




# Brugada syndrome masked by complete left bundle branch block: A clinical and functional study of its association with the p.1449Y>H SCN5A variant

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## Funding information

Sociedad Española de Cardiología: Ritmo 2017; Consejería de Salud y Familias, Junta de Andalucía, Grant/Award Number: PI-0365-2017

## Abstract

SCN5A gene variants are associated with both Brugada syndrome and conduction disturbances, sometimes expressing an overlapping phenotype. Functional consequences of SCN5A variants assessed by patch-clamp electrophysiology are particularly beneficial for correct pathogenic classification and are related to disease penetrance and severity. Here, we identify a novel SCN5A loss of function variant, p.1449Y>H, which presented with high penetrance and complete left bundle branch block, totally masking the typical findings on the electrocardiogram. We highlight the possibility of this overlap combination that makes impossible an electrocardiographic diagnosis and, through a functional analysis, associate the p.1449Y>H variant to SCN5A pathogenicity.

## KEYWORDS

Brugada syndrome, left bundle branch block, loss of function, patch clamp, SCN5A

## 1 | INTRODUCTION

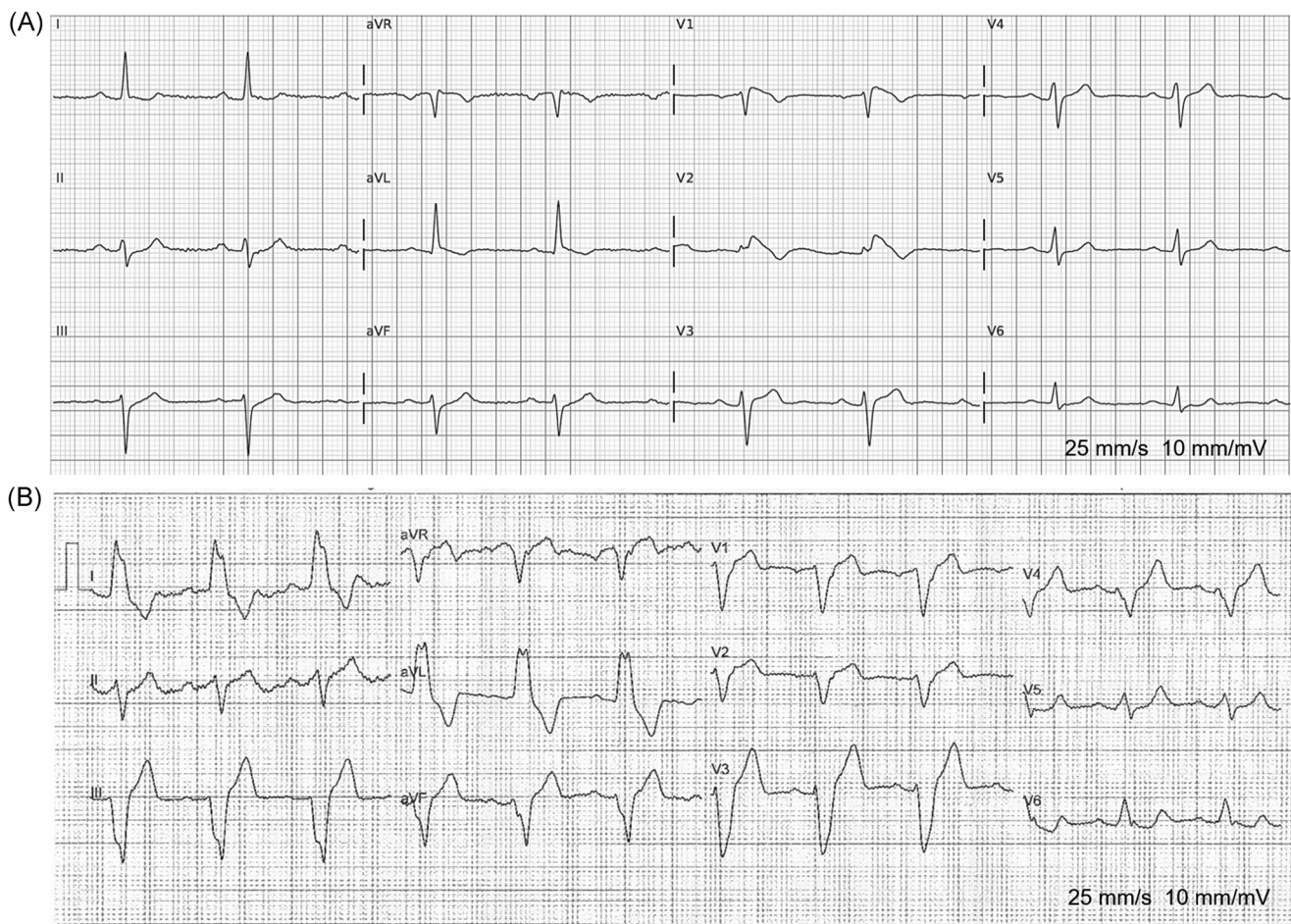
To date, the diagnosis of Brugada syndrome (BrS) is still based on the correct identification of the typical electrocardiogram (ECG) pattern.<sup>1</sup> Of more than 20 BrS-associated genes, only some variants in SCN5A gene show definitive evidence of its association with BrS phenotype.<sup>2</sup> These SCN5A variants, affecting sodium channel function, can

