for 14 days at 35 °C. These authors indicated that these differences were  
295 due to a different ratio between the thiolate anion and the thiol group (reactive form to  
296 nonreactive form), which are responsible for the formation of intermolecular disulfide  
297 bonds (Zhou et al., 2008).

298

### 299 **3.2. Interfacial properties**

#### 300 **3.2.1. Dynamic of protein adsorption at air-water interface**

301 Dynamic of adsorption of native, control heated and glycated  $\beta$ -Lg was studied in  
302 relation to its diffusion rate to the interface, represented by the apparent diffusion  
303 constant ( $K_{dif}$ ), and to its ability to increase the surface pressure ( $\pi$ ) with the adsorption  
304 time ( $\theta$ ) (Figure 2).

305 At pH 7 (Figure 2 (A)), surface activity of  $\beta$ -Lg glycated at 40 °C was slightly  
306 higher than that of native and control heated  $\beta$ -Lg and significantly higher than that of  
307  $\beta$ -Lg glycated at 50 °C, probably due to better solubility of the conjugate in early stages  
308 of the MR. Moreover, surface activity of  $\beta$ -Lg glycated at 50°C was very similar to that  
309 of native and control heated  $\beta$ -Lg, no substantial differences being observed between

310 the values of surface pressure reached at long term adsorption ( $\pi$  at 10800 s,  $\pi_{10800}$ ) and,  
311 hence, between the amount of glycosylated and unglycosylated protein adsorbed to the air/water  
312 interface.

313 However, when we studied the dynamic of adsorption during the first stage of  
314 protein diffusion (Figure 2 (C)), we appreciated differences between the studied  
315 systems. In particular, control  $\beta$ -Lg heated at 40 and 50 °C and  $\beta$ -Lg glycosylated under  
316 mild time and temperature conditions (24 h at 40 °C) showed a  $K_{dif}$  value significantly  
317 higher than that of native  $\beta$ -Lg. In agreement with the positive relation observed by  
318 several authors between the diffusion rate of proteins and their surface hydrophobicity  
319 (Wagner Sorgentini, & Añón, 2000; Moro, Gatti, & Delorenzi, 2001; Kim et al., 2005;  
320 Pérez, Carrara, Carrera, & Rodríguez Patino, 2009), these results could be attributed to  
321 the higher surface hydrophobicity (Corzo-Martínez et al., 2008) and, thus, higher  
322 affinity for the air/water interface, of control heated and glycosylated  $\beta$ -Lg (24 h at 40 °C) as  
323 compared to native protein as a consequence of their partial heat denaturation. Likewise,  
324 the lower surface hydrophobicity and solubility of  $\beta$ -Lg glycosylated with Gal at 50 °C for  
325 48 h, as a result of the formation of high molecular weight aggregates, could explain the  
326 significantly ( $P < 0.05$ ) slower diffusion to the air/water interface of this conjugate, as  
327 indicated by its lower  $K_{dif}$  value as compared to the rest of the assayed systems.

328 Regarding the results obtained at pH 5 (Figures 2 (B) and (D)), dynamic of  
329 adsorption of native  $\beta$ -Lg, at both short and long times, was hardly altered by the pH  
330 reduction, observing  $K_{dif}$  and  $\pi_{10800}$  values very similar to those obtained at pH 7. This  
331 might be related to the high solubility showed by this protein in native form at pH 5.  
332 Instead, control  $\beta$ -Lg heated at 40 and 50 °C showed a lower  $K_{dif}$  than at pH 7 (Figure 2  
333 (C) and (D)), probably due to its reduced solubility at pH 5 as a consequence of the

334 formation of protein aggregates that slow down the protein diffusion to the air/water  
335 interface.

336 Concerning glycation effect, dynamic of adsorption of  $\beta$ -Lg glycated at 40 °C  
337 (Figure 2 (B)) was not altered as a result of the pH reduction, being its diffusion rate to  
338 the interface higher than that of control heated  $\beta$ -Lg (Figure 2 (D)). These results could  
339 be attributed to the high solubility at pH 5 of this conjugate as compared to that of  
340 control heated protein (Figure 1).

341 The most remarkable result was obtained with  $\beta$ -Lg glycated at 50 °C (Figure 2  
342 (D)), which showed a diffusion rate significantly ( $P < 0.05$ ) higher than that of control  $\beta$ -  
343 Lg heated at 50 °C. In addition, a clear increase in its diffusion rate at pH 5 with respect  
344 to pH 7 was also observed, in agreement with the high solubility of this conjugate at pH  
345 5 (Figure 1).

346

### 347 *3.2.2 Surface dilatational properties*

348 With the purpose of studying the rheological properties of adsorbed films of  
349 native, control heated and glycated  $\beta$ -Lg, their surface dilatational modulus ( $E$ ) was  
350 plotted versus time ( $\theta$ ) (Figures 3 (A) and 4 (A)) and versus surface pressure ( $\pi$ )  
351 (Figures 3 (B) and 4 (B)), this second type of representation providing additional  
352 information on the extent of interactions between components of the adsorbed film.

353 In general, at pH 7,  $E$ - $\pi$  plots (Figure 3 (B)) of all the systems studied were above  
354 the behaviour of an ideal fluid, not viscous (dashed line), suggesting the existence of  
355 relatively large interactions between components of the adsorbed film (Lucassen-  
356 Reynders, Lucassen, Garrett, & Hollway, 1975). According to several authors, this  
357 could be due to the partial denaturation of  $\beta$ -Lg, once adsorbed at the air/water

358 interface, allowing the intermolecular interaction via thiol-disulfide exchange, that  
359 increase the rigidity and cohesion of the interfacial film.

