



Review

Hydrogen Sulfide: From a Toxic Molecule to a Key Molecule of Cell Life

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Abstract: Hydrogen sulfide (H₂S) has always been considered toxic, but a huge number of articles published more recently showed the beneficial biochemical properties of its endogenous production throughout all *regna*. In this review, the participation of H₂S in many physiological and pathological processes in animals is described, and its importance as a signaling molecule in plant systems is underlined from an evolutionary point of view. H₂S quantification methods are summarized and persulfidation is described as the underlying mechanism of action in plants, animals and bacteria. This review aims to highlight the importance of its crosstalk with other signaling molecules and its fine regulation for the proper function of the cell and its survival.

Keywords: Hydrogen sulfide; crosstalk; persulfidation; gasotransmitter; signaling molecules; human and plant therapies

1. Introduction

Hydrogen sulfide (H₂S) is a flammable, colorless gas with a characteristic odor of rotten eggs. H₂S naturally occurs in volcanic gases, natural gas and some well water and is also produced when bacteria break down organic matter in the absence of oxygen. H₂S poisoning has mainly been observed in industrial settings. Thus, workers may be exposed to H₂S in many industries, including agriculture, petroleum, and sewage processing [1]. H₂S is toxic to humans and acute exposure to high amounts of H₂S (>500 ppm) can lead to death [1]. The first reported biological experiment to study the effect of H₂S in animals was published in 1908 and described the lethal effects of H₂S gas when it was absorbed through the skin or directly administered to the stomach or rectum [2]. Since then, hundreds of articles reporting on the toxicological effects of H₂S in various species, including humans, different cell types and organs, were published during the last century. This gas has always been considered toxic due to its ability to inhibit mitochondrial respiration through inhibition of cytochrome c oxidase, similar to hydrogen cyanide (HCN) [3]. Nevertheless, over the last few decades of the past century, several investigations were conducted on the presence of H₂S as an endogenous product in bacteria and mammals. In the oral microbiota in humans, H₂S was found to be responsible for oral halitosis and to be related to periodontal inflammation [4], and in the intestinal microbiota, H₂S was found to be a component of flatus [5]. In parallel, several publications conducted detailed characterizations of the biochemical properties of the endogenous production pathways of H₂S in different species. The mammalian enzymes responsible for H₂S production are cystathionine beta-synthase, CBS; cystathionine gamma-lyase, CSE; and 3-mercaptopyruvate sulfurtransferase, 3-MST [6,7] (Figure 1), which have homologs in other species: in *Klebsiella pneumoniae*, CBS is the main source of H₂S; in *E. coli*, 3-MST is the main source of H₂S under aerobic conditions, while the cysteine desulfurase

(IscS) is the primary source under anaerobic conditions [8]; Similar to mammals, *C. elegans* has three H₂S-synthesizing enzymes, CSE, CBS and 3-MST [9–11]. In plants, H₂S production was first observed in 1964, when the release of sulfide components in Liliaceous vegetables was described [12], and then, in 1968, Cormis described the emission of H₂S from plants after exposure to SO₂ [13]. In 1987, two enzymes, L- and D-cysteine desulfhydrases, were found to catalyze the production of H₂S in chloroplasts and mitochondria [14] (Figure 1). In recent years, several characterizations of these enzymes have been conducted, revealing detailed H₂S biosynthesis and sulfur assimilation pathways in plants [15,16].

								
Name	Hydrogen sulfide		Nitric oxide		Hydrogen peroxide		Carbon monoxide	
Chemical formula	H-S-H		N=O		HO-OH		C=O	
Molecular mass (g mol ⁻¹)	34.08		30.01		34.01		28.01	
Chemical reactivity	Very high		Very high		High		Moderate	
Toxicity concentration	5-30 μM		0.5-150 μM		0.5-500 μM		30-50 ppm	
Enzymatic production	Animals	Plants	Animals	Plants	Animals	Plants	Animals	Plants
	CBS CSE 3-MTS	L-/D-DES CAS CS SiR	eNOS iNOS nNOS	NRs NOS?	SOD POX	PAO SOD POX	HO-1	HO-1
Concentration in cells	nM-μM		nM		nM-μM		nM-μM	
Half life in vivo	Seconds-minutes		seconds		Seconds-minutes		Minutes	
Protein modification	Persulfidation		s-nitrosation		s-sulfenylation		?	

CBS: cystathionine β-synthase; CSE: Cystathionine γ-lyase; 3-MTS: 3-mercaptopyruvate sulfur transferase; L-/D-DES: cysteine desulfhydrase; CAS: β-cyano-alanine synthase; CS: cysteine synthase; SiR: Sulfito reductase; NOS: Nitric oxide synthase; NRs: Nitrate reductases; PAO: polyamine oxidase; SOD: Superoxide dismutase; POX: peroxidase; HO-1: Heme oxygenase 1.

Figure 1. Comparison of signaling molecules in plants and mammals. Hydrogen sulfide (H₂S), nitric oxide (NO), hydrogen peroxide (H₂O₂) and carbon monoxide (CO) are considered to be signaling molecules in diverse and important physiological pathways in cells. These inorganic molecules are endogenously produced by enzymatic pathways and have similar molecular masses but different chemical reactivity.