also be linked to conduction disturbances, sometimes combining in the same patient.<sup>3</sup>

In this report, we described a patient with definitive diagnosis of BrS and transient complete left bundle branch block (CLBBB) that totally masked the typical ECG pattern and establish its causal relationship with a new variant in SCN5A by means of a functional study.

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**FIGURE 1** (A) ECG recording obtained at initial diagnosis, displaying typical coved Brugada pattern in V1 and V2 (fourth intercostal space). It has sinus rhythm at 60 bpm and has signs of altered conduction with a PR interval of 220 ms and a left anterior cardiac hemiblock. (B) ECG tracing obtained 5 years later in a routine checking. It shows sinus rhythm at 71 bpm with CLBBB, totally obscuring the repolarization characteristics of Brugada pattern. CLBBB, complete left bundle branch block; ECG, electrocardiogram

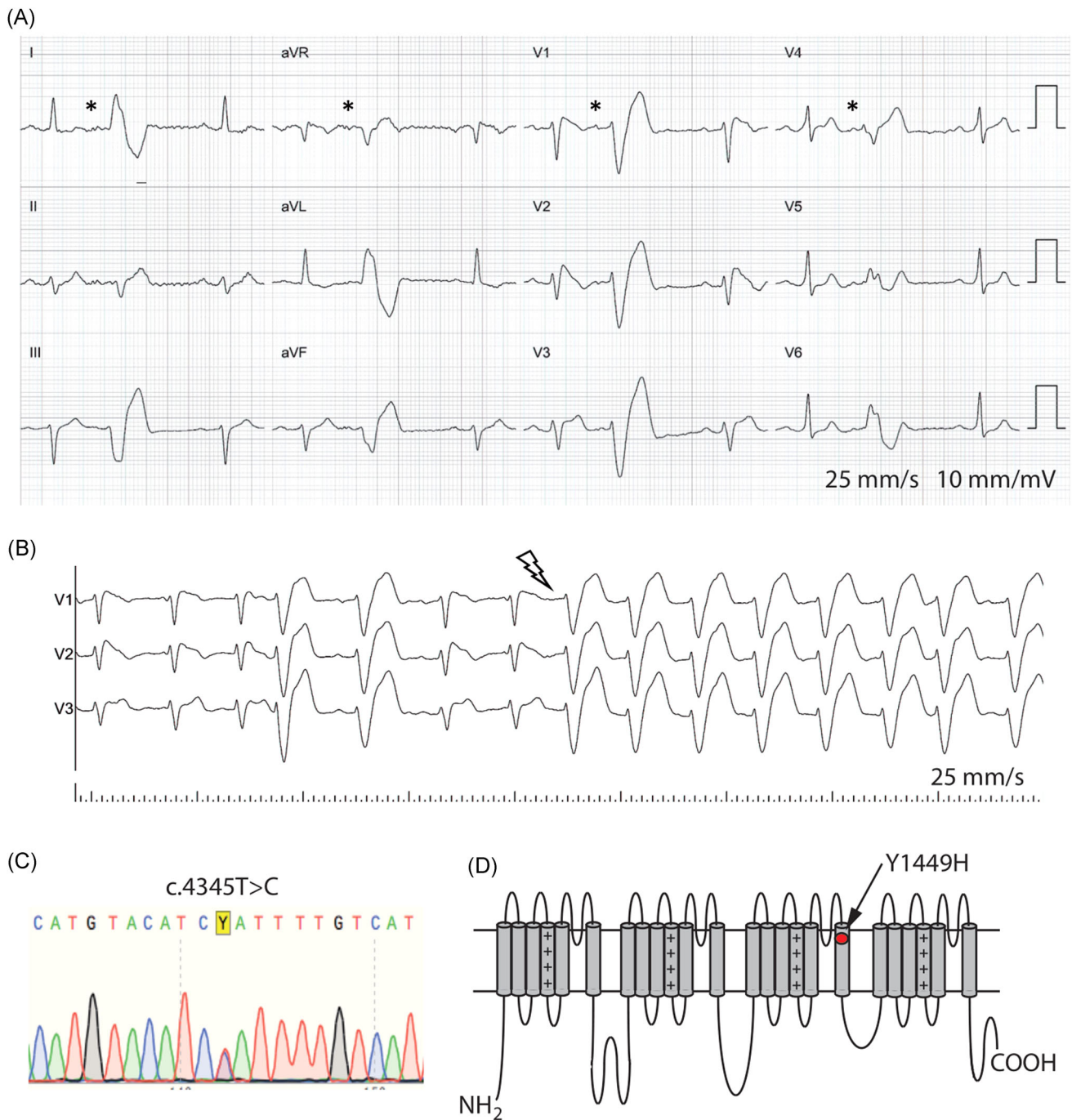
## 1.1 | Case presentation

A 48-years-old lady was referred to our center because of anomalous ECG recording during a medical evaluation for palpitations. It was concordant with persistent type-1 BrS pattern, with first-degree heart block and left axis deviation (Figure 1A). She had no family history of sudden death, significant medical history, or others symptoms previous to the episode and was not under any medical treatment. Structural heart diseases were ruled out. After obtaining written consent, we conducted an electrophysiologic study which revealed a His-Purkinje interval of 60 ms. Programmed atrial