360 Control  $\beta$ -Lg heated at both 40 and 50 °C gave rise to the formation of a film with  
361 higher E values than that of native  $\beta$ -Lg (Figure 3 (A)), probably due to its higher  
362 efficiency of adsorption at the interface (higher  $K_{dif}$ ) (Figure 2 (C)) (Bos & van Vliet,  
363 2001; Rodríguez Patino et al., 2008).

364 Likewise, whereas glycation at 40 °C hardly altered rheological characteristics of  
365 adsorbed film of  $\beta$ -Lg (Figure 3 (A)), being only observed a slight decrease in the  
366 dilatational modulus at long term adsorption (E at 10800 s,  $E_{10800}$ ) with respect to native  
367  $\beta$ -Lg, protein glycated at 50 °C led to the formation of a film with the lowest E values  
368 for a given time as compared to films of native, control heated and glycated (24, 40 °C)  
369 protein. Wooster & Augustin (2007) obtained similar results in a study on the  
370 rheological properties of the adsorbed films formed by WPI glycated with dextrans of  
371 different molecular weights. In agreement with these authors and taking into account the  
372 results of intrinsic fluorescence obtained in a previous work (Corzo-Martínez et al.,  
373 2008), the decrease observed in the dilatational modulus (E) of the  $\beta$ -Lg:Gal [48 h, 50  
374 °C] adsorbed film might be due to structural changes undergone by protein during the  
375 advanced stages of the MR, since alteration of the conformational state of protein is  
376 responsible for the loss of its structural rigidity and, consequently, the loss of firmness  
377 of the adsorbed film.

378 Moreover, as observed in Figure 3 (B),  $\beta$ -Lg:Gal [48 h, 50 °C] conjugate showed  
379 the lowest and closest values to the ideal behaviour E- $\pi$  values, indicating the existence  
380 of weak interactions between components of the adsorbed film.

381 On the other hand, the phase angle ( $\phi$ ) can be considered as a measure of the  
382 relative elasticity of the adsorbed protein films. So the more pronounced the decline of



383 the phase angle values with the adsorption time ( $\theta$ ) or the surface pressure ( $\pi$ ), the  
384 greater the elasticity of the adsorbed protein film, and vice versa.

385 In general, for all the studied systems, including native, control heated and  
386 glycosylated  $\beta$ -Lg, the phase angle ( $\phi$ ) decreased with increasing adsorption time ( $\theta$ )  
387 (Figure 3 (C)) and surface pressure ( $\pi$ ) (Figure 3 (D)), indicating the formation of  
388 elastic films. However, for a given time and pressure, the highest  $\phi$  values were  
389 observed with control heated  $\beta$ -Lg, indicating the formation of a film with a fluid  
390 character. This result suggests that the higher E values observed with this system could  
391 be due to its molecular packing as a result of the rapid protein adsorption at the  
392 interface, and not due to the increase in the interaction degree between the adsorbed  
393 molecules (Rodríguez Patino et al., 1999, 2003). Likewise, according to its low  
394 dilatational modulus (E) (Figure 3 (A)), the film formed by  $\beta$ -Lg glycosylated at 50 °C  
395 showed a phase angle ( $\phi$ ) for a given time ( $\theta$ ) (Figure 3 (C)) and pressure ( $\pi$ ) (Figure 3  
396 (D)) higher than that of films of native and glycosylated (at 40 °C)  $\beta$ -Lg, indicative of a  
397 lower interaction degree between the film components and, hence, of a more fluid  
398 character of this film (Horne & Rodríguez Patino, 2003; Rodríguez Patino et al., 2008).

399 At pH 5, the variation of the dilatational modulus (E) over time ( $\theta$ ) for native  $\beta$ -  
400 Lg was little changed with respect to pH 7 (Figure 4 (A)). In other structural studies  
401 carried out with  $\beta$ -Lg films, other authors have demonstrated that the pH effect on the  
402 dilatational modulus and structure of  $\beta$ -Lg films is negligible as compared to that  
403 observed for other proteins such as  $\beta$ -casein (Rodríguez Patino et al., 1999; Rodríguez  
404 Patino, Carrera, Rodríguez Niño, & Cejudo, 2001; Rawel, Rohn, Kruse, & Kroll, 2002;  
405 Zhang, Foegeding, & Hardin, 2004; Medrano et al., 2009). These authors related the  
406 results obtained to the globular nature of  $\beta$ -Lg, since globular proteins generally retain  
407 their native structure when they are initially adsorbed at the interface.

408 The film formed by control heated  $\beta$ -Lg showed, for a given time ( $\theta$ ) (Figure 4  
409 (A)) and pressure ( $\pi$ ) (Figure 4 (B)), E values lower than that of native  $\beta$ -Lg and those  
410 reached at pH 7, which could be related to its lower adsorption efficiency at pH 5.

411 Likewise, at pH 5,  $\beta$ -Lg glycosylated at 40 °C led to the formation of a film with E  
412 values similar to those of native  $\beta$ -Lg film at short times of adsorption. Moreover,  
413 unlike at pH 7, surface dilatational modulus (E) of this film notably increased with the  
414 adsorption time, suggesting the formation of high intensity interactions between the film  
415 components.

416 At pH 5, the most remarkable differences with respect to pH 7 were observed with  
417  $\beta$ -Lg:Gal [48 h, 50 °C] conjugate, which gave rise to the film with the highest E values  
418 for a given time ( $\theta$ ) (Figure 4 (A)) and pressure ( $\pi$ ) (Figure 4 (B)), suggesting,  
419 respectively, the formation of a highly elastic and cohesive film, with a great interaction  
420 degree between its components. These results are related to the improvement observed  
421 in the solubility and, subsequently, in the dynamic of adsorption of this conjugate at pH  
422 5, so that this leads to an increase of the surface dilatational modulus of adsorbed film.  
423 In addition,  $\beta$ -Lg glycosylated at 50 °C displayed the lowest  $\phi$  values over the time (Figure 4  
424 (C)) and pressure (Figure 4 (D)), which is indicative of the formation of a more elastic  
425 and resistant film than that of native, control heated and glycosylated (at 40 °C) protein, in  
426 agreement with the high E values observed for this system.