2. Physiological Role

During the past century, H₂S was thought to only be a toxic molecule, and it was not until 1990 that Kimura and coworkers revealed its role in essential functions in human physiology, opening a new emerging field in life science [17]. The first physiological assay published in 1996 demonstrated that H₂S acts as an endogenous neuromodulator [18]. The participation of H₂S in many physiological and pathological processes in animals has been described over the last two decades, including its role in the regulation of cell proliferation, apoptosis, inflammatory processes, hypoxia, neuromodulation, and cardioprotection [19–21]. Therefore, H₂S is now accepted as playing roles as a gasotransmitter (gaseous signaling compound) that is as important as nitric oxide (NO) and carbon monoxide (CO) in mammals, and as a signaling molecule that is as important as hydrogen peroxide (H₂O₂) in plants [18,22,23]. The term ‘gasotransmitter’ was introduced in 2002 to describe these molecules, which share common characteristics: they are endogenously produced, with a signaling role, generated by enzymatic pathways, and permeable to cell membranes; their endogenous biosynthesis may be regulated; and their effect is dose-dependent (Figure 1). The scientific interest in H₂S in the past was mainly due to its role in important and devastating human diseases, such as neurodegenerative disorders, including Alzheimer’s disease, Parkinson’s disease, and vascular dementia [24–26]; Huntington’s disease [27]; and cancer [28–30].

Although the first descriptions of the effects of H₂S in plants were from the 1960s [31], interest in the role of H₂S in plant systems arose later. It was not until the past decade that the effects of H₂S were

described in seed germination [32], the number and length of adventitious roots [33] and the regulation of genes involved in photosynthesis [34]. Thereafter, the protective effects of exogenous H₂S against different stresses were documented, such as protection against oxidative and metal stresses [32,35–40], drought and heat tolerance [39,41], and osmotic and saline stresses [42]. Thus, publications on these dose-dependent effects of H₂S have emerged, postulating H₂S to be an important signaling molecule that has analogous functions in plant systems to those previously described in mammals. H₂S was also shown to be a regulator of other important physiological processes in plants, such as stomatal closure/aperture [43–46]; thus, its importance in drought stress relief is due to the ability of H₂S to induce stomatal closure in *Arabidopsis thaliana* [46,47]. Another positive effect of H₂S was described by Dooley et al., who showed that low doses of H₂S strongly affected plant metabolism, improved germination, caused significant plant growth and increased biomass, leading to a higher fruit yield [48]. H₂S has also been shown to be involved in the regulation of flower senescence in plants [49], in lateral root formation in tomato mediated by auxin-regulation [50] and in nicotine biosynthesis in tobacco [51].

More recently, there has been increasing interest in the effect of H₂S on autophagy regulation in the scientific community. In mammals, the protective effect of H₂S against some of the diseases mentioned above has been linked with the regulation of autophagy [52,53]. Autophagy is a cellular catabolic pathway that is evolutionarily conserved from yeast to mammals, and it involves the digestion of cell contents to recycle nutrients or to degrade damaged or toxic components. The AMP-dependent kinase (AMPK) and mammalian target of rapamycin (mTOR) pathways play important roles in the control of autophagy. To this end, activation of AMPK or inhibition of mTOR has been shown to activate autophagy [54]. Exposure to H₂S has been shown to cause a significant increase in AMPK phosphorylation, which increases its activity and inhibits the activation of downstream targets, such as mTOR [55]. In plants, H₂S was shown to inhibit autophagy by preventing ATG8 (autophagy-related ubiquitin-like protein) accumulation [56]. H₂S is able to inhibit starvation-induced autophagy in *Arabidopsis* roots, and this repression is independent of redox conditions [57].

The first mechanism proposed for H₂S was based on its chemical properties, since this nucleophilic molecule is able to react with reactive oxygen/nitrogen species and reduce the cellular oxidative state [58,59]. In addition, H₂S is able to regulate several antioxidant enzymes, such as ascorbate peroxidase (APX) [60–62], catalase (CAT) [63,64], superoxide dismutase (SOD) [63,65], and glutathione reductase (GR) [62], and non-enzymatic compounds, such as the glutathione anti-oxidant pool [66,67].

The antioxidant role of H₂S has been the focus of numerous studies in mammalian systems as a critical mediator of multiple pathophysiological processes [68]. In plants, the number of studies on the effects of H₂S in the model plant *Arabidopsis* has increased in recent years; in addition, the effects of H₂S in agricultural crops are relevant as an exogenous treatment to cope with economic loss due to environmental stress. The effects of exogenous (pre-)treatment with water-soluble donors of H₂S have been the focus of numerous studies in several agricultural species. Fotopoulos et al. have reviewed these studies regarding the effects of H₂S on plant growth, its ability to improve resistance against abiotic and biotic stress, and its positive postharvest effects [69]. Thus, a better understanding of the mechanism of action of H₂S is important to fight against crop loss. This knowledge would help in agricultural sustainability and in producing the food required by the increasing world population [70].

3. Quantification Methods of H₂S

H₂S in aqueous solution can be found as hydrogen sulfide gas (H₂S) or in one of its dissociated forms, hydrosulfide anions (HS⁻) and sulfide anions (S²⁻), although at physiological pH, S²⁻ is only found in a negligible concentration. In addition, H₂S can bind to some biological matrixes (proteins, glutathione, etc.) and can dissociate in response to a physiological stimulus into free H₂S. Moreover, the anion HS⁻ and H₂S have a high propensity to oxidize, especially in the presence of trace metal ions and oxygen in water solutions [71]. Therefore, accurately and reliably measuring H₂S in vivo is an arduous task. Solutions should be prepared under a nitrogen or argon atmosphere, and H₂S volatilization should be prevented using septum-sealed vials.

Methylene blue method: The first quantification method of H₂S was published in 1949 and included spectrophotometric determination using the methylene blue method, but the sensitivity was very low [72]. In 1969, an improved method was described based on the methylene blue method using *n,n*-dimethyl-*p*-phenylenediamine sulfate, which increased the sensitivity of the method by 10%, with concentration limits of 1 to 1000 μM [73]. However, the main drawbacks of this method for biological sample measurements are its low sensitivity, overestimation of H₂S under acidic pH and interference due to the turbidity of biological samples.