and ventricular stimulation with up to 3 extrastimuli in right ventricular apex was not able to induce arrhythmias. A next-generation genetic test was performed, leading us to identify the heterozygous variant c.4345T>C (see below), in exon 25 of the SCN5A gene, classified as a variant of unknown significance (VUS). The patient was advised to make lifestyle changes for the prevention of arrhythmias and followed up in our outpatient clinic. Five years later, in a routine checking, her ECG dramatically changed showing CLBBB (Figure 1B). A new evaluation was done with no appearance of

structural cardiac disease. A 24 h ECG Holter revealed an intermittent and rate-dependent CLBBB. A new electrophysiological study showed an HV interval of 75 ms, with Phase 3 aberrancy registered spontaneously with subtle accelerations of sinus rhythm and with atrial stimulation (Figure 2A,B). No arrhythmias were induced. Four years later, the patient remains with no cardiac events in a close follow-up.

A familial screening was done, identifying a resting ECG consistent with type-2 Brugada pattern with prominent sinus bradycardia in one asymptomatic son (24 years old). A flecainide test revealed a type-1 Brugada ECG pattern. This patient was the only carrier of the SCN5A variant in the family and also the only one with BrS phenotype on ECG. Reviewing our series of patients with BrS, this variant was also present in three members (18, 45, and 46 years old) of two different families. All these cases had spontaneous type-1 ECG pattern but without associated conduction anomalies nor symptoms.