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### 433 3.3. *Foaming properties*

#### 434 3.3.1 *Foaming capacity*

435 The values of the overall foaming capacity (OFC, mL/s), the foam capacity (FC),  
436 the foam maximum density (MD), and the relative foam conductivity ( $C_f$ , %) obtained  
437 with each of the systems assayed at pH 7 and 5 are shown in Figure 5.

438 At pH 7, native, control heated (40 and 50 °C) and glycated (40 °C)  $\beta$ -Lg showed  
439 the same foaming properties (no significant differences between values of OFC, FC and  
440 MD), only differing in the value of  $C_f$ . These results indicate that the increase produced  
441 in the protein diffusion rate ( $K_{dif}$ ) as a result of the heat treatment or glycation at 40 °C  
442 (Figure 2 (C)) has no significant effect on its foaming capacity, probably due to that the  
443 protein diffusion rate is already good enough for the system foams. This same  
444 behaviour can best be seen in Figure 6 (A), where a higher  $K_{dif}$  value **did no result in**  
445 significant increase ( $P<0.05$ ) in the OFC value.

446 Glycation at 50 °C, however, had a negative effect on  $\beta$ -Lg foaming capacity at  
447 pH 7, observing values for the formation parameters OFC and FC significantly ( $P<0.05$ )  
448 lower with  $\beta$ -Lg:Gal [48 h, 50 °C] conjugate than with native, control heated (40 and 50  
449 °C) and glycated (40 °C) protein. These results are related to the low  $K_{dif}$  and E values at  
450 short times previously observed for this conjugate (Figures 2 (C) and 3 (A)). This fact  
451 indicates that the low foaming capacity of  $\beta$ -Lg:Gal [48 h, 50 °C] conjugate at pH 7 is  
452 likely due to that its rate of diffusion at the interface and dilatational characteristics of  
453 adsorbed film are not good enough to stabilize the bubbles during its formation.

454 At pH 5 (Figure 5), **similar** to adsorption efficiency (Figure 2 (D)), the foaming  
455 capacity of native  $\beta$ -Lg did not undergo substantial changes with respect to pH 7.  
456 Regarding the effect of the heat treatment in absence of Gal, foams formed with control  
457 protein heated at 40 and 50 °C showed OFC and FC values significantly ( $P<0.05$ ) lower

458 than that formed with native  $\beta$ -Lg, probably because its lower solubility and,  
459 consequently, worse adsorption efficiency at the air/water interface at this pH (Figure  
460 5).

461  $\beta$ -Lg glycosylated at 40 and 50 °C displayed a foaming capacity significantly ( $P < 0.05$ )  
462 higher than that of control heated protein and similar to that of native protein, observing  
463 no significant differences between OFC and FC values. These results are in good  
464 agreement with the dynamic of adsorption previously observed at pH 5 for these  
465 systems, which, regardless of being glycosylated or unglycosylated, showed a diffusion rate  
466 ( $K_{dif}$ ) and a surface activity ( $\pi$ - $\theta$ ) very similar (Figures 2 (B) and (D)).

467 Moreover, by comparing the results obtained at pH 5 and at pH 7, we observed no  
468 important differences between the OFC and FC values of native and glycosylated (at 40 °C)  
469  $\beta$ -Lg, but a significant increase ( $P < 0.05$ ) in these parameters was found in the case of  $\beta$ -  
470 Lg glycosylated at 50 °C. This increase was probably due to the higher diffusion rate ( $K_{dif}$ )  
471 to the air/water interface displayed by this conjugate at pH 5 (Figure 2 (D)) with respect  
472 to that showed at pH 7. This behaviour can best be seen in Figure 6 (B), where it can be  
473 observed how systems with a higher  $K_{dif}$  also showed a higher OFC.

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### 475 **3.3.2 Foam stability**

476 To evaluate the capacity to stabilize foams of  $\beta$ -Lg glycoconjugates, the half-life  
477 time ( $\theta_{1/2}$ , s) of foams formed with all the systems assayed was determined (Figure 7).

478 As observed in Figure 7 (A), at pH 7, stability of foam formed with native  $\beta$ -Lg  
479 was higher than that of foams with control heated and glycosylated protein, particularly at  
480 50 °C. This is consistent with the worse surface dilatational properties of adsorbed films  
481 formed by these systems (Figure 3).

482 At pH 5 (Figure 7 (B)), the half-life time of foam with native  $\beta$ -Lg ( $569 \pm 26.87$  s)  
483 did not substantially changed with respect to that obtained at pH 7 ( $575 \pm 0.00$  s), a fact  
484 that is related to the stability of surface dilatational modulus (E) of film of this protein  
485 against changes in pH. Likewise, the worse interfacial characteristics (dynamic of  
486 adsorption and surface dilatational properties) observed for the films formed by control  
487 heated  $\beta$ -Lg at pH 5 as compared to those of native and glycosylated protein resulted in a  
488 lower stability of foams containing control heated protein as foaming agent.

489 On the other hand, unlike at pH 7, glycoconjugates were found to be the best  
490 stabilizing agents at pH 5. Thus, the half-life time ( $\theta_{1/2}$ , s) of foam with  $\beta$ -Lg glycosylated,  
491 particularly at 50 °C, was notably ( $P < 0.05$ ) higher than that of foams with native and  
492 control heated protein. This could be attributed to the increase observed in surface  
493 dilatational modulus (E) with increasing time (Figure 4 (A)) and pressure (Figure 4 (B))  
494 for this system, suggesting the formation of an elastic film with a high degree of  
495 interaction between its components and, hence, with a high stability against mechanisms  
496 of foam destabilization such as drainage of fluid, diffusion or collapse.