Monobromobimane derivatization (MBB): this is another method that is extensively used in biological samples to measure the H₂S concentration. In this method, H₂S is derivatized into a sulfide-dibimane product that can be subsequently measured by HPLC due to its fluorescence [74]. The sensitivity of MBB reaches the nanomolar range, but the weaknesses of this method are the instability of the standards and the need for exhaustive control of pH when comparing samples [75]. Another advantage of this method is that it allows the detection and quantification of all three sulfide biological forms: free hydrogen sulfide, acid-labile sulfide and bound sulfane sulfur [76]. An improved method based on MBB was developed that included ³⁶S-labeled sulfide- dibimane as an internal standard and measured derivatized products by liquid chromatography-mass spectrometry [77]. This improvement ensured the sensitivity and feasibility of the method and also made it suitable for large-scale analysis.

The gas chromatography method was first used in 1988 [78] and was recently improved using a chemiluminescence sulfur detector to increase its sensitivity up to 0.5 pmol [79]. Nevertheless, the need for special equipment and special care in sample processing make this method not widely used.

Specific ion electrodes and polarographic sensors are others tools that have been used for H₂S quantitation. Their easy handling and the relatively inexpensive cost of electrodes make this method a good choice for several studies. Since this method does not require derivatization, it can be used for real-time measurements in biological samples. Nevertheless, it was reported that the sensitivity of this method is apparently affected by the materials used in the electrodes [75], and the main disadvantage of this method is the difficulty of calibration due to the formation of Ag₂S on the electrode surface.

H₂S-selective fluorescent probes are receiving increasing interest since they are powerful tools for the detection and quantification of H₂S in biological samples. Fluorescent probes have very high sensitivity and can be used for real-time measurements even in specific tissues or cellular compartments. The reactivity and specificity of these probes are based on the characteristic nucleophilicity of the anion HS⁻, on the reduction of an azide by H₂S into an amine compound, or on the quenching effect of Cu²⁺ of a nearby fluorophore and the strong affinity of anion sulfide for this heavy metal ion [80]. In addition, the increasing interest in other sulfane sulfur molecules, such as persulfides (R-S-SH), polysulfides (R-S-S_x-S-R), and hydrogen polysulfides (H₂S_x), in biological systems, has led to the development of probes that are able to detect these species. Several recent reviews summarize the latest probes reported in the literature [80,81]. However, the main limitation of these probes is the irreversible reaction that removes H₂S from the pool, leading to saturation [71]. Motivated by these limitations, Takano et al. designed a reversible fluorescent probe to detect these sulfane sulfur species, SSip-1, based on the ability of sulfane sulfur to bind other sulfur atoms [82]. In parallel, Dulac et al. developed a new method of reversible quantification in biological fluids, detecting up to 200 nM of H₂S at pH 7.4 using hemoglobin I from *Lucina pectinate* and a fluorophore [83]. Therefore, these reversible fluorescent probes allow the dynamics of intracellular sulfane sulfur molecules to be studied. Since the cytotoxicity of these probes is a drawback for their use in *in vivo* studies, a new low-cytotoxic biosensor for H₂S has recently been developed based on anthracene derivatives [84]. A further disadvantage in the plant system is the inability of these probes to penetrate the cell wall. Although there are few reports on the use of fluorescent probes for H₂S detection in plants, selective detection of intracellular H₂S was described using the probe WSP-1 [3'-methoxy-3-oxo-3H-spiro [isobenzofuran-1, 9'-xanthen]-6'-yl 2-(pyridin-2-yl)disulfanyl] benzoate] in tomato roots [85]. However, the use of fluorescent probes for quantification of H₂S also has some limitations, such as a limited sensitivity range, interference by tissue autofluorescence when the emission/excitation wavelengths are similar, or non-specific reactions with

other biological thiols. Thus, the fluorescent probe or the H₂S quantification method must be carefully chosen by the researcher depending on the sample, the tissue or organelle target, the sensitivity range, the equipment and the budget.

Data from *in vivo* measurements have been in conflict for a long time. The first data reported used the methylene blue method, and the H₂S concentration was above 35 μM and from 50 to 160 μM in mammalian plasma and brains, respectively [86,87]. However, these measurements were incorrect and using newly described methods, the H₂S concentration was more accurately reported at approximately 0.7–3 μM in mammalian plasma [74]. Moreover, it has been recently reported that H₂S concentration in mouse plasma is about 15 nM [88]. Taken altogether, the H₂S concentration has been estimated in the range of nanomolar, but the H₂S concentration may depend on the microenvironment at the precise moment of the H₂S measurement. For example, H₂S can be bound to sulfur compounds or conjugates and H₂S released under a certain stress or stimulus [89], H₂S biosynthesis may be up- or downregulated in particular scenarios [90,91], and H₂S consumption or accumulation may be modulated by the regulation of H₂S detoxification enzymes [92]. In addition, different H₂S concentrations have been reported in different tissues, species or stages of life. In cucurbit plants, the H₂S concentration was reported to be higher in leaves from older plants [93], while in *Arabidopsis*, the highest H₂S concentration was found in 2-week-old seedlings and gradually decreased in 4–10-week-old plants [94]. The highest H₂S content in *Arabidopsis* was found in flowers, while the lowest H₂S concentration was found in cauline leaves [94]. Determination of the H₂S concentration is further complicated by the fact that some stimuli only affect the H₂S concentration in some tissues, such as nicotine, which affects the H₂S concentration in the mouse kidney and heart but not in the brain and liver tissues [95]. A further important consideration must be taken when quantifying H₂S in biological samples, since H₂S is spontaneously oxidized in the presence of molecular O₂ [96]. Therefore, the method of quantification must be accurate, and sample management must be taken into account because the H₂S concentration may not remain constant under certain conditions.

