

Phytochemical Profile and Antibacterial Activity of *Retama raetam* and *R. sphaerocarpa* cladodes from Algeria

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Retama raetam (RR) and *R. sphaerocarpa* (RS) are shrubs growing in Algeria desert areas, where are commonly used as healing remedies because of their antiseptic, antipyretic and anti-diarrheal properties. Phytochemical studies have shown that these species are very rich in flavonoids (isoflavones) and alkaloids (quinolizidine and bipiperidyl). The aim of this study was to compare the chemical composition of both *Retama* species by GC/MS and LC/MS and to determine their antimicrobial activity of two *Retama* species growing naturally in Algeria. Ten alkaloids and seven flavonoids were identified in cladodes of RR and RS. The quantitative analysis showed that the most abundant flavonoid of both the aqueous extract from RR and RS was the isoflavone genistein (610.0±2.8 and 408.0±14.1 mg/100 g respectively), whereas sparteine was the predominant alkaloid in RR and retamine in RS. The antibacterial activity of *Retama* extracts against standard strains was performed by minimum inhibitory concentration (MIC), and by the disc diffusion method (expressed by inhibition zone, IZ). Both *Retama* species showed the best activity against *Staphylococcus aureus* and methicillin-resistant *S. aureus* (MRSA), being RS aqueous extract more active than RR aqueous extract, with MIC 125 µg/mL and bactericidal activity against both strains.

Keywords: *Retama raetam*, *Retama sphaerocarpa*, Quinolizidine alkaloids, Isoflavonoids, Antibacterial activity.

Retama genus constitutes a monophyletic taxon of the family Leguminosae, comprising four closely related species endemic to the Mediterranean region: *R. raetam* (Forssk.) Webb, *R. sphaerocarpa* (L.) Boiss., *R. monosperma* (L.) Boiss., and *R. dasycarpa* Coss. [1-2]. *R. raetam* (RR) is common in the North and East Mediterranean region and the Sinai Peninsula and *R. sphaerocarpa* (RS) is located in Iberian Peninsula, Atlas regions and the Sahara [2]. They are wild desert shrubs growing in Algeria and they are commonly used as healing plant with antiseptic, antipyretic and anti-diarrheal effects [3]. Decoctions of aerial parts of *Retama* spp. are used in traditional medicine for the treatment of diabetes, hypertension, and rheumatism, as well as anti-inflammatory [4-6]. Moreover, it has been reported in several studies that *Retama* species have different pharmacological activities such as hepatoprotective, antibacterial, antifungal, antioxidant, antiproliferative, hypoglycemic, antitumorogenic, diuretic and antihypertensive [7-14]. Phytochemical studies have shown that these species are very rich in flavonoids (isoflavones) [15-16], alkaloids (quinolizidine and bipiperidyl) [17-18] and the cyclitol pinitol [19]. The aim of this study was to compare the chemical composition of two *Retama* species growing in Algeria by GC/MS and LC/MS and to determine their antimicrobial activity.

Ten alkaloids were detected in cladodes of *R. raetam* and *R. sphaerocarpa* (Table 1). The percentage of the different alkaloids identified in the two *Retama* species was calculated by comparison of obtained areas with retamine standard. Retention time and fragmentation patterns used for the identification of alkaloids are summarized in table S1 of supplementary data. Total

Table 1: Alkaloids in *Retama raetam* and *Retama sphaerocarpa*

Alkaloid	Rt (min)	<i>Retama raetam</i> (%)	<i>Retama sphaerocarpa</i> (%)
Sparteine	6.54	43.6±0.4	2.1±0.0
Ammodendrine	7.54	8.7±0.0	20.0±0.1
N-Methylcytisine	8.70	2.9±0.0	n.q.
Retamine	9.00	n.q.	75.6±0.0
Dehydroretamine	10.39	4.5±0.4	n.q.
5,6-Dehidrolupanine	11.18	3.9±0.0	n.q.
Lupanine	11.58	n.q.	0.5±0.0
α-Isolupanine	11.69	7.9±0.0	n.q.
N-Formylammodendrine	12.2	n.q.	1.0±0.0
Anagryrine	14.58	28.5±0.0	0.8±0.0

(n.q.= not quantified). The results are mean values of the replicate measurements (n=2), and expressed as percentage of alkaloid in total alkaloid extract ± standard deviation (% ± SD).

ion chromatograms (TIC) of alkaloids in *R. raetam* and *R. sphaerocarpa* are presented as supplementary data in figure S1.