The c.4345T>C variant (Figure 2C) induces the substitution of the conserved tyrosine 1449 by a histidine (p.1449Y>H; Figures 2D and S1). In silico analysis tools (Polyphen2, Mutation Taster, Provean and REVEL) were used to clarify the significance of the SCN5A



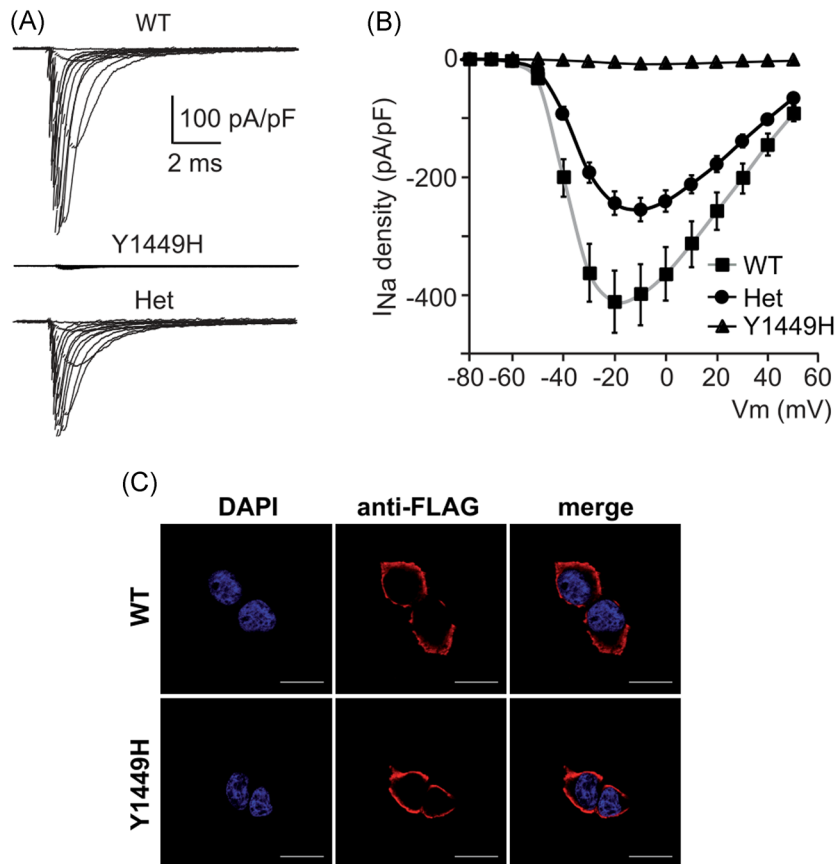
**FIGURE 2** (A) ECG recording showing Phase 3 aberration in premature atrial depolarizations (\*), obscuring the typical Brugada pattern. The same phenomenon is shown with atrial stimulation (ray) during the electrophysiological study over a basal junctional rhythm (B). (C) DNA sequence chromatogram depicting the heterozygous variation (c.4345T>C) of the SCN5A gene leading to the missense variant p.1449Y>H. (D) Scheme of the Na<sub>v</sub>1.5 channel showing the location of the p.1449Y>H (Y1449H) variant. ECG, electrocardiogram

p.1449Y>H variant, and with the exception of Polyphen2 (score 0.320), the rest of them supported a deleterious effect for this variant.

## 1.2 | SCN5A p.1449Y>H functional study

To better assess the relevance of the detected variant we investigated whether alterations in the biophysical properties of the

p.1449Y>H mutant could explain the observed phenotype. Sodium currents were recorded in patch-clamp experiments using HEK293 cells 24–48 h after transfection with wild-type (WT) or p.1449Y>H Na<sub>v</sub>1.5 channels, together with the human β<sub>1</sub> subunit. The p.1449Y>H mutant generated very little, but detectable, current ( $-7.91 \pm 0.75$  pA/pF), about 2% of the current density generated by the WT channel ( $409 \pm 52$  pA/pF; Figure 3A,B). This result suggested that the mutant channel reaches the plasma membrane but is not