4. H₂S Mechanism of Action

The underlying mechanisms of H₂S action are poorly understood. There is an important effect of H₂S binding to heme moieties in target proteins such as cytochrome c oxidase, hemoglobin and myoglobin, among others [97]. It has, however, become widely accepted that a huge number of the processes controlled by H₂S are caused by a posttranslational modification of cysteine residues called persulfidation [98–100]. Protein persulfidation is an oxidative posttranslational modification of cysteine residues caused by H₂S, in which a thiol group (–SH) is transformed to a persulfide group (–SSH). Sulfane sulfur species, persulfides and polysulfides are more nucleophilic than H₂S and therefore more effective at persulfidation [101]. Due to the intrinsic instability of persulfides and their higher reactivity than thiols, protein persulfides largely remain understudied. Nevertheless, over the last decade, study of this protein modification has become more relevant for researchers because it can affect protein function, localization inside cells, stability, and resistance to oxidative stress [23,60,102–104]. The broad physiological importance of persulfidation has only recently started to emerge; a proteomic analysis revealed that approximately 10–25% of liver proteins contain this modification [104], and at least 5–10% of the entire proteome may undergo persulfidation in plants [105]. Several detection methods have been developed in recent years based on the nucleophilic characteristic of persulfide groups. Conversely, due to their instability and similarity to thiol groups, the development of a specific method for persulfide detection has become a challenge. These detection methods have recently been reviewed, including further explanations of the reactions and procedures [106–108]. Using these methods, researchers have been able to decipher the mechanism of action of H₂S through persulfidation in several diseases, such as cancer, neuronal degeneration diseases, or ischemia–reperfusion injury. Persulfidation of the α subunit of ATP synthase [109], lactate dehydrogenase A [110], the K_{ATP} channel [99,111], and MEK1 [112] contributes to cancer promotion. In Parkinson's disease patients, the E3 ubiquitin ligase PARKIN shows a decrease in persulfidation, which decreases its enzymatic activity [113]. Keap1 persulfidation protects

gastric epithelial cells from ischemia/reperfusion injury [114]. In mammals, the mechanism of action of H₂S has been deeply studied since 2009, when Mustafa et al. described this new posttranslational modification [104]. By contrast, in the plant system, persulfidation has been described more recently [60], but a greater number of proteins have been shown to undergo this modification [105]. A total of 3147 proteins were found to be persulfidated in Arabidopsis leaves under physiological conditions, suggesting that this number may be higher under certain stress conditions [105]. These proteins are mainly involved in important biological pathways, such as the tricarboxylic acid cycle, glycolysis, Calvin cycle, photorespiration and autophagy. Further physiological studies of these proteins must be performed to decipher the role of persulfidation in these biological pathways. Nevertheless, initial studies in plants demonstrated that persulfidation regulates the enzymatic activity of chloroplastic glutamine synthetase (GS2), cytosolic ascorbate peroxidase (APX1), and cytosolic glyceraldehyde 3-phosphate dehydrogenase (GapC1) [60]. Persulfidation regulates the cytosolic/nuclear localization of GapC1, allowing it to likely act as a transcription factor [102]. The actin cytoskeleton and root hair growth are regulated through persulfidation of ACTIN2 [115]. Furthermore, ethylene biosynthesis is regulated by persulfidation of 1-aminocyclopropane-1-carboxylic acid oxidase (ACO1) in tomato [116]. Recently, a peroxisomal proteome study in Arabidopsis revealed that the interplay of different PTMs such as *s*-nitrosation, nitration, persulfidation, and acetylation regulates redox signaling to protect proteins against oxidative damage [117]. From an evolutionary point of view, it is reasonable to assume that ancestral purple and green sulfur bacteria lived in an H₂S-rich atmosphere; and therefore bacteria developed H₂S-mediated signaling processes to resist oxidative stress. Similarly as peroxide (H₂O₂) produces ROS, persulfide (H₂S₂) produces RSS (reactive sulfide species), but with the difference that persulfides can be produced with several sulfur molecules (S_x) and stored [118].

This assumption was described in a recent study, in which a proteomic evaluation of *Staphylococcus aureus* showed that many proteins regulated by persulfidation were involved in reactive oxygen and nitrogen species (ROS and RNS) stress-responses and that bacterial virulence was regulated by persulfidation of the HTH-type transcriptional regulator MgrA (MgrA), a global virulence regulator [119].

All these data suggest that persulfidation is a conserved mechanism of H₂S signaling throughout all kingdoms of life.

5. Crosstalk of H₂S with Other Signaling Molecules

5.1. Nitric Oxide

It is well established that H₂S regulates different physiological processes in cells directly or by crosstalk with other signaling molecules. There is clear evidence of crosstalk of H₂S and NO in the literature. In mammals, both gasotransmitters interact with each other to modulate the cardiovascular system by regulating angiogenesis and endothelium-dependent vasorelaxation [120,121], and to modulate Alzheimer's disease by regulating pathways involved in the central nervous system [122]. Furthermore, inhibition of NO generation by H₂S has been extensively studied [123–125], but there is also evidence that NO can activate the production of H₂S in endothelial cells [126]. However, NO can bind to cystathionine β-synthase (CBS), which is responsible for H₂S biosynthesis and can impede its enzymatic activity [127], showing the complexity of the crosstalk between these two gasotransmitters.