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#### 498 **4. Conclusions**

499 Although at pH 7 glycosylation hardly changed the interfacial and foaming  
500 characteristics of  $\beta$ -Lg, at pH 5, both  $\beta$ -Lg:Gal glycoconjugates showed a better  
501 dynamic of adsorption to the air/water interface as compared to their corresponding  
502 controls of protein heated in absence of Gal. This resulted in a better foaming capacity  
503 of  $\beta$ -Lg glycoconjugates with respect to native and control heated protein. Likewise, the  
504 higher rigidity, cohesion (interaction degree in the interface) and elasticity of adsorbed  
505 films formed by  $\beta$ -Lg glycosylated at 40 and, particularly, 50 °C led to a higher stability of

506 foams containing these complexes as stabilizing agents as compared to those foams  
507 with native and control heated  $\beta$ -Lg.

508 Therefore, from the findings described in this work we can infer that conjugation  
509 of  $\beta$ -Lg with galactose via the Maillard reaction could be a good alternative to consider  
510 when using this protein as a foaming agent. This reaction may extend the applicability  
511 range of  $\beta$ -Lg allowing its use as a foaming agent **in acidic foods** such as carbonated  
512 beverages, protein-fortified beverages (fruit juices, sports drinks and varieties of these  
513 beverages with long shelf-life), manufactured meats, reformed fish products, and a  
514 variety of formulated foods. **In this way, a future work will be the study of the stability  
515 as foam agents of these potential ingredients during the processing and storage of acidic  
516 foods.**

517

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519

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684

685

686 **Figure captions**

687

688 **Figure 1.** Solubility at pH 5 and 7 of native, control heated and glycated  $\beta$ -Lg at  
689 40 and 50 °C during 24 and 48 h, respectively. Error bars indicate the standard deviation  
690 of the mean. <sup>a-c</sup> Different case letters indicate statistically significant ( $P<0.05$ )  
691 differences.

692

693 **Figure 2.** Surface pressure ( $\pi$ ) as a function of time ( $\theta$ ) of adsorbed protein films  
694 (A and B) and kinetic behaviour during the diffusion stage (C and D) of ✕ native  $\beta$ -Lg;  
695 control heated  $\beta$ -Lg  $\triangle$  24 h at 40 °C and  $\square$  48 h at 50 °C; and glycated  $\beta$ -Lg  $\circ$  24 h at  
696 40 °C and  $\diamond$  48 h at 50 °C at pH 7 (A and C) and pH 5 (B and D). Error bars indicate  
697 the standard deviation of the mean. <sup>a-c</sup> Different case letters indicate statistically  
698 significant ( $P<0.05$ ) differences.

699

700 **Figure 3.** Surface dilatational modulus (E) and phase angle ( $\phi$ ) as a function of  
701 time ( $\theta$ ) (A and C) and surface pressure ( $\pi$ ) (B and D) of adsorbed films of ✕ native  $\beta$ -  
702 Lg; control heated  $\beta$ -Lg  $\triangle$  24 h at 40 °C and  $\square$  48 h at 50 °C; and glycated  $\beta$ -Lg  $\circ$  24  
703 h at 40 °C and  $\diamond$  48 h at 50 °C at pH 7.

704

705 **Figure 4.** Surface dilatational modulus (E) and phase angle ( $\phi$ ) as a function of  
706 time ( $\theta$ ) (A and C) and surface pressure ( $\pi$ ) (B and D) of adsorbed films of ✕ native  $\beta$ -  
707 Lg; control heated  $\beta$ -Lg  $\triangle$  24 h at 40 °C and  $\square$  48 h at 50 °C; and glycated  $\beta$ -Lg  $\circ$  24  
708 h at 40 °C and  $\diamond$  48 h at 50 °C at pH 5.

709

710 **Figure 5.** Values obtained for the parameters of overall foaming capacity (OFC,  
711 mL/s), foam capacity (FC), foam maximum density (MD), and relative foam  
712 conductivity ( $C_f$ , %) with native, control heated and glycated  $\beta$ -Lg at 40 and 50 °C  
713 during 24 and 48 h, respectively, at pH 7 (solid bars) and pH 5 (hatched bars). Error  
714 bars indicate the standard deviation of the mean. <sup>a-c</sup> Different case letters indicate  
715 statistically significant ( $P < 0.05$ ) differences.

716

717 **Figure 6.** Relationship between the rate of diffusion ( $K_{dif}$ ) at the air/water  
718 interface and the overall foaming capacity (OFC) of native, control heated and glycated  
719  $\beta$ -Lg at 40 and 50 °C during 24 and 48 h, respectively, at pH 7 (**A**) and pH 5 (**B**).  
720 \*Native  $\beta$ -Lg;  $\triangle$  control heated  $\beta$ -Lg 24 h, 40 °C;  $\odot$   $\beta$ -Lg:Gal 24 h, 40 °C;  $\square$  control  
721 heated  $\beta$ -Lg 48 h, 50 °C;  $\diamond$   $\beta$ -Lg:Gal 48 h, 50 °C.

722

723 **Figure 7.** Stability (half-life time,  $\theta_{1/2}$ ) at pH 7 (solid bars) (**A**) and pH 5 (hatched  
724 bars) (**B**) of foams formed with native, control heated and glycated  $\beta$ -Lg at 40 and 50 °C  
725 during 24 and 48 h, respectively, as stabilizing agent. Error bars indicate the standard  
726 deviation of the mean. <sup>a-e</sup> Different case letters indicate statistically significant ( $P < 0.05$ )  
727 differences.