Six tetracyclic quinolizidine alkaloids (sparteine, retamine, dehydroretamine, 5,6-dehidrolupanine, lupanine, α-isolupanine), two tricyclic quinolizidine alkaloids (anagryrine, N-methylcytisine) and two bipiperidyl alkaloids (ammodendrine, N-formylammodendrine) were identified in this study (Table 1). Alkaloid profiles of both *Retama* species were similar, but sparteine was the predominant alkaloid in *R. raetam* and retamine in *R. sphaerocarpa*. These results are according to El-Shazly et al. [18].

Seven flavonoids were identified: the flavonol rutin, the flavones luteolin and apigenin, and the isoflavones daidzin, genistin, daidzein and genistein (Table 2). The quantitative analysis showed that the major flavonoid of the aqueous extract from *R. raetam* and *R. sphaerocarpa* was the isoflavone genistein (610.0±2.8 and

408.0±14.1 mg/100 g respectively). Genistein and daidzein are both isoflavonoids presenting an important antimicrobial activity [20]. Tsuchiya et al. linked the antimicrobial effects of flavonoids to their capacity to form complexes with extracellular and soluble proteins and with the cell wall [21].

The characterization of the flavonoid composition of *R. raetam* and *R. sphaerocarpa* was achieved by LC/MS analysis comparing the retention time and the characteristic fragmentation patterns of the compounds with standards. The retention time (min), molar mass (g/mol) and the selected MRM transitions (*m/z*) from precursor ion to product ion, used for the identification of flavonoids, are summarized in table S2 of supplementary data.

Table 2: Flavonoids in *Retama raetam* and *Retama sphaerocarpa*.

Flavonoid	R _t	<i>Retama raetam</i> mg/100 g	<i>Retama sphaerocarpa</i> mg/100 g
Daidzin	8.67	2.2±0.0	42.8±0.3
Rutin	8.73	3.1±0.1	9.0±0.3
Genistin	10.10	19.2±0.7	65.2±0.8
Daidzein	10.20	49.3±0.1	165.1±0.1
Luteolin	10.30	98.5±1.3	153.0±1.4
Apigenin	10.80	65.4±1.1	72.1±0.4
Genistein	10.80	610.0±2.8	408.0±14.1

The results are mean values of two replicate measurements (n=2), and expressed as mg of flavonoids per 100 grams of extract ± standard deviation (mg/100 g ± SD).

The antibacterial activity of *R. raetam* and *R. sphaerocarpa* extracts against standard strains was also investigated in the present work. Results of inhibition zone (IZ) in the disc diffusion method, and minimum inhibitory concentration (MIC) of bactericidal and bacteriostatic activities are given in Table 3. *R. sphaerocarpa* displayed more antibacterial activity against MRSA (IZ=17.5±0.1 mm, MIC=125 µg/mL, bactericidal effect) and *S. aureus* (IZ=16.7±0.2 mm, MIC=125 µg/mL, bactericidal effect) and less important activity against *E. coli*, *B. subtilis*, *V. cholera*, *S. tiphymurium* with IZ zone not exceeding 11.7±0.2 mm and MIC superior to 500 µg/mL. *R. raetam* displayed also an interesting activity against MRSA (IZ=18.3±0.2 mm, MIC=500 µg/mL, bacteriostatical effect) and *S. aureus* (IZ=15.2±0.3 mm, MIC=500 µg/mL, bacteriostatical effect).

Table 3: Antibacterial activity of *R. sphaerocarpa* and *R. raetam* extracts.

Strains	Inhibition zone IZ (mm)				
	<i>R. sphaerocarpa</i>	<i>R. raetam</i>	TET	GEN	C
<i>E. coli</i>	11.7±0.2	10.3±0.6	21.8	21.4	27.0
<i>P. aeruginosa</i>	6.0±0.1	6.0±0.1	21.0	21.9	13.0
<i>S. aureus</i>	16.7±0.2	15.2±0.3	29.6	25.6	25.8
MRSA	17.5±0.1	18.3±0.2	31.3	24.3	26.8
<i>B. subtilis</i>	11.0±0.3	9.0±0.1	23.1	14.0	25.6
<i>V. cholera</i>	10.1±0.3	9.7±0.3	21.0	18.4	23.2
<i>S. tiphymurium</i>	11.1±0.3	9.7±0.1	23.3	21.7	27.1
	MIC (µg/mL)				
<i>E. coli</i>	2000 ^c	2000 ^c	nt	nt	<2
<i>P. aeruginosa</i>	>2000	>2000	nt	nt	<20
<i>S. aureus</i>	125 ^c	500 ^s	nt	nt	<2
MRSA	125 ^c	500 ^s	nt	nt	<2
<i>B. subtilis</i>	500 ^s	2000 ^c	nt	nt	<2
<i>V. cholera</i>	2000 ^s	2000 ^c	nt	nt	<2
<i>S. tiphymurium</i>	2000 ^c	2000 ^c	nt	nt	<2