In plants, NO and H₂S play crucial roles in the regulation of multiple responses towards a variety of abiotic and biotic stresses [44,128,129], including stomatal closure/aperture [46], modulation of photosynthesis [34,130,131] and autophagy [56,132,133]. NO levels increase in plants under drought stress, which helps plants mitigate the negative effects of water deficit. NO increases the activities of antioxidant enzymes such as catalase (CAT), superoxide dismutase (SOD), ascorbate peroxidase (APX), glutathione reductase (GPX), and peroxidase (POD), and NO is an important player in ABA-induced stomatal closure, minimizing plant transpiration [134]. H₂S application reduces the accumulation of

NO in guard cells, causing stomatal opening in the presence of light and preventing stomatal closure in the dark [45]. Exogenous H₂S induces stomatal closure through the regulation of ATP-binding cassette (ABC) transporters, while scavenging H₂S can partially block ABA-dependent stomatal closure, indicating the protective role of H₂S in plants against drought stress [46]. It has been demonstrated that H₂S acts downstream of ABA and upstream of NO [44]. H₂S-induced stomatal closure can be reversed by cPTIO (a NO-specific scavenger), confirming that the function of H₂S in stomatal closure is mediated by NO [44]. It has been proposed that these contradictory effects of H₂S on stomatal movement and its crosstalk with NO depend on the environment or the age of the plant [135]. In agricultural crops such as pepper plants, the crosstalk between NO and H₂S plays an important role in the tolerance to iron deficiency and salt stress [136]; and these gasotransmitters partially modulate the NADPH-generating system by regulating 6-phosphogluconate dehydrogenase (6PGDH) and NADP-malic enzyme (NADP-ME) [137].

Furthermore, NO and H₂S are involved in the functional regulation of proteins, frequently with opposite effects. *s*-nitrosation of GAPC abolishes its catalytic activity, whereas persulfidation increases its activity [60,138]. Nonetheless, a cooperative effect of both signaling molecules can also be observed in the case of cytosolic ascorbate peroxidase (APX1), which can be *S*-nitrosylated by NO or persulfidated by H₂S, both of which increase the activity of the enzyme. These reversible modifications may protect the enzyme from irreversible oxidation under abiotic stress, where the oxidative stress increases and *s*-nitrosothiols have usually been observed [139].

H₂S and NO may chemically interact and produce novel reactive molecules, such as nitroxyl (HNO) and nitrosothiols (RSNO) [140,141], which have their own outcomes. Recent studies also demonstrated that persulfides can produce NO using nitrite via intermediates such as polysulfide, SNO⁻ (thionitrite) and S₂NO⁻ (perthionitrite, nitrosodisulfide) [142–144]. Therefore, H₂S and NO interaction forms some intermediates, which also have significant roles in cell signaling.

5.2. Carbon Monoxide

Carbon monoxide is another important gasotransmitter in animals; carbon monoxide is generated from oxidative degradation of heme by the enzyme heme oxygenase. CO may inhibit CBS activity and therefore may modulate H₂S biosynthesis [145]. Exogenous H₂S also upregulates the CO/heme oxygenase system in the pulmonary arteries of hypoxic rats [146] and stimulates heme oxygenase levels in mouse retinal ganglion cells (RGC-5 cells) [147]. In plants, auxin induces endogenous H₂S and CO during the initiation of lateral root primordia, and this growth is promoted by H₂S but depends on the endogenous production of CO [50,148]. Furthermore, in a similar way as in mammals, exogenous H₂S induces an increase in the transcription of heme oxygenase and its activity in tomato and cucumber roots [149,150]. Therefore, it has been suggested that H₂S regulates the feedback loop between the CO/heme oxygenase system and auxin during lateral root initiation [151]. Although the crosstalk between H₂S and CO needs further study, previous research on plant and animal systems provides evidence for an interrelationship of these two signaling molecules.

5.3. Hydrogen Peroxide

Hydrogen peroxide (H₂O₂) is a well-known signaling molecule in plants. H₂O₂ emerged as a key signaling molecule that enhances abiotic stress resistance by modulating the expression of resistance genes and antioxidant enzyme activities. Recently, signaling crosstalk between NO and H₂S with H₂O₂ has been shown to induce thermotolerance in maize seedlings [152]. Hydrogen peroxide is also involved in H₂S-induced lateral root formation in tomato seedlings, revealing that the cell cycle regulatory genes modulated by H₂S, such as up-regulation of *SICYCA2;1*, *SICYCA3;1*, and *SICDKA1*, and down-regulation of *SIKRP2*, are prevented by co-treatment with H₂O₂ scavengers [153]. A study in *Vicia faba* revealed crosstalk between H₂S and H₂O₂ in salt stress-induced stomatal closure, with H₂S being downstream of H₂O₂ [154]. This observation was also described in white clover, where H₂S acts as a downstream signal of H₂O₂ and NO in response to dehydration [155]. A recent study showed

a newly discovered crosstalk between H₂S and H₂O₂ in another abiotic stress response, in which H₂S can act as a positive regulator of Vacuolar H⁺-ATPase, while H₂O₂ acts as a negative regulator during cadmium stress in cucumber roots [156]. In mammalian cells, H₂O₂ is a key signal in redox regulation, and as it occurs in plants, these regulatory pathways may also be influenced by H₂S. H₂O₂ is produced by NADPH oxidases in the plasma membrane and is transported to the cytosol through protein channels named aquaporins (AQP3, AQP8, and AQP9). It has been demonstrated that treatment with H₂S is sufficient to block H₂O₂ cell permeability in unstressed cells, and this phenomenon is mediated by the persulfidation of cysteine 53 of AQP8 [157]. By contrast, H₂S production is dependent on the levels of H₂O₂ produced by NADPH oxidase, which attenuates the phosphorylation of vascular endothelial growth factor receptor 2 (VEGFR2) [158]. As with NO and CO, autoregulation of these signals may be influenced by their generation, increasing or reducing their intracellular concentrations depending on the levels of each other. Another example was provided by Feng et al., who found that autophagy was induced by H₂O₂ through ER stress in cardiac fibroblast cells and that H₂S was able to suppress autophagic flux by inhibiting ROS production and preserving mitochondrial function [159]. All these studies establish a link for H₂S/H₂O₂ crosstalk.