728

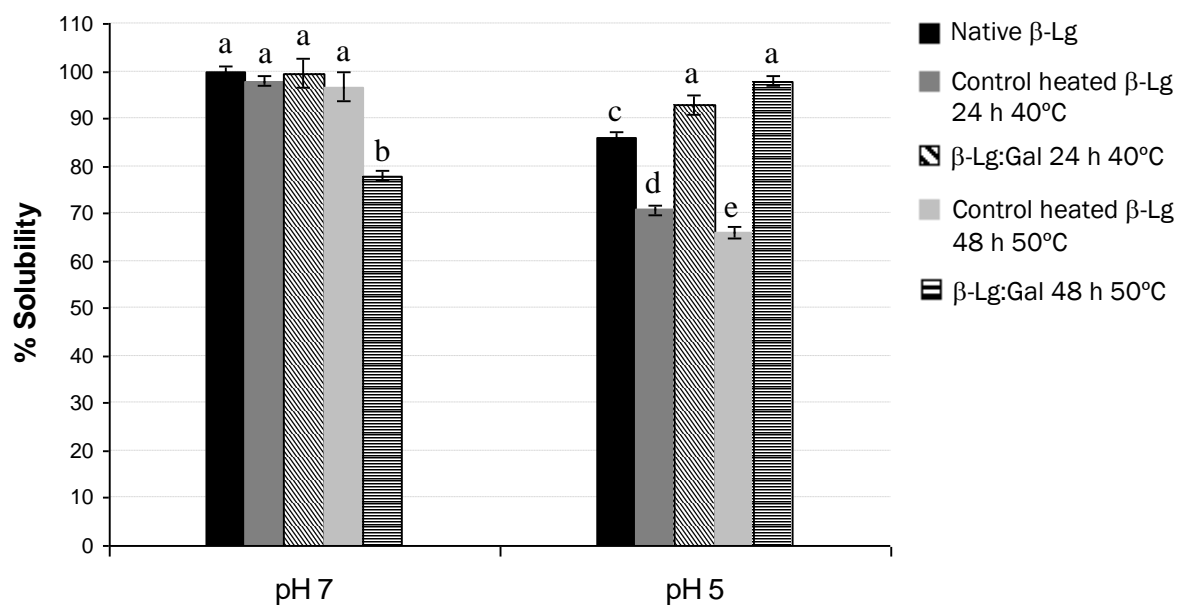
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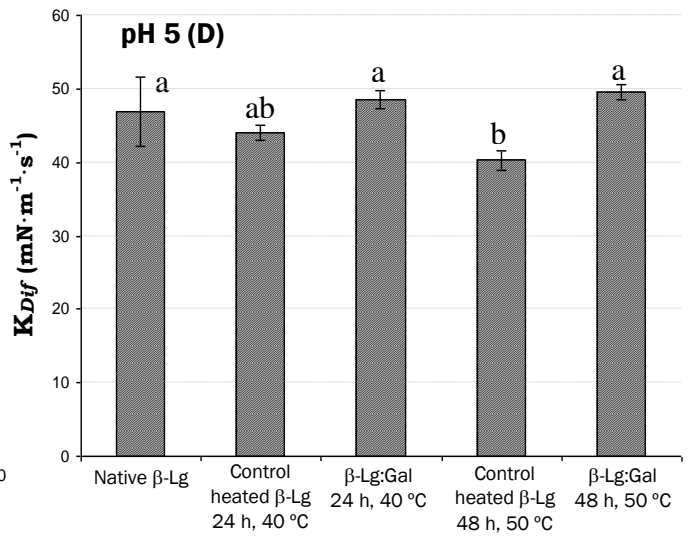
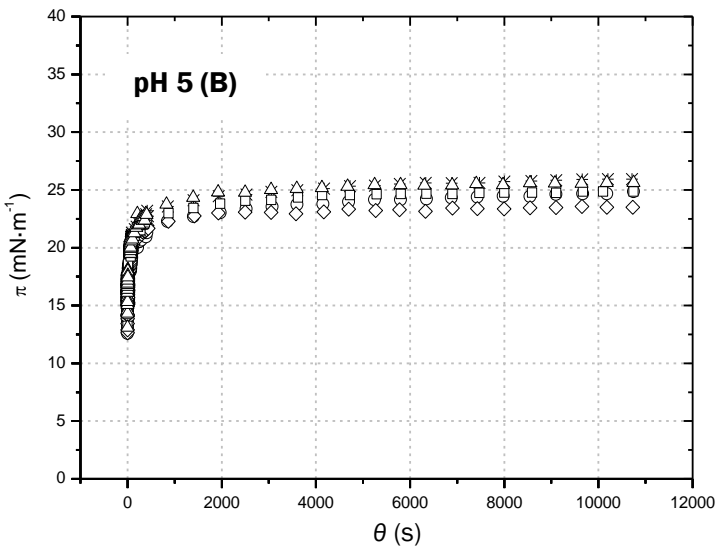
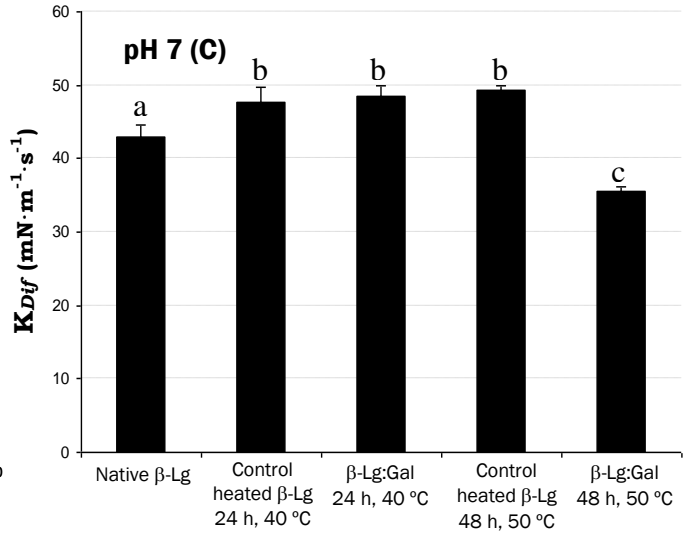
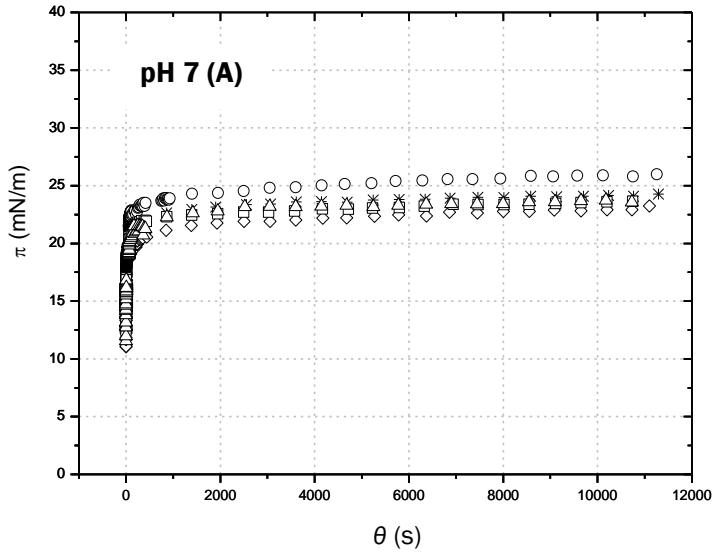
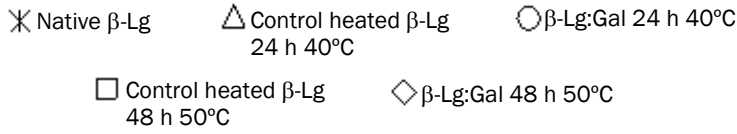
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**Figure 1.**