MIC: Minimum inhibitory concentration. C: bactericidal, S: bacteriostatical. nt: not tested. TET: tetracycline 30 µg/disc, GEN: gentamycin 10 µg/disc, C: chloramphenicol 30 µg/disc

The higher sensitivity to *Retama* extracts of *S. aureus* (IZ=18.3±0.2 mm, MIC=125 µg/mL) and MRSA (IZ=17.5±0.1 mm, MIC= 125 µg/mL) than *P. aeruginosa* (IZ=6.0±0.1 mm, MIC>2000 µg/mL) could be explained by the differences between their cell wall structures, as the Gram-positive bacteria contain an outer peptidoglycan layer, which is an ineffective permeability barrier [22], while Gram-negative have lipopolysaccharides in their outer membranes, which make them inherently resistant to antibiotics, detergent, and hydrophilic dyes [23].

The antibacterial activity of the studied extracts is due, at least in part, to their flavonoid composition because flavonoids are known components of the defense mechanism against infection [24]. The flavonoid composition of *Retama* spp. has been also related to other biological activities, as López-Lázaro et al. have shown that a flavonoid-rich aqueous extract of aerial parts of *R. sphaerocarpa*, exerts cytotoxic activity against different cancer cell lines [25].

Quinolizidine alkaloids (QA) and QA-containing plant extracts also have been shown to have antimicrobial activity by several researchers [26-27]. In a study by Wink [28], sparteine was reported to possess antimicrobial activity against bacteria and phytopathogenic fungi; Tyski et al. [29] reported that pure QA isolated from *Lupinus angustifolius* var. Mirela including lupanine, 13α-hydroxylupanine, sparteine, and angustifoline showed bacteriostatic effects on *S. aureus*, *B. subtilis*, *E. coli*, *P. aeruginosa*, and *Bacillus thuringiensis*. Thus, we can suppose that the high antibacterial activity of *R. sphaerocarpa* and *R. raetam* is also related to these QA.

Paris and Dillemann [30] reported that the toxicity action of retamine is nearly twice as strong as that of sparteine. That could explain that antibacterial activity of *R. sphaerocarpa*, which contains 75.60±0.02% of retamine, is higher than *R. raetam* which contains very few quantity of retamine.

In conclusion, ten alkaloids were identified by GC/MS analysis. Alkaloid profiles of both *Retama* species are similar, sparteine was the predominant alkaloid in *R. raetam* and retamine in *R. sphaerocarpa*. Seven flavonoids were identified by LC/MS, the major flavonoid of the aqueous extract from *R. raetam* and *R. sphaerocarpa* was the isoflavone genistein. Both *Retama* species showed the best activity against MRSA and *S. aureus*. Aqueous extract of *R. sphaerocarpa* was more active than aqueous extract of *R. raetam*, with MIC 125 µg/mL and bactericidal activity against both stains.

Experimental

Plant material: Aerial parts of *Retama raetam* (L.) Boiss. were harvested in Lota, Souk El Ténine (Béjaïa, Algeria), on April 2011 and *Retama sphaerocarpa* (L.) Boiss in Boussemel, Bouandas (Setif, Algeria), on March 2011.

Preparation of the extracts: Plant samples were dried at room temperature. Then, 2 grams of areal parts were powdered and extracted with water at 70°C, under agitation using magnetic stirrer, during one hour. The water extract was lyophilized to provide a crude water extract with 20.32% yield for *R. raetam* and 25.49% yield for *R. sphaerocarpa*. For antibacterial activity test, each extract was dissolved in dimethyl sulfoxide (DMSO) to make a 20 mg/mL stock solution.

A selective extraction was performed prior to analysis of phytochemical composition on alkaloids, achieved by GC/MS. Five grams of dried and powdered branches were extracted for 1 hour in 100 mL CH₂Cl₂/MeOH/NH₄OH (15:5:1), at 30°C. The obtained extract was filtered and concentrated under reduced pressure and taken to 20 mL with 0.5N HCl. The resulting acid solution was then alkalized with NH₄OH and extracted with CH₂Cl₂. The CH₂Cl₂ fraction was collected in anhydrous sodium sulphate and evaporated under reduced pressure, providing a 0.99% of total alkaloids (0.0493 g) for *R. raetam* and 0.94% of total alkaloids (0.0469 g) for *R. sphaerocarpa*.