5.4. Hormones

H₂S is a regulator of glucose homeostasis and plays an important role in the metabolism of hormones, such as insulin and glucagon [160,161]. It has been demonstrated that β cells of the pancreas can produce high levels of H₂S, predominantly by cystathionine γ-lyase (CSE), which blocks glucose-stimulated insulin secretion [162]. This effect is caused by increased endoplasmic reticulum stress, leading to apoptosis of β cells, which drives the reduction in insulin secretion [161]. Some other studies revealed the importance of H₂S in the modulation of estrogen receptor expression and its anti-proliferative effect on vascular smooth muscle cell growth and proliferation [163]. Further research concluded that the antiatherosclerotic effect of estrogen is mediated by CSE-generated H₂S and that H₂S production in the liver and vascular tissues is enhanced by estrogen via its stimulatory effect on CSE activity [164]. In a recent study, H₂S signaling was also linked with the regulation of two endocrine hormones associated with longevity control, growth hormone and thyroid hormone. Thyroid hormone suppresses H₂S production by inhibiting CSE gene expression, while growth hormone controls its substrate availability via autophagy. Surprisingly, CSE-generated H₂S is necessary for the feedback regulation of thyroid and growth hormones [165].

Moreover, H₂S has been linked to plant hormone signaling, such as gibberellin (GA) [166], auxin [33], jasmonic acid (JA) [167], ethylene (ET) [168], salicylic acid (SA) [169] and abscisic acid (ABA) [45–47].

A synergistic effect between GA and H₂S was observed in seed germination in plants, and this outcome was more evident when treatment with H₂S was prolonged [170]. It was also observed that GA decreased L-cysteine desulfhydrase (LCD) activity and thus H₂S production. This enzyme inhibition induced an increase in programmed cell death (PCD) [166]. Nevertheless, exogenous H₂S treatment alleviated GA-triggered PCD in wheat aleurone cells and blocked the decrease in endogenous H₂S release by modulating glutathione homeostasis and heme oxygenase-1 gene expression [166].

Auxin is a phytohormone associated with lateral root morphogenesis and root growth regulation. Similar to other phytohormones, a synergistic effect with H₂S has been observed. Exogenous treatments with H₂S donors increased the number and length of lateral roots in sweet potato seedlings in a dose-dependent manner [33]. As mentioned previously in this review, crosstalk between the CO/heme oxygenase system and H₂S is established during lateral root initiation [151]. Furthermore, H₂S can modulate *CDKA;1*, *CYCA2;1* and Cyclin-dependent kinase inhibitor 2 (*KRP2*) gene expression and act as a downstream component of auxin signaling to activate lateral root formation in tomato [50]. New data shed light on this crosstalk recently, as it was reported that H₂S inhibited auxin transport through modulation of the subcellular distribution of Peptidyl-prolyl cis-trans isomerase NIMA-interacting (PIN) proteins [171], which is an actin-dependent process. Additionally, it was

proven that the regulation of the F-actin cytoskeleton in Arabidopsis roots by H₂S could affect the auxin distribution in plants [171]. Therefore, the signaling network that includes auxin, H₂S and F-actin must be finely knotted to regulate root development.

Jasmonic acid regulates diverse plant growth processes and is involved in defense responses against biotic and abiotic stresses. It is well known that H₂S can regulate abiotic stress tolerance and biotic stress resistance in Arabidopsis [172] and that H₂S is involved in JA-induced stomatal closure [173]. However, the interaction between H₂S and JA is still under study. A recent publication demonstrated that treatment with JA promoted endogenous H₂S generation and that treatments with exogenous H₂S donors significantly enhanced JA-induced cadmium tolerance [167]. This observation was also described by other authors, whose research described that JA treatments increased D-cysteine desulphydrase activity and that this JA-induced H₂S regulated ascorbate and glutathione metabolism [61]. Taken together, these data suggest intertwined signaling between H₂S and this plant hormone.

Salicylic acid is a phenolic compound involved in local and systemic plant defense responses against pathogens and abiotic stress. SA treatment increased the activity of L-cysteine desulphydrase and H₂S accumulation, which improved the heat tolerance of maize seedlings [174]. Contrary to the feedback observed for other hormones and H₂S, sulfide treatments had no significant effect on SA accumulation and its biosynthesis enzymes [169]. However, a synergistic role was observed between SA and H₂S in the antioxidant system and osmolyte in crosstalk-induced heat tolerance of maize seedlings [169].

ET is another phytohormone that has been linked with H₂S signaling. Several authors have described how exogenous treatments with ET induce L- and D-cysteine desulphydrase activity, and this H₂S regulates ethylene-induced stomatal closure in *Arabidopsis thaliana* and *Vicia faba* [168,175,176]. A new study revealed that treatments with ET induced H₂S generation, and feedback regulation was also observed since ethylene-induced H₂S negatively regulated ethylene biosynthesis; this regulation occurred through the persulfidation of ACO1 in tomato plants [116]. Further investigations have shown that H₂S may have an antagonistic effect on ethylene, reducing oxidative stress and repressing ethylene synthesis-related gene expression [177].