**FIGURE 3** Functional analysis of the p.1449Y>H mutant. (A) Representative current traces obtained from HEK293 cells transfected with Na<sub>v</sub>1.5 WT, p.1449Y>H (Y1449H), or WT + p.1449Y>H (Het) channels and the Na<sub>v</sub>β1 subunit. (B) Current density-voltage relationships in the same groups of cells. (C) Representative confocal images from HEK293 cells transfected with the FLAG-tagged Na<sub>v</sub>1.5 WT and p.1449Y>H constructs. Scale bar: 20 μm

fully functional. Our SCN5A constructs include an extracellular FLAG tag, located in the domain I (DI) S1-S2 linker of the Na<sub>v</sub>1.5 protein.<sup>4</sup> To analyze whether p.1449Y>H mutant traffics to the plasma membrane, anti-FLAG immunofluorescence was performed using non-permeabilized cells. Confocal microscopy analysis revealed that the mutant channel reaches the plasma membrane (Figure 3C), confirming that the variant does not significantly alter channel trafficking.

Several reports have described BrS variants displaying dominant-negative effects,<sup>5,6</sup> as a result of the dimerization and coupled gating of the WT and mutant Na<sup>+</sup> channel α-subunits.<sup>6</sup> Thus, and mimicking the heterozygous condition (Het), we tested whether p.1449Y>H variant could exert any dominant-negative effect on WT Na<sub>v</sub>1.5 channel. When WT and p.1449Y>H channels were co-expressed (in a 1:1 ratio), sodium channel currents were recorded, with a peak current density of 253 ± 20 pA/pF, approximately 60% of that observed in the cells transfected with the WT channel (Figure 3A,B). Further comparison of the WT and Het channels biophysical properties discarded any major dominant-negative effect of the p.1449Y>H variant (see Figure S2 and Table S1).

## 2 | DISCUSSION

This article shows how patients with BrS can develop a CLBBB totally masking the typical ECG pattern, and highlights the awareness that must be taken for a correct diagnosis if both conditions are present.

Through a clinical and functional study, we demonstrate how the p.1449Y>H SCN5A variant causes a significant loss of function in sodium channel that may be associated with this overlapping phenotype.

BrS is an inherited disorder associated with sudden death along with the signature of a characteristic ECG pattern in precordial leads. Thus, the current clinical diagnosis of BrS is based on the demonstration of a typical ECG pattern either spontaneous or after IC pharmacological challenge<sup>1</sup> (Figure 1A). Nowadays, these criteria are not replaceable by any other diagnostic method. However, this finding can be clinically difficult, as the pattern is characterized by its dynamic behavior and the association with various and often extensive conduction diseases. The SCN5A gene, which encodes the cardiac sodium channel α subunit Na<sub>v</sub>1.5, is the most common BrS-associated gene, but is found in only 20%–25% of probands.<sup>1</sup> This channel is responsible for excitability and impulse conduction in the contractile myocardium and specialized conduction system, and is also implicated in refractoriness and repolarization. Thus, loss of function variants in SCN5A have been associated not only with BrS, but also with early repolarization syndrome, a variety of conduction diseases and overlapping syndrome.<sup>1,3</sup> Indeed, there is a significant clinical and genetic overlap between BrS and progressive cardiac conduction disease, and both conditions may coexist or manifest in isolated forms in carriers of the same variant within the same family.<sup>3</sup> Maury et al.,<sup>7</sup> studied the prevalence of conduction disturbances in patients with BrS and reported a high proportion of complete right bundle branch block (CRBBB). In such cases, even experienced electrophysiologists may have difficulties in

discriminating between BrS and CRBBB by ECG alone. Nevertheless, the prevalence of other intraventricular conduction abnormalities in BrS patients is less known, with CLBBB estimation of less than 1%. In CLBBB the ventricles are activated sequentially, first the right ventricle via the right bundle and then the left ventricle, slowly activated through the septum with forces directed towards the left, posteriorly, and inferiorly. As a result, the ECG changes indicative of BrS are not seen in precordial leads, as they are buried within a wider QRS complex due to delayed activation of the left ventricle. Our case, with a CLBBB with Phase 3 characteristics developed during follow-up, is a clear example of this combination and illustrates the total concealing of the ECG pattern, making impossible a BrS diagnosis in cases of persistent CLBBB. In such cases, high clinical suspicion, based on age at presentation, associated disorders, symptomatology, and family history, is necessary for ruling out this rare association. The role of specific pacing maneuvers to unmask the BrS pattern under persistent CLBBB, as occurs in concealed BrS due to CRBBB, remains to be explored.