Chemicals: Methanol, dichlorometane, acetonitrile and formic acid (high-performance liquid chromatography [HPLC] grade) were purchased from Panreac (Barcelona, Spain). The standards compounds: daidzin, rutin, genistin, daidzein, luteolin, apigenin, genistein, were procured from Extrasynthese (Lyon, France), and retamine was obtained by isolation from *R. sphaerocarpa* [31].

LC/MS conditions: The water extract was dissolved in MeOH to obtain a concentration of 0.5mg/mL and then filtered. Analysis was performed by LC/MS/MS in negative multiple reaction monitoring (MRM) scanning mode, using Perkin Elmer Series 200 HPLC system (Wellesley, USA) equipped with an auto-sampler, binary pump system. Chromatographic separation was achieved by using a Zorbax Eclipse 2.1 x 150 mm, 3.5µm particle size XDB-C18column (Agilent). The mobile phase for chromatographic separation was composed of solvent A (0.1% of formic acid in water) and solvent B (0.1% of formic acid in acetonitrile) under gradient elution, starting at 10% B, isocratic for 5 min, then increased linearly to 100% B over 15 min, held constant for 5 min, then reduced linearly to 10% B for 5 min and then held constant for an additional 5 min, at a flow rate of 0.2 mL/min. The injection volume was 20 µL. Mass spectrometer used for the detection was QTRAP system (Applied Biosystems, Foster City, USA), consisting of an hybrid triple quadrupole linear ion trap (QqQLIT), equipped with electrospray ionization (ESI) interface, and the acquisition data processor Analyst[®] 1.4.2 software.

GC/MS conditions: The total alkaloid extract was analyzed by gas chromatography on an Agilent 6890N chromatograph with Autospec-Q detector, using a TBR-1 HP6890 column (25 m x 0.25 mm x 250 µm) and helium as mobile phase. A 1.1 mg/mL solution of retamine in CH₂Cl₂ was used as standard.

Antibacterial activity

Disc diffusion method: The antibacterial activity of the extract was carried out by the disc diffusion method according to the National Committee for Clinical Laboratory Standards [32] against seven bacteria strains: *Escherichia coli* ATCC 25922, *Pseudomonas aeruginosa* ATCC 27853, *Staphylococcus aureus* ATCC 25923, methicillin-resistant *Staphylococcus aureus* (MRSA) ATCC 43300, *Bacillus subtilis* ATCC 6633, *Vibrio cholera* ATCC 14034, and *Salmonella typhimurium* ATCC 13311. It was performed using an 18h culture growth at 37°C and adjusted to 0.5 Mac Farland standards (10⁸ CFU/mL).

The sterile filter paper disks (6 mm in diameter, Whatman No. 1), deposited on the surface of Mueller-Hinton agar plates, were inoculated by sterile cotton swabs with 10 µL of extract (20mg/mL). The plates were left 30 min at 4°C to allow the diffusion of the extract, and then they were incubated at 37°C for 24 h. At the end of this period, the inhibition zones were measured. All the experiments were performed in triplicate. Positive (gentamycin 10 µg/disc, tetracycline 30 µg/disc, chloramphenicol 30 µg/disc) and negative controls (10 µL of DMSO) were also included in the test.

MICs: Various concentrations (75 µg/mL up to 2000 µg/mL) of plant extracts were used to determine MICs with National Committee for Clinical Laboratory Standards (NCCLS) reference methods [32, 33]. Overnight both cultures were adjusted to 0.5 Mac Farland standards. The minimal inhibitory concentrations (MICs) were determined on Mueller-Hinton (MH) agar plates. One mL of each extract previously dissolved in dimethyl sulfoxide (DMSO) were mixed for each concentration with 19 mL of MH agar at 40°C and poured over Petri dishes. Plates containing only medium with DMSO were used as controls. After 18 h of incubation at 37°C, the minimum inhibitory concentration (MIC) was defined. Each test was performed in triplicate.

In order to determine the nature of activity, a minor amount of medium was withdrawn from the plate containing the MICs and deposited in a tube of nutritive broth. The variation of turbidity was observed after 24 h of incubation at 37 °C [28].

Statistical analysis: Experimental results were expressed as the mean ± standard deviation (S.D.) of two replicates (n=2) for chemical analysis and three replicates (n=3) for inhibition zones. ANOVA test comparison of means was performed by XLstat pro 7.25

Supplementary data: Figure S1. Total ion chromatograms (TIC) of alkaloids in *Retama raetam* and *Retama sphaerocarpa*. Table S1. Retention time (R_i) and fragmentation patterns used for the identification of alkaloids. Table S2. Retention time (R_i) and fragmentation patterns used for the identification of flavonoids.

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