In recent years, the crosstalk of ABA with H₂S has been the focus of several investigations since ABA is a key player in plant physiology, mainly under drought stress. It has been broadly reported that H₂S plays a role in stomatal closure [43,46] and that impaired H₂S generation mutants (*DES1* knockout Arabidopsis mutants) do not show stomatal closure upon ABA treatment, although this effect could be reversed by exogenous application of H₂S [46]. This crosstalk was also observed in wheat [178]. Surprisingly, *abi1* mutants were not able to close their stomata in response to sulfide, suggesting that functional ABI1 is required to close the stomata through H₂S [44]. As described above, H₂S acts upstream of NO to regulate ABA-induced stomatal closure [44], but H₂S acts downstream of NO in ethylene-induced stomatal closure [175]. In a parallel study, the authors demonstrated that H₂S induced ABA-dependent stomatal opening instead [45], which was further demonstrated by Honda et al., who found that H₂S donors were able to close the stomata during the first 150 min of treatment and induce opening after prolonged treatments [179]. This dual effect could be related to the production of NO in guard cells, and therefore, a complex crosstalk of H₂S, NO, ET and ABA might regulate stomatal movement depending on environmental stress. A recent study demonstrated the persulfidation of several proteins involved in ABA signaling and ABA biosynthesis, such as SnRK2.2, a key component and activator of ABA signaling; two ABA receptors, pyrabactin resistance receptor 1 (PYR1) and pyrabactin resistance-like receptor (PYL1); the protein phosphatase 2C (HAB2), which is a repressor of ABA signaling; and the nuclear transcription factor Y (NFYC4), which is involved in the ABA signaling pathway [105]. Another enzyme that was shown to be persulfidated in this study was phospholipase D, the activity of which was demonstrated to be regulated by H₂S to control stomatal closure [180]. Other studies demonstrated the *s*-nitrosation of some proteins involved in ABA signaling, such as the leucine zipper transcription factor Abscisic acid insensitive 5 (ABI5); SnRK2.2, which was also

persulfidated; and Open Stomata1 (OST1) [181,182]. The mechanism of action of H₂S and NO in this tight regulation has been proposed to be through persulfidation and *s*-nitrosation of proteins that play key roles in ABA signaling [105,182]. More recently, the mechanism of action of this crosstalk was deciphered; ABA stimulates the persulfidation of L-cysteine desulfhydrase 1, and H₂S accumulation drives persulfidation of the NADPH oxidase respiratory burst oxidase homolog protein D (RBOHD), enhancing its activity and triggering stomatal closure [183].

5.5. Thioredoxins

As proposed by several authors, one mechanism of action of H₂S is modulation of protein persulfidation, but the thiol group may undergo a wide range of posttranslational modifications (PTMs) in cells, including oxidation to disulfide (-S-S-), sulfenylation (-SOH), sulfinylation (-SO₂H), and sulfonylation (-SO₃H); *s*-nitrosation (-SNO) and glutathionylation (-SS-glutathione). Some of these PTMs can be chemically reversible by reductants *in vivo*, such as glutathione, or by a cysteine nucleophilic attack to rebuild a disulfide bond. Thioredoxins (TRX) are small oxidoreductases that mainly reduce oxidized cysteines and cleave disulfide bonds. However, TRX may also act as transpersulfidases [184], denitrosylases [185,186] or deglutathionylases [187]. Hence, modified cysteines can be restored to a thiol group. In that sense, persulfidation may protect cysteine residues from the other oxidative modifications, which can be eventually more damaging or irreversible. Deregulation of H₂S, NO or glutathione levels in the cell can be devastating, and these signaling molecules can reversibly modify proteins. Thioredoxin could be necessary to restore a native protein and transfer the modification to another protein to fulfil other outcomes.

In a prolonged oxidative environment, thiol oxidation leads to the irreversible formation of sulfinic and sulfonic acids. H₂S has been proposed to act as a protective molecule to avoid these irreversible modifications, since persulfidated proteins can react with reactive oxygen/nitrogen species but can also be reduced by thioredoxins to restore the thiol group [108]. The role of thioredoxins in maintaining persulfidation has been reported in human embryonic kidney cells and the mouse liver because two thioredoxin knockdown cells showed increased polysulfide and protein persulfidation levels [188]. In a recent study, it has been demonstrated that H₂S regulates the redox state of Trx, disrupting the H₂O₂-initiated polymerization of Trx, modulating this antioxidant system [189]

The interaction between H₂S and a wide number of other signaling molecules indicates that H₂S is an essential molecule of signaling in cell life (Figure 2).

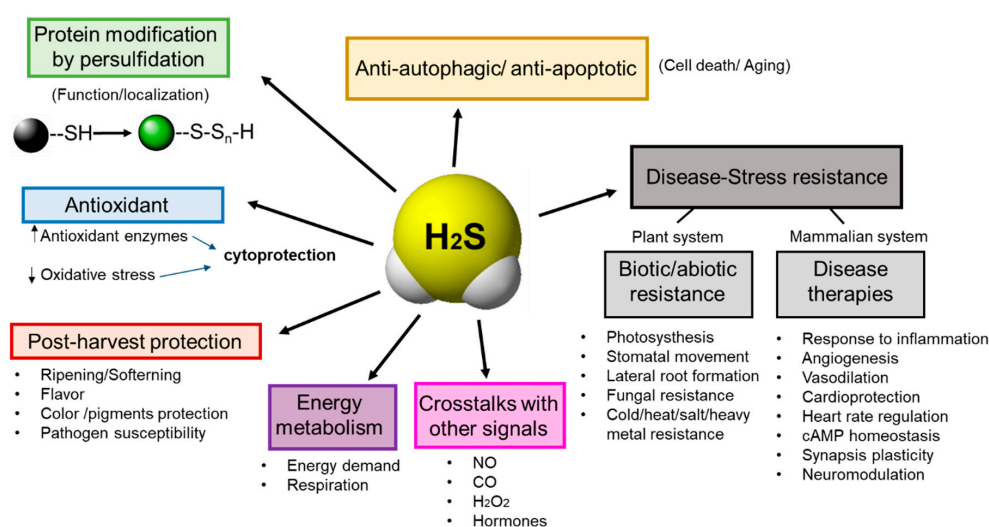


Figure 2. H₂S is a key activator of multiple physiological processes. H₂S-mediated signaling ranges from protein modification by persulfidation to affecting a broad range of physiological processes, including regulation of oxidative stress, postharvest protection, disease resistance, autophagy signaling, energy metabolism regulation and crosstalk with other signaling molecules.

