

Editorial
**Selection of Works for the I Iberian Conference on Clinical
Psychology, Health and Sports**

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L On March 7-9 of this year, the I Iberian Conference on Clinical Psychology, Health and Sports was held at the School of Psychology of the Universidad de Sevilla. It was an academic and professional gathering that was attended by practicing psychologists as well as professors of psychology from both Portugal and Spain. The conference participants were treated to a wide range of contributions in the fields of clinical psychology, health and sports. The level of the conference events was extraordinary at both the plenary sessions and the different symposiums and talks. We were lucky enough to participate in passionate debates that went well beyond the times scheduled by the event organizers, a fact that demonstrates the interest in the contents and the excellent reception of the material by the participants.

The *Anuario de Psicología Clínica y de la Salud/Annuary of Clinical and Health Psychology* journal has gathered some of the conference's best works, which were presented anonymously and read by peer reviewers of the scientific committee, from among the many papers presented by conference participants. We believe that these works represent the variety, the quality and the interest in the contributions made at the event. What is more, a few of the authors whose works were initially selected by the scientific committee declined from publishing in this journal because they were already in the process of publishing in another international journal.

The selected works show the breadth of topics and many of the emerging issues in science today. For example, there are works on clinical intervention and detection of eating disorders in risk groups such as ballet, modern and flamenco dancers (see the work by García-Dantas et al., 2013).

Other works reveal the importance of advances in technology and their incorporation to research designs and treatment, such as the application of neurofeedback and the advantages it offers ADHD patients (Moreno-García et al., 2013). Another emerging topic is the application of virtual reality, in studies like that of startle reflex modulation (Rodríguez-Árbol et al., 2013) or pain management and improved control among pediatric burn patients (Delgado-Pardo y Moreno-García, 2013).

In the field of health, there is a clear interest in studies on prevention, like that on skin cancer and sunbathers by our Portuguese colleagues Costa and Tapadinhas (2013), or indicators of anxiety in the relatives of overweight or obese children (Avilés-Carvajal et al., 2013).

In the field of sports, there have been many fascinating contributions like the one on training styles in soccer (Aguiar and Lopes Almeida, 2013) and flow experience among marathon runners (Jiménez-Torres et al., 2013), to name two examples.

This brief list of contents will undoubtedly spark the interest of our readers. We believe that the diverse contents and academic rigor of the works indicate the important contributions currently being made in psychology today on the Iberian continent. In this regard, we are pleased that these works are helping to further develop knowledge about psychology and assisting those who are the targets of these interventions. We hope that readers will find this selection of studies interesting and we eagerly await the II Iberian Conference on Clinical Psychology, Health and Sports, which will be held in Lisbon in three years.