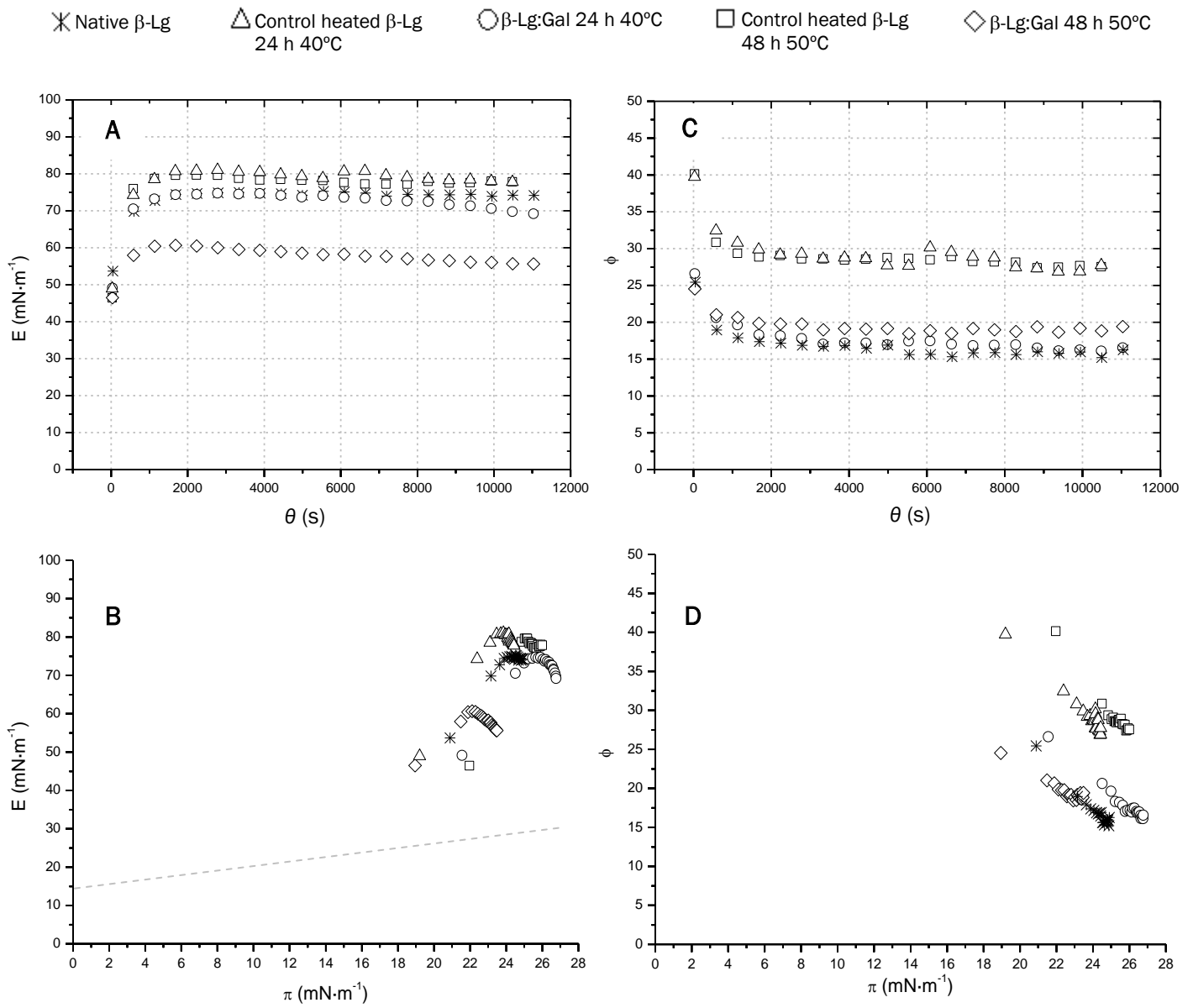




**Figure 2.**

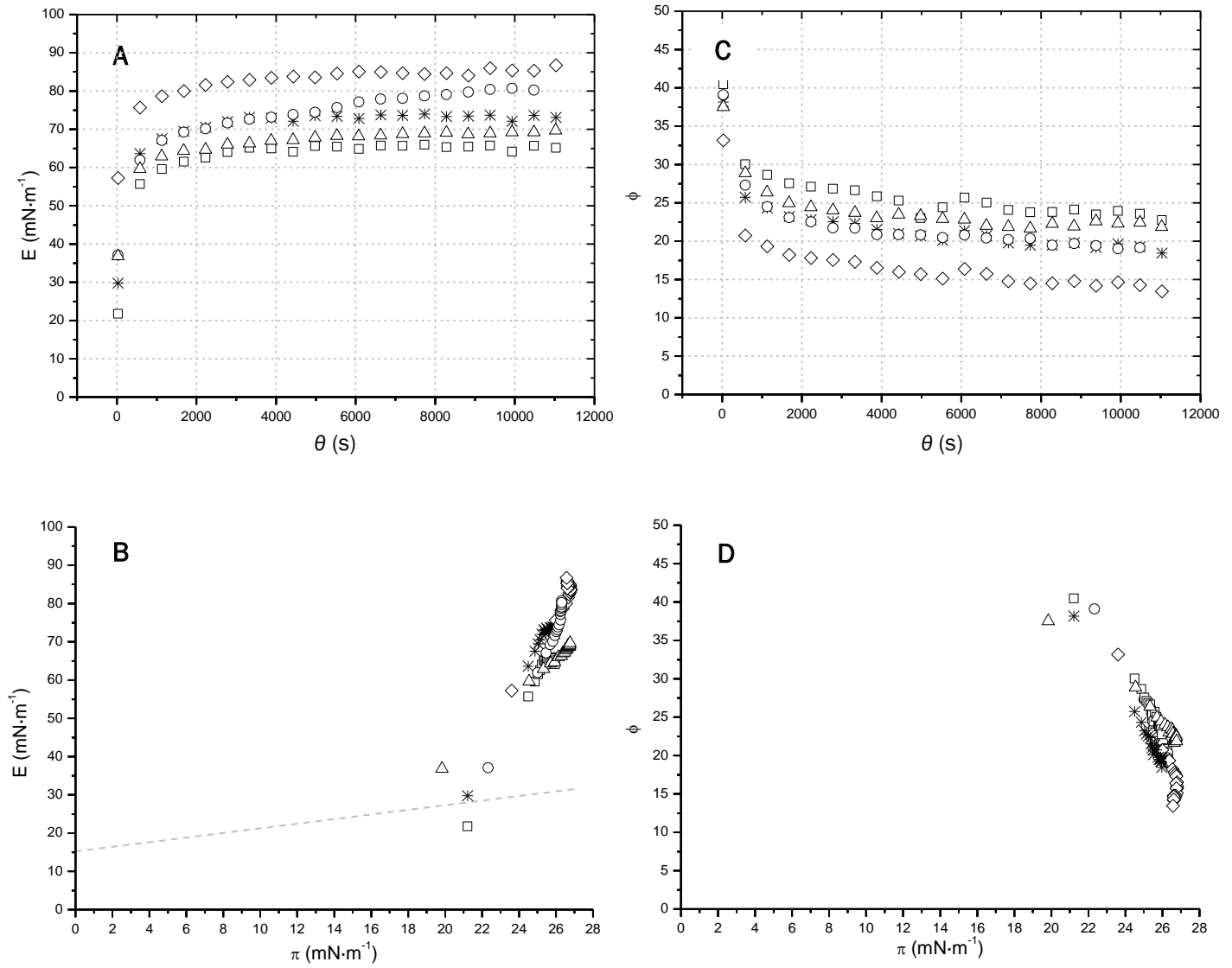


**Figure 3.**

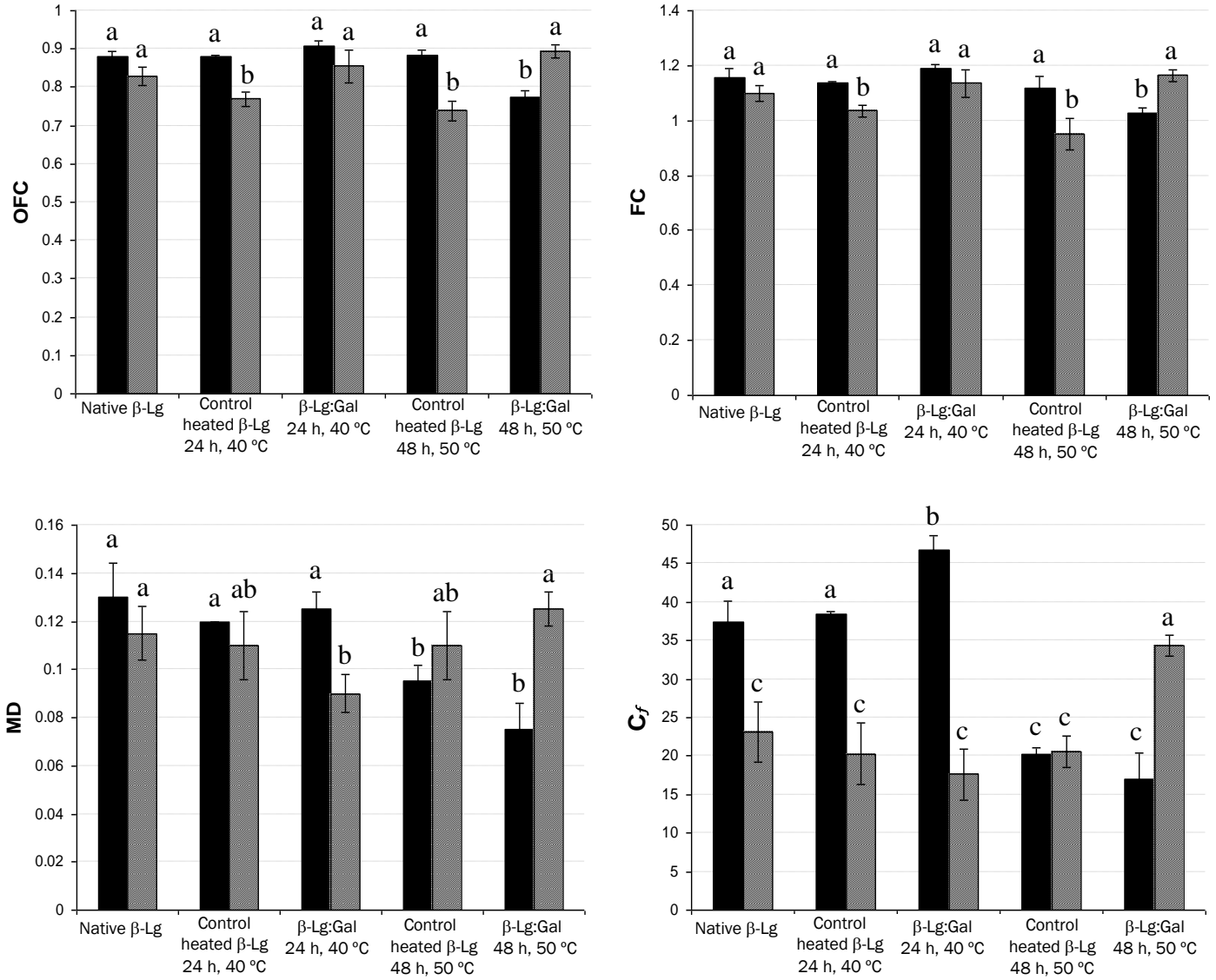