6. H₂S in Human and Plant Therapies

It is well known that sulfurous water baths were used by ancient civilizations and were known to have healing effects against particular diseases. H₂S has been recognized as having anti-inflammatory, anti-bacterial, vasodilator, and anti-fungal properties owing to its sulfur content [68,190,191]. Several extracts from the genus *Allium*, mainly onion and garlic, and their derivatives have been used since ancient times in China as medicines to treat numerous diseases, including cancer [192], cardiovascular disease [193] and other diseases. It is known that these extracts are a source of sulfur-containing flavor compounds such as diallyl sulfide, allicin and cycloalliin, among others, and which release H₂S in cells upon interaction with reductants [194,195].

Currently, these beneficial effects are still under study to develop new strategies and therapies to treat certain diseases in mammals and to address agricultural challenges. In mammals, therapies that include H₂S are used for their anti-inflammatory effects, cytoprotective properties and antiapoptotic features [196]. The aim of these therapies is to be able to use this signaling molecule in heart failure, neurodegenerative diseases and stroke, and ischemia, among others. There has recently been an increasing number of publications indicating that deficiency or excess sulfur amino acids (SAAs), namely, methionine and cysteine, in the diet affect the normal growth of animals and that it is important that SAAs are ingested at the appropriate dose [197,198], since they affect signaling in cells through H₂S [199]. These amino acids are metabolized through the transsulfuration pathway, which is the one of the main sources of H₂S in cells; H₂S has been shown to increase the lifespan of *C. elegans* [200] and even humans [201].

Nevertheless, clinical research on H₂S is not easy to perform due to its toxicity, and H₂S therapy is still in a preliminary preclinical stage. A bottleneck for developing gasotransmitter-based therapeutics is the lack of a safe administration drug. There are some candidate compounds for CO and NO prodrugs [202–204] and more interestingly, some H₂S-releasing drugs are currently in clinical trials [205,206]. In a recent study, intraperitoneal injections of JK-1 (a H₂S donor) were administered to mice after transverse aortic constriction and were shown to have substantial beneficial effects on renal and vascular function [207]. Another exciting approach was a high increase in the dietary intake of taurine, which boosted CSE-mediated H₂S production to exert significant protective effects in atherosclerosis, hypertension and heart failure [208]. However, most therapies use an increase in the dietary intake of sulfur amino acids or directly use slow-releasing H₂S donors to avoid the toxicity of high H₂S concentrations [209]. These therapies in mouse models can be used as models to study H₂S donors in humans. A recent study revealed that persulfidation decreases with aging and that dietary/pharmacological interventions could be used to increase persulfidation and extend lifespan [210]. Moreover, a few recently published articles described the interplay between H₂S, CO and NO within the gastrointestinal tract, especially in ulcer healing and prevention of non-steroidal anti-inflammatory drugs (NSAIDs)—induced gastropathy [211,212]. In addition, a novel H₂S donor not only increases H₂S levels, but also increases circulating NO bioavailability in heart failure patients, highlighting the crosstalk between these gasotransmitters in therapeutic trials [213].

In plants, new therapies or strategies using H₂S are being used to deal with economic losses due to fruit and vegetable ripening or crop stress resistance. It has been shown that H₂S fumigation slows fruit ripening and senescence in fruits and vegetables by inducing antioxidant activities, such as ascorbate peroxidase, catalase, peroxidase, glutathione reductase, and superoxide dismutase [214–216]. Treatments with exogenous H₂S have also been used to control the color degradation of certain horticultural vegetables and fruits by suppressing the degradation of anthocyanins [214] and downregulating some chlorophyll degradation genes [217]. Interactions between H₂S and other signaling molecules, such as NO and ethylene, have also been a focus of recent investigations on the senescence of flowers or ripening of fruits. Hydrogen sulfide alleviates postharvest ripening and senescence of fruits by antagonizing the effect of ethylene [218,219]. In addition, a cooperative effect of H₂S and NO has been observed on delaying the softening and decay of fruits [220], and the crosstalk between these two gasotransmitters is associated with the inhibition of ethylene biosynthesis [221].

There is a long list of publications on the beneficial effects of H₂S treatments in crops, such as enhancing resistance to metal, heat, cold, salt and drought stresses, which have been recently summarized [222]. It has been demonstrated that sulfur fertilization of crops reduces sensitivity to pathogens, in a process mediated by hydrogen sulfide [16]. H₂S-induced pathogen resistance is conferred through increased expression of salicylic acid-dependent pathogen-related (PR) genes [223] and increased transcription levels of microRNA393 (*MIR393*) genes [39]. Another important beneficial effect of H₂S treatment of crops is its influence on the modulation of photosynthesis [34] and autophagy regulation [57]. Apparently, H₂S is able to regulate energy production in mitochondria, protecting against aging and increasing the lifespan of plants in a similar way as in animals [224]. All of these advantageous outcomes lead to increased yields and biomass and enhanced germination of agricultural crops after H₂S administration [48,225].

7. Conclusions and Future Research

Early life forms had to survive in an atmosphere that contained highly reactive compounds, such as NO, CO and H₂S, and it seems that during evolution, early life forms not only tolerated these compounds but also included them as important molecules in their signaling mechanisms.

In this review, we summarized the wide promiscuity of H₂S, which is able to react with a broad range of signaling molecules, acting on its own or in cooperation with those molecules. In addition, we showed that a wide series of pathways are regulated by H₂S, including either important physiological pathways and pathophysiological or stress conditions. Persulfidation has been proposed to be the mechanism of action of H₂S in cells throughout all *regna*, but how this modification affects individual proteins and the general consequences on signaling pathways needs further study. The instability of H₂S and persulfidated cysteines and the imprecise quantitative detection methods for them have slowed the progress of research. Further investigation into developing an appropriate detection method is crucial to understanding H₂S signaling. Future studies on the compartmentalization or microenvironment of these molecules will be important for studying different modifications on the same target and their biological outcomes. A better understanding of this signaling pathway would shed light on new targets for medical therapies and agricultural remedies.

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