At this time, there is a general concern about the pathogenicity of many variants in SCN5A previously identified as implicated in BrS, but of ambiguous significance following the current guidelines for classification (up to 63% VUS).<sup>2,7</sup> Nowadays, functional evidence is considered the major score driver for pathogenicity assumption for missense variants. According to a recent re-evaluation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology (ACMG-AMP) rules for assessment of pathogenicity,<sup>2,9</sup> the SCN5A variant identified in this report can be classified as pathogenic, since it fulfills the following criteria: (i) the p.1449Y>H variant is a missense variant that leads to the replacement of tyrosine by histidine at position 1449, in the transmembrane S6 region of DIII, which is part of the pore region of the Na<sub>v</sub>1.5 channel and, according to the SCN5A variant browser, is a hotspot region for BrS1 (ACMG category PM1, moderate evidence);<sup>8</sup> (ii) other variants producing amino acid changes in the same residue has been previously established as pathogenic and associated to clinical BrS (p.1449Y>S) and also to conduction disease with partial loss of function in in vitro studies (p.1449Y>C; PS1, strong evidence).<sup>9-12</sup> These results indicate that the conserved Y1449 is crucial for the proper functioning of the Na<sub>v</sub>1.5 channel, and that its alteration induces dramatic changes in channel activity; and (iii) p.1449Y>H mutant encodes a not fully functional channel that generates extremely small (2% as compared to the WT) sodium currents, and a decrease more than 50% in the peak current is significantly associated with BrS1 penetrance (PS3, strong evidence).<sup>2,9</sup>

Recently, Ciconte et al.,<sup>13</sup> demonstrated that BrS carriers of SCN5A pathogenic variants exhibit a more aggressive clinical presentation and a greater epicardial substrate on electrophysiological studies, associating genotype with phenotypic expression. Although p.1449Y>H confers a high penetrance in the cases analyzed in this study, no one has symptoms of severity during close follow-up. However, a hypothetical more serious phenotype could be developed with aging, since some experimental studies have demonstrated the effect of aging and myocardial fibrosis on the decline of expression and function of sodium channels.<sup>3</sup> Special awareness should be given to these patients, monitoring the possible progression of the disease

(symptoms, periodical ECG, and Holter evaluation) and periodically reassessing the risk of sudden death in a multiparametric manner.

### 3 | CONCLUSIONS

The combination of BrS and CLBBB as part of an overlap syndrome totally masks the typical BrS ECG pattern needed for diagnosis. We demonstrate how the p.1449Y>H SCN5A variant produces a significant loss of function in sodium channel which is manifested as a marked phenotypical expression.

### ACKNOWLEDGMENTS

We would like to thank Drs. Sara Pagans and Ramón Brugada for the kind gift of the pcDNA3-SCN5A plasmid containing the hNa<sub>v</sub>1.5 sequence, and Dr. Eva Delpón for the hNavβ<sub>1</sub> cDNA. This study was supported by grants from the Sociedad Española de Cardiología (Ritmo 2017), and the Consejería de Salud of the Junta de Andalucía (PI-0365-2017).

### CONFLICT OF INTERESTS

The authors declare that there are no conflict of interests.

### DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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## SUPPORTING INFORMATION

Additional Supporting Information may be found online in the supporting information tab for this article.

**How to cite this article:** Arana-Rueda E, Pezzotti MR, Pedrote A, et al. Brugada syndrome masked by complete left bundle branch block: A clinical and functional study of its association with the p.1449Y>H SCN5A variant. *J Cardiovasc Electrophysiol*. 2021;32:2785-2790. <https://doi.org/10.1111/jce.15215>