**Figure 4.**

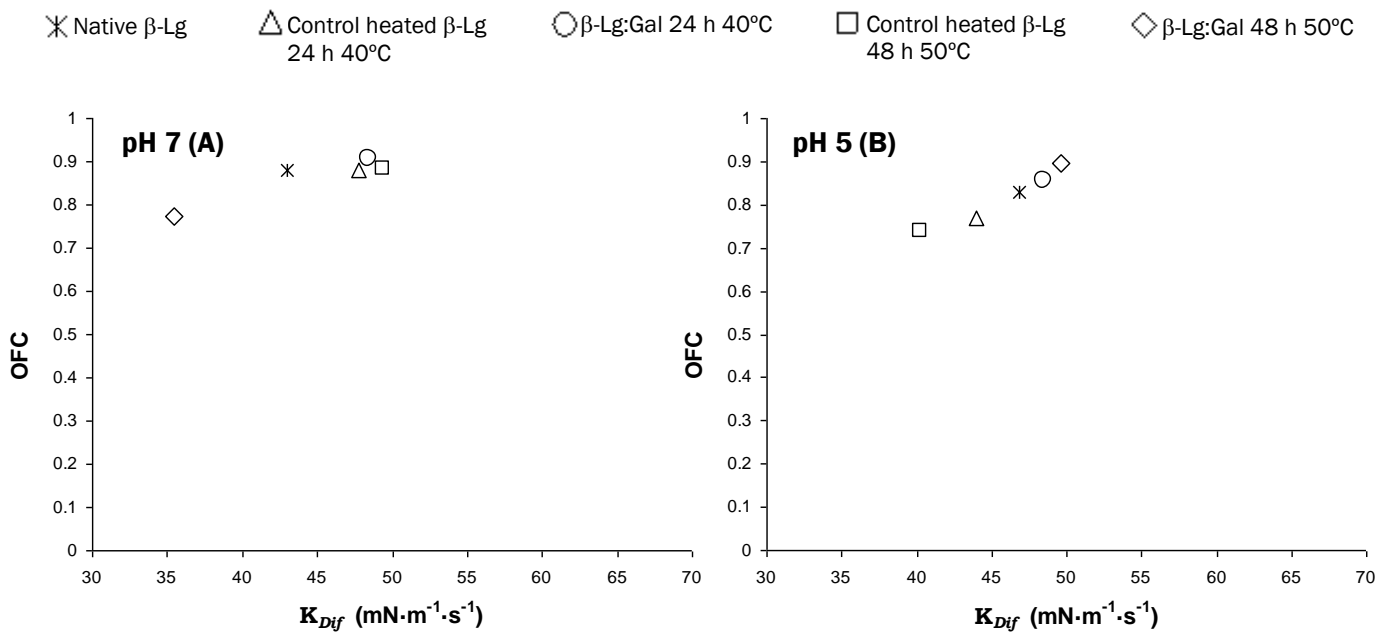
✱ Native  $\beta$ -Lg     $\triangle$  Control heated  $\beta$ -Lg 24 h 40°C     $\circ$   $\beta$ -Lg:Gal 24 h 40°C     $\square$  Control heated  $\beta$ -Lg 48 h 50°C     $\diamond$   $\beta$ -Lg:Gal 48 h 50°C



**Figure 5.**



**Figure 6.**



**Figure 7.**

